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 Sing out, dear soul, sing out, Let us make our song resound With a most hallowed melody, Heaven and all that is call out to us.

1st point.

Hymns give glory
to God

Our great and ever joyous God
 From highest heaven hears us,
 Hymns he loves eternally,
 They are the concert of his angels.

Motives 1st Motive. God loves singing.

Listen to the angels singing
 And let us sing in imitation,
 By their praises they are angels,
 By song shall we be angels too.

2nd Motive. Angels sing.

 Aflame with holy fire, day and night They sing of God and his glory, And God himself listens.
 Like them let us sing of his wonders. 3rd motive. In singing we become like them.

 In singing they are ablaze with love, Let us sing, let us too be afire, Through song they fan their flame, Let us sing and so kindle our souls.

4th motive. Singing lights love's fire.

 With their melodies the heavens ring out, Let us be their wondrous echo, Let everyone sing and be glad, Let earth become one with heaven. 5th motive. Earth must answer heaven.

7. Let us sing, but sing properly,
So we may sing in highest heaven;
Sing, predestined soul,
Sing for our blessed crown.

6th motive. It is proper to the predestined to sing good hymns.

My song is not acclaimed
 By the worldly nor the outcast.
 No matter! They want not to believe;
 To them shall I sing victory!

God wills that his good servants
 Sing his glory day and night.
 When his whole Church sings
 His triumph is in her winning voice.

7th motive. God wants his servants to sing and be happy.

- Since he is in eternal bliss
 He wants his servants happy.
 Discord turns him from a soul away
 And gloom snuffs out its flame.
- God makes the song of priest and monk Everywhere ring out, As they chant his mysteries Throughout each day and night.

8th motive. The whole Church sings

12. In their most heartfelt songs
He finds a flawless tribute.
In the gloomiest service he desires
Our song in sacrifice.

9th motive. Even in the office of the dead.

The Christian saints of yore
 In their chanting came to life.
 By singing heavenly hymns
 They became like the seraphim.

10th motive Example of first christians

14. The Holy Spirit guided them. To them Saint Paul so often said: Be joyful! Sing, you faithful, Psalms and spiritual songs.

11th motive. Words of Saint Paul

 Hymns the saints so often make, It is a secret of their holiness. Mary sang her own fair song. Let us sing in imitation.

12th motive. The example of the saints and the Blessed Virgin.

16. Sing then, but with passion; Sing and we shall gladden the Lord; Sing and we shall give him glory; Sing and we shall sing of triumph.

2nd point.

Hymns are useful
for the soul.

- 17. Know that a sacred hymn Illuminates and clears the mind, Chases all black humor from the heart And sets God firmly in remembrance.
- 18. When the heart is sapped of strength A hymn restores its vigor.O sing your sorrow notwithstanding And you shall be filled with jubilation.
- Song, as Scripture tells,
 Opens the heart to the Holy Spirit;
 God comes down to a singing heart
 And gives it grace abounding.
- 20. Hymns charm away our ills And enliven us in what we do; When we sing we are prepared To work for greater things.
- 21. Song is a godly secret
 For chasing all demons away;
 The holy song we sing
 Makes our tempters flee.
- 22. The world has blended sin With the tunes it has designed; Its music is the training school For refining its depravity.

1st motive.
They enlighten
the mind.
2nd motive.
They pacify the
heart.
3rd motive.
They refresh the
memory.

4th motive.
They restore
courage.
5th motive.
They fill with joy.

6th motive.
Opens the heart to the Holy Spirit and his grace.

7th motive.
Charm away our ills.
8th motive.
They renew our works.
9th motive.
They ready us for great tasks.

3rd Point.

It frightens the devil and the world.

1st motive.

It chases the troubling evil spirit away.

2nd motive.
It enlightens the world.
1. Which has composed scandalous tunes and songs.
2. Learns its evildoing through singing.

- 23. Let us sing and restore the honor
 Of which its songs have robbed the Lord;
 With new tunes of righteousness
 Let us destroy its wicked airs.
- 3. Dishonors God
- 24. Sing on, you drunkard, in your cups; Drink up this bane and then Shed tears and so with fury crazed Chase after the Dragon's brew.
- 4. Drunkards sing their songs and enchant
- 25. You rake, what will it cost you For this wicked song of yours! Vile Satan thought it up, And your singing serves his whim.
- 5. Libertines sing and arouse their passions.
- 26. Gulp down, gulp down the toxin Of your bawdy melodies, One day these unchaste delights Will be your most fell torment.
- 6. These songs are poisonous.
- 27. The devil, with his ribald jest,
 May make you laugh, but to your loss;
 He blows your tune and kindles you
 With a fresh but wicked pleasure.
- 7. They damn souls.

- 28. You take a hellish poison And claim no harm is in it, Yet what you say both hides And brings about your doom.
- 29. You say we are too scrupulous And we say woe to you, For at your lay so pleasing They wail in heaven and croon in hell.
- 30. Away, you Bacchic minstrels!
 Away, you minstrels of Venus!
 Away, shrewd henchmen of the devil!
 So wretched is your ill fortune.
- 31. You sing out your reeking melody Distinctly that all may hear; You teach them its rhythm And thus demean their virtue.
- 8. They scandalize the neighbor.

- 32. Be damned if you will, O worldly soul, But do not condemn your neighbor; He listens and learns of the sin, He commits it and falls to his ruin.
- 33. Away, you cesspool of filth, Spew forth no foulness here No flowery songs of desire, No sweet words of bewitchment.

Flight from the world.

34. You friends of my God, hold fast Against the world and the demon, They look fair and speak sweetly, But let us keep from listening.

Resolution

- 35. Let us sing in honor of Jesus, The eminence of his virtues To fix them in our memories And practice them with glory.
- 36. Let us make the universe resound With our songs and our rhymes, That God may be glorified And our neighbors be uplifted.

- I write you not to beguile;³⁶
 You think only of verses and rhymes,
 Great poets, you awkward tribe,
 Your methods I consign to others.
- I know well that you prize only Modish rhymes and meters, Double-storied lines and quatrains That produce no wise man but a fool.

³⁶ For a short explanation of this hymn, see the Introduction on page xiv

- You go round and round again
 Just to make an irksome poem,
 Uttering balderdash and twaddle,
 A futile spat in a passing dalliance.
- I might well, on a thousand grounds, Dismiss you to a place of ease. How so? There you belong, There the rhymesters scrawl their own.
- 5. Your verses are refined with skill But often it is merely rouge, Your mind is in torment, As, I vow, are all your lines.
- Your great poems are not dull,
 I agree, but they are troublesome,
 You rush from pole to pole
 To utter barren words.
- 7. If your poems were truly noble, A child could grasp their gist; They are so lofty, they are so rare, That they have become grotesque.
- 8. August poets, I hear you:
 You spurn the simple folk,
 Your lines are for the brilliant,
 Teeming like you with madness;
- Unless the famed minds of the day Find in them their comfort, Even were they most majestic lines, You make of them great crimes.
- 10. A sermonizer, up to date;A subtle rhymester, up to date;Unless a man is up to date,He is a ninny or a bumpkin.
- 11. Your conceit and lofty style
 Show well your shameless taste.
 The only pay your poor sick men
 Desire is tiresome praise.

- 12. You look in myriad by-roads To find the latest fool Thoughtlessly to tell you, "What fair verses, what fine rhymes!"
- 13. Poor sirs, you make me laugh, For you almost all write verses only To have your brainstorms cheered. But your efforts cost too dear.
- 14. Yet too many buy your rhymes, Since they abound but in useless fancies And a hundred sorts of fleeting romances So unseemly for flawless souls.
- For beneath your rhymes and thinking, You conceal a deadly poison, A cruel snare so enticing We can scarce resist it.
- 16. Your poems are good, there's no denying; Nothing so fine, so well expressed, With rhyme so rich and cadence fair. True, but what loathsome wickedness!
- 17. Were your verses rich with God,
 I should esteem them highly,
 But in virtue poor, and rich in vice,
 I loathe even their resplendency.
- 18. You peddle vanity
 As if it were the truth,
 And you pass off a fable
 As true history.
- 19. You can do anything, they say; We take you for the enemy Of truths most certain, And friend to earthly follies.
- 20. Like the pagan poetsYou take ill for good,I could call you ungodly,Or, to be more candid, asinine.

- 21. O imitators most wicked, Of no account you deem your poems Unless you borrow some graceful phrase From those of Virgil or Homer.
- 22. Do your poems preach of virtue? Proclaim good Jesus' name? Nowhere at all, but only empty praise, Lewdness and vile idol-worship.
- 23. Do you tell of those predestined? You praise only the hell-bound, Men who thirst for blood And foolhardy, reckless lovers.
- 24. You spiteful poets of false gods, You call me scrupulous or else, Out of stupidity, you think That now I merely want to shock.
- 25. Come now, I dare not name you, Not for fear of shaming you, But lest I sully these pages With such baleful luminaries.
- 26. Baleful yes! I do not lie For perhaps you are indeed below; Be what may, your books abide, Those cunning toxins that infect us.
- 27. In them we hardly find a thing That does not cause us harm, A lewdness most enticing That for them seems without blame.
- 28. Your rhymes are fair, they bring acclaim, They are verses gleaming in the night, The wise man spurns their affectation, While they hoodwink the hapless fool.
- Your verses, so skillfully conceived, Burn incense to Bacchus and Venus, And everywhere they toil and strive

To enrapture with their excesses.

- 30. Hell is filled with people doomedBy your books so widely sold.The Holy Bible is cast aside;By your verses only are they moved.
- 31. Oh! They doom people every day!
 Their onrush cannot be thwarted;
 Almost everyone sings their praises,
 As they are presented on the stage.
- 32. Yes, this wise and worldly book
 You may have in your hand
 May have condemned more souls
 Than the wretched words it holds.
- 33. You will tell me, "I see nothing That is not good, that is not choice." Dear brother, don't be fooled: Sooner or later their poison works.
- 34. Their sparkle hides the toxin, Their charms conceal the hook; Among myriad witty words is one That makes you fancy, fall and yield.
- 35. Play not the Holy Spirit,You author of such nasty prose;It is forged by the unclean spiritTo lead the people of the world astray.
- 36. Should you keep it, then will the devil Always claim that it is safe, No sin in reading it, For laughing God does not forbid.
- 37. Throw all these romances in the fire,Do so for the love of God,Without looking at the cover,The printing, nor their gilded edges.
- 38. To the flames, these shameless tales, To the flames, these romantic jests,

- To the flames, these tender tragedies, And these loathsome comedies.
- 39. These are my poems and my songs: If they are not elegant, they are pure, If they flatter not the ear, They tell of great wonders.
- 40. If they are but for children,
 They are not for a lesser price;
 If they are but ordinary verse,
 They are no less beneficial.
- 41. Read them then, and sing them,
 Weigh them well and mull them over,
 Seek not here some lofty wit
 But the truth that I declare.
- 42. You, preacher, in my songs
 Can find your homilies,
 I have digested their substance
 For your guidance and delight.
- 43. Here are topics for meditation I believe I rightly claim, For often a verse, a line Can communicate a truth.
- 44. Each word of a verse must be such That you can ponder its intent, And keep it in remembrance For its fragrance and its worth.
- 45. Ailing heart, sing out, sing out,In singing healing comes;Hymns are a potent remedy,Bringing and grace and rapture.
- 46. Sing with tongue and heart, With voice fervent with devotion To cast out sadness from the soul And fill it with jubilation.
- 47. Be on the watch for vanity,

TO MEN PREDESTINED

The singer wishes to be heard; If your voice is flawless, Let your soul be blameless.

48. Let us then all sing, and properly, Let us sing of the glories of the Most High, In song let us wipe out depravity And make righteousness beloved.

GOD ALONE.

3 TO MEN PREDESTINED

This is the road most joyful
That leads straight to heaven;
If you wish to learn it,
Then sing with mighty faith,
I shall say nothing of me,
I cannot surprise you.
O predestined one, sing my songs,
You will keep clear of hell.
God, God, God, I sing for God,
Let all come and hear me.

4 RESPECT AND DESIRE FOR VIRTUE

1. One day I saw in the Lord
Someone who ravished my heart:
A charming Princess.
Smitten with her great beauty,
I ask who she is.
Heaven is silent; I persist.
I say it is out of love,
They answer, "Mortal man,
It is the Virtue of God,
Take her as your mistress!

1st Point.
The excellence of virtue.

- Virtue comes from the Creator, She is the divine breath Of his glory everlasting; He wants her in all his friends, As enemies he condemns All those who forsake her. In heaven he crowns only Her faithful lovers. God, God, God, Virtue of my God, How beautiful I find you!
- 3. God himself has come forth
 To show this reality divine
 To every creature;
 To reveal it tangibly
 He became a mortal man,
 He took on his nature,
 In his manhood
 He laid bare his utter holiness.
 God, God, God, Virtue of my God,
 How pure I find you!
- 4. In the midst of poverty, Jesus is rich in truth, He has all abundance Since he is full and clothed With Virtue's great treasures And her innocence. Oh! How rich we are in her embrace! Oh! How poor we are when we let her go! God, God, God, Virtue of my God, O my treasure immeasurable!
- 5. If God takes from us so many cares, If he provides for all our needs, It is for Virtue herself; Day and night he smites our heart To take us to her love. It is his paramount desire, It is his chief purpose, And all that he expects of us. God, God, God, Virtue of my God, Suffer me to love you.

Motives
1st motive.
She is eternal in
God
2nd motive.
She makes his
favorites.
3rd motive.
Without her we
are his enemy.
4th motive.
Heaven he gives
only to those who
have virtue.

5th motive.
God became man
to show virtue
and to practice it
in its truth.

6th motive.
Jesus, though
poor, is rich in
virtue, for virtue
is wealth.

7th motive. Virtue is the purpose of nature, grace and God's blessings.

- 6. To her the Holy Spirit leads,
 Be perfect, Jesus said,
 Like God your father. (Mt 5,48)
 Why, Martha, are you troubled?
 As for everyone Virtue
 Is all you need;
 It is truly the better part
 That we always too late embrace.
 God, God, God, Virtue of my God,
 In you is my hope.
- 7. Virtue alone is a treasure
 Before which all gold and silver
 Are but mud and sand;
 Without her all is vanity,
 Sin, lies, infirmity,
 Dreadful woe;
 With her all is of value,
 Be it pain or scorn.
 God, God, God, Virtue of my God,
 O my true blessing!
- 8. Saints aflame with passion seek her As their substantial dignity And their beatitude; Woe to them who do not possess her, Or do not make her here below The center of their meditation! Since she is our chief possession, Our purpose, our wherewithal. God, God, God, Virtue of my God, Your yoke is not harsh.
- 9. So powerful is her appeal
 That we can never resist her,
 The profligate admire her;
 Even the most barbarous of heathens
 Find how great a blessing she is,
 They love her and they long for her.
 O Virtue, there is nothing like you,
 Nothing so staunch, nothing so sweet.
 God, God, God, Virtue of my God,
 For you my heart is yearning.

8th motive It's the intention of the Holy Spirit

9th motive. It is the only thing necessary and the better part.

10th motive. Virtue is more precious than any gold or silver.

11th motive. Without virtue everything is nothing.

12th motive. With her the smallest is the greatest.

13th motive. The example of the saints.

14th motive. Nothing is so strong or sweet.

15th motive.
She is loved by
the
wicked and the
heathen.

10. Each man is made for Virtue, Without her he is weak and downcast, Without pleasure, without victory. Had Virtue not charmed him, His heart would ever hunger; Man of the world, I want to believe you; Ah, if you opened up your heart to us We would see what is your woe. God, God, God, Virtue of my God, O my peerless glory. 16th motive. Without her man's heart is never happy or content.

11. She is the secret most certain
For edifying our neighbor,
For converting his soul.
She is a sweet-smelling balm
That gently fills his heart
With a divine flame;
She speaks to him with eloquence,
And sends him into rapture.
God, God, God, Virtue of my God,
It is you I beg for.

17th motive. She wins our neighbor for God.

12. Without her a fine preacher
Merely stuns his listener,
Without converting him,
He does not fail to cause division,
And never makes his central point;
The point of righteousness.
Can he give what he does not have?
Make people walk without taking a step?
God, God, God, Virtue of my God,
Let me be your sanctuary.

18th motive.
Without her the preacher preaches in vain.

13. A truly virtuous man,
Be he the lowliest of beggars,
Is far more respectable
Than all the kings and doctors,
Have they not Virtue in their hearts,
A virtue that is true.
Without her the finest talents
Sparkle falsely and in vain.
God, God, God, Virtue of my God,
O my transcendent glory!

19th motive. Virtue makes the small greater than monarchs and doctors.

14. What good for all those tradesmen, For all those famous conquerors, Who fill up history's pages, To gain this whole universe, And doom themselves to hell? Dear God, what foolishness! Without Virtue all is lost, But no one understands this word. God, God, God, Virtue of my God, O treasure of my life!

20th motive.
Without her
what good is it to
gain the whole
world?

15. When the Lord judges us,
What will he ask of us:
A great nobility,
A great capacity,
A sublime ability?
No, no, but wisdom only,
Virtue in her purity,
Genuine holiness.
God, God, God, Virtue of my God,
O my great wealth!

21st motive. God will demand an account only of virtue at the judgment.

16. You friends of holy Zion,
Let us desire perfection,
Since God commands it.
But let us desire it purely
And seek it passionately,
Its reward it great;
Let us strive hard to obtain it,
Let us labor until death.
God, God, God, Virtue of my God,
It is you I ask for.

2nd Point.

The practice of virtue.

1st motive.

2nd motive. Desire it purely for its own sake.

17. But we must strive to excel:
Not to push forward is to fall back.
Let us never stop pushing forward,
And spare nothing to achieve it.
To do better in the future
Charity urges us on.
Let us not think of our past as worthy,
Or that we have done something good.
God, God, God, Virtue of my God,
Toward you my heart hastens.

3rd motive.
Fervently without lukewarmness.
4th motive.
By working hard.

5th motive.
Always advancing
in virtue.
6th motive.
Think that you
have done
nothing.

- 18. Let us pile coin upon coin,
 As they do in every trade:
 No measly little virtue.
 Aim always for the most excellent,
 For thus did the saints
 To attain their reward;
 Whoever grows in virtue
 Receives the rest as well.
 God, God, God, Virtue of my God,
 I follow in your footsteps.
- 19. Let us confound our cowardice
 By pondering the holiness
 Of all the saints our brethren.
 Against these mighty giants
 We are but shiftless manikins,
 Full of every wretchedness;
 They were made of iron and fire,
 And we for God are naught but ice.
 God, God, God, Virtue of my God,
 O Virtue of my fathers!
- 20. We attain pure virtue
 Only after a noble fight,
 A lawful combat;
 Let us fast then unceasingly and pray,
 Let us subdue our passions,
 The root of every sin;
 And practice earnestly
 The great virtues of the Savior.
 God, God, God, Virtue of my God,
 O my sublime glory!
- 21. Forgive me, God of goodness,
 In truth my virtue is
 But mere posturing;
 I wish to follow you step by step.
 Lord do not forsake me.
 Grant me your grace;
 Not gold, nor silver, nor renown,
 But only the virtues of your heart.
 God, God, God, Virtue of my God.
 Yes, it is you I embrace.

7th motive.
Do not neglect the little things.
8th motive.
Aim for the most perfect.
9th motive.
Seek first the law of virtue and the rest will be given to you.

10th motive.
Consider the piety
of the saints and
our cowardice.

11th motive. Fight, fast, pray.

Prayer.

- 22. O worthy Mother of Jesus,
 O great Queen of virtues
 And their perfect model!
 If I am your servant,
 Let me be your imitator!
 O Virgin most faithful,
 Let your virtues enter into me,
 Wisdom and Faith above all.
 God, God, God, virtue of my God,
 My Bride everlasting.
- 23. Away with you, false world,
 Your fancied bliss
 Sullies and starves me both;
 By your pompous glamor you want
 To make me forever woeful.
 Begone, accursed, loathsome one,
 And spread your poison elsewhere,
 Virtue is my only song.
 God, God, God, Virtue of my God,
 I sing of your radiance.

GOD ALONE.

5 EXCELLENCE OF CHARITY FIRST HYMN

I am a royal virtue
 Or rather divinity,
 The first theological virtue
 Called charity.

The essence of charity and its definition.

 I alone cause you to love God first above all else, And your neighbor as yourself Solely for the love of God.

1st Point. The excellence of charity.

I am hard to understand,
 I am from all time,
 In his bosom the Lord begot me,
 Over him I have command.

Motives.
1st Motive.
It comes from the bosom of God.

 Alone I conquered, but without war, This formidable king of heaven, I made him man on earth To save the hapless there.

2nd Motive. It caused God to become man.

 Among the virtues I am queen, They all walk in my wake, All blessings have I in my domain, My law God himself obeys. 3rd motive.
She is the queen
of the other
virtues.

 Law receives its life from me, Its success it finds in me, Without me nothing is made holy, Without me all virtue flags. 4th motive. She is the law's fulfillment and the life and truth of every virtue.

I make virtue easy,
 Its loving goad am I;
 Ablaze with strength,
 The weightiest burden flies off to heaven.

5th motive. It is virtue's sweetness and good.

8. I make the wise man
All abandon, and all-suffering,
Hazard all with courage,
Setting his joy on dying.

6th motive.
It makes us leave,
suffer and do
everything for
God.

With my powerful charms
 I exchange the bitter for the sweet,
 And from the hands of the fearsome foe Make weapons fall.

7th motive. It charms or disarms.

The faithful soul I send up
 To God in a chariot of fire;
 I marry God himself to her
 And remake her wholly into God.

8th motive. Charity unites and transforms into God.

I am that very markThat sets all the elect apart;I am the glory, the light, the bondThat links all their virtues together.

9th motive. She is the character of the elect and the bond of their virtues.

12. Gold is but clay without me, 10th motive. And even virtue is but sin; Without charity But all is great, all is useful nothing is great. When once joined to me. 13. I mark off and measure 11th motive. The point of honor of the blessed; She measures Charity great and pure glory in Transports a soul to highest heaven. heaven. 14. Love this God who wants our love, It is his greatest charge; 12th motive. Love, or be condemned God commands us to love him. And cursed forever more. God loves you, he is true, 13th motive. Love him then in turn; God loves us. He is all good, all lovable, On him all your love bestow. 16. Need we for love be sound 14th motive. Or rich or strong or powerful? Love is easy to Have we a heart? It is simple, attain. For love is gentle and fair. 17. Whoever loves works wonders, 15th motive. And will achieve all he wants. With love we do Without great toil, without long watches, great things. Despite everything, he will be saved. Without me life is pointless, 16th motive. Without grace or virtue. Without love we You believe in the Gospel but to no avail; do nothing. Forlorn is the noblest heart. 19. Grace and all of nature, 17th motive. Earth, water, fire and air, All creatures are Indeed, all of creation, motives of the Shouts of love, the love of God. love of God. 20. But self-esteem cloaks me

With finer subtleties.

Of my true qualities.

Allow me then to tell you

2nd point.

The qualities of

divine love.

I am never idle;
 Should I rest it is in God;
 My character is venturesome,
 I am lissome like the fire.

1st quality.
She is active like a fire.

22. I am the unyielding warrior, I am powerful like death; Nothing is so strong, so stubborn That my striving cannot vanquish.

2nd quality. She is strong like death.

23. I make every burden light,
I smooth the way to heaven;
I make the bitterest cross
Sweeter than a drop of honey,

3rd quality. Sweet as honey.

24. With blameless cunning,
Like a magnet, I beguile the heart;
In an instant, I make it a peerless victim
Of the very heart of God.

4th quality.
She attracts like a magnet.

25. There is nothing like me, Without me all is vanity; All things die out, but I abide Like God in eternity.

5th quality. Durable like eternity.

26. I lack boundaries or borders, No end and no beginning, For loving God as he deserves, Means loving him without end.

6th quality. Infinite like God.

27. Pure as gold and even purer am I, Without self-interest, I love God alone, Without regard for creatures, Nothing pleases me save God alone.

7th quality. Pure as gold.

28. Of my own nature am I
The fulfillment of the law;
But once it is betrayed,
Men are led astray, it is I no more.

8th quality.
In short she is faithful to God's law.

29. These five things oppose me: The flesh, self-will, Love of worldly things,

Five obstacles of divine love.

O1 .1	1		
SInth	2111	wickedness.	

- 30. Since self-will is quite averse
 To the holy fire of divine love
 We must endure all and do everything
 To drive this subtle poison out.
- 3rd Point.

 The means for having divine love.
- 1. Renounce all self-love.

31. To burn with my own flame, To savor my holy unction, We must even hate our souls Through self-denial.

- 2. Mortify oneself.
- 32. Men quench my saving fire
 With the waters of venial sin;
 Whoever does not commit any willfully
 Attains the pure love of heaven.
- 3. Avoid venial sin.
- 33. Where can I be found in fullness
 But in the Most Blessed Sacrament?
 I am hidden there in solitude,
 It is my true element.
- 34. Blest is he who takes Communion With humble heart, faithful and pure, Without lukewarmness or hypocrisy; My flame he shall possess, for he is pure.
- 4. Communicate often and fervently.
- 35. Do you wish me to enliven you? Apply yourself to prayer; There my victim you become And I your soul's perfection.

5. Pray.

- 36. Flee the world for solitude
 To pray there to God in peace;
 There in secret the saints relished
 My fires and acquired my traits.
- 6. Love solitude.

- Toward all be charitable,
 Love even your enemies;
 Without this love most genuine,
 It is not allowed to possess me.
- 7. Love one's neighbor.

- 38. To love Jesus night and day,
 The secret is to love Mary,
 For she is the mother and the glow
 Of fair and perfect love.
- 8. To be devoted to the Blessed Virgin.
- 39. Speaking of God and what he does, Suffering for him, keeping his law, Loving the Cross and prayer, Are sure signs of my presence.

Five marks of divine love.

40. A thousand times my heart desires you, Love divine, come to me:To be without you is a martyrdom, Come then, impart to me your law.

Prayer.

- 41. Here is my body, here is my soul: All is yours, O Queen of heaven, In every place your flame enkindle, Sacrifice all things to your ardor.
- 42. To make room for the Creator Spare not the creature; Make him, my nature notwithstanding, The master of my heart and king.
- 43. Forgive, O charity divine, My defiance and my coolness. That is past, I open my breast To your charm and your ardor.
- 44. By Mary's womb,By the merits of Jesus,Come to me, I beg you,No more shall I rebuff you.
- 45. Divine Jesus, love supreme, You alone I love on earth; I love you and call accursed Those who love you not.
- 46. Yes, dear love, I love you, Not for fear of punishment, Nor even for the reward, But only for you alone.

47. Dear Bridegroom, I embrace you.All I am I give to you,It is right for me to do so,For you were first to embrace me.

GOD ALONE.

6 LIGHTS OF FAITH

- I am pure light
 And make all believe with certainty,
 As long as God ensures it
 With the Church in concert.
- I am altogether supernatural,
 Through the senses, no one can learn of me;
 Dark I am but fairer still,
 For all my splendor is within.

The essence and definition of faith.

- I am the root unshakable
 Of all we hope for here on earth,
 I am the wonderful proof
 For all we cannot see.
- That glowing lamp am I
 That glimmers in the gloom,
 I am the column of fire
 That by night leads to heaven.

1st Point. Her necessity and her motives.

I am in truth most necessary,
 For by faith alone do we see God,
 Without faith no one can please him,
 Not even the foremost king.

1st motive.
She is necessary to know God and to please him.

 Senses shape the fleshly beast, While reason forms the worthy man; But I make the faithful man, The man of God, the upright Christian.

2nd motive. To be a Christian.

7. Life's light am I
Who guide men to the truth;
I must be followed
Else men abide in darkness.

3rd motive.
To be saved.

8. It is I who make poor children Sing of triumph,
It is I who earn their glory
For all faithful believers.

4th motive. She creates and brings victory to all, children as well.

9. It is I who bring down and overwhelm The demon, that haughty prince; It is I who confront him to his face It is I who plunge him into his pyre.

5th motive. Victory over the devil.

 I am the victory over the world Which wields such authority.
 Men must be grounded all in me So as to know its wickedness.

6th motive. Over the world.

I captivate and I mortify
 The flesh and its carnal desires,
 By showing it in the next life
 The sweetness of eternal bliss.

Over the flesh.

12. I make man pure without malice In his body, heart and spirit; Then of them all make a sacrifice Pleasing to the eyes of the Lord.

7th motive. Over the whole man.

13. I make the soul to grace compliant And the flesh yielding to the spirit, And I make men see that what appears Deceives, sullies, dooms and damns.

8th motive. Over his senses and powers.

14. Vices I extinguish and destroy By my flawlessness divine. Over virtue and righteousness Have I title and full sway.

9th motive.
Over virtues and vices.

2nd point. Her marvelous

15. All powerful am I in God,
I obtain from him all I want;
Through my might an innocent soul
Works marvelous wonders.

1st motive.
She gets and does
everything.

16. I created all those great figures Who commanded the elements, I made all the greatest works Of every place and every time. 2nd motive.
The example of the prophets and other great figures.

- Samuel brought forth thunder, Elijah set fire to the air, Moses opened up land and sea By the faith they had in God.
- One drew water from a stone, Another stopped the sun, All won warless victories; My power has no peer.
- All won warless victories;
 My power has no peer.

 19. It is I who brought elation

The apostles.

To the persecuted apostles,
Who made them race unceasingly,
All hardships notwithstanding.

The martyrs.

- 20. Amidst most bitter tormentI made the martyrs laugh,I gave them more delightsThan their hearts could have desires.
- The blessings and joys of heaven, Which the Lord bestows Only on the victorious faithful.

I made them see the crown,

21.

22. We hail the Blessed Virgin For her faith in the Lord alone. It is faith that hallowed her The mother of her creator.

The Blessed Virgin.

23. Give ear, give ear, O creature: God himself has used me In grace and nature. I was his arm, I was his law.

Jesus Christ.

- 24. Often was he wont to ask:
 "You will be healed, you do believe?
 Without faith I will do nothing,
 In answer to faith I help all men."
- 25. To the faithful soul I will reveal The whole universe in an instant, Death and everlasting life, Heaven, earth and hell.
- I am the key that grants entryTo the mysteries of Jesus Christ,To the wonders of the empyrean,To the august secrets of the Holy Spirit.

3rd motive. She is the key of the predestined.

27. I am that divine armor That arms true Christians, In whom, as God assures us, The flame of strife is quenched.

4th motive.
She is the weapon of the Christian soldier.

28. The ineffable treasure am I
Of the poor man here below,
I am the wretched miser,
Jointly we destroy ourselves.

5th motive. The treasure of the poor.

29. Much more I do than people think! It is I who form the blessed, I create their merit on earth And their degree of heaven's glory.

6th motive.
The merit and the degree of glory of the blessed.

30. I am, in the visible Church,
The staunch buttress of truth,
Most holy, infallible, invincible,
Despite hell in agitation.

7th motive.
The Catholic
Church is
faith's sole abode.

- 31. Universal is my Church, In all things subject to Jesus Christ; Outside her there is no salvation And doomed is he who withstands her.
- 32. All heretics I abhor,
 The Jew, the Turk, the pagan,
 The apostate and the schismatic,

The Catholic alone belongs to me.

- 33. Here are motives you may call Motives of credibility, That more faithful you may be to me As to the absolute truth.
- 34. My truths are very believable: In holy prophecy, In miracles uncountable, In fairest conversions,

8th motive.
The motives of credibility.

- 35. In the harmony of all mysteries, In the purity of the law, In the wondrous ways Faith came to the world,
- 36. In the solidness of the Church,In the impact of her enemies.Believe then with compliant faith,And all blessings are your pledge.
- 37. In the Gospel look for meWhere I hide in every word.A humble, docile heart you needTo find me there in quiet.
- 38. To possess me in my purity
 Learn how I behave,
 Believe all I say; a heretic alone
 Denies a truth.

3rd Point. The qualities of faith.

39. Believe the practical truths
And those that are not as well.
Alas, how many Catholics
On this point are heretics.

1. She must be universal.

40. Faith that is simple is fine and good, Of exceeding merit and great price: I desire that people not quibble About the truths I tell.

2. Simple.

41. You must believe with great courage Despite the flesh, despite the senses

3. Courageous.

Despite the demon and his wrath Despite the world and its tyrants.

- 42. Whether threatened or caressed, Or even if it comes to conflict, Profess the faith with boldness Before the greatest profligates.
- 43. I am a soulless carcass
 When I am idle;
 I am as nimble as a flame,
 But without charity I die.
- 44. Beware a sterile faith,
 All believing and doing naught,
 Live rather in the Gospel's light,
 Believing it all and living it well.

4. Lively and effective.

45. Beware of a deception
That believes from moment to moment.
You believe the Gospel only in part,
Then you will live it imperfectly.

5. Evangelical and not worldly.

46. Among the millions of nonbelievers Doomed by unbelief,
Give undying thanks
That you have known the truth.

Faith in practice.
1. Giving thanks.

47. Flee novel teachings
And the latest heretics:
They sow the keenest errors
That everywhere bring great harm.

2. Fleeing heretics.

- 48. Put no trust in fables, In tales without foundation; For those stories that are true Believe them, but with devotion.
- 3. Do not believe unfounded things.

49. Be content with my light,And search not for visions.Welcome the decisionsOf the Church your mother.

Do not seek visions.

- 50. Believe Jesus in his vicar, In all that touches on faith, And take what he says from the throne As an oracle and certain law.
- 5. Submit to the Church and the pope.

51. Your own mind is diabolical, Be wary of its luster; For such creates the heretic, Apostate and schismatic.

6. Not to follow one's own mind.

52. You will give me much glory If you teach children All they must do and believe In order to win Paradise.

7. Teach Cathechism to children

53. Say often this prayer:
Increase my faith, Lord,
That it may pass utterly
From my mind to my heart.

- 8. Ask God to increase our faith.
- 54. Grant me a faith simple and pure Believing all without seeing or feeling, The senses and nature notwithstanding As it gainsays their significance.
- 55. O faithful Virgin, pray for me, Only increase my faith, That in life everlasting I may clearly see you in God.

Prayer

- 56. With most compliant faith do I believe With all my heart, and without question, Everything taught by Holy Church For God himself has said it.
- 57. I believe what the Holy Father says, Hell's keen henchmen notwithstanding; He is my leader and my light, For I see naught, and he most clearly.
- 58. In all things, O God, I want to believe you. Keep broadening my faith, That I may see in glory More clearly what I believe.

59. Make your Gospel's sweet thunder Rumble far and wide, That the faith through all the earth May glorify your name.

GOD ALONE.

7 SOLIDITY OF HOPE

- The virtue of Hope I am,
 I make you expect from the Lord
 Grace and its reward
 Through the merits of the Savior.
- Her essence and her definition.
- I am that anchor firm and stable
 That steadies instability,
 That unshakable pillar
 That supports all holiness.
- I draw all my riches
 From a God so full with truth,
 Faithful to all his promises
 Both now and in eternity.
- 4. Here is why I am so mighty:
 God wills that man hope in him,
 He warns, he repeats, he requires:
 O mortal, in me place your reliance.

1st Point. God's will is that we hope in him.

Motives.

I love you as my handiwork,
 I am your God, I am your King;
 Hope in me. This is the homage
 You should render to me alone.

1st motive. God is our Creator.

I do not want you to perish,
 I am your friend, I am all good,
 I want you to change heart
 And beseech for forgiveness.

2nd motive. God is our friend.

 O Christian, God himself is your father, Hope in his charity.
 A great fool is he who despairs Of his father's kindness.

3rd motive. God is our father.

 Jesus is your faithful friend, Your savior and your bridegroom.
 It is I, he said, I am calling you, Fear nothing and have confidence.

4th motive.
Jesus is our
Savior.

Mary is your mother fair
 And the sinner's haven.
 Hope everything from her prayer,
 Expect all things from her favor.

5th motive. Mary is our mother.

 The many priceless blessings God showers upon you every day Are certain motives For trusting in his help.

6th motive. God showers all kinds of blessings on us.

Can hope ever be flighty
 In what God himself has promised?
 His word he keeps,
 He is the best of friends.

7th motive. God's promises.

Whoever has put his trust in God
Has never been confounded,
God has given overplenty,
And man has always more obtained.

8th motive.
The examples of those who have hoped in God.

2nd Point. The happiness of those who hope in God.

13. I make a soul unshakable Like a tower, like a rock; The most fearsome foe Cannot make it budge.

1st motive. Hope makes a soul strong as a rock.

14. We drop anchor in a storm So as not to founder; The wise man's anchor am I In the midst of direst peril.

2nd motive. Sturdy as the anchor that holds it fast.

15. With me all grows easy; You are happy, you are joyful, You are an eagle, you are agile, You have wings to fly.

3rd motive. Agile as an eagle.

16. Through me man exchanges his strength For that of the Almighty; He breaks out from himself, And thus becomes alive.

4th motive. Hope changes one's strength.

17. All the martyrs in my presence Laughed in their grimmest anguish; For I showed them their reward, And they toppled every tyrant.

5th motive.
With the martyrs' examples
Hope gives joy in suffering.

18. Grace only do I seek And the blessings of eternity And I scorn the passing show As the purest vanity.

6th motive. Hope detaches the soul from earth.

3rd Point.

The woes of those who trust in creatures.

19. Woe to the man, God said himself, Who puts his trust in the flesh; In life he is accursed, At death he tumbles into hell.

1st motive. God curses them.

20. It is foolhardy and absurd To trust the waters to hold you up. Creatures are fickle Like the water and the reeds. 2nd motive. Relying on creatures is ineffectual like the water and the reeds.

Man lasts but an instant,
 Like a breeze we cannot grasp,
 He is like comely foam,
 Only fools trust in its support.

3rd motive. Ephemeral like wind and froth.

22. All things beguile man here below, And often he himself deceives. He is an impostor, a phantom, If he hopes not in the Lord.

4th motive. Deceptive like a phantom.

23. If God does not take part In consoling the afflicted, In vain we trust in man, He cannot soothe our ills.

5th motive. Often useless.

In God alone I place my trust And not on human succor; Should man help and soothe me His hands are merely borrowed.

4th Point. The qualities of hope.

1. Supernatural

25. Rely not on your misfortunes: With you nothing has strength or power, But rather on the Father of Lights From whom all perfect gifts descend.

without human support.

2. Humble

without relying on

the self.

Count on all things from his charity, Both here on earth and in eternity, Since with his Providence He has for you a father's care.

3. Universal and without

exception.

No graver insult can you give him Than despairing of his help; For since he is by nature good, When he forgives, he abounds with joy. 4. Firm without despair.

Work in fear for your salvation, Without yielding to despair, Join holy hope to your striving, Without too much presuming.

Means for increasing hope.

1. Work for

29. Without delay renounce the world, So artful, fickle and shrewd, And base your hope on God alone

salvation with fear and hope.

Who holds you in his hand.

2. Renounce the world.

30. To gain this reliance And this leaning on the Lord,

3. Keep purity of heart.

Keep fast your innocence, Have purity of heart.

- Say: God himself is my dear Father, And I cry out to him: Abba Pater. Mary is my most gracious Mother, Never shall I go to hell.
- 4. Prayer.

- 32. When out of weakness or of guile, You fall sadly into sin, Pray God to show you favor And do not despair.
- 5. Hope after falling.

33. Cling tightly to his mercy,
In his blood drown your sins.
Always good, he grants pardon
To hearts that are stirred.

Penance.

- 34. Imitate the faithful Virgin, Take care to serve her, Put your hope in her, And you cannot perish.
- 35. For sure my malice, Lord, Shrinks before your kindness. I hope in you, with fairness, Without fear of being turned away.

Prayer.

- 36. Like my forebears I hope in you, And you will hear and answer me as well. Should I have woes more bitter Your glory is greater for it.
- 37. With the lightning in your hand, Set to quench me with its might, I could not bring myself Not still to hope in you.
- 38. Against hope I hope in you,
 When I should have lost the day,
 If you do not come to my defense;
 But no, your love I know.

- 39. My trust is utter and complete; Forgive me if I seem rash, But deal with me as I hope In your sweet charity.
- 40. I hope for your grace on earth, Blessings of soul and body.I hope to see you face to face And delight in all your treasures.
- 41. Through Jesus, through Mary In you, O Lord, I hope in peace. I shall hope throughout my life And I shall never perish.

GOD ALONE.

8 SPARKLE OF HUMILITY

In singing I discover
 A rare beauty
 Veiled and hidden:
 Holy humility.
 She is slight and small,
 Barely can you see her,
 Yet look at her grace
 And her perfection.

The essence and definition of humility.

2. Man, by the light
Of this humility,
Discerns his woeful state
And wickedness.
Himself he then despises,
Views himself with horror,
And believes he merits
But hell and hardship.

1st Point.
The excellence
and
necessity of
humility.

 Upon her are founded A Christian's virtues.
 Nothing in this world is great Motives 1st motive. She is the foundation.

If she does not uphold it; Tiny though she may be, Nothing is so glorious, She is the true excellence Of earth and heaven.

- 4. She is the virtue dearest
 To the sovereign Lord,
 In her dust he encounters
 His honor most matchless;
 He is the invincible one,
 Yet his conqueror is the humble man;
 With might transcendent
 He wins his heart utterly.
- 5. The humble man mortifies his soul,
 And God who loves him to it descends;
 If he calls out to him and pleads,
 He listens thus answering his prayer;
 This humble reverence
 Pleases him infinitely,
 And even humble silence
 Mightily delights him.
- 6. To him God opens up The greatest of his secrets, And fills him beyond measure With his greatest benefits; He shows him the tenderness Of a virginal Bridegroom And on him bestows A generous master's bountiful gifts.
- 7. While with lightning in hand, As a rigorous judge
 He strikes and crushes
 The haughty sinner,
 Like a good father he goes out
 To seek in lowliest regions
 The humble man in his grime
 To lift him up to heaven.

2nd motive. The support.

3rd motive.
The excellence of the other virtues.

4th motive.
God loves the humble.

5th motive. He delights in them.

6th motive.

He is conquered
by the
humble.

7th motive. He descends to them.

8th motive. He answers their prayer.

9th motive. He reveals his secrets.

10th motive. He showers them with gifts.

11th motive. He lifts them up to heaven.

8. So great a majesty has
This most excellent virtue
That God himself had to come
And manifest its beauty;
For before the coming
Of the most humble Savior
She was unknown,
And men lived in dread of her.

12th motive.
God became man
out of love for
humanity.

9. God could not protect himself From her charms so dazzling; To enlighten us about her, He became flesh on earth; He was born in a stable, He lived as a carpenter; What a worthy model For being the last of all!

13th motive. The example of Jesus Christ.

10. "I am most gentle And humble of heart," Our loving Savior Was wont to say. How salutary a lesson That brings us peace, Complete victory, And happiness everlasting.

14th motive. The lesson of Jesus Christ.

11. He said to his apostles:
"I pray you, be humble;
Let the greatest among you
Be the servant of all.
I, Wisdom Eternal,
Have come to serve you;
Take me as a model,
Or you shall perish."

15th motive. It is his commandment.

12. In Mary God sees
But her humility,
As she made clear
In all its truth;
He takes her as his Mother,
Glorifies her name,
And makes her the foremost
Of earth and heaven.

16th motive.
The example of
Mary and
the saints.

O feckless creature,
Say grace and faith,
You are a disgrace,
And worthless. Bow low.
The Most High makes war
On every proud man,
While on earth his heart
And his eyes the humble possess.

17th motive.
Faith requires us
to be
humble.
God above.

14. A body conceived in filth, A worm-filled sack, Ghastly fodder, Worms and infernos: With all that, you ash heap, Arrogant criminal. Do you claim out of wrath To scale heaven? 2nd Point. Subjects man has for humiliating himself.

1st motive. Above us is God in anger.

> 2nd motive. Our body is corrupt.

15. In history seek out and read
What the saints did
To enter into glory,
And then think yourself perfect!
Or imagine rather at your side
A hundred righteous men,
The least of whom
Ought serve as an example.

3rd motive.
The example of the saints.

16. A source unfit
To produce anything good,
A wretched sinner
Who merits nothing,
A traitor, an infidel
Ready to be condemned;
Yours is a cruel folly
If you deem yourself saved.

4th motive.
Inside us there is incompetence, faithlessness, iniquity.

17. The falsity and ignorance
In your sinful spirit,
The coldness, the fickleness
And the malice of your heart;
With a memory
Filled with vanity,

Falsity, ignorance, coldness, fickleness, distractions.

Can you delude yourself Amid all these infirmities?

18. Your poor soul is full
With a plenitude of sins,
That your benighted folly
Always well hides from you.
Among your colleagues
Have they confessed their sins?
Have you received forgiveness?
Are your sins all wiped away?

5th motive.
Within us are
unknown and
unatoned for sins.

19. You fear not, perhaps,
The judgments of a God
Before whom you will appear,
And in so short a time;
His boundless justice,
Without error, without appeal,
His sentence followed
By an everlasting hell.

6th motive. Before us lie God's judgments.

20. Sinner, filled with crimes, Man, enemy of God,
On the brink of the abyss,
Held back by a hair,
In hell you belong,
You have well deserved it!
Soul empty of grace,
Be proud of yourself.

7th motive. Beneath ourselves.

21. This fathomless virtue
Has cowed the flesh,
Has overwhelmed the world,
Has disarmed hell.
The man who looks down
On himself without pretense,
Ever eludes the clutches
Of the world and the devil.

3rd Point.

Its victories and
its
fruits.

1st
Over the world.

the flesh and the

devil.

22. Frenzied with rage, the demons Frequently bemoan
That the humble have the profit Of their former bliss;
That their surpassing anguish Comes from the great pride,

2nd It saves the soul.

Which hurls man himself Into a similar torment.

23. Glory we cannot claim
Everywhere and every place;
Either we must descend
To climb up to heaven,
Or else delude ourselves
That we can climb in arrogance,
Only then to forfeit glory
And fall into the fiery pit.

3rd Without it we are

24. Only on the ladder
Of true humility
Does a humble, faithful heart
Attain holiness,
Reach victory
Over all iniquity,
And climb to glory
For all eternity.

4th It is Jacob's ladder.

You will receive light,
O glorious unknown,
And total victory,
O worthy vanquished.
O refuse of the world,
God exalts you all;
The sky, the earth, the sea
And God himself are yours.

5th
The humble are
glorified
and raised up.

26. God rejects and abhors
False humility;
Flee like the plague
This malignancy,
Avoid the surprise
Of a subtle pride,
Which shrewdly disguises
Its real allure.

4th Point.

The practice of humility.

27. Knowing our wretchedness,
Looking on ourselves with scorn,
Loving to be amid the ashes
And among the lowly;
Believing ourselves all-guilty

Interior practice.

And skillful in nothing Believing ourselves ignoble And unworthy of all good.

- 28. Hiding our fair grace
 And showing our defects,
 Loving that others pass us by
 With their surpassing talents,
 With good heart resigned
 For the love of God:
 These marks make known
 The humility of the heart.
- 29. All gleaming virtue
 Is bound to perish,
 If the humble, prudent soul
 Knows not how to mask it.
 Hide far from praise
 Your virtues peacefully,
 And the Lord and the Angels
 Will see them for eternity.
- 30. By deferring your opinion
 To that of someone else
 Who speaks with haughtiness,
 You emerge the victor.
 Suffer people to accuse you,
 Without cries of complaint;
 Suffer people to refuse you,
 But without protestation.
- 31. What a praiseworthy practice:
 Choosing the worst in beds,
 At meals, at table,
 At work, in dress,
 The better to hide your grace;
 Behaving in a saintly way,
 Through menial deeds,
 Even though in public.
- 32. Look upon yourself
 As an ugly toad,
 Horrid in the extreme,
 Displeasing the Most High.
 Say not for or against,

Exterior practice.

For you or against you, For that is a vain display Common to every fool.

- 33. Should misfortune come
 And you fall down,
 Have a timorous soul,
 But do not be uneasy.
 Say: "Forgive me, Father,
 Here is all my skill."
 And then, among the ashes,
 Choose the least place.
- 34. Your best point,
 O wretched sinner,
 Is but mischief
 In the eyes of the Lord;
 Marks of self-importance
 And willfulness,
 Faults of negligence,
 Sins of vanity.

Remedies to thoughts of vanity.

35. Whence come these expectations And your bold desires?
Have you received some license To be in Paradise?
The saints, full of innocence, Were fearful until death, And you, not being shriven, Think you strong and upright.

Prayer.

- 36. It is in your presence,
 O worshipful Lord,
 That I feel the powerlessness
 Of a woeful sinner.
 Before your justice
 And your holiness,
 I am utterly spiteful
 And full of wickedness.
- 37. The sin roots I have in me
 Of all your foes,
 Without your grace divine
 I would have done them all.
 Am I not guilty

Of all deadly sins? Of them I am capable at least, Like every criminal.

- 38. Wherever I go I am
 Like an ugly snail,
 Spoiling your grace
 With a subtle poison.
 And I delude myself
 Like a haughty peacock
 That we shall both now
 Soon reach victory.
- 39. Your just judgments, Lord, About me I venerate, But humbly I implore Your grace unceasingly; Though I am worthy Only of condemnation, By a signal grace I hope still to be saved.
- 40. I am a wretch
 Unfaithful to your laws,
 I sense and see
 I'm unable of any good;
 Yet, in my soul,
 I feel a puffed up pride,
 Like a filthy sewer
 Unequaled in the world.
- 41. Lord, I beg you for Humility of heart,
 That I might give you More perfect honor;
 So that, from my place Among the very least,
 I may by grace one day Become among the first.

GOD ALONE.

Here is the elder sister
 Of all humility,
 Her companion, arrayed
 With utter charity.
 Her name is Gentleness:
 The sugar, the oil,
 The balsam of the heart,
 Without coldness, without bile.

The essence and definition of gentleness.

- 2. She is ever winning,
 Without uneasy cares,
 Never impatient,
 Always full of peace.
 Of all the virtues
 She assumes the charms
 By which hearts are won
 As with so many weapons.
- 3. A God so kindly,
 Filled with gentleness,
 Came that she might
 Triumph in our hearts.
 He names himself Lamb,
 Or rather gentleness itself.
 How sweet and fair he is,
 How much he deserves our love.
- 4. He is gentle of countenance,
 Gentle in all his bearing,
 Gentle in all his language,
 Gentle in his conversation.
 Gentle in every action,
 Gentle in every woe,
 Gentle in his passion,
 Everywhere boundless gentleness.
- 5. From his infancy he charmed Both shepherds and kings With so much power

1st Point.

Her excellence
through

the example of
Christ and
the saints

1st motive.
The example of
Jesus
Christ.

Gentle to others.

Gentle since his infancy.

That he made them subject to him. His smile, his gentle manner Had so much eloquence That he won them all to himself Without breaking his silence.

6. The children of his age
Wanted only him to see;
By his comely mien
Everyone was charmed.
His torturers, in fury,
And fearing his good nature,
Veiled his face,
The easier to strike him.

Gentle in His passion

7. How gentle his behavior
Toward all sinners!
No matter how far away he sends them,
He charms their hearts.
With what gentleness
Did he win over the Magdalene,
And conquer the soul
Of the woman of Samaria.

Gentle in his behavior toward sinners, the Magdalene and the Samaritan woman.

8. See him as a father
Gently forgiving
An adulterous woman.
Wishing to save Judas,
He weeps, he humbles himself,
He bows low to the ground.
O unheard of gentleness!

Judas

9. On the smoking wick
He gently blows,
And then relights it
Without any anger.
Break a stick,
He takes it, joins it,
And makes it fit again.
O infinite gentleness!

Comparison.

10. On the cross he summoned
The last of his strength
To gain forgiveness
For the poor sinner,

And for his own torturers Full of rage and envy, Who with untold suffering Will make him lose his life.

- 11. With all this, my brother,
 Will you still act harshly,
 And behave with bitterness
 Unlike the gentle Savior?
 All bloated with pride,
 And filled with arrogance,
 Will you have no kindness,
 Gentleness, or clemency?
- 12. In Mary did you ever see
 A trace of sharpness?
 The mother of life
 Gentleness engenders.
 Her mild and gladsome mien
 Chased away all sorrow
 And filled eyes and heart
 Again with jubilation.

Example of the Blessed Virgin.

13. See the gentlest charms
Of the godly apostles,
They were the sole weapons
They used in their hands.
They were lambs
Even in the midst of wolves,
They showed in their distress
Surpassing gentleness.

Examples of the apostles.

14. If they won the world
It is with this virtue,
With their profound gentleness
They conquered everyone.
Are not all the saints
Quite free of gall and ire?
Moses was so gentle!
It was his quality.

The fruits of gentleness.

The example of the saints and Moses.

15. With neither ire nor war She wins over the hearts Of heaven and earth By her gentle sweetness.

2nd Point. Gentleness sings victory over every heart.

The heart of Jesus Christ Wins all for himself through her, She is his very spirit, He is her true ideal.

1st Over the heart of God.

16. With gentleness we charm
Our neighbor's heart,
Or else we disarm him
Without a weapon in hand.
The gentleness of children
Has such striking traits
That the most violent of men
Are rendered peaceful.

2nd Over the heart of our neighbor.

17. A saint is very gracious,
Gentle, upright, winsome,
Amiable and obliging,
Without any agitation.
It is by this sweet means
That he wins over and beguiles,
That he does so much good,
At times without a word.

3rd Over every heart.

18. Only fervor does he enkindle
With his mien so sweet and tender.
For souls' conversion
He becomes all things to all,
But without human respect,
Without mawkishness,
Or pride, or scorn,
And without any imprudence.

4th
She is all things
to all men.

19. He is never bitter
In correction,
The zeal consuming him
Soothes with unction.
He corrects a friend,
Like a father he admonishes,
Not like a foe
Out of envy or in anger.

5th She corrects usefully.

By anger man
 Is driven from his home,
 No more light, nor faith
 Nor law does he possess.

6th
She wins the
heart of one who
is gentle.

The virtue of gentleness Puts him in charge Of both soul and heart, So that all might yield to him.

21. Gentle patience,
Without bitterness or gall,
Is that very violence
Whereby heaven is ravished.
It is the true path
To life everlasting;
Any other is unsure,
Any other is untrue.

7th

22. The gentle have the benefit
Of living without ill-humor,
Without suspicion, without offense,
Without coldness toward their neighbor.
Never bad tempers,
Never impatience,
Even-tempered at all times
Even in suffering.

3rd Point.
In practice she overcomes many sins.

- 23. No indifference, no intimidation, Without discord, No semblance of stoniness And without loathing, They speak gently, Without arrogance or stubbornness And are ready to comply.
- 24. When someone offends you gravely,
 Bear everything gently.
 You will win out
 Over his behavior.
 Gentleness has within
 A secret strength
 Which for all creates a charter
 For a most perfect peace.

25. In your wrath, my brother, You correct another? Alas, your anger Will harm you all the more. Practical advice.

You provoke only A crime with crime; To charm him you want A surpassing gentleness.

- 26. Be gentle of mien,
 Without moodiness, or gloom,
 Let your tongue be gentle,
 Without haughtiness or spite.
 Behave gently
 And without misgiving
 Suffer peaceably
 And without concern.
- 27. Bitter is my soul,
 And with harshness my heart abounds,
 I am filled with rage:
 My Lord forgive me;
 Calm your wrath,
 Grant me your graces
 That I may be humble and meek,
 Walking in your footsteps.

Prayer.

- 28. Rough as a bull I am
 In my behavior;
 Make me hereafter
 As gentle as a lamb,
 To preserve the peace,
 With patience,
 In all I do,
 In all I think.
- 29. O heavenly Mary,
 Give me gentleness,
 It is my heart that begs you
 Through your own heart.
 Pour into it that sweet honey,
 That holy tenderness,
 That wins for heaven
 A sinful soul.

GOD ALONE.

A cherub you would have to be
To tell the eminence
Of a most godly sacrifice:
Holy Obedience,
Which makes the Lord obeyed,
Either in doing or believing,
And tames the mind and heart
All the better to sing victory.

Its essence and definition.

2. Every man's and every Christian's Greatest sacrifice it is;
Without it God welcomes nothing:
For he wants us to obey.
A great sacrifice, in truth,
Not of flesh or fatling,
But of our own will,
That grand mistress.

1st Point.

Its necessity.

Motives.
1st motive.
It is the greatest sacrifice of a man
And of a
Christian

3. Making a vow of poverty
And of chastity as well,
Practicing austerity
In greatest hardship,
Enduring violent torments,
And even martyrdom;
Obeying is still worth more,
For that is God's desire.

2nd motive. The greatest of the three religious vows, even greater than martyrdom.

4. To disobey in but one matter
Is the crime of crimes,
Without it God accepts not
Even the greatest victims.
Saul disobeyed in little,
But a prophet cried out to him:
"God has forsaken you."
And all he lost and life as well.

3rd motive. Without this sacrifice all other sacrifices displease God.

5. By disobedience
Were we accursed,
But Jesus saved us every one
By his obedience.
Of the Savior's virtues
This is the model miracle,
Which holds the center of his heart,
It is of such necessity.

4th motive.
Through
disobedience
Adam doomed us.
By Obedience
Jesus saved us.

6. He comes down and becomes an infant In his mother's womb In order to obey, by saying: Father, I want to fulfill, Your law, your will; This law I love And I set it, truly, At the center of my being.

5th motive. The example of Christ.

1. At the beginning of his life.

7. Like the least of children,
He had his whole life long
Been subject to his parents,
To Joseph and Mary.
Greater nothing Jesus did,
This is his greatest miracle,
As the Gospel affirms,
And his greatest oracle.

2. During his life.

8. He obeyed until death
Without striking back,
His dying on the cross flowed
From his obedience.
God, for this compliance,
Made his name glorious,
A name above every name,
A name replete with victory.

3. Until death.

9. Obey truly,
And you save your soul,
For your own will
Shapes hell and its fire.
Obedience does away
With that cruel sweetheart,
Who debases all and makes us perish
Once she interferes.

6th motive.
Obedience is the death of one's own will.

The mark of one predestined
Is his obedience;
The man who will be damned
Loves independence.
All saints have trod this road
To life everlasting,
The baleful mind takes another path,
As does the infidel.

7th motive.

It is the mark of the predestined and without it
We do not imitate the saints.

11. Unless you become a child,
It is Jesus you must believe,
But a child most obedient,
You shall not have my glory.
Since it is Lucifer you follow,
That arrogant rebel,
You shall follow him to his hell
Into everlasting punishment.

8th motive. Without it we cannot be saved.

12. How great a sin it is to disobey!
A sin of black magic!
God is stirred to the quick,
And it is God who makes it clear.
Whoever resists with passion
The lawful master
Does commerce with the devil,
What an appalling crime!

9th motive. Disobedience is a great sin.

13. Without it virtue perishes
Or is but hypocrisy,
It is its source, its spirit,
Its merit and its life.
The more we obey, the more
We perform a worthy deed;
If in obeying we omit it
We still lose not its glory.

2nd Point. *Its excellence.*

1st motive.
It is the summary, merit and the prize of virtues.

2nd motive. It earns merit without effort.

4. Obedience leads to a safe haven
In the thick of a storm,
It is a bark where we slumber
As it sails along.
It brings peace to us entirely
In the midst of war
And uncovers by its secret ways
A Paradise on earth.

3rd motive.
It gives peace and reassurance in the thick of a storm.

15. In every woeful mishap,
When everything goes awry,
Where even earth and heaven
Would surely founder,
I obey, says the obedient soul,
I act with dependence
For the future and the present,
I sleep with self-confidence.

4th motive. It brings joy to the suffering.

16. He sings, says the Holy Spirit,
And histories tell us,
All victory in Jesus Christ,
And even victory songs.
Victory over the serpent of old,
Who cannot submit;
Wishing independence
He opposes God his Lord.

5th motive. Victory over the devil.

17. Victory over the world as well
And over self-importance,
Victory over the hard hearted soul
Who runs from independence;
All victory over the flesh
And its own bidding.
Victory at last over all of hell.
O most excellent triumph!

6th motive.

7th motive.
Victory over the flesh and its desires.

18. By this virtue we discern
What true merit is,
We can know or divine
The pious hypocrite.
To know holiness,
This is the touchstone,
Revealing its truth
Once touched.

8th motive.
It is the touchstone of virtue.

19. Were we to have the holiness
For working miracles,
Were men to ask our counsel
As from a great oracle,
Unless we are humble, obedient,
We are hoodwinked by the devil,
And cover with a winning lie
A lamentable calamity.

9th motive. It dispels illusion.

20. In dying, the obedient sing,
All brimming with hope;
Effortlessly they die,
As I have witnessed.
Their peace, their joy and sweetness
Are a reward
The Savior won for them
By his obedience.

10th motive.
It gives peace at death.

21. On the great day of judgment It is an instant excuse Defending, and most mightily, A man who is accused: "Out of obedience, Lord, Did I so act."

If he proves it, he is innocent, And he has won his cause.

11th motive. It is the right excuse on judgment day.

22. With his own hands Jesus gave
The crown to the obedient
And such alluring charms
That confound the heavens,
He gives them a name above all names,
The name of a true king;
In all of holy Zion,
His like, there will not be.

12th motive. It gives incomparable glory.

- 23. Obedience is a secret,
 A secure highway
 For soon becoming perfect,
 In little time, and painlessly.
 Witness that saint who after five years
 Of pure obedience,
 Great gifts received from heaven,
 And then immeasurable glory.
- 24. Oh, if only we knew what peace,
 What grace there is in life,
 What gifts, what happiness eternal
 And glory unending
 God gives to the obedient,
 If we knew their great reward,
 We should obey like children
 Without ever holding back.

- 25. See only God himself
 In the one commanding,
 And like a saint you will do
 What all God asks of you,
 And you will do whatsoever He will say
 Without complaint or murmur,
 And nothing will seem
 Beyond your strength.
- 26. Obey completely,
 That is essential;
 God so orders without condition,
 You must then comply.
 Keep all his commandments
 And without distinction,
 Everywhere and every time.
 If not, you offend him gravely.
- 27. For your inner life follow
 A friend learned and wise,
 Open to him your full heart,
 Simply, no holding back.
 In all things obey the king,
 God speaks in his person;
 Submit to every law,
 Though created by your peer.
- 28. I mean here only
 Every law that is good;
 It makes us holy, and leads us to God,
 It offends no one;
 Better to be flayed alive
 And lose the whole world
 Than to commit but one sin,
 No matter how someone may scold.
- 29. Obey most swiftly,
 Without asking people to wait,
 Obey doubly
 The one who commands.
 Obey gladly,
 Without ill humor
 Where you would surely lose
 Your glory before God.

3rd Point.
The qualities of what God demands

1st quality.
Obeying like a saint for God alone.

2nd quality. Completely obey everything good and possible.

1. God's commandments.

- 2. The spiritual director.
 - 3. The king.
 - 4. Even your peers.

3rd quality.
Promptly and
without
delay.

4th quality Joyfully and without ill humor.

30. Do all you are told
If it be good and possible,
Without grumbling, without question,
However harmful it may seem.
Obeying gladly and with joy
In a difficult matter
Is the most generous action
Of our whole Gospel.

5th quality. Strongly despite hardships.

31. Obey blindly,
Without overbearing,
Without saying why or how,
"I could not," or "perhaps."
This kind of quibbling,
Sharpened by conceit,
Is a major indisposition
We mask and we disguise.

6th quality. Blindly and without quibbling.

32. As long as men will hear you, You can, through prudence, Quite carefully express Your reasons for exemption. And then, stay calm Without saying a thing, Bear the yoke and the burden A master lays upon you.

7th quality. Prudently.

33. Agree with your Superior
In what he enjoins,
Compliant in mind and heart:
How great is obedience.
Take pains to obey,
It is God who commands,
Till the end, until death
And your heavenly crown.

8th quality. Inwardly with heart and mind.

9th quality. Perseveringly.

34. Do all you are required
With precision,
For that is surely from God,
Whose yoke is not harsh.
Do as Our Lord does,
Who lets not a whit go by
Without tending it ardently
And with very good grace.

10th quality. Obey all your regulations.

- 35. Your rules are great laws,
 Not one is too slight,
 They are all of great import,
 And all of great merit.
 Faithful in much as in little,
 With fealty unbroken,
 You will hear your God
 Say these words to you:
- 36. Dear son most obedient, My servant most faithful, Come now with me Into my joy everlasting. Upon earth as in heaven Receive the dominion Over even the blessed In view of your obedience.
- 37. Trust not your mind,
 Its light is misleading,
 For this is how Satan
 Beguiles a righteous soul.
 Consult an enlightened man
 And follow his lights,
 You will be most secure
 In all that you do.

11th quality. Mistrust yourself.

38. We are clear-sighted for others
And know what should be done;
But for ourselves we are hopeless,
And see upside down.
While saints counseled others
In marvelous ways,
For themselves they consulted
With like-minded souls.

12th quality. Consult a spiritual director in everything.

39. Forgive me, good Lord, I avow My misdeed and wrongdoing, Till now have I followed The laws of my fancy. Full of my own opinions, And of my own worth, My own willfulness I followed In all that I did.

- 40. Henceforth, my God, I follow you, I walk in your footsteps,
 And obey like a child,
 But grant me your grace
 To see in my Superior
 Your very own plan
 And in my father director
 Your presence alone.
- 41. No, no longer will I listen
 To the laws of nature
 That have so made me defy you.
 Forgive this affront.
 Without quibble or waiting,
 With pleasure profound,
 Till death shall I obey
 Out of love for you alone.
- 42. Sure refuge of sinners,
 All powerful Queen,
 And most obedient
 Of the handmaids of the Lord,
 Drive out my own will,
 And make me obey,
 That I may be truly saved
 And render you service.
- 43. I want to obey so I may sing
 A full victory song,
 I want to be humbled so I may climb
 To the heights of glory.
 And make me rather die,
 My God, I beg you,
 Than ever to disobey
 Even one day of my life.

GOD ALONE.

A noble princess I admire;
 She smiles amidst her agony,
 And without grief or sorrow
 Turns her woe into winsome joys.
 She is Patience unconquerable,
 The message dying Jesus gave,
 The foundation of hope,
 The force of a true conqueror.

Its essence and

2. Is this not the great sacrifice Of man's to the Godhead So to compensate his justice, And glorify his bounty, To expect his Providence, And believe in his authority, To surrender to his power, And worship his majesty?

1st Point.
Patience is
glorious to
God and salutary
to man.
1st motive
It glorifies the
attributes of God.

3. What glory it is for God, our loving Father, To see his dear child laugh, And humbly kiss and reverence The rods that beat him; In the midst of blows he cries out: "Blessed be God! My God, forgive! Good Father, I thank you.
Oh, what a grace! How great a gift!"

2nd motive. It glorifies God the Father.

4. The patient man glorifies
Good Jesus with his cross,
For thus he imitates his life,
Submitting to his laws,
And through suffering completing
What is lacking in his passion,
Since by patience does he vanquish
All the enemies of his name.

3rd motive.
It glorifies God
the Son.

 The cross protects and purifies From self-will and from sin, Makes the righteous humbled And the sinner moved. 4th motive.
It is salutary for man.
5th motive.
It protects him from sin.

Through its radiance the cross Makes us see both God in his splendor, And the utter wretchedness And deception of the sinner. 6th motive.
It humbles him.
7th motive.
It enlightens him.

6. Nothing is more meritorious
Than suffering for Jesus Christ.
Look about, read all of history
To satisfy your mind.
A day of the love of suffering
For the Christian is worth more
Than a hundred years of penance,
Or giving alms of all one has.

8th motive. Its merit is greater than that of voluntary penance and almsgiving.

7. It is you, dear cross, that rule
Over all the enemies of God,
Yet in this lowly place no one knows
That your victory is divine.
The world deems you ugly,
Flesh is fearful of your strictness,
The devil looks at you with hate,
While your greatness I adore.

9th motive. It gives victory over all God's enemies.

8. The cross has abounding power, It is the spur of virtue, It is the brace and hope Of the poor despondent sinner. This cross is heavy, it is true, Yet when we love its holy weight, The soul, abroad, is most at ease, And both laughs and weeps.

10th motive. It spurs on virtue.

11th motive. The support and strength of his hope.

9. Believe, with deepest faith believe: Without the cross we are not saved; It is the battledore, the lye With which God wants to cleanse us. It is his loving purgatory, It is his blazing fire, his crucible Where even the most perfect man God prepares for glory.

12th motive. It is man's crucible and purgatory.

In vain a man sings victory,
 If he is not patient in suffering
 He acquires but vain glory,
 Since his conquest is but a sham.

13th motive. It is man's great and true victory.

Becoming master of an empire Is not a feat so glorious As suffering quite without a word, Though wracked with pain.

11. O saving patience! My verse cannot express How imperative you are, How much we are to love you. Suffer we must, how great a maxim! God's decree, a law most just To which he subjects every man

2nd Point. Patience is necessary.

In nature and in faith.

1st motive. It is a universal decree.

12. On earth be as righteous As that simple and holy Job, Avoid every war as wisely As the patriarch Jacob. You are not able to fend off Suffering always and everywhere, For this is what man must expect Until his advent in heaven.

2nd motive. The most righteous must suffer.

13. "Will any come to live with me?" Asked Jesus Christ quite clearly. "Will any follow where I go? Take up your cross and carry it. With my cross I walk ahead, I want your suffering like mine, Without complaint Or stopping to look back."

3rd motive. Jesus' call to the cross.

"My head is crowned with thorns; Away with you, squeamish soul! Crosses are my divine weapons; Away with you, feeble soldier! The cross is my dearest friend. Away with you, who cast it off! On the cross I ended my life; To you who tire of it, farewell!"

4th motive. His example.

15. "True innocence am I, For you, all have I done and suffered; And you, sinner, so blameworthy, You will suffer naught for me.

5th motive. Man is Christian and sinful.

From the cup I was first to drink; Now you take it, it is yours to quaff; Help me in my sacrifice And render me love for love."

16. "The least devoted suffering
Of the last one of my followers
Is richer and more precious
Than an emperor's treasure house.
Suffer now, this happiness exceeds
That of being loved by my heart,
It is the very high point of grace,
The highest grade of favor."

6th motive. Nothing is as great as patience.

17. "I want you to receive a diadem Or else a confining prison, Or some dignity supreme, Or the gallows for my name. Take prison and the gallows And trample vanity under foot, That is the highest prudence, Believe me, I am the truth."

7th motive. Without patience all is vanity.

18. "Never can you win my victory
If you have not fought like me,
No one comes into my glory
Save by the power of my cross.
If you grasp not my speech
To love the cross, and quell the flesh,
You will have to suffer the fury
Of hell's fire everlasting."

8th motive.
No victory or salvation without the cross.

19. Look at heaven and reflect
On that company of the blest.
Will you reign after their example?
Like them, then, you must suffer.
By fleeing the common road,
Through their crosses they reached
The zenith of good fortune
Which crowned them all kings.

9th motive.
The examples of the saints.

20. One trampled riches under foot And another ran from fame, One from pleasures, and caresses Another from honors and possessions.

With me as their only model, They passed through fire, And from the harshest death They climbed to highest heaven.

21. Crosses of a highest merit have I,
The crosses of my favored ones;
All the noblest saints of my court
Had crosses of greatest price.
I made my mother suffer all with me,
I pierced her heart with grief,
Because she was so dear to me
And the tender object of my heart.

10th motive. Example of the Blessed Virgin.

22. See this hallowed throng
Of holy martyrs of first rank,
Whose robes are all flushed crimson
And dyed with their own blood;
With all the prophets, they have
Suffered all for Paradise,
And you, fool that you are, you think
To have it cheaply and without pain?

11th motive. Example of the martyrs.

- 23. They did all for the Gospel,
 Suffered all to flee from sin:
 One was roasted on a grill,
 One run through, another flayed alive;
 All died a brutal death
 After myriad pains and labors,
 All for everlasting life.
 So now, feel sorry for yourself.
- 24. Behold those weighty fetters
 With which the worldly chain themselves:
 What griefs, what ills, what troubles!
 And then only to be forever damned.
 They suffer, yes, but they are forced
 For the devil's sake, without reward.
 But to suffer all for God without complaint,
 Is to win all with nothing lost.

12th motive. The wicked all suffer.

25. A very slight suffering, A short moment of distress, Bring immeasurable glory, An endless time of happiness.

13th motive. Paradise is the fruit of suffering.

The woes of most dreadful times Are but the smallest woes, In the light of the unfathomable blessings God makes ready in Paradise.

26. Suffer in this world or the next Either on earth or in hell, Though holy as an apostle, Though tough as iron, Choose that petty trial That wins God in a moment, Or else his dreadful wrath In hell without end.

14th motive. Suffer or be damned.

27. Suffer all with patience,
In grace and without mortal sin,
Otherwise there is no reward
In heaven or on earth.
Natural patience
Is that of a pagan man,
Christian patience is supernatural:
It makes a Christian.

3rd Point.

The qualities of patience.

- 1. It is holy.
- 2. Supernatural.
- 28. The impatient man stops only Before what his senses feel, Thus imitating the beasts Who see a stone and bite it. From God's hands receive Even your woes as his great gifts, As signs that he loves you Like a most cherished child.
- 3. Prudent.

- 29. There falls not a leaf
 Without his express command,
 His Providence watches over all,
 But over us in a singular way.
 All our crosses are measured
 By his justice and his love,
 In their weight and in their duration,
 He himself transforms them in turn.
- 30. Should God punish his creature, It is as a good Father, a good friend, With reason and with measure, And not as an enemy.

4. Universal.

He knows each person's Strength and his perfection. His kindness metes out to him His pain and his temptation.

- 31. But patience is universal:
 To suffer all adversity,
 A faithful friend's desertion,
 The direst poverty,
 The grimmest malady,
 Loss of possessions, loss of honor,
 Indeed, all the woes of life,
 In a word, the cross of the Lord.
- 32. Since it is God who sends,
 And weighs and shapes our crosses,
 We must bear them with gladness,
 Without taking away their heaviness.
 Let us suffer without groaning, without gloom,
 Though we are showered with blows,
 And let us quiver with jubilation:
 All goes well, for God is on our side.
- 33. This amazing grace,
 This joy in affliction,
 We obtain through prayer
 We make with humility.
 To obtain it, let us pray to Mary;
 Through her sorrow-pierced heart
 She bestows life
 And even the cross of the Lord.
- 34. Let us be filled with gratitude
 When God sends us off to suffer,
 Let us ask for perseverance
 To live on the cross, and there to die.
 Let us beg him strike us as a father strikes,
 And not as a wrathful judge;
 If he is severe in time,
 Let him be gentle in eternity.
- 35. Lord, I suffer at this hour,
 But I bless your bounty for it;
 I am on the cross, and there remain
 But subject to your will.

POWER OF PATIENCE

Strike, O bountiful Father, I worship and bless your blows, I am your child, yet guilty, With me you are still too mild.

- 36. You desire then, Jesus my master,
 That I be with you on the cross.
 I am content, deign to place me there,
 It is for me too much honor by far.
 In putting me there, give me your grace
 And keep me there by your might,
 That I may walk in your footsteps
 In suffering most gladly.
- 37. I am a poorly polished stone, Crude and without adornment, Shape it, Lord, I beg you, To set it in your building. I want to suffer in patience, Cut, shape, strike, slice, But help my helplessness And forgive me my sins.
- 38. Saint Andrew, let me cry out
 With you: "How good the cross!"
 Saint Paul, may I glory with you
 In this hallowed wood!
 Catherine, let me share with you
 No crown of flowers,
 But a crown of thorns
 From the brow of the man of sorrows!
- 39. May I exclaim with you, Teresa, "I want to suffer or else to die;" Or like another in her furnace: "Not to die, but to suffer well." Pray for me, faithful Virgin, Give me a share in your sorrows, That in life everlasting I may share in your majesty.

GOD ALONE.

- They think me a little girl,³⁷
 Without pleasure, without greatness,
 Yet in the Gospel I am great,
 And nothing equals my happiness.
 Since my youth in my breast
 I nurture a princess,
 Royal beauty I possess
 In my virginity.
- 2. I am a virgin, a virgin pure,
 And Jesus is my Bridegroom,
 He is all that is most sweet
 In nature and in grace.
 I have eternal Wisdom
 Attached to my breast,
 Royal beauty I possess
 In my virginity.

Essence and definition of a virgin.

1st Point.
The excellence of virginity.

3. I have the matchless name
Of bride of Jesus Christ,
I am a true virgin,
Virgin in body and spirit.
Without a sinful will
And without carnal blemish.
Royal beauty...etc.

1st motive.

Marvel at my marriage:
 My Bridegroom is all bloody,
 His cross is my legacy
 And my peerless portion,
 His Calvary my abode
 Where we must die to live.
 Royal beauty...etc.

2nd motive. It is a divine and eternal marriage.

5. The covenant is for ever, Most heavenly is its bond,

 $^{^{\}rm 37}$ For the important context of this hymn, see the Introduction on page xv

Nor will the cruelest death Ever see its end. He embraces me, I embrace him. He is all mine, in grace I am all his. Royal beauty...etc.

6. Put your finger to your lips,
You know not who I am,
Since God himself has his bed
On my bosom among the lilies,
I am his lowly handmaid
And his winsome bride.
Royal beauty...etc.

3rd motive. It is a great mystery.

7. What mind could fathom
A mystery so hidden?
God alone can make it felt
By a heart that he has touched;
It is heroic grace,
An evangelical counsel.
Royal beauty...etc.

4th motive.
It is a heroic virtue.

8. As a virgin, I have the glory
Of triumphing over my flesh
And of winning victory
Over the world and over hell.
I am queen and conqueror,
I am more than laurel-crowned.
Royal beauty...etc.

5th motive.
It is victorious
over the devil and
the flesh.

On men I make war,
 Of me they are unworthy,
 Never a mortal on earth
 Will have my heart or troth.
 The King of Heaven chose me
 For his accomplished bride.
 Royal beauty...etc.

6th motive.
Over the world.

10. Farewell, O world, I loathe
Your false and fleshly pleasures,
Full heavenly is my joy,
Eternal are my pleasures,
With them my soul is fragrant,
They set my soul ablaze.
Royal beauty...etc.

7th motive. Over all the pleasures of the flesh.

11. A century of worldly pleasures
Are not even worth a day
Of the chaste and deeper peace
Of Jesus, my precious love.
Only the purest virgin
Can know what I affirm,
Royal beauty...etc.

8th motive. It gives the fullness of joy and peace.

12. In my anguish, I cry out:
I am a virgin, what delight!
My misery fades away,
I no longer feel distress.
No grief, no pain,
I am a virgin and a queen.
Royal beauty...etc.

9th motive. It dissipates all pains

13. O marvel of grace!
August virginity,
You make us pass from mortality
Even to divinity.
A virgin God begets you,
Only God can understand you.
Royal beauty...etc.

10th motive.
It brings a soul to divinity.

14. Mary was the first to make A vow of chastity,
Alone she is its mother,
Its model and its beauty.
Only in and through her
Faithful virgins we become.
Royal beauty...etc.

11th motive.
The example of the Blessed
Virgin.

- 15. Never would the angel have won her To be the mother of God, Had he not indeed assured her That she would keep her vow. The Blessed Virgin we call her, And man she has never known. Royal beauty...etc.
- 16. Jesus, a virgin like his mother, His beloved John, a virgin too, A virgin, Saint Joseph his father, Every true virgin is his.

12th motive.
The examples of
Saint Joseph and
Saint John.

Oh, how joyful then am I This pearl of great price to possess! Royal beauty...etc.

17. For whom these powerful graces
That so sweetly and gently seduce?
For whom this winning tenderness
That God so rarely bestows?
These endless riches
Are for the faithful virgins.
Royal beauty...etc.

13th motive. The virgins have singular graces.

18. Fine company they possess,
For the angels are with them
To guard them in life
From every ill fortune,
As we love our fellows.
How glorious is their affection.
Royal beauty...etc.

14th motive.
The angels
accompany
them on earth.

19. Virgins were celebrated
By pagans in manifold places,
They were called the hallowed ones
And the companions of the gods
So much do grace and nature
Honor a virgin pure.
Royal beauty...etc.

(They were honored even by pagans.)

20. The virgin dies in the ardor
Of a holy and charming bridegroom,
While a husband or wife
Falls into the arms of a living God.
The wife is all a-tremble
Where the virgin laughs and sings.
Royal beauty...etc.

(The virgin dies in the arms of her bridegroom)

21. After their death, upon their shrine
No black cloth is draped,
White marks their grace
And their glory and their power.
For the wedded, black crape
For virgins, crown and glory.
Royal beauty...etc.

After their death their shrine is covered in white.

22. The virgin sings alone
The Canticle of the Lamb.
How comely her voice!
How fair and tender her air!
What an angelic song!
How transcendent a hymn!
Royal beauty...etc.

15th motive. Their heavenly reward.

They sing the Canticle of the Lamb.

23. Whither Jesus fares
In all the universe
Virgins are his escort,
And his fairest ornament.
They stand nearby,
And form his crown.
Royal beauty...etc.

16th motive. They follow Jesus Christ

24. On the virgins is bestowed A ring of light in heaven, A shining crown Made for them alone. Their joy is inexpressible, Their glory without compare. Royal beauty...etc.

17th motive.
The virgins have a special halo in heaven.

25. Alas! How many foolish virgins And scatterbrained young men Sell for trinkets and baubles This treasure of Paradise! In losing everything they revel In their brutal pleasures. Royal beauty...etc.

18th motive The foolishness and troubles of those who marry.

- 26. What is lost in marriage?
 Shall I tell the truth?
 You put yourself in bondage,
 You lose serenity,
 You are tainted, you embrace.
 Oftentimes you lose grace.
 Royal beauty...etc.
- 27. My lady-friend gets married
 How sorry I feel for her!
 I prefer to lose my life,
 Though people swear fast friendship.
 The wife scoffs, and taunts me,

Yet I am free and she the slave. Royal beauty...etc.

- 28. I am a maid and I am wise.

 Dear God, how many fools I see!

 No children, no housework,

 Nor any jealous husband.

 I am a virgin by grace,

 Nothing at all encumbers me.

 Royal beauty...etc.
- 29. It is not that I allege
 Wedlock to be bad.
 If God so bids you,
 Be bound to your mate,
 But follow the counsel of a sage,
 Lacking any lewdness.
 Royal beauty...etc.

Marriage is not an evil.

30. Oh! What dreadful ill fortune To lose one's virginity!
The loss is beyond repair For all eternity,
But it is a frail vessel,
And keeping it most arduous.
Royal beauty...etc.

2nd Point.

Means of
preserving
one's virginity.

31. This flower wants to be enclosed And more than you may think; It is all but the same To lose it or to flaunt it. A virgin on display Is a virgin half doomed. Royal beauty...etc.

1st means. Flight from the world and retreat.

32. This fair maid is fragile:
A notion, a desire,
A carnal pleasure that flatters
Withers her and makes her perish,
But the pleasure people shun
Makes her stronger and more flawless.
Royal beauty...etc.

2nd means. Flee the least sensual pleasure.

33. The glamor and the world I flee
To preserve my purity,
And I am a virgin fruitful
In works of charity!
Poor outside, but joyful,
I work, I pray, I sing.
Royal beauty...etc.

3rd means.
Attend to holy
and charitable work.

34. Bah! to that vain finery,
To those crowns of vanity,
Those haughty hairstyles!
Oh! What shameless pomp!
I wear thorns on my head
And my crowns are divine.
Royal beauty...etc.

4th means. Never dress in the world's fashion.

- 35. Bah! to that freakish fashion
 That changes at every moment!
 The beauty which adorns me
 Adorns me eternally.
 My lilies never wither
 Nor does my beauty age.
 Royal beauty...etc.
- 36. Maidens, let us be wise virgins, Fleeing the dance and games And a hundred little pleasantries That only fuel the flames. Drinking, eating, sleeping, laughing, Must be a great martyrdom for us. Royal beauty...etc.

5th means. Fleeing dance and games of chance.

37. Let us avoid the diversions
And the presents of young men.
Their letters, their flatteries,
Their trysts, their songs,
How many virgins are lost
Just by their talk!
Royal beauty...etc.

6th means. Avoid the company of young men.

38. They promise the wonder Of a future marriage, To drop into the ears A poison most impure.

7th means.
Don't listen to
their
promises.

The demon who drives them Wants only sin from you. Royal beauty...etc.

39. From the flesh let us fear war, Since, despite all we do, we are More breakable than glass, Less substantial than reeds; Let us tend our lilies in fear, In seclusion and with restraint. Royal beauty...etc.

8th means.
Fear the flesh and mortify it.

- 40. My body has all it needs,
 But with nothing in excess.
 One must often displease it
 In order to please Jesus.
 In thorns, the rose,
 In crosses, Jesus rests.
 Royal beauty...etc.
- 41. I sacrifice to perfection
 For this precious treasure,
 My mouth, my ears,
 My hands, my feet, my eyes;
 My Bridegroom takes his delight
 In these little sacrifices.
 Royal beauty...etc.
- 42. I am always at prayer
 To preserve this great gift,
 To have total victory
 Over the devil and the flesh.
 I love to pray in secret,
 In quiet, in my room.
 Royal beauty...etc.

9th means Pray always.

43. Meditating on each mystery
Of Jesus, my dear Bridegroom,
Each day I say the whole rosary;
Not everyone knows this,
But the effort is a sure help
To remain a virgin pure.
Royal beauty...etc.

10th means. Say the holy rosary.

44. In the Eucharist I find
The lilies of my purity,
The sweet pleasures of my life,
The fires of my charity.
The more the virgin takes Communion
The more purified she is.
Royal beauty...etc.

11th means.
Receive
communion often.

45. The wise virgin is obedient
To the counsels of a director.
But the foolish one scorns him,
She finds in him her misfortune.
Let us flee the utter folly
Of being our own leader.
Royal beauty...etc.

12th means. Obey a director.

46. Celebrity and limelight
For us are not the safest,
Let us hide in the dust
And a pure heart will be ours.
The virgin who humbles herself
Abounds with grace.
Royal beauty...etc.

13th means. Hiding.

47. O virgin wise and celebrated Do not be deceived, Keep your lamp lighted For the Bridegroom's knock. Be watchful always As you wait for him to come, Burning with charity, Deep in humility!

14th means. Engage in good works.

48. Farewell, then, wedlock
And you friends of Venus,
I have the gift and privilege
Of being Jesus' bride.
Bah! To man and his caresses,
Bah! To all his promises.
Royal beauty...etc.

Farewell to marriage.

49. O holy sisters in religion, Keep your threefold vow; O victims of love, Burn with love for God.

Your flowers' fragrance encircles him, In you he has his kingdom. Royal beauty...etc.

50. My God, I thank you
For my peerless state,
For having thus chosen me
To keep celibacy,
But keep my body spotless
And my heart without attachment.
Royal beauty...etc.

Prayer.

- 51. Choose another bride
 Full of faithfulness,
 And I shall not be jealous,
 I shall praise your goodness:
 Even take throngs to yourself
 Of these beloved virgins.
 Royal beauty...etc.
- 52. Hail, Mary,
 Mirror of purity,
 Replete you are
 With grace and charity.
 Glorious virgin, guard
 This precious pearl of mine,
 Preserve my chastity
 For the Supreme Beauty.
- 53. O Virgins, I offer you
 This small but priceless posy,
 Composed of a dazzling rose,
 Of a fair and snow-white lily,
 And of a violet
 No less flawless:
 You breathe it in while singing
 And beam with it at worship.

GOD ALONE

 Behold illustrious Penance Whose name seems stern Yet it is great and glorious And gentler than you think.

Its essence and its definition.

- All glory it gives to God, And destroys every sin, It makes a heart most touched, Weep and sing victory.
- It is called the Lieutenant
 Of the Lord's Justice,
 The plank that saves a sinner
 From impending doom.

1st Point.

Its necessity.

God twice orders it,
 O sinners, convert,
 Yes, all of you,
 No one excepted.

1st motive. God commands it.

If you do not repent,
 You will all be doomed together
 Just as surely as you will die.
 O dreadful judgment!

2nd motive. Jesus Christ orders it.

To teach us how,
 He was the first himself.
 Let us do likewise without delay:
 He is our model.

3rd motive. Jesus Christ gave us the example.

7. The prophets proclaimed it, Speaking out for God: "Wherever you are, repent, Or every soul is doomed."

4th motive. It is preached by the prophets.

 Great Saint John, shining beacon, Exclaimed along with Jesus: "Without it you are doomed, You vipers' tangle."

5th motive. By Saint John the Baptist.

- Prompt penance and severe, Or you will soon all perish, Unable to escape God's most righteous wrath.
- The apostles, filled with ardor, Preached this truth, And proved its necessity
 For the salvation of souls.

6th motive. By the apostles.

11. Look at the saints, I pray you: Though often most innocent, They were all repentant All their lives through.

7th motive. The example of the saints.

12. Penance is necessary
To repair, by its severity,
The Lord's glory and honor
And quell his wrath.

8th motive. Necessary to repair God's glory.

13. It atones for the abuse Of Jesus in his passion, It is his consolation. Oh! How great a boon!

9th motive.
To atone for the scorn given to
Jesus on the
cross.

14. Once innocence is lost, It cannot be won back, Nor can it now be mended Save by penance.

10th motive.
To repair lost innocence.

It is a certain balm
 For healing a sinner's soul,
 And for changing its ugliness
 Into a glorious glow.

11th motive. To heal the soul's wounds.

16. It retrieves lost grace; Do all you want and moan; You cannot receive it without repenting. O power invincible!

12th motive. To retrieve lost grace.

17. It is the key, it is the door,Whereby the sinner gets to heaven,Though hell were his destiny.How mighty its power!

13th motive. To obtain glory.

- 18. Without it God does not forgive, Nor has he ever done, Without it is a sinner doomed To everlasting flames.
- It must not be put off, That God specially forbids, Or else, for every moment A store of wrath.
- Sinner, God urges and is waiting;
 Be then converted to him,
 Prolong not his grief,
 For he is full of tenderness.
- Give God your youth,
 To him dedicate your earliest zeal,
 For an insulting gift
 Are the leftovers of old age.
- 22. The young man growing older Travels along the same road, Always better or more shrewd: So the wise man says.
- Every leniency God pledges
 But not for the morrow,
 Without delay be certain
 And do penance.
- 24. "Tomorrow, tomorrow," say the ungodly.
 Alas! Tomorrow is not theirs.
 "From today on," says the wise man,
 "I shall change my life."
- 25. Today God gives you grace, Most ready to convert you: Tomorrow, you cannot use it, For it takes flight and is gone.
- 26. Sinner, you defy God himself Who speaks to your heart this very day, You know not your ill fortune, Alas! It is most intense.

14th motive. Without it we are damned.

2nd Point.

The necessity of not delaying it.
1st motive.
God forbids it.

2nd motive. God wants us to be converted and is waiting.

3rd motive.
The merit of conversion at a young age.

4th motive. We do not convert in old age.

5th motive.
God does not promise for tomorrow.

6th motive.
The example of the ungodly who procrastinate.

7th motive.
The grace of conversion is of the present.

8th motive. When we will want to We shall be unable.

27. O reckless defiance! 9th motive. God may well avenge himself, We defy God. One day you will want to change And be unable. 28. The weighty burden of your sins 10th motive. Will grow heavier day after day, The weight of sins And then finally overwhelm you will increase. In the deepest pit. 29. Your sinful habit 11th motive. Habit will become In your heart will root itself And bind you fast, unhappily, stronger. With an everlasting chain. 30. The devil will chain up your soul 12th motive. With links so tough and strong, The devil will be That till death you will belong the stronger. To this loathsome tyrant. 31. In tarrying, your ills increase, And the farther away God is each day; 13th motive. Less help will he give you, Grace weakens. And weaker is his grace. 32. From sin to sin you will flounder, From weakness to ungodliness, 14th motive. From habit to compulsion We become And from chasm to chasm. hardened. 15th motive. 33. Repentance put off Repentance Is not often of much value, postponed It belongs to petty minds is not worth And does not abide. much. 16th motive. 34. But I see through your trickery: You pretend to convert As you live so shall you Only when you are to die, die. But death is like life. 35. The sinner dying, we are assured, 17th motive.

God mocks an

unrepentant sinner at death.

Is dying well, is remorseful.

It is only deception.

But alas! He is only feigning,

36. At your death, unhappy sinner, To all your cries of repentance, God will only answer woe, Only justice and retribution.

37. This very moment, then, without waiting, No more make war on the Most High. As you should, repent; Sinner, you must give in.

Resolve.

3rd POINT.
Usefulness of repentance.

38. To righteousness, repentance
Makes an atonement of honor.
It is a settlement for its eminence,
It is its great sacrifice.

1st motive. It remunerates justice.

39. The repentant sing victory
Over the heart of a God almighty,
And in repentant hearts
This God finds his glory.

2nd motive. It glorifies his omnipotence.

40. God the Father, this father so kind, Always accepts a penitent, Embraces him as his child And prepares him a great feast.

3rd motive. It makes the eternal Father happy.

41. What joy for the faithful Shepherd, After so much labor, to have Led his sheep to the sheepfold Of eternal life!

4th motive. Jesus Christ.

42. Defying nature, the Holy Spirit
Enters into the heart of the true penitent
To make it his living temple.
How pure is his joy!

5th motive. The Holy Spirit.

43. The holy angel had taken flight
Far from the sinner and from the sin,
But once he sees his heart is moved
He returns with him to stay.

6th motive. The guardian angel.

44. Heaven provides a fine feast When a sinner is converted, It sings glory to Jesus Christ For his fair conquest.

7th motive. The entire heaven.

45. True repentance
Moves hearts of stone
And gravest sin forgives.
Oh admirable power!

8th motive. It forgives all sins.

46. On the soul it bestows a grace
That sustains it, and leads it,
Adorns and informs it,
Enlightens and sets it on fire.

9th motive. It bestows grace.

47. It grants life
 To all merits lost
 And restores brilliance to virtues.
 Unbounded is its might.

10th motive. It revives merits.

48. Nothing so gentle, so peaceful, Even its turmoil is peace; Its rigor is full of appeal And no way to be dreaded.

11th motive. It bestows peace and joy.

49. Yes, its sweetness has no peer, And the tears of the penitents Hold still greater delights Than all the pleasures of this world.

12th motive. It bestows a great sweetness on the soul.

50. With repentance all things are useful, Everything merits heaven, But without it a bountiful deed Can bear no fruit.

13th motive. It makes everything meritorious.

51. It shuts the door to the abyss, Its weeping puts out its fire, Its suffering satisfies God And wipes away all sin.

14th motive. It closes off hell.

52. It lays open heaven to us; We must be truly repentant Or else a most innocent saint For life everlasting.

15th motive. And opens heaven.

53. How rare a true penitent is!
All ill gotten goods he restores,
His enemies he forgives,
And he breaks with evil.

16th motive. The rarity of genuine repentance.

- 54. He cuts off, uproots and knocks down All things that make him sin And everything that hinders him From preserving grace!
- 55. Feigned repentance
 Damns an infinity of people;
 Be wise and wary of your company,
 Predestined soul.
- 56. How many fruitless sacraments!
 How many unenlightened confessors!
 How many imprudent directors!
 How many treacherous falls!
- 57. True repentance
 Must have many qualities.
 I shall tell them to you, give ear,
 It is of consequence:

4th Point. *Its qualities.*

58. It is prompt and supernatural.
Without hesitation or human respect,
Answering the divine spirit
As soon as it calls.

 1^{st} Prompt. 2^{nd} Supernatural.

59. True repentance
Has its center in the heart,
Else its whole appearance
Is vain and blameworthy.

3rd
Internal and of the heart.

60. It is a conversion undivided,
For a divided heart will perish;
The Lord will refuse it,
For it dishonors him.

4th Complete.

61. A humble heart without conceit Is a truly repentant heart, But the proud and pretentious Have only its illusion.

5th Humble.

62. When repentance flows
From the love of God alone,
And not from fear of punishment,
It is of great merit.

6th Loving.

63. Love makes it strong and lasting
Without faltering or changing,
But timorous repentance is in danger,
It is unbearable.

7th Lasting and strong.

64. It must be most severe
In order to uproot iniquity,
To transform an angry judge
Into a kindly father;

8th Severe.

- 65. To exchange eternal pain
 For the pain of a moment
 And make a sinful soul
 Live like a saint.
- 66. How many flattering penances Without any severity Or of one's own devising! Deceitful penances.

9th False penances.

67. Follow my helpful counsel: Choose a good confessor, A director firm and wise, For you he is essential. Means for doing penance well. 1st Choose a good confessor.

68. Show him your soul's ills,
With candor and simplicity,
Totally and without concealment,
To the most loathsome detail.

2nd Opening one's heart.

69. With utter obedience
Do all he bids you,
Accept what he gives
As your penance.

3rd Total obedience.

70. Go often to confession,
But with a purpose of amendment
For to wish to do otherwise
Is ever to damn yourself.

4th
Frequent the
sacraments
with the purpose
of amendment.

71. Bodily penances Have most wondrous effects; They make us a generous heart, And give us wings.

5th Corporal penances performed with discretion.

- 72. With counsel, with courage,
 Practice one in secret,
 In keeping with your strength, your taste,
 Your state, your age.
- 73. Ask God, I beg you, For heartfelt contrition, A new heart in the Lord, A new life.

6th
Ask for the spirit of compunction.

74. Mary has all in her power: Ask of her this sorrow, Without it a poor sinner Dies impenitent. 7th
Through the intercession of the Blessed Virgin.

75. Would you delight this grace? Give, and it will be given to you. Almsgiving will fast obtain it. Oh, efficacious secret!

8th Give alms.

76. I am blinded by my sins, I feel my heart quite callous. Oh, Lord, shall I thus fall Into the depth of the abyss?

Prayer and acts of contrition.

- 77. No more than prayer have I, Come, Lord, to my assistance. To you alone have I recourse, In you I hope.
- 78. Let me see by your light On one side your majesty, And on the other my cruelty And all my woes.
- 79. With a stroke of fear and ardor Pierce my flesh, pierce my heart, And penetrate with sorrow My body and my soul.
- 80. Oh eyes, weep copious tears; My wicked heart cries out and moans, For forgiveness I am promised But only with your aid.

- 81. Against God himself have I sinned, I have scorned my Creator; My God, forgive this sinner, Forgive, O supreme goodness.
- 82. Good Father, so cruel is my offense, After so many blessings received; I repent, and am confounded. Forgive this rebel.
- 83. What! Dare I call you Father?
 I am unworthy so to name you.
 Forgive me, great God, forgive, forgive.
 Stay your wrath.
- 84. Do not answer war with war, See my heart humble and contrite, Or rather see Jesus Christ And not this wretched worm.
- 85. I borrow the voice of his passion, The voice of his blood shed. No, I cannot be lost In his most sacred blood.
- 86. Lay down, Savior, lay down your arms, Your blood is too precious. Your name too glorious; Forgive me, you see my tears.
- 87. Holy Spirit, nothing can I say. How could I have betrayed you? Lend ear to the repentance Of my lamenting heart.
- 88. Pray for me, Virgin Mary, Safe refuge of the sinner, Speak a word in my favor, And my soul is healed.
- 89. Put down your arms, Monarch Supreme.Peace, peace, forgive me.I am armed, against you no more,But against my own self.

90. Mercy and penance, I embrace you both, To live and die with joy And so full of hope.

GOD ALONE.

14 TENDERNESS OF LOVE OF NEIGHBOR

- I want to sing in vain no longer,
 For in singing my heart expresses itself,
 And love for my neighbor,
 Opening my heart, creates this hymn:
 Long live holy charity
 With which I feel my heart expand.
- 2. Through this we love tenderly
 Our neighbor just like ourselves,
 For the love of God alone,
 Because he commands us to love him
 Without regard for his faults,
 Without being horrified by his ills.
- 3. It is the absolute will of the Most High
 That man should love his brother-man;
 This is his greatest commandment
 As Creator and as Father.
 He punishes those who flout this
 With the greatest rigor.
- 4. His authority alone suffices;
 It is enough that he speaks and commands;
 Woe to those who disobey, him to For his vengeance will be great.
 God declares himself their enemy,
 Even though they may otherwise be great friends.

Its essence and definition.

1st POINT.
Excellence of charity.

1st motive. It is the first commandment of God as Creator and as Father.

2nd motive. To transgress in this is to touch him to the quick.

5. Every human being, says this great Lord, Is my beautiful portrait, my true image; You touch me to the quick, to the very heart,

3rd motive. God punishes harshly those who transgress.

Whenever you offend him. I will avenge this insult On the great day of my anger.

Charity contains within itself
 The most perfect holiness;
 It is the fulfilling of the law,
 There is no law without it;
 It is the only bond of virtues,
 Without which they no longer exist.

4th motive.
It is the summary of holiness.
5th motive.
The fulfilling of the law.
6th motive.
The bond of virtues.

7. It is this charity which, by its beauty
And its shining purity,
Covers and destroys iniquity,
Even the greatest and the most numerous.
A heart is filled with purity
Once charity truly reigns there.

7th motive. It covers a multitude of sins.

8. Have a mutual love
For one another, says Saint Peter.
There lies the essential point,
There is nothing greater on earth.
Love is the perfection
Of all religion.

8th motive. It is the essence of the Christian.

9. The sign that one is predestined
Is charity for one's brother;
It is Jesus who has given us
This infallible characteristic,
To pick out his servants
From among those who are false adorers.

9th motive. It is the sign of the predestined.

10. Here is my great commandment, Says Jesus Christ himself to all of us, That you love one another tenderly In the same way as I love you. It is new in its gentleness, Though it is old in its greatness.

10th motive. It is the new commandment of Jesus Christ.

11. But how has he loved us?
Without self-interest and beyond
measure,
To the point of dying, completely
consumed

11th motive.
Jesus Christ gives us the example.

With the purest charity.

Jesus is filled with fire for us,

While we are quite icy towards everyone.

12. Look at the love and the ardor
Of the first Christians in the Church:
They had but one heart and one soul;
Love alone was their motto.
Being quite ready to die for someone,
They placed their goods in common.

12th motive. Example of the first Christians.

13. Saint John preached only love In his ordinary conversation. He would say a hundred times a day: Love one another, my dear brothers, My little children, love one another, My children, love everyone.

13th motive. Example of St. John the Evangelist.

- 14. This was his answer
 To those who did not know this mystery:
 Charity alone suffices,
 You must speak of it and never be silent,
 It is the commandment of the Lord
 Which is enough for our happiness.
- 15. The saints were on fire with love
 And with charity for their brothers;
 Night and day they would give
 Help to them in their trials;
 The example of a God who died for us
 Made them all things to all.

14th motive. The example of the saints.

16. Why would we not love our neighbor? He is the vivid portrait of God himself, The masterpiece of his hand, A friend whom his heart loves, The brother of Jesus Christ, The temple of the Holy Spirit.

15th motive. Our neighbor is worthy of being loved.

17. He is the son of the eternal Father
By divine covenant,
The universal heir
Of his kingdom and his immense glory,
Who will reign some day in heaven
As a great and glorious king.

His qualities

18. Man is crimson with the bloodOf Jesus Christ my dear master;If he does not have his rightful place in my heartI am a Judas, or even more of a traitor.Can a Christian do wrong

To those for whom God himself has died?

His price

19. Love your brother, good Christian;
Otherwise you condemn yourself, without any doubt.
It may be all right for a pagan
Who does not know the price paid for him;
But how can you know his worth
And have nothing but scorn for him?

20. What am I saying? The pagan without any faith
Shows more natural friendship;
In this he shows you the way,
On this point he is more faithful:
Look at the Turks in their charity,
And blush at your hardness of heart.

16th motive. Pagans and heretics have more natural charity than Christians.

- 21. My heart is beginning to burn
 As my neighbor appears to me to be lovable!
 Ah! Now I wish to love him;
 It is too right and reasonable.
 Nothing is so gentle or so pure,
 Nothing so great, nor so sure.
- 22. But watch out! This sacred gold
 Is counterfeited by hypocrites,
 Whose gold glitters and seems refined.
 At bottom it is without worth;
 They call it charity,
 But in God's eyes it is carnality.

2nd POINT. The qualities of charity.

- 23. If you only help your neighbor
 By virtue of a natural principle,
 Then, alas! you work in vain
 And your alms are quite impure.
 Charity goes straight to God,
 A fire which ascends to his domain.
- 1. It must be supernatural.
- 24. To love people because they are relatives,
 Or because they are civil, obliging, agreeable,
 Because they are rich or wise,
 Noble, powerful or respectable:
 This is the charity of a pagan
 And not that of a Christian.
- 25. Love your neighbor in a holy way,
 Through virtue, not for sinful reasons;
 For to love sinfully
 Is to give yourself as a victim to the devil.
 Put far away from you all carnal love,
 For it is a pleasing fire, but a mortal one.
- 2. Just and innocent.

- 26. Love with your heart and hand
 And not simply with your mouth.
 Pour your alms into his lap.
 Let whatever affects him, affect you!
 Friendship which is only in speech
 Is a ridiculous decoration.
- 3. Effective.

- 27. That your love may extend to everyone, Entertain no coldness for anyone. You say: He is my enemy; Nevertheless, you must love, God commands it. Flee from singling out some, For that destroys charity.
- 4. Universal and not particular.

- 28. Love is gentle and patient And full of support for one's brother; Docile and obliging, Free from trouble and anger. Put up with your neighbor's faults; God makes you responsible for his burdens.
- 5. Patient.

- 29. You must love your friends, And nothing is easier in practice;
- 6. Heroic.

But love also all your enemies: This is the most heroic act, Which you really must carry out Or lose yourself for eternity.

30. You must love with all your heart
An enemy who wishes you harm;
This is the commandment of the Lord,
To which you must submit and subscribe,
Under pain of mortal sin
And eternal repentance.

3rd POINT.

Necessity of forgiveness of enemies.

1st motive. God commands it.

31. God gives to all, even to sinners,
His gentle rain and his light;
Let us then love our persecutors
In order to imitate this good Father,
Who, in his immense goodness,
Overcomes all iniquity.

2nd motive. He sets the example.

32. Without this love, this forgiveness,
God will not accept any sacrifice;
You will be the devil's martyr
Amidst the worst tortures;
The gift of all you have in alms,
Without this forgiveness, does you no good.

3rd motive.
Without
forgiveness, all
sacrifice is
useless.

A person with animosity in his heart Asks God in his prayer To look on him without pity, To rekindle his anger; He never says the Our Father Without condemning himself to hell.

4th motive. All prayer becomes pernicious.

34. Animosity turns to poison
All the springs of life,
The Sacraments and mental prayer.
All become an impious sacrilege,
And the one who is vindictive in his heart
Will be lost in spite of all confessors.

5th motive. All Sacraments become sacrileges.

35. The most wonderful action,If charity is not involved in it,Is pure illusion,And God rejects and castigates it.It has the external appearance of goodness,

6th motive.
All good acts are an illusion.

But within is nothing but iniquity.

36. It is only heroes

Who never exact vengeance, Who suffer for God all ills In peace and in silence. When you take vengeance ar 7th motive.
Nothing is so heroic.

When you take vengeance and become embittered, You show your meanness of spirit.

37. Did not the saints forgive?
Did they not pardon all injuries?
That is why God has given them
His blessings without number or measure.
God is liberality itself
To the charitable heart.

8th motive.
The example of the saints.

38. The one who forgives evil
Is more than human; he surpasses himself.
This victory is without equal
In nature and in grace;
Here is a victor so glorious,
To be found only in heaven.

9th motive. The miracle of man in nature and grace.

39. Forgive, because the Lord,
Through pure goodness, forgives you.
For you he is all gentleness,
And will you show none to anyone?
Tell me: will you be saved
If God takes you on the hop?

10th motive. God forgives us.

40. Jesus forgives his executioners,
And prays for them to his Father.
Be there ever so many ills done to you,
Ever so many causes for anger:
A dying God forgives everyone;
Sinner, calm your wrath.

11th motive. Jesus Christ forgives his executioners.

41. What madness it is to scorn
A God who forgives and prays,
Who reaches out to embrace
Those who put him to death!
Vengeful one, go ahead and avenge yourself;
Go ahead and throw yourself into hell.

12th motive. It is madness to avenge oneself.

- 42. Scorn the cross, scorn Jesus,
 With the executioners strike out and shout
 To avenge the injuries you have received.
 Scold, speak ill, swear,
 Demand a tooth for a tooth here below,
 And you will burn in red-hot fires.
- 43. Take courage, you must forgive
 Despite shudders and complaints;
 You should not be surprised by these,
 For this is contrary to nature,
 But this generous forgiveness
 Will delight all the blessed.

13th motive.
This forgiveness
will delight
heaven.

4. Overcome "What will people say?".
Put a stop to your growling flesh,
And rise beyond reason
To the victory without parallel;
Forgive your enemies,
Love them as your friends.

14th motive.
Will be praised by the just and the saints.

- 45. Good people here below will praise you,
 The angels will sing songs of victory,
 And the saints who are with God will cry out:
 This man is worthy of glory
 Because he imitates his Savior
 In forgiving with all his heart.
- 46. Do not delay, go quickly,
 See this adversary
 And ask him humbly
 For his pardon, but a sincere pardon;
 And do not be afraid of being put off,
 For God alone is your aim.

4th POINT. *Qualities of forgiveness.*

- one is your aim.

 1. It must be prompt.
- 47. Should he reject your forgiveness, You cannot avoid it,
 For it will become like coals
 To win him or reduce him to ashes.
 You gain more by forgiveness
 Than by force or by reason.
- 2. Strong and courageous.
- 48. But forgive sincerely
 Without retaining any bitterness,
 Completely from the bottom of your heart,
- 3. Sincere and cordial.

Without any freezing and consuming coldness, With a serene countenance, Opening your heart as well as your hand.

- 49. Forgive unconditionally,
 Speak to him, visit him,
 Serve him as occasion arises;
 This forgiveness is in no way hypocritical,
 Provided you avoid saying "But...",
 Which condemns a soul for ever.
- 4. Absolute without conditions.

- 50. Try then to find a way
 To render some service to this man;
 For his injury, treat him well;
 God speaks, we must obey.
 A pardon which is merely polite
 Is a bad pardon and a lying one.
- 5. Effective and of service.
- 51. Forget all the harm of the past
 As soon as peace is made.
 Often enough agreement is destroyed
 By an indiscrete memory.
 And think no more of the future
 Except to love and support each other.
- 6. Prudent and permanent.
- 52. Be the first to ask forgiveness;
 Do not wait for him to pre-empt you,
 For the one who is last to forgive
 Receives almost no reward;
 And if you are not in the wrong,
 Yours is the more heroic effort.
- Prayer.
- 53. You are all love
 Towards me, my Lord and Father,
 And I am filled with hardness of heart
 Towards my neighbor and my brother.
 Forgive me, I know my sin,
 And I am deeply touched by it.
- 54. I wish to keep for my neighbor
 My goods, my body and my soul:
 My goods so as to help him,
 My heart to burn with his flame,
 My eyes to let me be charmed by him,
 All that I am so as to love him.

- 55. Lord, since I have no return to make
 Which is worthy of your extreme love,
 Grant me to go night and day
 Calling everywhere for people to love you,
 And to save by some effort of mine
 The one for whom you died.
- When an ass falls into a ditch,We pull it out with haste.My brother has fallen, shattered,And I see him there without any sadness.My God, I want to lift him up;Send me to save him.
- 57. Grant to my heart every warmth,
 To my spirit all light,
 Even to my body, vigor
 To help him in every way,
 To lift him up from these depths
 To the heights of heaven.

GOD ALONE.

15 SPLENDORS OF PRAYER

Christian, here is the bread of the strong,
 A delightful manna,
 A store filled with treasures,
 A copious spring,
 A flight of the spirit towards its God,
 A glimpse of his countenance: Prayer.
 But after all this, I have not said enough:
 It is indeed a treasure-house of grace.

Essence and definition of prayer.

1st POINT.

Its necessity.

Prayer is a blessing for all,
 Both men and angels,
 The honor owed to the Immortal One,
 The sweetest praise given to him.
 It is that truly divine incense,
 That pleasant perfume

1st motive.
It is necessary to adore God in spirit and in truth and to give him his due.

Which renders sovereign worship To this adorable Being.

- 3. We accept and demonstrate in prayer That we are full of woes,
 That we seek all the best things
 From the Father of lights.
 We sacrifice to his greatness,
 In all reverence,
 Our spirits, our bodies and our hearts,
 Indeed our whole being.
- 4. It is here that, in body and spirit, We offer ourselves in sacrifice; We adore with Jesus Christ, We tremble and humble ourselves, Adore his majesty, Calm his justice, Beg his bounty. Oh! the greatness of this sacrifice!
- In prayer, a poor sinner
 Ascends even to his throne,
 And forces this powerful Lord
 To give him relief.
 Often he wrenches from his hand
 The thunder and lightning
 With which, as sovereign,
 He might soon have reduced him to dust.

2nd motive. To obtain mercy.

- 6. It is God's will that, outside of prayer, No sinner should reach him; But if he sees him praying and calling out, He offers his mercy. He turns him from being a child of the devil Into a child of God himself. Oh! the power of prayer! What supreme power is this!
- 7. Prayer is the great channel
 Through which all good things come,
 Through which a God who is so generous
 Communicates his grace.
 Without it, we are without virtue,
 Without grace, without light;

3rd motive. To obtain grace.

We are weak, we are beaten. Oh! how necessary it is.

8. Without prayer, the creature is no more Than a corpse without a soul, A sagging reed, An extinguished torch, A dropsical, famished wretch, A weathercock blown by the wind, In short, a soldier deprived of his arms, Quite ready for defeat.

4th motive. Without it, nothing is possible.

9. Without prayer, you cannot Retain your innocence,
You are weakened, you fall down low Through your own powerlessness.
You fall into temptation,
You fall into sin,
And then into damnation,
Sinking lower and lower.

5th motive.
Without it you cannot keep your innocence.

6th motive. To defeat sin and the devil.

Jesus prayed night and day.
Was this necessary?
Yes, his example teaches us,
He is our model.
The saints, night and day, like him,
Offered this sacrifice;
This was their strength and support,
Their sweetest exertion.

7th motive. To imitate Jesus Christ.

8th motive.
To imitate the saints.

11. What! You ask me for nothing?
Said he to his disciples.
I want to do good to you,
Because my blessings are yours.
Seek then, and you shall find,
I am your assurance;
Ask and you shall receive
Every blessing in abundance.

9th motive. To obey Jesus Christ.

12. In prayer you must be persistent, In spite of all obstacles, Never tiring, never ceasing; This is one of the great sayings. Both Testaments, Throughout almost all their pages,

10th motive. To obey the Holy Spirit.

Confirm this commandment By the example of the wise.

13. Prayer heals all ills,
Even the most disgusting;
And when work is over
It relaxes body and soul.
It strips away the blindfold
Which sin alone creates,
To let you see this pernicious evil,
This monster so deformed.

2nd POINT.

Utility of prayer.

1st motive.

It heals.

- 2nd motive. It relaxes. 3rd motive. It enlightens the spirit.
- 14. It causes you to see the truth,
 The beauty of grace,
 And the lying and vanity
 Of this passing world.
 It carries the soul up to heaven,
 Then down to the abyss,
 And makes it see in all of these
 The most sublime truths.

4th motive.
It gives knowledge
of all mysteries
and eternal
truths.

15. Prayer brings gentleness
To the impatient soul,
Keenness and fervor
To the apathetic.
It is the fiery furnace
Of the brave soul,
Which makes of it a victim for God,
But a loving victim.

5th motive. It strengthens, enlivens and sets the soul on fire.

16. Without it, you cannot uproot Bad habits,
Habits of sin
Whose yoke is so harsh;
It is a mighty hammer
Which strikes and smashes,
A ravishing sun
Which melts the ice.

6th motive. It destroys sin and sinful habits.

17. It gives to mortal man Peace in the midst of war, And makes him abide in heaven Even when thrown down to the earth. It enriches his poverty, 7th motive. It brings peace and raises to heaven.

Not with perishable goods, But with the benefits of eternity And goods which are real. 8th motive. It enriches with true goods.

18. It gives growth to, or sustains,
Virtue which is sickly;
It is the means to obtain
Grace in abundance,
To move on with giant steps
Towards God in this life,
And to rise from the depths of nothingness
Up to our homeland.

9th motive. It sustains and increases virtue.

10th motive. It gives grace in abundance.

19. On earth there is nothing so sweet;
It is the heavenly manna
Which truly contains all flavors,
But none which might be fatal,
Provided you can draw out the meaning,
Since this is also necessary,
And then put into practice with a good will
What it teaches you to do.

11th motive. It is very sweet to the soul.

What marvellous wonders
Our fathers of old performed!
They opened heaven and earth
Just by their prayers.
By means of prayer and faith,
They were completely transformed;
In prayer they laid down the pattern
For every created thing.

12th motive. It can obtain and accomplish everything.

21. What glory for a sinner,
This piece of dust and ashes,
To speak to God his Lord
When he enters into prayer,
To converse with the majesty
Of this all-powerful God,
Yet with a great freedom,
Without laying himself open to blame.

13th motive. It is glorious for man.

22. How will you conquer Lucifer Who hurls down fire and flames, And casts down into hell The majority of souls? By fasting and prayer you will do it;

14th motive. It is terrible for the devil.

You must believe what Jesus says, And then you will be in the right And will gain the victory.

- 23. Prayer it is which weakens him,
 Disarms and puts him to flight,
 Torments and punishes him,
 Strikes home and knocks him down.
 Oh! how he fears this heavy burden,
 This burning sword!
 What horror he feels for this executioner
 Which torments him and puts him to death!
- 24. The devil has spoken often
 Through those who consort with him,
 Saying: I am furious, I am scorched,
 My sufferings are made twice as bad;
 When someone sets himself to pray to God,
 And when he humbles himself,
 He scorches me with rekindled flames,
 And my suffering is unbelievable.
- 25. Let us pray then with fervor. God wills it for his glory, And it brings about our happiness And our victory. Following the example of Jesus And his holy Mother, We will gain all virtues By a prayer that is good.

Recapitulation.

- 26. But what are the qualities of prayer, I hear you ask.
 Listen, and I will tell you,
 For this is an important question.
 To pray to God is not easy;
 Often enough a prayer,
 Far from appeasing God,
 Redoubles his anger.
- 27. When we pray to the Lord in our hearts, This is called mental prayer; When we pray to him with voice and heart, This is called vocal prayer. Practice these with delight,

Kinds of prayer.

For both are very good, And if sometimes you have to make a choice, Do whichever God inspires.

28. Practice meditation:

This is very safe.
Rest in contemplation:
This is a higher form of prayer.
But take care not to put on a show
Of exalted styles of prayer,
For taking pride in this could cast you
Into the depths of hell.

Illusion.

29. You will know when prayer is good
By the fruit of a good life;
Either it is rooted in this,
Or it is mere deception.
Prayer which bring clear vision,
And an unblemished life,
Are like two sisters going hand in hand
So as to know and to act

The sign of a good prayer.

- 30. But what must you avoid
 In order to pray well?
 Three words: listen carefully,
 For this is for your benefit.
 Never strive in contemplation
 For an exalted form of prayer,
 For often this false diamond
 Is the cause of a soul's condemnation.
- Let your meditation then be simple,
 Without ostentation which might steal
 from it;
 But be faithful to it.
 Let faith suffice,
 Without any desire to see or to feel
 Extraordinary things:

This snare has caused many to perish, For it is too common a thing.

32. But make your prayer above all A matter of patience,
Persevering to the end
Despite feelings of powerlessness,

3rd POINT.

Qualities of
prayer.
1st

Simple without
affectation.

 $\begin{array}{c} 2^{\rm nd} \\ \text{Pure without} \\ \text{vision.} \end{array}$

3rd Strong and patient without discouragement.

Despite the body or the spirit, And despite the devil who calls to you. Stand firm with Jesus Christ Who prays in his agony.

33. If you really want to be saved, If salvation really matters to you, Have the Our Father and the Hail Mary Often on your lips, Say the five decades of the Rosary, Or even the full fifteen. What a beautiful prayer for one who is perfect, What a divine prayer!

34. To be heard by the Lord, You must be in a state of grace, For he does not listen to the sinner Who prays in his disgrace; But if you are in sin, Pray that he grant you

And mercy for your sins.

2. in regard to the quality of the one praving.

4th

Prudent.

1. in regard to the

quality of prayer.

Ask nothing but what is good, Nothing but what is salutary, For God alone and his holy name, Which alone is necessary; For to think only of temporal things When you go to prayer, Without submitting these things to the Eternal One, Is a very brazen thing.

A contrite heart, touched to the quick,

3. in regard to what one asks for.

- 36. Pray fervently to Jesus Through his divine Mother, And through Jesus, very humbly, Go up to God his Father. For, using these steps of humility And of holy prudence, You cannot be rejected, And you can pray with confidence.
- 4. in regard to the manner of praying.

- 37. Pray with the virtue of religion, And without any conceit; Perfect adoration
- 5. in regard to the external comportment.

Requires that you pray with your whole self,

Not turning around, nor leaning on your elbows, Nor making faces, Talking or looking about, But with a straight back and a good grace.

38. If you do not pray from your heart, You have no merit in praying.
God receives no honor from that, And you are being hypocritical.
Go into your private room,
Close your door,
Pray to your Father in secret;
This kind of prayer is powerful.

5th Interior, without hypocrisy.

6th

Exterior.

- 39. To cease using vocal prayer
 On the pretext of perfection,
 Is quite false;
 A subtle but fatal illusion.
 Take the example of the Savior:
 This was his practice.
 Anyone who draws away from it is a deceiver,
 No matter how ecstatic he may be.
- 40. Do all you can
 To pray in a hidden way,
 Without let-up, when you come out
 Of your seclusion.
 Pray everywhere, to please God,
 Without regard for persons;
 Pray always, in every place,
 And then your prayer is good.
- 41. You should pray with charity
 For the salvation of souls,
 For those who, in their blindness,
 Are destined for the flames,
 For all those Muslims and pagans,
 And all who are in schism,
 For so many who are miserable Christians
 Or bad Catholics.
- 42. Pray with attention,
 Without being distracted;
 Pray with devotion:
 This is very necessary.

 9th
 Attentive.
 10th
 Devout.

Realise that a distraction Which you reject and chase away, Does not take away at all from the attention Required for a perfect prayer.

43. Pray with plenty of faith And great confidence, Saying frequently: "My God, I believe In your presence here." If you always humble yourself, Believing yourself to be unworthy Of obtaining the least comfort, God will make you worthy of it.

 11^{th} Faith-filled.

- 12thHumble.
- Pray always with a hope That goes beyond hope; God gives his excellent gifts Only to perseverance. Pray always in spite of the flesh Which balks and becomes bored, And in spite of the world and all hell, And you will have life.

13th Strong and persevering.

It is from you that all good comes to us, O Father of lights! It is from you alone that I look for it, O Father of my fathers! Since I must ask of you All that I need, Deign to grant me, then, my God, The grace to pray.

Prayer.

- 46. Cause to come down into my heart Your Holy Spirit, Father, There to create the true fire Of holy prayer, To bring forth groanings Which are unutterable, Sighs, and the stuttering Of those who are really children.
- My spirit is nought but blindness, I deceive myself constantly; My heart is nought but hardness, Misdeeds and weakness:

But this evil arises from myself alone; I have abandoned prayer. Lord, increase my faith, That I may pray well.

48. You who give lavishly
To the crow when he calls,
Hear me in this hour;
It is your child who is praying.
By your heart full of goodness,
By Jesus and Mary,
Let me not be rejected.
In you I rest my hope.

GOD ALONE.

16 POWER OF FASTING

- Join fasting to prayer,
 Said an angel to Tobias,
 Nothing is so sweet, nor so good.
 I beg you, let us learn
 Three secrets to gain ourselves a crown
 And place ourselves upon the throne,
 To wit: prayer, fasting,
 And alms-giving.
- 2. Take care not to be caught off guard By a very common error.
 This is how I shall define
 What fasting is:
 One meal per day,
 Abstaining from meat,
 With a collation,
 But not a large one.

Essence and definition of fasting.

1st POINT. *Its necessity.*

Fasting is, in the Lord's eyes,
 One of the beautiful sacrifices
 Which human beings make to his greatness;

1st motive. God loves it.

He takes delight in it.
This was the first commandment
He gave to the first man,
To abstain absolutely
From eating an apple.

2nd motive. It glorifies him.

3rd motive. It was his first commandment.

4. As soon as Adam, by misfortune, Transgressed this holy fast, He became a miserable sinner, And lost all his fortune. If fasting was necessary In that garden of delights, In truth it is even more so In this place of torture.

4th motive.
It was necessary in the state of innocence.

5. Without fasting you are merely flesh, Says our supreme God;
I cannot triumph over it,
I cannot even stay there;
But if, by your sacred fast,
You mortify yourself,
Then you are consecrated to me,
And I achieve my glory in you.

5th motive.
God lives only in
one who fasts and
mortifies his
flesh.

6. Great and long were the fasts
Of the wise of yesteryear,
The prophets and the conquerors
And all those marked by greatness.
Fasting gave them their fire,
Filled them with grace,
Allowed them to speak with God,
Even face to face.

6th motive. The example of the great saints.

7. But what should surprise us most,
And is worthy of our astonishment,
Is that God himself was pleased to fast
For forty days together,
Without anything to eat or drink,
In silence and in prayer,
Without sparing himself or seeking relief
In any way whatsoever.

7th motive.
The example of
Jesus Christ.

8. He fasted so as to teach us To fast in this same way; He fasted to prepare himself

8th motive. Christ's reasons for his fast.

For his divine baptism, To vanquish the proud devil, Puffed up with arrogance, And lastly to be able to go anywhere To preach penance.

Without fasting you cannot save
 A soul which is so carnal.
 Without fasting you cannot take captive
 The flesh which is so rebellious.
 A body deprived of fasting is as good as
 dead,
 It brings forth only misdeeds,
 It is a tyrant, cruel and strong,

Which casts down to hell.

9th motive. The soul cannot be saved without the body's fasting.

10. Had he fasted, Adam would have been able To retain his innocence; But without fasting, he was corrupted By his own intemperance. Without fasting you cannot bring forth The worthy fruits of penance, Worthy, that is, of Paradise And its rewards.

10th motive. One cannot retain one's innocence without fasting.

> 11th motive. Nor do worthy penance.

It is by prayer and fasting,
Says the Savior of the world,
That the demon is conquered and chased away,
Along with every unclean spirit.
Without fasting, you will be so battered
That you will no longer be invincible;
You will in the end be destroyed
By a terrible misfortune.

12th motive. Without fasting, one is conquered by the devil.

12. Without fasting, you succumb to sleep, Weighed down with sadness; By fasting you are strengthened And filled with joy. Fasting, and every austerity, Is like a lightweight wing Which can carry up to holiness The coarsest soul.

2nd POINT. Excellence of fasting

1st motive. It strengthens and brings joy.

13. Meat veils our reason
In a very dark cloud.
Fasting makes for a good mind,
Sharpens the memory,
Dissipates all obscurity,
Gets rid of every stain,
And causes us to see all truth,
Even the most obscure.

2nd motive. It enlightens the spirit.

14. See what power fasting has,
And how incisive its strength!
It brings complete freedom
To the soul that is held captive;
It subjects the spirit to faith,
And the heart to its flame;
It subjects the whole person to the law,
And the body to the soul.

3rd motive. It gives freedom to the soul.

4th motive.
It subjects the whole person to

15. Mark well that the body of the damned Is really fattened up, While that of the predestined Has the fat trimmed away. Fasting strips away from this animal, This cruel beast, The means of doing evil To our immortal soul.

5th motive. It saves body and soul.

16. A body which is thin and withered Has sinful moods no more, Which lead us all to sin, Without anyone else to tempt us. Fasting, in truth, draws us away From every odious pleasure, And clothes us in purity Of body and of soul.

6th motive (a). It kills concupiscence.

17. More miserable people
Have perished through gluttony
Than fearful enemies put to death
By the two-edged sword.
Our ancient fathers, fasting often,
Drove out sickness,
While we who fast little nowadays
Are shortening our lives.

6th motive (b). It keeps at bay the evils of gluttony.

18. On the admission of any good doctor, Or of a good apothecary, There is no remedy so divine As a salutary fast.
Have a good but sober dinner, And take little in the evening, And you will certainly live Just as long as our fathers.

7th motive. It brings health.

- 19. All who belong to Jesus Christ, Mortify themselves in all things, Fast in the body and in spirit, Always crucifying themselves; But the reprobate give in willingly To their inordinate desires: One will be drunk, another intoxicated; They love only their bellies.
- 20. So fast, but in the right way; Fasting imprudently, Which is always displeasing to God, Gains no reward. The devil himself has his fasters, Hypocritical ones, Who, deceived themselves, are deceivers And completely without merit.

3rd POINT.

Qualities of fasting.

1st Prudent. 2nd Humble and obedient.

21. Fast with severity,
Observing without equivocation
Both quantity and quality,
Following the advice of a wise person,
In accord with the commandments
Of God and the Church,
On Vigils and Ember-days,
And through the whole of Lent.

 $3^{\rm rd}$ Complete.

22. Fast in humility,
Without appearing to do so;
Guard yourselves from vanity,
Do not fast to impress.
Conceal, as far as you can,
By washing your face,
All the fasts which you keep:
This fasting is filled with grace.

4th Secret.

23. Fast without self-will. For the Lord makes clear That, when your fast is spoilt by this, He hates and detests it; And that, however good it may appear In the eyes of creatures, It belongs to the devil And at bottom is nothing but filth.

5thObedient.

24. To fast well and with safety, Observe obedience: This is a great matter of holiness, As well as of prudence. A fast undertaken at the behest of another Has much more merit Than a thousand in which you follow Simply your own choice.

6th Prudent.

25. For a fast to be meritorious, You must do it in God's grace, Otherwise it has little merit, Or even no glory at all. Abstain from all sin: This kind of fast is essential. And no-one is incapable of this; We can and must do it.

7th Holy.

8th Abstain from sin.

26. Fasting and austerity **Q**th Must be coupled with prayer, Coupled with Not forgetting charity And alms-giving to our brother. Through this threefold assistance, you will obtain

prayer and almsgiving.

A renewal of grace, And then, at the end of your life, Eternal glory. 27. If through sickness or infirmity,

10th Dispensations from fasting.

Holy obedience, Or some other necessity, You are dispensed from fasting, To make up for it, you should perform Some other penance: Pray more, or give alms

With greater generosity.

28. By fasting, here, I also mean
The hair shirt and girdle,
Keeping vigil and taking the discipline,
And sleeping on a hard bed.
This is what the saints did.
Follow in their steps,
And like them you will be perfect

And will receive the graces they did.

11th
What is included
in fasting.

29. Either you break with God's spirit
Or with your miserable flesh:
Choose, beloved soul, there is no middle way,
If you wish to be happy
And have your God, eternal Wisdom,
To dwell with you;
Renounce yourself, lay down the law
For this rebellious flesh.

30. Lord, I am thoroughly wicked
And full of weakness,
Sensual throughout,
And full of delicacy.
It is only right that a sinner
Should avenge you and punish himself:
I offer my body, I offer my heart
And all else in sacrifice.

13th Prayer.

31. I want to keep watch, to fast, to pray, For the rest of this my life,
To offer you in sacrifice
A divine host.
Grant, Lord, your blessing
On this living victim,
Deign to uphold me everywhere
With your all-powerful grace.

GOD ALONE.

- I see a light descending,
 Approaching, shining near.
 Ah! Truly, it is charity,
 It is heartfelt mercy.
 She yearns to espouse us,
 O! how kind she is,
 We must not refuse her
 For she is too charming.
- Although awesome in her greatness, Although God be her throne, Because of her gentleness, Almsgiving is her name. She is compassion For the wretched, The tender abundance Of a loving hand.

Essence and Definition of almsgiving

3. This queen seems forgetful
Of her divine birth.
She sacrifices herself
For the suffering poor;
She gladly clasps to her breast
The greatest miseries,
And how gently she dresses
The most repulsive wounds.

The Call

- 4. You miser with one foot in hell, You would rather not believe; But dear chosen soul, trust me, For it concerns your glory. Gently lend your ear To everything I'll now explain, So you may believe it perfectly And put it into practice.
- 5. Almsgiving is necessary,
 Our faith itself attests,
 Everything confirms this truth
 Even nature itself.

1st POINT Its necessity

Our neighbor has the good fortune Of having the same father as we, So we must help him with all our heart, As our own brother. 1st Motive God, our Creator and our Father, obliges us by His power in creation to practice almsgiving.

Almsgiving is the commandment
Of Jesus, our Master,
Only the truly blind
Are ignorant of this.
Give and it will be given unto you,
That is my commandment.
Without it, you will be condemned,
No exceptions granted.

2nd Motive Jesus by His wisdom and express command.

- 7. Transform iniquity
 And transitory goods,
 Into treasures for eternity
 And friends, without a doubt;
 Then no thief can pilfer
 By force or by cunning,
 Nor will the wealth ever spoil
 From rust or from years.
- 8. Everything grants alms for God,
 Each in its own way:
 The air, the sea, the earth, the fire
 And all nature itself.
 Look at all the animals:
 One gives us food, another carries us,
 They all assist us in our needs
 By lending strong support.

3rd Motive The example of all creatures.

9. But what greater blessings
When it comes to grace:
The Father sends His Son
In spite of our disgrace,
The Son gives Himself all to all
Right up to the Eucharist,
The Holy Spirit comes upon us.
Oh! What alms so infinite!

4th Motive Example of the Holy Trinity in the order of grace.

10. When I see heaven's Queen, (She is our only hope), Put in this world's poor All her confidence, Give all things to us in charity, And become our Mother, I say: Almsgiving, in truth, Is great and necessary.

5th Motive The example of the Blessed Virgin.

11. Look at those star witnesses,
Those irreproachable saints:
They had no other needs
Than those of the poor
And happily shared the food
They were eating
In order to feed them.
This example stirs me.

6th Motive Example of the Saints

- 12. To give alms to neighbors,
 They sold their possessions,
 No plans for the morrow.
 Their hearts were so tender
 They stripped almost naked
 To help the poor neighbor,
 And sometimes were sold
 As ransom for slaves.
- 13. Do you seek remission?
 The Lord only grants it
 To hearts with compassion
 And brimming with mercy.
 Your deeds make the Lord kind
 Or quite unrelenting.
 He lets you decide,
 So truly be generous!

7th Motive Without almsgiving, God does not forgive.

14. What is a poor person? It is written That he is the living image, The representative of Jesus Christ, And His most beautiful legacy. But, to say it even more clearly, He is Christ Himself.

In the poor, we assist or refuse Our supreme monarch.

8th Motive
In the poor, we
are giving to
Jesus or refusing
Him.

15. Christ suffers poverty in one, In another, vermin, In another, prison, And in another, famine.
Jesus, suffering in them So many afflictions, Appears the most needy, The most wretched of them all.

9th Motive Jesus Christ is the poorest of all.

16. Keep not from the poor his due,
Says Holy Scripture;
This key statement is not grasped
Or is understood carelessly,
For in truth, we can not
Keep through greed
What we take from charity,
For this is unjust.

10th Motive Almsgiving is owed to the poor.

11th Motive It is an injustice to refuse it to them.

17. What is besides our honest expenses,
Must be given away;
To do otherwise is an abuse
That cries to the Lord for vengeance.
It is the verdict of the great Saint Thomas
And even the holy Fathers themselves.
Rich people, if you do not believe me,
I pronounce you accursed.

12th Motive The Fathers and theologians declare the same.

- 18. Know that anything you retain
 Which you no longer need,
 Belongs to the poor; it is theirs,
 As the Gospel tells us.
 You owe them this ornate furniture,
 These precious pearls,
 These beautiful, silky clothes,
 This pretentious finery.
- 19. The poor have the right to claim Anything you do not need, A rich person can not keep it, Although he believes otherwise. He is only the steward, Says Saint John Chrysostom, Quoting another holy doctor, Great Saint Jerome.

13th Motive
The rich are only
the distributors of
their superfluous
goods.

20. This lack of charity
Is very significant,
The saints say it is cruelty
And, with no doubt, stealing.
It is even malicious murder,
Says a holy Father,
Not to give food
To the starving poor.

14th Motive Such lack of almsgiving is a mortal sin.

21. But let us now see
How useful almsgiving is,
And that it is assuredly
A most fertile field;
It's fruit is truly special,
It has no equal
Since it returns the hundred fold
To a charitable man.

2nd POINT Its usefulness

- 1st Motive Almsgiving conserves and augments temporal goods.
- 22. Almsgiving is a security box,
 A trusty safe,
 Which preserves everything in it
 For eternal life.
 It is where possessions, gold and silver,
 Are kept on earth
 From the thief and the bailiff
 And the disasters of war.

2nd Motive Comparisons which prove this truth

- 23. It is the seed we sow
 That multiplies,
 At a high rate of interest,
 Glorifying God;
 A running stream
 Never dried up,
 A huge fire
 Spreading wildly.
- 24. We can safely call it
 The philosopher's stone
 Which changes base metal
 Into something precious.
 Almsgiving changes earth into heaven,
 The false into the true,
 The temporal into the eternal.
 O incomparable stone!

- 25. Giving alms, we lose nothing, As we know from experience, The more good we do by giving alms, The more that good increases. We become poor When we are miserly and stingy; But giving to charity, We soon become rich.
- 26. Everyone greatly honors
 Charitable men;
 We call them, in the Lord,
 Fathers of the poor.
 We approach them
 With confidence,
 We ask them to preside
 At our conferences.

3rd Motive Almsgiving makes the donors praiseworthy.

27. To give life and health
Is a marvelous thing:
It is what makes charity
So miraculous.
To uphold the whole world
Is not so great a feat
As to uphold one's neighbor,
Giving him what he requests.

4th Motive Almsgiving works miracles.

28. Almsgiving obtains contrition
And soul-felt sorrow,
It redeems all sin,
Extinguishes concupiscence.
Through almsgiving, all is forgiven,
It is a second baptism,
A sign of predestination,
It is God's own seal.

5th Motive Almsgiving obtains the

6th Motive The pardon of all our sins.

29. Without this oil of charity
Which the foolish virgins lacked,
The lilies of chastity
Are false and frivolous.
Without it, there is no holiness,
One is not authentic.
Without it, there is no resolve,
One is not persistent.

7th Motive It makes a virgin pleasing and steadfast to her spouse.

30. Nothing speaks as powerfully
As the poor and almsgiving,
This prayer quickly
Rises to the throne of God,
Opens His hands, ravishes the heart
Of this loving God,
Changing Him from a just avenger
Into a sincere friend.

8th Motive It is the most powerful prayer.

31. It is a lance, a buckler,
A very powerful weapon,
Baffling and vanquishing
The devil who tempts us,
It impedes the devil from accusing
A soul in the next life,
And forces him to let it
Go to its homeland.

9th Motive It attacks and confounds the

32. The death of almsgivers
Is a very holy death;
They die gloriously,
Peacefully, fearlessly.
Their charities are their soldiers
Winning them the victory;
The poor are their advocates
Setting them in glory.

10th Motive It renders death peaceful and holy.

33. Almsgiving is a sacred trust
That God keeps safe and then returns;
He will surely return it,
For He cannot refrain from so doing.
Almsgiving is a promissory note
Which God Himself guarantees;
Its interest is hundred fold.
Oh! divine usury.

11th Motive
At death, the
almsgivers have
their soldiers and
advocates.

34. Here is the third pact,
Keep it well in mind:
To give alms is to buy
Heaven and its glory.
Almsgiving makes earthly goods
And a little manure
Eternal wealth in heaven
And happiness unending.

35. A miser is without charity,
Without faith and hope,
He is filled with iniquity
And without repentance.
In his last moments he will cry out
And God will not hear him.
At His turn, God will mock him,
Doing to him what he did to the poor.

3rd POINT The evils of those who fail to give alms.

1st Motive He has neither faith nor hope, etc.

2nd Motive God does not listen when he prays.

- 36. He who leaves his neighbor
 Without any assistance
 Finds God heartless, unhelpful,
 And without any pity.
 He loses what he refused
 To the poor in their misery
 And is often crushed
 By the weight of God's anger.
- 37. At death he will ask for pardon
 But God will not grant it;
 This hard heart will die abandoned
 And without mercy.
 God will judge him sternly,
 Without fatherly kindness;
 He will condemn him to misery
 And eternal death.

3rd Motive He dies in his sin.

- 38. Give alms, good Christian,
 Believe me, be wise,
 It is the way good things come to us
 And all good things without limit.
 Sins are redeemed by it,
 The soul returned to grace,
 All heaven's goods are purchased.
 Woe to him who doesn't give!
- 39. On the great day of judgment God will only remember Our almsgiving, So great is its glory. He will reveal

The alms given sincerely And will give them Highest praise.

- 40. Come, the Lord will say to you,
 Blessed of my Father,
 Possess my own happiness
 And all my glory.
 For having helped me on earth
 By giving me alms,
 I will make you kings forever
 And set you on thrones.
- 41. Give of your own goods;
 This almsgiving is prudent,
 Otherwise it is worth nothing
 And is even revolting.
 Pay Caesar, render to God,
 Pay all your debts,
 Give to the poorest of the town
 And of the borough where you live.

4th POINT Qualities of almsgiving Ist It must be prudent.

42. See only God
In every poor person,
For Him alone give them
Your charitable help.
Whether they be good or malicious
You are giving to Jesus.
It suffices that He be within them,
In His own person.

 $2^{\rm nd}$ Holy and pure.

43. Always be charitable
And give alms in secret,
Avoid the proud trumpet
Of vanity.
Otherwise, almsgiving is fruitless,
It is the almsgiving of a hypocrite
Who makes great fanfare and a lot of noise
But has no merit.

3rd Humble.

44. Give alms very carefully
According to your means
And according to the needs of the beggar
Even though he annoys you.
Give to him joyfully

4th Abundant.

> 5th Joyful.

Without any bitterness, Without telling him curtly: Now get out of here, God bless!

45. Give to the poor promptly
Without selling your alms
By a harsh delay which hurts
The pleading, poor man.
Treat with great respect
The poor man begging you:
This almsgiving is more meritorious,
This almsgiving edifies.

6th Prompt.

7th Upright.

46. Exercise charity
For both the body and soul
Without excluding anyone
Either man or woman;
Give food to one,
Give drink to another.
Welcome the poor stranger
With honor and glory.

8th Universal.

Corporal Works of

With honor and glory.

Mercy.

- 47. Have clothes made for one
 To hide his misery,
 Visit another, wasting away,
 Sunk in despair.
 Visit another, ranting
 And raving in prison,
 Pay the ransom of another
 To free him from slavery.
- 48. Do not forget those who have died,
 Almsgiving is salutary;
 Try to bury their corpses
 Or have them buried.
 These works of mercy
 Are called corporal,
 Other good deeds
 Are more spiritual.
- 49. Instruct the ignorant, Enlighten him, Correct the weak man, But not by shouting or anger; Give him friendly advice,

CRIES OF THE POOR

Forgive injuries, Pray for your enemies. This is the purest almsgiving.

50. Console the afflicted
Overwhelmed by sorrow;
Console hearts eaten away
By frightful scruples.
Pray to God for the wicked
To obtain their forgiveness,
Pray for the living and the dead
With no one excluded.

18 CRIES OF THE POOR

- You rich, wake up and hear Our most pitiful sobs, Alas! come to our aid, For we are desolate.
 All of us are Christians, We are all your brothers, Help us with your riches, Answer then our prayers.
- 2. God made you important
 But to be our fathers,
 God made you powerful
 To alleviate our woes.
 Yet you enjoy yourselves,
 Always midst abundance
 While leaving us aside,
 Always in dire need.
- 3. You are so richly-clothed
 And sleep on feather beds,
 We are almost naked,
 Consumed by lack of food.
 Everyone blesses you,
 Honors and accepts you,
 While we are cursed by all,

CRIES OF THE POOR

Mistreated and despised.

- Nobody offers alms,
 Rather, they rebuke us.
 They think they're doing good
 When they all bully us,
 Chase us and arrest us,
 Chaining us in prison.
 We are even forbidden
 To call attention to our woes.
- 5. The rich so often tell us:
 I have no silver, no coins.
 High class people curse us,
 Treating us as riff-raff.
 Get out of here, bold idlers!
 Oh! You brazen, evil race!
 That's the language many use,
 And even the common folk.
- 6. Great God, please do help us In this situation,
 What! Will you forget us
 As does all your creation?
 Gaze on us from heaven,
 For you are our Father,
 Deign to cast your eyes
 Even on our dust.

7. GOD

O dear poor of heart, I hear your just complaints And deeply feel your sorrow, I suffer the same blows; Have patience for a while, Then you will see my anger, Though I am almighty God I also am your Father.

You are my elder sons,
 My true and chosen friends,
 My dear predestined souls,
 My dwelling-places fair.
 All the evil done to you
 Is done also to me.

Anyone who helps you out Is proof that person loves me.

9. THE POOR O you rich, how good for you When you give us alms; For a corner in your house You'll get a stunning throne. For some of your old clothes, A rich crown is your prize, And all of Paradise For a cup of water.

- 10. Now, do give us something, Do not be niggardly, This will be the sure way Of becoming very rich. The Lord Himself has promised To grant the hundredfold To all those who befriend The miserable poor.
- 11. Almsgiving wins God over
 And makes Him favorable;
 Almsgiving also quenches
 The fire of His justice;
 It gives to all the sinners
 A sincere anticipation
 Of receiving from his Savior
 The weight of heavenly glory.

GOD ALONE

19 TRIUMPH OF THE CROSS

The cross is a mystery
 Most profound here below,
 Without abundant light
 It can never be known.
 Only the noble hearted

The cross is a great mystery.

Are able to comprehend it, Yet understand it we must If we are to be saved.

- 2. Nature abhors it,
 Reason battles it,
 Pundits ignore it
 And the demon tears it down.
 Often the most devout
 Do not plant it in their hearts.
 Professing to love the cross,
 They are really lying.
- 3. The cross is necessary,
 We must always suffer,
 Either climb Calvary
 Or perish forever.
 St. Augustine proclaims
 We are among the damned
 If God does not chastise us,
 If we are not tested.
- 4. We go to our homeland
 By the way of crosses.
 It is the path of life,
 The highway of the kings;
 Each precious stone is cut
 To precise proportion
 So they may be the bricks
 In building Holy Zion.
- 5. What value has the victory
 Of the greatest conqueror
 If he possesses not the glory
 Of self-mastery through pain,
 If his model is not
 The crucified Jesus,
 If, like the infidels,
 He spurns this holy tree?
- 6. Through the Cross, Jesus Christ Has conquered hell itself, Crushed the rebel forces And won the universe; He gives the cross as arms

1st POINT Its Necessity.

1st Motive God chastises all his children and gives them the cross.

2nd Motive The cross is the way to heaven.

3rd Motive
The soul must be trimmed for heaven.

4th Motive We must conquer ourselves in carrying the cross.

2nd POINT *Its victories:*

Over the demon and the world.

To those who serve Him well, It charms or it disarms Both hands and hearts.

And the flesh.

7. You will conquer by this sign,
He said to Constantine,
Every signal victory
Is contained within it.
Read in history books
Its marvelous effects,
Its remarkable triumphs
On earth and in heaven.

Over its enemies visible and invisible, over the earth and in heaven.

8. In spite of feelings and nature, In spite of politics and reason, The truth certifies it:
The Cross is a great gift.
In this princess
We truly find
Grace, wisdom,
All holiness.

3rd POINT Its glory and its merit.

- 1st Motive The cross contains all sanctity and wisdom.
- 9. God could not resist
 Her singular beauty,
 The Cross made Him come down
 To our humanity.
 Entering the world He said:
 Yes, I yearn for her, Lord!
 Good cross, I thrust you
 In the center of my heart.

2nd Motive The love of Jesus Christ for the cross.

- 10. He considered her so beautiful
 That He made her his honor,
 His eternal companion,
 The spouse of His heart.
 From His earliest childhood
 His heart longed ardently
 For the cross' presence
 Since He loved her fervently.
- He has, from His youth, Sought her eagerly; He died of tenderness And love in her arms. I desire a baptism,

He proclaimed one day, The dear cross I so love, For which I so yearn.

- 12. He called Saint Peter
 A scandalous Satan,
 When he wanted here below
 To turn his eyes away from it.
 The Cross is to be adored,
 His Mother is not,
 O awesome grandeur,
 Unknown here below!
- 13. This Cross, now scattered Wide upon this earth, Will one day rise, Carried to heaven.
 The Cross, on a cloud Of blinding beauty Will judge by its light The living and the dead.

3rd Motive The cross will be resurrected and will judge the world.

14. It will demand revenge
Against all its foes,
But joy and pardon
For all its faithful friends.
The cross will glorify
All the blessed in heaven
And proclaim victory
On earth and in the sky.

4th Motive It will make the blessed rejoice and will confound the doomed

15. During their life, the saints
Sought naught but the cross,
It was their great desire,
Their preferred choice.
Not content with those
That heaven had sent,
They sentenced themselves
To additional crosses.

5th Motive The example of the saints.

16. Saint Peter's shackles Gave him more honor Than being on earth The Savior's vicar. O holy cross, cries out

Faithful Saint Andrew, So I may attain life, Let me die upon you!

- 17. Look! Saint Paul forgets
 His great rapture,
 Finding his glory
 Only in the cross.
 He is more praiseworthy
 In his grim dungeon
 Than in deep ecstasy
 Ravishing him to heaven.
- 18. Without the cross, the soul is sluggish, Soft, cowardly and dull,
 The cross makes it fervent
 And full of strength.
 How dull we are
 If we do not suffer!
 How bright we are
 If we suffer well.
- 19. A soul untried
 Is of little worth,
 A puny soul
 Of no learning.
 O sovereign sweetness
 Tasted by the afflicted soul
 Taking comfort in suffering
 Without knowing relief!
- 20. It is by the cross that the priest Gives us his blessing, It is by the cross that God forgives And grants us remission. God wishes that everything be marked By this sign; Nothing appears beautiful to Him Unless sealed by the cross.
- 21. Bearing this sign
 The profane is made sacred,
 Stains are removed,
 And God takes over.
 He wants the cross signed

4th POINT The effects of the cross.

1st Motive. It bestows fervor.

> 2nd Motive. Light.

3rd Motive. Knowledge.

4th Motive. Tenderness.

5th Motive. Blessing.

6th Motive.

On our forehead and heart Before starting anything, So it may share in the conquest. 7th Motive. Victory and

22. The cross is our confidence,
Our protection,
Our only hope,
Our perfection;
It is so precious
That a soul in heaven
Would joyfully return
To suffer here below.

8th Motive. The cross is loved by saints in glory.

23. This Cross has such charms
That a priest at the altar
Uses no other arms
To lure Jesus from heaven.
The priest signs the cross
Over the host many times.
By these signs of life
He gives orders to Jesus!

9th Motive. It charms and draws God to the

24. By this adorable sign
The priest offers Jesus
A sweet-smelling aroma
Akin to none other;
It is the incense he offers
After the consecration.
This is the garland
He wishes to bear.

10th Motive. Its sign is a pleasing incense to God.

25. The Eternal Wisdom
Still seeks today
Faithful hearts
Worthy of this gift.
Wisdom seeks someone wise
Who loves only to suffer,
Who carries his cross
Courageously, till death.

11th Motive. God desires to bestow the cross.

26. O Cross, I must be silent, I diminish you by words; I am too bold, I am insolent Because I have received you

With a reluctant heart, I have not appreciated you. Forgive my transgression!

- 27. Dear Cross, at this time,
 Now that I know you,
 Come dwell in me,
 Rule over me.
 Fill me, my dear princess,
 With your chaste love
 And reveal to me
 Your most secret wealth.
- 28. Seeing you so beautiful
 I yearn to possess you
 But my unfaithful heart
 Keeps me in my place.
 If you wish, dear mistress,
 To enliven my lethargy
 And endure my languor,
 I give you my heart.
- 29. I choose you as my life,
 My pleasure and my honor,
 For my only friend,
 My only delight.
 Imprint yourself, please,
 On my heart, my arms,
 On my forehead, my face;
 It will not make me blush.
- 30. I choose for my wealth Your rich poverty, And for my tenderness Your gentle austerity. May your wise folly And your holy disgrace, Be, for all my life, Its glory and crown.
- 31. I consider it a victory
 When by your mighty power,
 And for your greatest glory,
 You truly overcome me;
 Dear Cross, I am not worthy

To die beneath your blows Or of being a sign Of contradiction to the world.

GOD ALONE

20 TREASURES OF POVERTY

- Here is the precious pearl,
 Here is the treasure so hidden,
 And the quality so generous
 That I have sought for so long.
 But it is not easy to take hold of;
 Whoever wishes to possess it
 Must, to do so, give away and sell
 All he has, without any haggling.
- It is called voluntary poverty,
 Or poverty of spirit,
 Or the great saving counsel
 Given to us by Jesus Christ;
 It makes a wise man put aside
 His goods and any desire for possessions,
 So to follow in His footsteps,
 Like a true Christian.

The essence and the definition of poverty.

1st POINT.
Excellence of poverty.

3. Jesus Christ has founded on this
Both Church and Religion;
It is on this that the faithful Christian
Must build his perfection.
This is where one must begin
To attain holiness;
Otherwise there is only impotence,
Lukewarmness and instability.

1st motive. It is the foundation of perfection.

4. This God who cannot resist The charms of poverty,

2nd motive. The example of Jesus Christ.

And who loves it to the point of making himself
Very poor in our humanity,
Enriches it in his own person
With the treasures of his truth,
And even adorns it and crowns it
With the fullness of his divinity.

- Let us heed the stable and the crib
 Where this lovable Savior was born:
 Here everything demonstrates and preaches to us
 Holy poverty of heart.
 From the crib, go to Calvary:
 He dies poor and naked on the cross,
 He makes of the cross a pulpit
 From which to preach at the top of his voice.
- He is poor all his life,
 His father a poor carpenter,
 His mother Mary very poor.
 He has not even a poor penny
 To pay a modest tax.
 The beasts have somewhere to hide,
 But he, as he says, has not so much
 As a poor bed to lie on.
- 7. For thirty years he prepares himself
 To speak what is in his heart;
 So this utterance must be very exceptional.
 Here is this great word from our Savior,
 His first beatitude,
 The greatest word ever written
 Which demands long and careful study:
 "Blessed are the poor in spirit!

8. For the kingdom of my glory
Belongs to their poverty;
The poor one is master, believe me,
Of all my bliss."
Notice that Jesus protests
That the poor person is, here and now,
Master of the heavenly kingdom,
So great, rich and powerful is he.

3rd motive. His words.

4th motive.
They are blessed even in this world.

5th motive. Paradise is theirs.

9. He says that the spirit of his father Has made him come for their salvation, To announce his light to them, And that this is his main aim. If he utters great oracles, If he opens the depths of his heart, If he performs great miracles,

6th motive. Jesus Christ came for them.

It is for them, for their benefit.

7th motive. It is to them that he has revealed his secrets.

10. While he rejects and scorns The great and the rich lords, He founds his holy Church On none other than twelve poor sinners, Who, to conquer the whole world, Leave everything, possessing nothing, And who, to defeat the foul spirit, Strip themselves, keeping back nothing.

8th motive. It is them he chooses to found his Church.

He says: Does anyone want a throne? 11. Does anyone want to be perfect? Let them sell and give as alms All they have: this is my secret. You cannot be my follower, If you are not willing to leave everything. I have left everything; imitate me, Otherwise you reject me.

9th motive. He wants us to leave everything to be his disciples.

12. At the birth of the Church, The Christians were all fervor: They left everything without reward, Without arguing, with all their hearts: But now we see a thousand weaknesses In what poses as holiness. Alas! we love riches, Alas! we flee poverty.

10th motive. Example of the first Christians.

13. All having one heart and one soul, One purse and everything in common, They burnt with a pure flame, And became holy Christians. Having left behind those chilling words: Mine, yours, someone's, The fullness of all grace Enriched them all together.

14. Their wholly divine poverty 11th motive. Was the cause of their happiness; Our greed is at the origin Of almost all our unhappiness. They gained victory over the devil If we fail to achieve victory and glory,

Poverty is the source of all good and of all victory. Because they went into battle completely naked; It is because we are well-clad.

15. Look at the saints, look at our fathers, Those models of holiness To whom the Father of lights Revealed the truth. They left all their wealth, Or kept very little of it, To embrace with tenderness The holy poverty of a God.

12th motive. The example of the saints.

It was this charming poverty Which Saint Francis preached everywhere, That living image Of a poor God dead upon the cross. It was when he embraced this That God showered him with treasures, And that his soul was inflamed With the most ineffable delights.

17. Despite the senses and nature, We must believe the poor person to be

This is certain, since God attests it; This point is not open to doubt. The poor are genuine portraits Of Jesus Christ, become poor for us, They are his brothers, like him in every

Worthy of being honored by all.

By courageously leaving everything, By scorning vanity, They gain all things without exception In time and in eternity: In time, grace in abundance, Whose kingdom is in their hearts; And in eternity, immense glory,

2nd POINT. The happiness of the poor

1st motive. God attests it.

2nd motive. They are portraits of the poor Christ.

3rd motive. They gain all things in time.

4th motive. In eternity, a special glory.

The glory of the Savior.

19. As imitators of the apostles, They receive from their Savior More glory in heaven than others, More treasures, more greatness. For being ready to follow him and to believe In his most noble actions, Seated on thrones of glory, They will judge the nations.

5th motive. They judge the world with the apostles.

20. What bestows supreme happiness
On the friends of poverty,
Is that they receive from God himself
A hundred times what they have given up.
For a father, they find a hundred fathers,
And for one friend, a hundred friends:
A hundredfold in all things,
Just as God promised them.

6th motive.
They receive the hundredfold promised by God in this world.

21. They have, even in this life,
A hundredfold in temporal goods,
And then, in heaven, in their fatherland,
A hundredfold in eternal possessions.
The truly poor person is master of the
world;

And in the next.

- Having all things without exception, He has the sky, the earth and the sea, And nothing can take these away.
- 22. This poverty creates wise people,
 The great saints, people of worth;
 It is the quality of the brave,
 And not of mean-spirited people.
 It is the source of wisdom;
 Reason itself has understood this,
 As witness those wise men of Greece
 Who left all with scorn.

7th motive. It makes men wise.

23. While the rich sigh
In the midst of a thousand ills,
The good poor people rejoice
Amidst a thousand delights.
Peace, joy and abundance are the lot
Of the poor person who is always content,

8th motive. It delivers the poor from the troubles of the rich.

Worry, trouble and need That of the rich person who is ever discontented.

24. Since God assures me it is so,
I hold the rich to be unfortunate;
I believe it to be a fatal thing
To become rich like them.
For wealth, so called,
Is the god of iniquity,
A subtle but cruel plague
Which destroys all holiness.

3rd POINT.

The troubles of the rich.

1st motive. Wealth is the god of iniquity.

25. It is the formidable snare,
One of the most subtle and hidden,
But the greatest instrument of the devils
For bringing about the greatest sins.
This malignant cancer alone
Causes so many rich to perish,
And opens the gaping jaws
Of Hell to swallow them up.

2nd motive. The snare of Satan.

3rd motive. The jaws of Hell.

26. Riches are prickly thorns
Which cause the heart so many pains,
The fatal beginnings
Which give birth to the greatest ills.
Their pompous appearance
Is a smiling executioner,
A vanity full of flattery
Which soils everything and perishes.

4th motive. Riches are thorns.

27. There is no lasting quality
In their malicious brilliance,
Yet their golden countenance
Leads hearts astray and charms the eye.
They are the great engine
Which causes the whole universe to rush onwards,
With more and more subtle malice,
To sin and to hell.

5th motive. They seduce and damn souls.

28. But, O my God, what wisdom is needed To unmask this treacherous boon, When even the wise person is at pains To acquire it, to his sorrow! It is so true that you can find on earth An infinite number of fools

6th motive. The number of fools is infinite, and the poor in spirit very rare.

Who will suffer anything, and go to war, To gain possessions which are the damnation of all.

- 29. What comings and goings!
 Whence comes all this haste?
 It is for money that everyone is running about,
 Everyone is trying to get it for himself:
 The greedy official at the Bar,
 The artisan in his workshop,
 The nimble-footed soldier in the army,
 And the peasant in the market-place.
- 30. I have nothing to say about those leeches
 Who suck blood day after day,
 And by their elaborate shrewdness
 Are robbers of the highest degree.
 But, good God, what is this I see in the Church?
 Oh, what monsters of iniquity!
 I am astounded,
 Not daring to speak the truth.
- 31. The doctor, the prosecutor, the notary, Judge, advocate, bailiff, constable, Every merchant and businessman, All run and steal at the mention of money. They brave any storm,
 They undertake a thousand labors, And all to find a beast
 Which must bring them a thousand ills.
- 32. While a rich man will sacrifice
 His time, his rest, his health,
 And the happiness of the life to come,
 To this iniquitous piece of metal,
 The one who is voluntarily poor in spirit
 Finds a holy rest in God,
 There gaining without any bother
 Both the earth and the heavens.

7th motive. The poor in spirit are content.

33. See how this rich man is at his ease!
He has his money, he has his
possessions!
For him, all is laughter, he has no
burdens!
Wise person, don't you believe it.

8th motive.
The would-be rich
person unhappy.
1st
He is gnawed by
grief and care.

His poor soul is eaten away With worry and unnecessary cares, Like a wave-tossed sea Which can never again be calmed.

34. The more the rich person has, the more he wants;

2nd
He cannot quench
his anxious
desires.

His possessions only increase his desires, And these are his constant martyrdom,

Never leaving him any pleasure.

His desire is like a miserable starving wretch

Who never cries: "That's enough,"

An insatiable hell-fire

Which cries: "Bring more, pile it up."

35. God tells us that there is nothing in this world

 $3^{\rm rd}$ Nothing is worse.

He is a swine.

More wicked than one who is rich at heart; He is a swine wailing and growling In the midst of all his good fortune. He has a mercenary soul Which he would sell for a few pence;

He has a mercenary soul Which he would sell for a few pence His folly is more than bestial, He is the greatest of all fools.

5th He has a mercenary soul.

36. He is full of idolatry
In regard to his God, his sovereign;
He is full of barbarity
Towards the poor and his neighbor.
Speak to him of money, and he will come running:

 $$6^{\rm th}$$ He is an idolater.

This is his idol and his god; But speak a word about God And he won't move an inch. He is a barbarian all his life.

37. But when he loses all this wealth By some annoying misfortune, Oh, what regrets, what anguish! What gnashing of teeth! And when death comes, and he had

 $$8^{\rm th}$$ He dies badly.

And when death comes, and he has to vomit up These possessions which were in his heart, He is disemboweled, and he groans over it, But heaven laughs at his misfortune.

38. Wealth is very sticky
And the soul easily becomes glued to it;
It has a charming color
Which powerfully delights.
You can have it without being glued to it,
But that is where the difficulty lies,
The greatest difficulty I have ever known
With regard to holiness.

9th motive.
It is difficult not to become attached to money.

39. Money is altogether soiled with the vices Which it has brought about everywhere; It is shot through with malice, The friend of the Evil One.
One has to be a saint (but how rare that is!) To avoid its poison; It glitters, it sneaks in, and takes over Both heart and mind.

10th motive Money is dirty and dirties everything.

40. This little bit of dirt, all made-up,
Seems to the eyes of the fool to be good,
But its worth is only in the mind,
For it is worthless to the wise,
It is a Proteus with a thousand faces;
At one moment up there, the next down here.
It is by these ever-changing posturings
That it betrays and wins the fight.

11th motive. It is changeable and is only good in the mind.

41. Mark well that it is more difficult
For a person rich in heart to enter heaven
Than for a camel to pass through the
needle's eye.

12th motive. The words of Jesus Christ and the Holy Spirit.

So fundamentally unfortunate is he Because of the ills with which God threatens him, He ought to be howling at the top of his voice, Begging for mercy and grace, Because God looks upon him with scorn.

42. You poor people, quiver with joy, Be content, go in peace; You are piling up riches for yourselves Which will never be stolen from you. See, at your right hand, Ten thousand rich people falling into the fire; 13th motive.
The poor are blessed, because they are on the narrow road which leads to heaven.

Follow the narrow path unshod:

That is the way to get to heaven.

 But make no mistake, my brothers: There are many poor people who are damned.

For it is only those who are voluntarily so Who are the chosen poor.

Many poor people, being forced to be so,
Complain in the midst of their loss;
Their virtue being only skin-deep,
They are the devil's poor.

4th POINT. Qualities of true poverty of spirit.

1st

They are patient.

44. They do have money in this life,
Not in their hands, but in their hearts,
Because they are always wanting it,
And they love it with great ardor.
Often a poor wretch
Is more greedy in his destitution
Than a great potentate
With all his great wealth.

2nd
They have a heart detached from possessions and without desires

45. Jesus does not want as his followers
The poor who are idle;
The idler is without any merit,
And is bound and cast into the fire.
God does not even want him to eat
If all he wants is to rest
And if, by a strange misfortune,
All he will do is play the beggar.

3rd Hard-working.

46. Often enough the poor are lacking in piety, Keeping away from the Sacraments, Lying without any reason, And sometimes cursing. By these sins of theirs they are doubly Unfortunate in their poverty, And still more wretched in Hell Throughout eternity.

4th Devout.

47. Faithful poor people, give up from your heart
This money which fools look for,
And all these useless vanities
Which are unworthy of you.
Make a complete sacrifice,

5th
Detached even
from the smallest
things.

Let your heart not be attached to anything; This would be an injustice And an insult to your sovereign good.

48. Trample under foot, like brave people, Gold and silver and all their friends; Do not make yourselves their slaves, But take them for your enemies. Go, ascend the throne, By the poverty of the Savior, Where such abundance is prepared For all true poor in heart.

6th Enemies of money.

49. But try to put into practice
This holy spirit of poverty;
Otherwise your poverty is fanciful
And filled only with vanity;
When you lack something which is
necessary,
Suffer it with joy,
Saying nothing which might be contrary
To the most perfect detachment.

7th
Joyful and
content when
they do not have
all that is
necessary.

50. How little I have known of the grace in you,
Dear poverty of my God!
But now I embrace you
With a heart all on fire,
For I prefer your livery,
Your rags, your pale colors,
To all the golden vanities
Which lead eyes and hearts astray.

Prayer

- 51. Away, little creatures!
 You are unworthy of me.
 Now I call down a thousand curses
 On these creatures that enslaved me.
 The Lord has come to teach me
 How to be happy without you.
 Away! I cannot take you back
 Without numbering myself among fools.
- 52. I know that the world treats me
 As scrupulous, a beggar, a fool;
 And that is how I will treat the world
 And how I will break its neck.

The more it tells me to feather my nest, The more I will strip myself; The more it tries to inspire me with its habits, The further I will go from it.

- 53. Yes, I will do just the opposite
 Of all it tries to inspire in me;
 That will be my normal rule
 Which will never deceive me.
 It will have its vain outward show,
 But I will have the truth;
 It will have its foolish abundance,
 But I will have poverty.
- 54. It may have its pompous garments,
 But I will have nothing but an old rag;
 It may have its numerous followers,
 But I will live in neglect.
 Money may be what inspires its victory hymn,
 Mine will be sung in impoverishing myself;
 Money may be where it finds its glory,
 I will find mine in leaving it behind.
- 55. I find in my poor cottage

 More charms than in the world's palaces:
 I may have neither cellar nor kitchen,
 Yet I feast on better dishes.
 It is for goods that it torments itself,
 Fearing that they might be stolen;
 For myself, I neither sow nor plant,
 Yet I harvest more than the world.
- 56. The world searches, steals, talks, shouts, So as to acquire some goods; While I, if I act or pray, Do so to have nothing more. It goes about in a carriage; If it walks at all, it is with a pompous air. While I laugh at this vain giant And go my way barefoot like a beggar.
- 57. It is rich in the goods of the earth,
 I am poor, but rich in God.
 It has nothing but lawsuits and war;
 While I have peace wherever I go.

It cries without ceasing: "More, more", And I want nothing at all; Its attachment to goods is very strong, While my poor heart is out for nothing.

- 58. I have merited by my sins
 To be a rich man here below;
 Oh! what vengeance!
 Lord, do not condemn me to that,
 Calm your just anger
 By the poverty of Jesus;
 I take it for my dear mother,
 I take it for my wealth.
- 59. Poor Jesus, I wish to follow you,
 One poor man after another, even unto death.
 Have mercy, poverty intoxicates me
 And inspires in me this holy delight.
 Either let me be like you in my life,
 Or else deprive me of life right now;
 By your heart and through Mary,
 Grant me this great gift.
- 60. For fear that the common way
 Might lead me astray from truth,
 I come to make my fortune
 With the wealth of your poverty.
 Make my fortune very great,
 That I may be poor like you
 And all my belongings may hop along with me.
 I shall be richer than all.

GOD ALONE.

21 FLAMES OF ZEAL

 May we all sing and be enflamed With ardent zeal for souls.
 Zeal springs from love of God; Love cannot abide offenses

Definition and essence of zeal.

Hurled at God, our Mighty King, Nor bear assaults on our neighbor. Let us then scan (twice) zeal's excellence. 1st POINT Necessity and excellence of zeal.

 Saint Michael, armed with zeal, Struck the rebel Lucifer, And plunged him into hell. Michael's great victory is shared With those who live his great zeal, We too shout, as Michael did: To God all victory (twice) and glory!

1st Motive Example of Saint Michael.

3. What bliss for God our Father
When our zeal joins in with His
To save a poor sinner!
It wins for Him a soul He loves
And honors Him perfectly,
And since He infinitely loves
All sinners (twice), Love spurs Him on.

2nd Motive Zeal glorifies and gives joy to God the Father.

4. The angels celebrate as often As zeal gains a victory; Such joy for our sweet Savior, For He sees His blood bear fruit, He recovers His lost child, The price of His shed blood. How this return (twice) glorifies Him.

3rd Motive Zeal gives joy to Jesus Christ.

5. Sometimes a single zealous word
Has opened wide the door
And touched some hardened heart.
Right then, the Holy Spirit enters
And through His secret touch,
The soul becomes most penitent
And peace (twice) forever reigns.

4th Motive It opens the heart to the Holy Spirit.

6. Zeal is as reasonable
As our neighbor is admirable.
For who can know his value?
God alone knows his fathomless price;
He is the temple of the Holy Spirit,
The price of Jesus' blood,
A child of God (twice) beyond a doubt.

5th Motive Our neighbor deserves our zeal for his salvation.

7. So then, shall this immortal soul
So noble, great, so beautiful
Perish through iniquity?
They trample on God's image
And do not even care;
And no one gives a hoot?
Blindness! (twice) What a catastrophe!

6th Motive Beauty and immortality of our neighbor's soul

8. Alas! so many of our brothers
Perish through their ignorance
Or through their own weaknesses.
We must then overflow with zeal
To help them see the truth,
To snatch them by our charity
From evil's clutch (twice), so deplorable.

7th Motive Our neighbor needs our zeal.

- 8th Motive To enlighten and strengthen him.
- How many sinners by their deeds Will fall in the abyss Unless we truly help them! We must break the brutal chains That cruelly shackle them Or they will be forever damned. Help them (twice), faithful soul.

9th Motive
To rescue him
from the gates of
hell.

10. Ah! free them from their slavery With wise and prudent zeal. In charity, come to their aid. Your help is almsgiving most divine To rescue them from hell And make them triumph finally By giving them (twice) a heavenly throne.

10th Motive And to help him reach paradise.

11. Zeal, so necessary, Is also very salutary For those who possess it. Zealous hearts receive many graces, The Savior's precious treasures, The ardent flame of fervor, The greatest gifts (twice) of innocence.

11th Motive God grants great graces to the zealous.

12. The most abundant almsgiving, The most fervent prayer And intense austerity Are far surpassed by proper zeal; What could be so grand or so divine

12th Motive Zeal is a very meritorious and divine virtue.

As converting one's neighbor. Pure love alone, (twice) brings us there.

13. Zeal places in security

And covers with its innocence
Our sins, though they be many.
Charity is given to the charitable,
God is only love and tenderness
To a heart filled with burning zeal,
For God returns (twice) what He has been given.

13th Motive It covers a multitude of sins.

Of all deaths, the most beautiful,
Is the death of a zealous man.
Oh! How joyfully he dies!
His charity makes his case strong;
The sinner he converted,
At judgment takes his part,
Pays for him (twice) and is his crown.

14th Motive The zealous have a beautiful and holy death.

15. No happiness can equal his,
His crown, beyond compare!
What glory for all preachers then!
They are in heaven the brilliant stars,
The suns shining brightly
And for all eternity,
In splendor (twice) ravishing.

15th Motive They have special glory in heaven.

16. Listen to Moses crying out
That his name be lifted from the book of
life
In favor of poor sinners.
Saint Paul yearned to be anathema
For his brothers according to the flesh,
To keep them out of hell.
O ardent zeal, (twice) love's extreme!

16th Motive Examples of zeal.

17. False zeal is always reprehensible;
Pure and authentic zeal
Must be supernatural,
And must be modeled on
The sacred zeal of Jesus Christ,
Conceived by his Divine Spirit,
Or else (twice) the zeal is false.

2nd POINT Qualities of zeal

1st quality. Supernatural.

18. No bitterness can mar true zeal,
It springs from hearts consumed by love,
No harshness, all paternal,
Like that of God, our good Father
Or like that of Our Blessed Lord
Who converted sinners
With no bitterness (twice), no anger.

2nd quality.

19. We must imitate this matchless model:
Our good Master compared himself
To a hen with chicks,
Day and night she shelters them
Beneath her wings; gently she calls them
And so tenderly feeds them
Without excluding (twice) the most rebellious.

Example of Jesus Christ.

- 20. A child may squander grace.
 If he repents, our Lord embraces him With delights most divine.
 A ewe may leave the fold;
 When Jesus finds it after its misfortune, With no spite he brings it back
 To the sheepfold (twice), back to life!
- True zeal is creative in fostering,
 Without being maudlin,
 Salvation and divine love.
 It is everything to all, with no borders;
 Zeal considers sinners and also little ones
 Of very great worth,
 Which renders it (twice) very meritorious.

3rd quality Industrious.

4th quality Universal.

22. True zeal is full of wisdom,
Modesty and joy
To win over a neighbor.
Zeal does nothing for itself;,
God alone is the perfect motive
For what zeal says and does.
God alone (twice), nothing else.

5th quality Modest.

6th quality Disinterested.

23. True zeal is full of trust In divine Providence, In the care of our loving Father, Counting for naught its own strength and skill; 7th quality Abandoned to Providence.

Not counting on any human help, Zeal places all its strength in God. That is where (twice) wisdom is found.

24. Zeal is insurmountable, Always agreeable and stable, Its fire can never be extinguished; It is a torrent which topples and shatters Whatever blocks its course. It speaks and always overcomes, Allowing nothing (twice) to overwhelm it.

8th quality. Insurmountable.

- Neither hell nor the entire earth
 Can ever conquer it in war;
 Zeal is stronger than death,
 It fears not the power of man.
 Zeal fears God, it fears sin,
 But for the rest, it is not moved.
 Compared to God (twice) all else is a nothing.
- 26. In all it does, zeal has taken Obedience for its motto, It is, therefore, active and strong. Whatever happens, it wins a glorious victory; Even though no one is converted, Although alone of its kind, When it obeys (twice), it has won.

9th quality Submissive.

22 RESOLUTIONS OF A ZEALOUS MISSIONARY

- My choice is made! I'll roam through the world, Living just like a vagabond, To rescue my poor neighbor. Could I see my dear brother's soul Perishing everywhere through sin, My heart not being touched? No, No, Lord, no, no, his soul is too dear.
- 2. Could I see his exquisite soul Fall into hell, and forever,

Yet not one person distressed? What! Could I see God's loving Blood Poured out for us all, and wasted? My brother's ransom for eternity lost? I would rather, rather be damned.

- 3. Ah! Lord, everyone blasphemes you By blaspheming your own image; Should I bear this without a word? Your foes now ravish your glory, Should I cowardly take their side? Truly, Lord, I would rather die. Lord, Lord, I will be victorious!
- 4. O mighty God, give me your arms
 To conquer the world with its charms
 And all things against your law;
 To convert souls, O Lord bestow
 Your holiness into my soul,
 The truth into my mind,
 And pure fire, fire in my heart.
- 5. Grant me the gift of wisdom
 And of fervent charity,
 Creating a godlike man.
 Great God, make my voice thunder
 So evil may be destroyed,
 And your holy Will be done
 On earth, on earth and in heaven.
- 6. All I do, Lord is for you,
 You alone are my concern,
 You, with no human respect.
 I stomp on the world and its show;
 If, Lord, my zeal pleases you,
 I will count myself as blest
 To become, become the world's trash.
- 7. People travel land and sea
 With limitless exertion
 Only for a grain of sand.
 Should I not have zeal for you?
 Should I dare not take a step
 So God's Blood be not wasted?
 Oh! what contempt, contempt from the unfaithful!

- 8. When a heavy load fells a horse, We pity and unburden it, But what contempt for human souls! When souls fall, and sleep in sin, Who is there to lift them up? Go off, poor souls, where you may Die in sin, in sin, and fall into hell.
- 9. Ah! Everywhere the demon tempter, Everywhere an abundant harvest, Yet so few laborers for our God, We must beg, beg our family's Father To bring down, bring down the devil's pride And send out into his harvest, Laborers, laborers for the Gospel.
- 10. Wherever the soldier beats his drum, People hurry up to gather arms, Quickly, many regiments are formed. Do we Christians form a regiment To defend a God so offended? Do we ready our holy arms? Alas! Alas! no one even cares.
- 11. O you false Christian, carnal soul, Why not side with the unfaithful? Sleep in peace, you are not wounded. You are neither harmed nor injured; So who cares about his neighbor? He goes to hell? That's his bad luck. What callous, callous outrage!
- 12. I can not take an hour's rest, Or stay that long within one house, Seeing Jesus so offended. Alas! so many battle Him. Sin now is reigning everywhere, Souls are falling into hell. I want to roar, roar like thunder.
- 13. O my great God, for your Gospel, From town to town, I would suffer A thousand hardships and abuse, If by my life and all my blood

I destroy even but one sin. If through me you may touch one soul, You reward kindly, too kindly, my toil.

- 14. If I were to save not a one,
 I would still not lose the crown
 You prepare for my labors.
 You reward not success,
 But the good seed we have sown,
 And the many labors spent.
 The wage matches, matches the pain.
- 15. O my God, although I love you, I am apprehensive of myself, Support me in my weakness. If I were as holy as the apostles, And were to gain the whole world, I could still fall into hell, In trying to save, to save poor souls.
- 16. In the exercise of my zeal,
 Make me always very faithful
 To the duties of holiness;
 May my spring gush forth night and day,
 Never leaving me depleted,
 May I preach to transform hearts,
 But by preaching, preaching, let me be renewed.
- 17. Far from me austere zealots,
 Filled with harshness and anger
 Used as pretexts of charity.
 Little vinegar, much oil,
 Converts the greatest sinners,
 And wins both mind and heart
 As we see, we see in the Gospel.
- 18. O my God only your grace
 Can sustain me so that I may,
 Above all else, do your holy Will,
 Despite hell, the flesh and man.
 I want to make you loved, dear Lord,
 If my death will do you honor,
 How happy, happy to be slain.
- 19. Everywhere may I have simple ways,

A most pleasant and heavenly zeal, But with no varnish or vanity, Never depending on flattery; Let me be all things to all With a gentle and accepting heart, Open, open, to the worst degenerate.

- I bind myself to obedience,
 It is my one and only safeguard,
 To preach in all security.
 I know from my own experience
 That ardent zeal is but an evil
 When not truly humble and prudent,
 According to the rules, the rules of sacred science.
- 21. Far from me, mercenary pastors, Pastors, yes, but better business men, They preach, but only for their profit; For me, I am a God poor on earth,' Possessing then not a penny, Having no fear of any bailiff, Not involved, not involved, in any wars.
- 22. Although I neither plant nor sow I am richer than you wealthy. Believe me, Sirs, if you please, For truly my prudence is shrewd, The wealthy are my landholders, Mine whatever of their wealth I need. With them I share, share, cellar and kitchen.
- 23. It is not that I despise you
 If you do not have for maxim,
 Perfect, total detachment;
 But you must know that by your greed,
 You gain so little by your work,
 In fact, you cause yourselves great harm
 And often, often, through injustice.
- 24. How many useless priests are there Whose wonderful gifts are fruitless Because they lack this detachment? They preach well, no one does better, Yet no sinner is ever touched Even though they preached so well.

What fruit? fruit? Only flattery.

- 25. We no longer see among us
 Those solid, true apostles
 Who shone so brightly years gone by.
 Why? There are no voluntary poor;
 One seeks to be well settled,
 Another seeks, though indirectly,
 A little money, money for his business.
- 26. This money is but muddy slush
 Which so sullies generous souls
 It rules them and makes them grovel;
 Money has something revolting
 Which fully contaminates zeal.
 Although it seems to be detached,
 Its pure ardor, its ardor is cooled.
- 27. No money! this heavy heap
 Both captures and dismays me;
 The more I have, more I grovel,
 The less, lighter is my soul.
 Money is like a camel's load;
 Penniless, like a bird soaring
 Heavenward, heavenward, into Light.
- 28. My Jesus, I want to be wise,
 I want You alone for my lot,
 For my possession and my worth.
 My God, you alone and souls' salvation!
 No penny, then, of recompense.
 What great wealth in my vocation,
 For with your fire, fire, my heart is rich.
- 29. Grant me Lord, I entreat you,
 A very ingenious zeal;
 Please instruct me in all truth;
 Enkindle me with new flame,
 Teach me heavenly secrets
 So I may be more perfect,
 More vigilant, vigilant, more faithful.
- 30. Keep me from the great precipice: From scruples concerning justice, From a spirit of novelty

In my faith, my zeal, behavior; Guard me then from all illusion And from insincere devotion, To follow you, follow you, alone.

- 31. I am ready, Jesus, my Lord,
 To turn up preaching anywhere,
 Supported by your power.
 Make me, Lord, your missionary;
 Even though it has no income
 But only insults and rebuffs,
 I am content, content, dear Model.
- 32. O Mary, O my good Mother,
 Help me with a full army,
 Hasten, I am now attacked.
 May my word increase and bear fruit,
 May I destroy iniquity,
 May I grow in holiness,
 And may God be always, always glorified.

GOD ALONE

23 WISDOM OF SILENCE

Do you want to be perfect
 And preserve your innocence?
 Here is the secret:
 Practice silence.
 Do you want to give the Lord
 Immeasurable glory?
 Be silent. Close your heart
 To every creature.

Essence and definition of silence.

How does one extinguish the fire
 Of a cruel tongue
 Which everywhere sullies and kills
 The most faithful soul?
 Only silence is the death
 Of this murderer.
 Without effort silence wins

1st POINT Silence is victorious over the tongue and all the evils it causes.

1st Motive The tongue soils and kills.

Full victory over the tongue.

3. O tiny bit of flesh,
O delicate tongue,
You burn with the fire of hell,
You lose the soul and flatter it,
Your darts are poisonous
With deadly venom.
Your witty remarks are flaming arrows
And spares of the devil.

2nd Motive The tongue light the fire of hell.

3rd Motive It poisons.

4. Restless and cruel evil,
Furious murderer,
Tender but deadly dagger
By which the soul is devastated,
By your two-edged sword
You make more souls perish
With chains and flames
Than the wickedest tyrant.

4th Motive
It is a restless evil
and a two edged
sword

5. You ravage your own house
And that of your brother.
Your toxin destroys everything
Even in the monastery,
O great university
Of all the greatest sins,
Summary of all the iniquities
That fill the abyss.

5th Motive The university of all sin.

Enumeration of these sins.

- You spit out oaths,
 You spread scandal,
 You enrage,
 You insult,
 You blaspheme, you curse,
 You hate and you grumble,
 Your sins are infinite,
 The worst in the world.
- 7. Dear friends, will we perish
 By this common evil?
 To avoid its anger
 Let us learn to be silent;
 Silence is an infallible remedy
 For this horrible evil,
 It destroys this hellish poison,

6th Motive Silence avoids all the evils of the tongue.

This terrible monster.

- 8. Often, a constant talker is no more Than a strongbox without a lock, A huge windbag, A beautiful sack filled with filth; Since he is often distracted And without self discipline, The devil soon traps him, To his extreme misfortune.
- A gabby person is never
 Controlled on earth,
 His mouth casts arrows
 Which he regrets;
 He is often wounded by them
 Even losing his life,
 And his heart is pierced like a sieve
 By his own folly.
- 10. The wise man has his mouth in his heart, He speaks there, he rests there. However, a great talker Has his heart in his mouth; He argues, making plenty of noise Like a swift waterfall, But his noise brings forth no fruit. He is a totally empty vessel.
- 11. The man who is wise according to God, And filled with God's wisdom, Speaks little or not at all. The fool speaks incessantly; The wise man is silent, His silence edifies, A chatterer is often scandalous, And always so boring.
- 12. Oh! how a regulated silence
 Is holy and salutary!
 The Fathers called it
 The divine school
 Shaping divine thoughts
 In the silent man's mind,

7th Motive And the miseries of constant talkers.

8th Motive A great talker is compared to several things.

9th Motive He is conquered by the demon.

10th Motive He is uncontrollable.

11th Motive He hurts himself.

12th Motive He has his heart in his mouth

13th Motive He brings forth no fruit.

14th Motive He constantly talks and he is a scandalous and annoying fool.

2nd POINT The excellence of silence.

1st Motive It is the seminary of good thoughts.

Secretly filling the heart With ardent graciousness.

13. It can also be called
A divine school
Training its students to speak well,
And form their words;
A person only speaks rightly
When he has learned to be silent,
When a person wants to speak constantly
He often speaks brashly.

 $2^{\rm nd}$ Motive The school of the word.

14. We rightfully uphold
Silence is necessary
To meditate well
Since it is the father of prayer.
Yes, it is silence that instructs us
To form our prayers,
That gives us quietly and in secret
The purest lights.

3rd Motive The father of prayer.

15. Silence is the great director
And the support of a soul,
The sure guardian of its heart,
The keeper of its flame.
Wisdom is with silence,
Silence is never without wisdom,
Both are the glory and the support
Of a faithful soul.

4th Motive The director of souls.

5th Motive The companion of wisdom.

16. It is a marvelous book
That the ignorant can read,
An eloquent preacher
Who speaks without talking,
A sweet smelling balm
That perfumes the soul,
A secret gently charming
The sinner's soul.

6th Motive The book of the wise and the ignorant.

7th Motive The balm and the secret of pouring balm on the soul and converting sinners.

Without silence, religion
 Is sterile and unsteady;
 Without silence, devotion
 Is sullied and straggling,

8th Motive Without it, there is no religion, devotion or true joy.

But this divine balm Never brings sadness; It fills the saddest heart With joy and cheer.

- 18. Exteriorly God speaks little,
 But interiorly, always;
 Oh! God's beautiful example!
 O supreme model!
 During thirty years Jesus Christ
 Lived in silence;
 Oh! how these startling examples
 Prove the excellence of silence.
- 9th Motive Examples of silence.
 - 1. God.
- 2. Jesus Christ.

- 19. But the greatest miracle is that
 The Mother of the Savior
 Kept in her heart
 The most divine oracles,
 And rarely spoke;
 We know it from the apostles,
 Her heart pondered delicately
 The words of others.
- 3. The Blessed Virgin.

- Silence was the great lesson
 Of the sages of Greece,
 To obtain the gift
 Of great wisdom;
 To the saints, silence was
 A beatitude,
 To be silent they fled from the worldly
 Even to solitude.
- 4. The philosophers.

21. But how must one speak
When one can not be silent?
We must control ourselves:

5. The saints.

When one can not be silent?
We must control ourselves;
Nothing is so necessary,
Since the tongue contains
Both death and life,
By reason and even by faith
Let us control it, I entreat you.

3rd POINT Rules for speaking well.

- Death and life are in the tongue.
- 22. The tongue speaks from the heart, For the heart is its image; The tongue's bliss or distress Springs from the heart's plenty;

The tongue speaks from the heart.

If the heart is truly holy, The tongue is innocent; But if the heart is wicked The tongue is very evil.

23. How we need prudence
To speak like a saint!
How we need vigilance
To speak prudently!
We speak so easily,
Our tongue is bold,
With one word spoken rashly
We can start a fire.

3 We must speak prudently.

24. What evil the tongue commits!
What vain lapses!
What useless plans!
What stupid blows!
Do you want to avoid
A thousand frivolous words?
Be very prompt to listen
But very slow to speak.

4 We must speak rarely.

25. Do you wish to excel
In this necessary skill?
Be sparing of your words
And generous in your silences.
Let your words be weighed
And passed through the strainer,
Then afterwards, speak the truth
Without lying or sinning.

5 After having weighed and meditated on our words

26. Speak to edify
Your neighbor, your brother,
Speak to glorify
The Lord your Father;
Seek God in your speech
And you will hurt no one,
Then speak and preach everyday,
Your speech will be virtuous.

6 Truly, without lying.

> 8 Charitably.

For a good

purpose.

27. To be annoying in speech, To answer without understanding, To interrupt someone And speak out of turn,

9 Wisely, avoiding several faults.

Or to comment on everything Are signs of foolishness, Or at least they are great faults Against the virtue of modesty.

28. Don't shout when you speak,
Speak in a low voice
Without bursts of laughter,
Without smirking or scowling,
Without affectation or vanity
Without showing off,
Graciously, with humility,
Without sounding bossy.

10 Modestly.

> 11 Humbly

29. Speak truthfully,
Without any hypocrisy,
Without wounding charity,
Without any flattery;
Speak without human respect,
But without being annoying,
Pay full attention to your neighbor
But without affectation.

12 In a holy manner, without human respect.

30. All that glitters is not gold.
Speak prudently,
Preserve your treasure
In profound silence.
Unless required to,
Or ordered by obedience,
Refrain from being an advisor,
[So easily] stuffed with conceit.

13 Modestly.

31. Try not to speak
When one should be silent.
Such as in bed or at table
Unless it is necessary;
But above all, say nothing
Unnecessary in church,
There, maintain Christian silence
And submissive faith.

14
Rarely speak in bed or at meals.
Never in church without necessity.

32. Whoever chatters in this holy place Is quite irreverent And commits a cruel offense Against God.

He inflicts on Him a blow For each vain thing he says, And God always avenges with anger Those who cause Him this sorrow.

TO FALSE DEVOTEES

- 33. Great devotees but poor saints
 Who prattle constantly
 I pity you before God,
 Charity impels me;
 What blind piety!
 What stupid chatter!
 Do you not piously damn yourselves
 By your pious blather?
- 34. Not choosing the better part
 Of a true, weeping devotee,
 To speak of everybody,
 To constantly chatter,
 To look all around,
 To be part of all the gossip
 To inquire about the latest news,
 O lost devotee!
- 35. Farewell to her devotion,
 For her mouth is always open.
 Farewell to her piety,
 Oh! the terrible privation.
 Farewell to her communion
 And her inner ardor
 Farewell heaven and perfection,
 She is damning her soul.
- 36. The Lord will judge you,
 O devout busybodies,
 His justice will punish
 Your idle words.
 Prattlers of this age
 If you are not damned,
 Oh! you will suffer torments
 For many, many years!
- 37. Oh! what a craving To speak without end!

Is that not the venom Impure women sip?
The wicked love to talk
And can not be silent.
To speak ill, to scold, to gossip,
This is her only business.

- 38. Devout people, even if you perform All sorts of great miracles And even utter
 All sorts of great oracles,
 If you gossip all the time
 Without any restraint,
 You lose grace every day
 And you will be lost.
- 39. What badly digested words!
 What useless talk!
 What hysterical laughter,
 And over such trivia!
 After that, call yourselves
 Saints, devout people;
 Be known as saints among fools,
 To me, you are fanatical.
- 40. This young woman speaks well, She is holy and learned, There is a charming graciousness In her conversations.
 As for me, I would not consider A pagoda holy; The up-to-date devout person Is nothing but a baited hook.
- 41. She talks day and night
 She is a flood of words.
 Alas! her heart is seduced,
 She is a foolish virgin.
 She is a barrel, hollow and empty,
 That echoes and re-echoes.
 False devotee, will you open your eyes?
 I'm talking to you.
- 42. She has read all the books, This woman is smart,

She has her admirers.
Oh! the insolent woman!
She cites Augustine,
Jerome, Hilary,
Oh! what evil! Oh! what subtle toxin,
Alas, all too common!

- 43. I shall tell you the truth,
 Annoying devotees,
 The world and its vanities
 Make you too common,
 You would be of some value
 Without a tongue and a head,
 For they both heap you with scorn.
 I have said enough, I must end.
- 44. Ah! leave vanity aside;
 Leave this infamous world,
 Seek the truth
 Within your soul.
 On the outside speak very little
 But on the inside a great deal.
 That is how one acquires
 Great sanctity in God.
- 45. Ah! Lord, help me!
 My tongue is against me,
 Deign to stop its course
 With a strong barrier,
 Purify at this time
 My sinful lips
 With the fire and burning coal
 Of the faithful prophets.
- 46. Lord, speak to my heart,
 For it savors you alone;
 Since all are liars
 The heart listens only to you.
 Speak, from now on I wish
 To be silent to creatures
 I hardly ever speak to them
 Without suffering their insults.
- 47. I want to speak to you alone, To be a wise man,

Prayer.

Although the world and its fools Treat me as a bumpkin; My tongue no longer speaks, It is time to be silent Unless it is to honor Jesus And his holy Mother.

- 48. Eyes, no longer see
 So much trivia;
 Ears, be tightly closed
 To all the latest news.
 Blind, deaf and mute
 To this passing world,
 Let us become perfect
 And men full of grace.
- 49. Silence then, to my eyes
 Silence to my ears,
 Be still, my tongue, everywhere
 In order to speak marvels.
 Speak, my heart, to the Lord,
 From the depths of retreat,
 No longer be heard by sinners
 And your voice is now perfect.

GOD ALONE

24 PRACTICE OF THE PRESENCE OF GOD

Do we want to be happy, preserve our innocence,
 Even pass through fire without being burned?
 By essence and power
 God is present everywhere!
 Let us then live in the presence
 Of God.

Definition of the presence of God.

1st POINT Excellence of this practice. This is God's great secret, inviting us
 To become holy, seeing Him everywhere,
 Receiving more merit
 Than one gains in heaven.
 Let us then live in the presence
 Of God.

Motives

1st Motive It is more meritorious than the vision of God in heaven.

3. God sees me here; this thought alone Prevents me from sinning, keeps me at duty,

2nd Motive It makes us avoid

My soul is restored, Oh! how powerful this thought! Let us then live in the presence Of God.

A soldier fighting in the presence of his captain
 Fights valiantly, doubles his strength, Victory is assured,
 Never is he conquered.
 Let us then live in the presence

Of God.

 $3^{\rm rd}$ Motive Gives us victory.

A loving child fulfilling his father's wishes
 In all things and with joyful heart,
 Can never displease him,
 He has his eyes on his father.
 Let us then live in the presence
 Of God.

4th Motive Characteristic of good children of God.

Are you distressed, do you feel weak?
 Think of God's presence, in Him you will find
 Buttress and brace,
 Joy, exhilaration.

5th Motive It brings joy.

Let us then live in the presence Of God.

7. This holy presence is the soul's sunlight,

This holy presence is the soul's sunlight.
 Destroying its sins, making thieves flee,
 Enlightening, enkindling,
 With gentle fervor.
 Let us then live in the presence
 Of God.

6th
It is the sun of the soul, enlightening it and curing it.

 Forgetting our God, we fall into sin, From sin to sin, even to godlessness, Even to the bottom of hell For all eternity.
 Let us then live in the presence Of God. 7th Motive Forgetting the presence of God is the cause of all sins.

9. Forgetting the Lord has devastated the earth, So full of fools. How relentless is evil!
Almost everyone wages war
Against their judge and in his presence.
Let us then live in the presence
Of God.

8th Motive Forgetting God is the reason for an infinite number of fools.

10. Abraham heard God Himself tell him: Walk in my presence and you will be perfect.
It was to instruct us God told him this secret.
Let us then live in the presence Of God.

9th Motive It is a secret God gives to us to be perfect.

The presence of God is eternal life,
 The glory and support of the angels;
 They find in it everything
 Needed for happiness.
 Let us then live in the presence
 Of God.

10th Motive It is the nourishment of angels.

 Saints made it their constant concern, Seeing God alone everywhere, always: All their fulfillment was found In pleasing Him. Let us then live in the presence Of God. 11th Motive The example of saints and prophets.

- 13. Prophet and saint proclaimed at all times: Long live God who sees and sustains me! In life or in death, With Him nothing I fear. Let us then live in the presence Of God.
- 14. The presence of God strengthened their souls, Filled them with joy in their labors,

Even when engulfed in flames, And during their greatest trials. Let us then live in the presence Of God.

12th Motive The example of martyrs.

15. We live in God's presence in so many ways, Nearby, in heaven, outside, in one's heart, And according to the light Given us by the Lord. Let us then live in the presence Of God.

2nd POINT Different ways God is present.

16. We can consider the person of Jesus Christ And picture Him visibly. This is a good practice When done with simplicity. Let us then live in the presence Of God.

1st Practice
Or the manner of
the presence of
God: picturing
Jesus Christ
present.

 We can see Him on heaven's throne, With his eternal gaze fixed upon us, Seeing our victory, Counting our sins.
 Let us then live in the presence Of God.

2nd Practice See Him in heaven.

18. We can consider Him as a powerful refuge Where sinners risk no danger, Or as a just judge, Ready to judge us. Let us then live in the presence Of God. 3rd Practice To picture Him as judge.

 Outside of this presence, we are outside our center;
 Take a fish out of water, its only home

4th Practice As one's center.

Take a fish out of water, its only home, And the fish will certainly die Unless returned to the water. Let us then live in the presence Of God.

20. A sublime practice: We picture ourselves in God,

And plugged into the ocean of holiness in Hi

And plunged into the ocean of holiness, Into the bottomless abyss

5th Practice To picture oneself in His immensity. Of His immensity. Let us then live in the presence Of God.

- 21. You can see this supreme monarch everywhere, Higher is he than heaven, deeper than hell, For He goes even beyond This whole vast universe.
 Let us then live in the presence Of God.
- 22. We can consider God in each earthly creature: By one He feeds us, through another instructs us, In one He affirms us, In another He leads us. Let us then live in the presence Of God.
- 23. God resides in us more than anywhere else,
 So in our hearts we must seek Him,
 It is there He reveals Himself,
 In all glorious splendor.
 Let us then live in the presence
 Of God.
- 24. God has chosen our hearts for His throne and domain, Luring us there night and day, bidding us taste His sovereign beauty And His divine love. Let us then live in the presence Of God.

TO SINNERS

- 25. O sinner, God hears you; sinner, God sees you; He observes your actions, He counts every step, And you really don't care, You don't even think of Him. Let us then live in the presence Of God.
- 26. You can avoid neither his eyes nor his anger, Judge and witness is He of all your sins, Even the words you say, Yet you are tranquil!

Let us then live in the presence Of God.

27. You fool, when you speak, you astound me;You say: No one saw me, there's nothing here.You consider God nobody!He sees you, He saw you.Let us then live in the presenceOf God.

- 28. In this hidden nook, in that dark room, Or hiding in a dismal desert, The King of glory, the Judge, Has seen all your sins. Let us then live in the presence Of God.
- 29. Sinner, when about to fall, recall The presence of God; you will be very strong, Chanting full victory Over hell and death. Let us then live in the presence Of God.
- 30. Christian, if you desire true holiness, Have God always present in mind, O awesome secret, Gift of the Spirit! Let us then live in the presence Of God.

PRAYER

- 31. Lord, do you seek among menSomeone wise in your sight, who walks in your presence?Imbeciles that we are,We all forget you.Let us then live in the presenceOf God.
- 32. To your eyes, Mighty God, nothing's invisible, Since you fill both heaven and earth, It is then impossibleTo hide from your sight.Let us then live in the presence

Of God.

- 33. I adore you here, O Father of my fathers, O almighty Lord, before whom all things are nothing, O Father of lights, From whom all good proceeds. Let us then live in the presence Of God.
- 34. Your divine Providence feeds me, You probe my mind and test my heart, Nothing ever escapes Your knowledge, Lord. Let us then live in the presence Of God.
- 35. To all, you give being, movement and life, Your immensity holds everything, everywhere, And the earth is full Of your majesty.
 Let us then live in the presence Of God.
- 36. Can someone offend you, even in your presence, Sin and disobey you before your eyes?
 O cruel arrogance!
 I would prefer death.
 Let us then live in the presence
 Of God.
- 37. Lord, engrave in me your divine face,So I may calmly possess your presence everywhere,With nothing ever effacing you,No, not even death.Let us then live in the presenceOf God.
- 38. Enter into your heart, my soul, leave the trifles; All exterior goods, in your eyes, belong to others. God calls to you in your heart, All your good is in Him. Let us then live in the presence Of God.
- 39. Let us all calmly enter our hearts

PLEASING FRAGRANCE OF MODESTY

To meet God present there more than anywhere else. To preserve our innocence, Or soon to regain it.

Let us all live in the presence

Of God.

GOD ALONE

25 PLEASING FRAGRANCE OF MODESTY

Gaze at this face and these eyes
 So gentle, docile and joyful,
 Behold the virtue of Modesty;
 Behold the traits of the overflow
 Of virtues that fill the soul
 And its inner glory.

Essence of the virtue of modesty.

1st POINT Its excellence

Modesty is the adornment
 And the most noble attire
 Of truly sublime virtues;
 It is the virtue of the perfect,
 Those untroubled and sinless,
 Those filled with mildness and peace.

Motives
1st Motive
It is the ornament
of virtues.

 $2^{\rm nd}$ Motive The virtue of the perfect.

It is the Holy Spirit's fruit,
 As the great apostle writes:
 "The Holy Spirit in a soul,
 Makes His gentle flame's glow
 Gush forth onto the body,
 From the inner, they light up the outer."

3rd Motive The fruit of the Holy Spirit.

Be modest with everyone,
 For the Lord is nearby;
 He knows all things by His light,
 Nothing is hidden from Him.
 He is watching you right now,
 So be modest and sinless.

4th Motive The presence of God calls us to modesty.

PLEASING FRAGRANCE OF MODESTY

5. Admire the modesty
And gentleness of Our Lord;
It is His shining weapon
Which ravishes on sight;
It is his eloquent mouth
Which convinces by its silence.

5th Motive The example of Jesus Christ.

6. He had this sacred brilliance To such a sublime degree, His modesty was so striking That Saint Paul regularly Preached and implored with modesty And so persuaded mightily.

6th Motive St. Paul prayed through the modesty of Jesus Christ.

7. Even the Lord's fuming slayers
Veiled His face and eyes,
Fearing the appeal of His charms,
Fearing His wise and meek air
Would make them stop the torture
In spite of their rage and anger.

7th Motive His executioners covered His modesty.

8. They say that Heaven's Queen, While she was here on earth, Was so wise and modest, Anyone who gazed on her Felt the celestial flame Burning within her heart.

8th Motive The example of the Blessed Virgin.

Great Saint Denis affirms
 His soul was so ravished
 When contemplating her,
 Had he not known the truth,
 He would have thought
 She was some great divinity.

9th Motive Proof from Denis the Areopagite.

 By this virtue, saints have Disarmed all, conquered all Without any violence, Trouble, yelling or shouting; Their modesty and silence Gently ravished hearts.

10th Motive The example of the saints.

Since modesty everywhere
 Is so lofty and rich in God,
 It puts in the heart, the sage says,

11th Motive It is a rich virtue before God.

Fear and love of the Lord, Glory, life, plus the promise And pledge of happiness.

12. The modest man is a winner,
His modesty, a fragrance
Speaking more loudly than his mouth.
Oh! how eloquent the preacher
Speaking in silence yet touching
The eye and heart of his hearers!

12th Motive It wins every victory.

13. Look at great Saint Francis
Preaching at full volume
Yet only making an appearance.
Just seeing him, people are ravished,
He becomes the saintly master
Of all hearts, without making a sound.

13th Motive Example of Saint Francis.

14. Without modesty how vain our work
To sanctify our neighbor,
Which as most people know,
Happens more through eyes than ears.
Modesty is so necessary
To raise hearts to heaven.

14th Motive Without it, we do not help our neighbor.

15. Often, far from curing evil,
We cause horrible scandal
Through lack of modesty,
Though we preach holiness;
If the appearance does not edify
How much time is wasted.

15th Motive Without it we scandalize our neighbor.

16. It is a brightness teaching us,
The rind protecting the fruit,
The beautiful glow confirming
The soul is truly healthy.
It is the hand of the clock
Telling us it's working.

16th Motive
It is as necessary
as peel is to fruit,
as bark is to a
tree.

17. Without modesty we are unhinged, Our poor heart is assaulted By innumerable trifles.

Modesty is sanctity's bastion Where all faithful souls Preserve their purity.

17th Motive It is the mark of virtue

18th Motive It is a rampart and a guardian of the heart.

18. It is the sign of the chosen,
The elect's brilliance arrayed
By the inspiring Spirit;
Often, the carefree reprobate
Has immodest, sinful ways
Etched on his brow and in his eyes.

19th Motive It is the sign of the chosen.

19. But what are Modesty's traits?
I will tell you, listen well:
This supernatural virtue
Seeks only to please the Lord,
For natural wisdom
Has no value before God.

2nd POINT Qualities of modesty.

1st Supernatural

20. Either in manner or posture,
In look or in speech,
It is always edifying
And without affectation,
It is gentle, it is pleasing
Without any dilution.

2nd
Edifying without affectation or hypocrisy.

21. Everywhere, a godly man
Is modest, even when alone,
For God sees him there;
He flees useless pastimes,
He is unruffled and restrained
Everywhere, at all times.

3rd Continual, even in secret.

22. The sage seems so serene,
Always unflappable
In his gait, gestures, speech,
In his body, behavior;
Nothing appears childish,
Not even his smile.

4th Universal in everything.

23. Chosen soul, we must heed
The advice given to us
By great and holy people,
If we are not learned
Let us try to be wise
By observing the following:

3rd POINT Practices of modesty.

24. Acquire a gentle and joyful air, Never haughty or disdainful;

1st Modesty of the head and face.

Do not hold your head high With pride or arrogance, Hold it straight, a bit lowered But not turned aside.

25. Be modest when you blow your nose, Even when you cough or spit; Whistling is undignified, Laugh little, never bursting out, Your brow you must not wrinkle And try not to scratch.

2nd
Of the mouth and other senses.

26. Do not be too serious, Be somber, also full of joy And have a certain polished air, No harshness nor vanity, No affectation nor smirking, Full of gentleness and kindness.

3rd Of one's general appearance.

27. Don't fidget like fools
Constantly in motion,
Let your hands be well arranged,
But never at your sides,
Rarely stretch out your hands
Unless the necessity is urgent.

4th Modesty in one's posture, hands and feet

- 28. Stand up straight ordinarily,
 Without slouching indecently,
 Never should you cross your legs
 As the proud people do,
 But keep them gently posed,
 Not stretched out lazily.
- 29. Do not speak too much nor too little For both displease God.
 Never interrupt anyone;
 Listen before responding,
 Speak in a kindly manner,
 But before speaking, reflect.

 $5^{\rm th}$ Modesty in words.

30. Do not speak in too low a voice
But at the same time, do not shout;
Do not take a pedantic tone,
Imperious and contemptuous,
Do not use a rustic tone,

6th
In the tone of voice.

Nor saccharine or languishing.

31. Leave aside amusement,
Laughter and buffoonery,
Silliness and bagatelles
Which sully the ear and the heart
And all sorts of novelties
Spoken by the deceiving world.

7th Leaving aside trifles and worldly news.

32. In order to be a perfect person,
Be deaf, blind and mute
To a thousand little witticisms
Made for children and for fools;
Treat these games with contempt
And disgust, as wise people do.

8th One has to be blind, deaf and mute.

33. Speak simply
Without affectation or vanity;
Be modest in giving advice,
Do not give it sternly;
Give in to those who argue,
To overcome more nobly.

9th Modesty in words, advice and arguments

34. Be modest in your clothes,
Let them not be too costly;
Do without lace and cloths
Shiny and luxurious,
The fancy airs and new styles
Seen in the outfits of the worldly.

10th Modesty in clothing.

35. Walk without rushing,
Unless avoiding
A menacing danger;
Walk without affectation,
Sloth and daintiness
And without emotion.

11th Modesty in walking.

36. Everywhere preach humility,
Wisdom and holiness;
When you walk through the towns,
Avoid laughter and childish games,
The many useless amusements
And the thousand cheeky things.

 $\begin{array}{c} 12^{\rm th} \\ \text{Modesty in town.} \end{array}$

37. Wisdom and cleanliness
Are two sisters of holiness
Which always go together;
Flee then disorder,
For it tarnishes modesty,
But avoid pompous cleanliness.

13th Modesty and cleanliness.

38. Be modest at meals,
Eat what is set before you,
Without complaining or grumbling
And without rushing.
Observe good posture
And speak rarely at table.

 $\begin{array}{c} 14^{th} \\ \text{Modesty at meals.} \end{array}$

39. Be filled with piety,
Respect, devotion
And modesty in church;
With a serene and gentle expression,
Head bent submissively,
Try to pray on your knees.

15th Modesty in church.

40. Before the Blessed Sacrament
Bow profoundly,
Without saying a word,
Unless it is necessary,
Without doing anything childish
Before the God of majesty.

GOD ALONE

26 OBLIGATIONS OF GRATITUDE

I sing and sing again
 Always and everywhere,
 Regardless of anyone,
 The charities of my God.
 He is here, listening to me; sing louder, my tongue.
 Chosen soul, sing with me,
 Let us sing, and renew our faith,
 It is love that moves us.

2. Leave aside, I beg you,
All ungrateful sinners,
Flee their company,
They are but fattened swine,
Gulping down our master's riches
And do so with a hardened heart,
Without giving Him any thanks.

Exhortation to gratitude.

3. What gratitude
To offer the Lord?
Everything is in His power,
Everything is for His grandeur;
Though man has nothing, the Lord seeks
an offering:
Man must recognize His gifts
And always bless Him for them.

That is all He asks.

1st POINT

1st Motive Gratitude is the great sacrifice that God asks for His Glory.

- He knows our weakness,
 Our inability,
 Our pettiness
 Our poverty;
 He wants as gifts nothing extraordinary,
 He wants us to bless Him for them.
 And to acknowledge them:
 That is what we can do.
- In justice, man owes
 His generous God
 The perfect sacrifice
 Of a grateful heart:
 Offer to Him in sacrifice the purest praise,
 Fulfill one's vows to the Most High,
 Adore God as we should
 And as the angels do.

2nd Motive It is owed to God by justice.

Jesus was faithful
 In fulfilling this duty,
 He is the best model
 We could ever have;
 Night and day He gave thanks to God His Father
 By the oracles He spoke,
 By the miracles He worked;

2nd POINT The examples of Jesus Christ and the saints.

1st Motive The example of Jesus Christ.

They were His prayer.

And His immense power.

7. The more a soul is favored,
The more it must make return.
We see that in Mary
Brimming over with love;
Night and day she was filled with gratitude.
She blessed her Lord,
Proclaimed His kindness

2nd Motive The example of the Blessed Virgin.

8. The faithful Virgin
Encouraged everyone
To praise with her
Their common benefactor:
Deo gratias was her ordinary greeting;
Many saints, following her example,
Often said: Deo gratias.
O most salutary word!

3rd Motive The example of the saints.

The Church militant
 With the Church triumphant,
 The Blessed in heaven,
 Sings in joyful tones:
 Thanks to our God whom we adore and
 bless,
 Praise to our Creator,
 Praise to our Redeemer.
 Oh! holy practice!

4th Motive
The example of
the Church
militant and
triumphant.

10. Both grace and nature
Inspire this return,
Everything mutters
If it does not happen.
The river runs to the sea as if it were its parent,
The flowers turn to the sun,
As the author of their being,

As their own father.

5th Motive The example of creatures without reason.

11. Everything returns to the earth
That produced it,
Even the thunder
Returns with a loud bang
Teaching mortals to receive and give back,

To give back to God, as their end, The gifts received from His hand, Not keeping or taking anything.

- 12. Everything here below leads us To this heartfelt return. All land provides Fruit for the laborer; To the one manuring it, it says silently: "For your manure and for your toil I give you new fruit; It is my thanks."
- 13. Animals are wise, They are grateful, Even the wildest And the most voracious: How well they remember favors. We see this loyalty in dogs And even in lions and bears, As we read in history.

6th Motive Example of the animals.

7th Motive

- 14. To love and give thanks Are proper to all mortals; Gratitude is Perhaps nothing in the world natural for man. Is as natural. Our hearts are touched by another's kindness, But for the kindness of the Lord We have neither tongue nor heart. O horrendous ingratitude!
- 15. We recognize gratitude In the humble of heart, But ingratitude In the pride of the sinner; A grateful heart avoids all the wrongs And misfortunes of thankless people, It wins victory in its combats, And obtains sublime gifts.
- 16. The ungrateful person wastes his efforts And the Lord's favors. He dries up the fountain Of the Savior's graces;

3rd POINT It helps to avoid the sins of ingratitude and the faults of ungrateful people.

1st Motive The ungrateful are proud.

2nd Motive They waste their efforts and the goods they received.

God withdraws from him His grace and justice
And he falls into blindness
And then into obstinacy
And then into the abyss.

17. A good heart, on the contrary,
Always grateful,
Obliges God to give him
Some new gift. Since he returns
What he gets, God always gifts him;
He loses nothing of what he has received
He advances from virtue to virtue
Even to the crown.

3rd Motive
They dry up the
fountain of grace.
4th Motive
They fall into
blindness and
obstinacy.

5th Motive Gratitude is the opposite.

18. Sinners resembling
The ill-fated Judas,
Despite their innumerable gifts,
Are always ungrateful.
But chosen souls are full of gratitude,
They do what they will do in heaven,
They imitate the blessed
In their beatitude.

6th Motive The chosen are grateful but the doomed are not.

There is no small grace,
God's gifts are great,
The wise man profits
From the least talent.
We must not use our gifts of grace and
nature
To offend His Majesty,
That would be blasphemous,
A cruel insult.

7th Motive The wise profit from the least goods.

20. Give praise and glory
To God for His favors,
Remember them,
Reflecting on them peacefully.
Let us glorify everywhere His paternal
goodness
Not with pride and vanity
But with the simplicity
Of His faithful children.

4th POINT Acts of gratitude.

- 1. Offer to God the glory of His gifts.
- 2. Keep them in mind.
- 3. Humbly proclaim them for the glory of God.

- 21. What shall I render, holy angels, What shall I render to the Lord? I have no praise Worthy of His greatness. Oh! Would that I had your purest flames 5. Call the angels, To render Him a worthy return, To praise Him night and day In the name of all creatures!
 - 4. Use them to practice virtue.
 - man and other creatures to thank God for us and for all.
- 22. Praise God, all my faculties, Bless God, my heart, A thousand thanks To our Creator. Oh Christians, bless with me His tenderness, It is He who made us Christians, It is He who fills us with good things. So let us praise Him constantly.
- 23. How many unfaithful men, How many wretched ungrateful people How many rebellious sinners Are found everywhere! Oh! we receive from God all the goods of this world But without praising our benefactor, Without regard for the giver, Like a vile beast.
- 6. Lament over those ungrateful to God.

24. Let us praise God, I beg you, Both for ourselves and for all people, Though Jesus and Mary Let us calm His anger And sincerely say: Deo gratias, As many times as drops of water in the sea As atoms in the air As grains of sand.

27 THANKSGIVING FOR GOD'S GIFTS

God of goodness, having nothing
 To offer your majesty,
 Humbly, I would like to intone:
 Deo gratias,
 Deo gratias, Deo gratias, Deo gratias.

Avowal of the incapacity to thank God.

- For the excess of your great love
 I possess no worthy return
 So I want to chant forever:
 Deo gratias,
 Deo gratias, Deo gratias. Deo gratias.
- Great God, you made me from nothing, I received everything from you. You alone are my sole support. Deo gratias,

l Blessings, creation.

 I am your image, O great King, And with lively faith I believe You have imprinted it in me. Deo gratias,

2 Man is the image of God.

 Your love, O eternal Father Surrendered Your Immortal Son To give His life for criminals. Deo gratias,

3 The Eternal Father has given His Son for us.

 O Jesus, you have ransomed me And freed me from captivity By bearing my iniquity. Deo gratias,

Jesus Christ has redeemed us.

7. If you had not willed to save me If you had not washed me clean I would be forever condemned. Deo gratias,

5 Jesus Christ has saved us and washed us in His blood.

THANKSGIVING FOR GOD'S GIFTS

8. You lived in such cruel poverty, 6 Jesus lived in And died a contemptible death, poverty and died You did it all for me alone. a horrible death, Deo gratias, for us. It was for me, divine Spirit, 9. That you have fashioned Jesus Christ The love of the At the words of Mary's consent. Holy Spirit has formed Jesus Deo gratias, Christ for us. 10. You anointed me with mildness, And adorned me with all splendor, The Holy Spirit You have filled me with your favors. has been given for Deo gratias, us. 11. You alone had me baptized, 9 And then and there had me espouse you, Baptism And later had me catechized. The covenant with Deo gratias, God. Why, Lord, am I not a pagan? 11 Why did you make me Christian? Catechism. I have not deserved this favor. 12 Chosen to be a Deo gratias, Christian. 13. The flood of my iniquity Has not limited your goodness Forgiveness after Or put limits on your bounty. sinning. Deo gratias, 14. You have often prevented me 14 From plunging deeply into sin Preservation from In spite of my inclination. sin. Deo gratias, 15. Fallen down, you lifted me up, When falling, you kept me up, 15 The graces And about to fall, held me back. received from God so that we may Deo gratias, avoid sin. My talents of mind and body, 16

Interior and

exterior graces.

Both inner and exterior

Deo gratias,

Are all your gifts, all your treasures.

ABANDONMENT TO PROVIDENCE

17. I received strong inspirations,
Many holy, urgent graces,
All your gifts and all your presents.
Deo gratias,

17 Inspirations for virtue.

 From you, O My Lord, comes my health, All my wealth and prosperity, All my wonderful happiness.
 Deo gratias, 18 Health and prosperity.

19. If I have been educated,If I follow my vocation,It is all through your protection.Deo gratias,

19 Education and vocation.

Whatever other gift I have,
 If I have vanquished the devil,
 It is by virtue of your name.
 Deo gratias,

The grace of the Cross. 21 Victory over the world and the demon

20

21. What is this great joy and sweetness Savored at times within my heart? It is the effect of your grace. Deo gratias,

22 Sweetness and interior joys.

22. What can I offer for these gifts, For many other hidden ones, Except to chant forever: Deo gratias, Deo gratias, Deo gratias, Deo gratias.

GOD ALONE

28 ABANDONMENT TO PROVIDENCE

Let us admire Providence
 Guiding all things to their goal.
 This supreme prudence
 And sovereign order,
 Knows, rules and arranges

Essence and Definition of Providence Everything, even the least, Strongly and gently, Without any confusion.

- 2. The entire universe proclaims her, At all times and everywhere The entire earth is filled With her marvelous order The seasons, one after the other, The skies, rolling on forever All beings, influencing one another And lending each other aid.
- 3. The worm of conscience affirms it,
 As does punishment for sin
 We believed well hidden
 And unknown to anyone;
 Finally, every creature
 Tells us, although silently.
 God leads me, God sustains me,
 God always within me.
- 4. This wisdom, extended
 From one end to the other,
 In the blink of an eye, in a flash,
 Knows and orders all.
 She disposes and arranges
 In such beautiful array,
 From the greatest archangel
 To the tiniest worm.
- 5. She watches over everything Yet fools are unaware; Without it, the smallest leaf Can not fall to earth. She controls the thunder, The wind and the clouds, The dust of the earth And the gales on the seas.

1st POINT Truth of Providence

1st Proof. Order of the universe. 2nd Proof Succession of the seasons. 3rd Proof Movements in the heavens.

4th Proof
Testimony of
conscience.
5th Proof.
Punishment even
of hidden sins.
6th Proof
All creatures for
God is present in
them.

2nd POINT
Its universal
extension from the
angels in heaven
to the least things
on earth.

3rd POINT The confidence we must have in Providence.

- 6. God knows our wretchedness And all of our needs, And since He is our Father, He takes great care of us all. He joins His immense power To His wonderful kindness, We must place our hope then In His supreme goodness.
- 7. Put complete hope
 In His paternal love;
 He wants us to expect from Him
 Even temporal goods:
 All the goods of nature
 Which we use every day,
 Clothing, nourishment
 And all other help.
- 8. Above all, try to understand
 This great secret of the Savior
 That He came to teach us
 (What a remarkable favor!):
 Hope in God so faithful,
 Rest at peace in the bosom
 Of His paternal love,
 With no worry for the morrow.
- 9. Avoid being anxious:
 Worrying like pagans
 Primarily concerned
 With loving and seeking earthly good.
 Not having faith to trust,
 They worry about the future;
 Tomorrow, what will we have to drink,
 To eat, what will we wear?
- 10. Please, do not be concerned
 For your body,
 Since your soul is worth far more
 Than your body and your wealth.
 I have filled your soul
 With my infinite treasures,
 How can I forget
 Its food or clothing?

1st Motive. God knows all our miseries.

> 2nd Motive. He is our good Father.

3rd Motive. His infinite power.

4th Motive. He wills that we expect everything from Him even temporal goods.

5th Motive. Abandonment to Providence is the secret Jesus came to teach us by

6th Motive. His words. Do not worry about tomorrow.

7th Motive. Pagans think about the tomorrow; do not imitate them.

8th Motive. God, caring for the soul, more noble, He also takes care of the body. 11. Consider, if you will,
The millions of birds
Lacking for their sustenance
Both reserves and granary.
Your charitable Father
Makes sure they lack nothing;
And you, worth so much more,
Would lack what you need?

9th Motive. Example of the

12. What! You think you can on your own, Grow in good and in virtue
You, who can not add
A hairsbreadth to your height?
I do everything with no one noticing,
Your efforts are too human,
All depends on my power,
I hold all things in my hands.

10th Motive. Our incapacity to do the least thing.

13. Consider the splendor
Of the flowers, the lilies of the field,
Solomon in all his glory
Was not arrayed as one of these.
If the fields are so clothed
Without working or spinning,
You who are worth so much more,
Must I not also clothe?

11th Motive. Example of the lilies of the field.

14. Do you desire abundance,
The increase of temporal good?
First, and before all else,
Seek eternal good,
The Lord and His justice,
His kingdom and His love;
Earn by this sacrifice
Your daily bread.

12th Motive. Means to be nourished by divine providence and to have all temporal goods.

15. Begin first by believing, Putting your trust in God, Seeking only His glory, Loving Him alone. Then He will see to your affairs And He Himself will give you All that is necessary And all that will please.

- 16. How many are miserable
 Because they think otherwise!
 How many wretched guilty
 Who are justly chastised!
 They think only of the earth
 But God curses all their work;
 Their sins attack Him,
 God engulfs them with woes.
- 13th Motive.
 Misery of those not trusting in providence as they should.
- 17. Follow the adorable example
 Of heartfelt abandonment,
 That the Savior gave us
 With His admirable Mother.
 Imitate the holy apostles,
 Those models of virtue,
 And the example of so many others
 Without goods or revenue.

14th Motive. Example of Jesus, Mary, the apostles and saints.

- 18. It is on holy Providence
 That the saints cast their cares
 And God by His almighty power
 Supplied all their needs.
 Living from day to day,
 Like courageous soldiers,
 They received their crowns
 At the end of their struggles.
- 19. They nursed at the breast
 Of this loving mother,
 The milk for faithful souls,
 And their daily bread;
 They easily obtained
 Their food and clothing
 And the sovereign sweetness
 Of perfect detachment.
- 20. Man is a fragile reed Which of itself bends over, Man is a clay vessel Which does not endure; Cursed are those who trust in man, The Holy Spirit tells us, But blessed those who depend On God alone through Jesus Christ!

15th Motive. Human support is useless and hurtful.

- 21. The trust you have placed
 In God, must be united
 With prudence,
 According to time and place.
 Although God fulfills a task
 And we do hardly anything,
 It is still necessary for us to work,
 And even most diligently.
- 4th POINT Qualities of trust in Providence
- 1. Prudent and hard-working.

22. In God our Father, Infinitely generous, We place our total trust For every good in general, For grace and light, Interiorly and exteriorly And for all that we need Both for soul and body.

2. Universal.

23. Be calm and at peace
When your plans are upset
For anxiety is most harmful,
God alone suffices.
Love only God who loves you
And never abandons you;
Cast yourself entirely on Him
Without anxiety or fuss.

3. Peaceful.

24. Humble yourself constantly
Under the hand of the Almighty,
Be thankful for His tenderness
And His compassionate heart.
Filled then with gratitude,
Peace and humility,
You will praise His Providence
In spirit and truth.

- 4. Humble.
- 5. Grateful.

25. So, my soul, let's be wise, Flee this deceiving world; It has only its own advantage And its own interest at heart. No one is concerned For the interests of God. Alas! we forget Him everywhere Or so seldom keep Him in mind.

Prayer and resolution.

- 26. Concern for land
 And cupidity
 Kindle wars everywhere
 And cause all iniquity.
 How fatal this vengeance!
 For it hardens the heart,
 It makes the soul dishonest,
 Plunging it into evil.
- 27. This diabolical concern,
 Widespread everywhere,
 Infects even clerics
 And often leaves them crushed.
 It hides within a thousand thorns
 By which hearts are flayed,
 And also the accursed roots
 Of the greatest sins.
- 28. Why is the liturgy and other tasks So shoddily fulfilled?
 Why so many benefices
 So poorly served?
 Alas! a mercenary
 Forced the lock by golden key,
 So he can live high
 And make a fortune for himself.
- 29. This church needs a roof,
 The altars are stripped,
 The walls are crumbling,
 The vestments are tattered,
 Everything so poor and filthy
 It makes the heart wince;
 Then look at the chambers
 Of the rector or the lord!
- 30. What ignorance and malice
 Among the poor peasants,
 What sins of injustice
 Among the small and the great.
 Good God! What diligence
 To seek temporal goods,
 While people show only lethargy
 For their eternal salvation!

- 31. How do these disorders begin?
 (Pastors, allow me to comment,
 Even though you didn't ask)
 Money leads you, pushes you
 Only for your own interest.
 Without such selfishness, you would be strong,
 But it now drags you everywhere
 And may well land you in hell's bottom.
- 32. Friends of God, without delay
 Let's plunge deeply into self-abandon,
 So you will not be entrapped
 By these snares of the devil;
 We must empty ourselves of malice
 To receive the Holy Spirit,
 The kingdom and the justice,
 Jesus Christ proclaimed.
- 33. We must rid ourselves of selfish interest, Then grace will surely follow; We must put aside all creatures, Then the Lord will come near; We must never seek our glory Or our own ambitious grandeur. We must seek but the glory And the victory of our God.
- 34. Flee the ordinary custom
 Of temporal revenue;
 The joy of full surrender
 Must be our only wealth,
 Let's despise the stupid nonsense
 Motivating all the fools,
 Let's renounce the illusions
 Which dupe so many hearts.
- 35. Never put your human hope
 In friends or in relatives,
 Never place your worldly hope
 In the powerful or famous.
 God alone, God alone and His grace
 And the work of salvation!
 No matter what they say or do,
 This must be our only aim.

- 36. Providence, I cast myself
 On your most loving breast.
 Let the world reject me,
 All the happier will I be;
 The more the world abandons me,
 The more I hope for blessings,
 And when I will have no one,
 You will be my sole support.
- 37. Deceiving creatures,
 Withdraw far from me;
 Your flattering promises
 Have ruled me for too long.
 The Lord is my good Father,
 Jesus is my dear Savior,
 Mary is my good Mother,
 Could I have greater joy?
- 38. The Lord is my only resource,
 My wealth, and my income;
 Spending His treasure,
 I am sustained,
 Like a bird on a branch
 Without thought of the morrow;
 Whether the economy is good or bad
 I have daily bread.
- 39. I have everything in abundance And more than a king.
 The world is in my power Since its Master is within me.
 Rich people will protest,
 They must be my landholders
 So I can take what I need
 From their heap of coins.
- 40. Clerics and lay people,
 You despise my way of life,
 And I detest your practices
 Leading you to death.
 Oh! if you could understand
 All my joy and all your woe,
 On the spot you would free your hearts
 From all of your possessions.

- 41. O secret of Providence,
 O holy abandonment to God!
 You are considered imprudent,
 And are so little known.
 Ah! for many years
 I wander the earth seeking
 Souls fully abandoned
 And I find almost none.
- 42. Priests, we must follow
 A poor crucified God,
 Since He invites us;
 We must listen to his voice
 And think only of His interest.
 Let us march under his banner
 As the voluntary poor;
 Behold the better part.
- 43. My soul, lose yourself in God,
 Totally and for ever.
 Expect all your help from God alone
 Even though you will be censured;
 Do not be fond of the world;
 Fly then, free as a bird,
 In supreme peace,
 Poor even to the grave.
- 44. How we would perform marvels
 If we were detached from the world!
 We would then destroy sin
 Almost without work or vigils.
 We would then be apostles
 And remarkable men,
 Worthy to teach others
 And lead them to heaven.

GOD ALONE

CONTEMPT OF THE WORLD

29 CALAMITIES OF THE WORLD

1. Great God, come to our assistance, Arm yourself with your thunder; Everyday, far and wide, cruel war Is waged against us by the world. The world is our most hateful foe Because it is the most human.

1ST POINT

The evils of the world.

Prayer to God.

 Friends of God, courageous soldiers, Let us unite and take up arms, Never let us accept defeat; Let us combat the bewitching world. Since God Himself is with us, We will conquer. Let us all do battle.

Exhortation on the evils of the world.

3. We must arm ourselves with truth Against the friends of lies,
Through love we must convince them Their goods are only dreams;
We must arm ourselves with lively faith So that faith will be their law.

Arm oneself with the truth.

4. But to be truly victorious
And gain the advantage
Let's drive out from our minds and hearts
The world's childish, false ideas.
Let's vomit this cruel potion
Or else we fight in vain.

Empty oneself of errors and false ideas.

5. What is this deceiving world?
It is the global gathering
Of sinners waging war,
Atrocious and cruel, against the Lord;
Sometimes very openly
But more often secretly.

 1^{st} EVIL

It is evil in itself.

What is the world.

The Holy Spirit called the world
 The chair of pestilence itself,
 The broad road where souls perish

Without giving it a thought, The synagogue of Satan, And the kingdom of this tyrant.

- 7. The great church of the wicked,
 The infamous, great Babylon,
 Where the devils, as the lords,
 Are so cleverly enthroned,
 Where all good is opposed
 And all the sins are taught.
- 8. The world is Satan in disguise To make himself acceptable; It is his army and his minions Hailing him a mighty prince, Enlisting the whole universe To follow him to hell.
- 9. O God! How he enlists people
 In this crew so diabolical!
 Many simple people, far more the notable,
 The peasants, politicians,
 The half-devout, the learned,
 The libertines, the bons vivants.
- 10. Their novice master is the devil, Who inspires them and leads them; They offend God but in the devil's name, Although they think they hate him! He their prince and their king, Who, they don't know it, rules them.
- 11. The world fought against Jesus Christ While He lived on earth;
 The world is always the Antichrist And constantly wars against Him;
 The world always contradicts Him In what He does and says.
- 12. The world destroys or disguises His sentiments and maxims; Whatever God does, the world undoes In order to justify its crimes. It distorts His sacraments And His divine commands.

2nd EVIL It is the enemy of God and of His Son, Jesus Christ.

- 1. The world hates God.
- 2. It contradicts Him.
 - 3. It destroys what He had
- 4. It poisons or distorts.

- 13. All the servants of the Lord
 Are attacked by Satan's malice;
 He does them wrong and frightens them,
 He flatters them, he helps them,
 He gives them a thousand reasons
 So they may drink his venom.
- 5. It combats God's servants in several ways.

- 14. He makes their devotion
 The object of his ridicule,
 He calls it an illusion
 Or farfetched devotion;
 He condemns their good actions,
 He misinterprets their intentions.
- 15. To destroy their holiness
 He uses a thousand ruses;
 To win them over to his side
 He invents a thousand wrongs;
 Good God, how many he has uprooted
 Through all his evil snares!

16. He so cleverly covers up

Sin with virtue itself;

So sin can enter easily,

3rd EVIL
It is totally
penetrated with
malice and is the
enemy of the
truth.

- 1. It slyly destroys truth.
- 2. By inventing all sorts of injustice.
- 3. By covering sin with virtue.
- 4. By pretending to be a good friend by flattery.
- 17. The world is the great incendiary
 And the important tool of devils
 Who sanction far and wide
 The most detestable of crimes;
 Worldly people call others scrupulous
 If their actions are not like theirs.

He flatters them, asserts his love.

By his smiles, this great deceiver

Thrusts a dagger to the heart.

- 5. It is the great means by which the devil sows sin everywhere.
- Those who are not on his side, the devil calls scrupulous.
- 18. Among the famous the world sows pride, As well as effeminacy and arrogance; Among the peasants, it sows ignorance,
- 7. It sows sin everywhere and in everyone.

Drunkenness and scandal; It sows envy and division Even in religious orders.

- 19. It sows injustice in the palace, And scandals in public places, The filthiest impurities In beds and secret places; The insolence of libertines In the church and holy places.
- 20. It sows indolence and idleness
 As well as excess among ladies,
 Chitchat and vanity
 Among almost all women,
 Greed among the merchants
 And pride among the clever.
- 21. It sows swearing among soldiers, Blasphemy, and violence, Thousand disorders far and wide, Gambling, balls and impudence, All things are flooded with these sins, Even the wise are sullied.
- 22. What am I saying, alas! I say too little, Men and boys, girls and women, Almost all burned with the fire Of the world's infamous concupiscence. It spreads vanity high and low, And impurity almost everywhere.
- 23. Since the world is in decline, Being only sin and bias, It has never been so cunning Nor so imbued with malice. Whoever sins most secretly Is considered the most proper.
- 24. The wicked world is blind
 Yet believes itself wise,
 It has become hardened;
 Whoever corrects it, outrage...
 Alas! it neither sees nor hears,
 And this multiplies its evil.

4th EVIL

The world is blind.

1. Blind, but it thinks itself wise.

2. It rejects reprimands.

- 25. The world labels evil as good, The salvific as harmful, What is a nothing as happiness, And what is true as false. All these errors have blinded it, Its sins have put it in disorder.
- 3. It badly judges all things.

- 26. It does not comprehend the vanity
 Of the things this earth offers,
 It ignores the cruelty
 Of the tempter evil spirit.
 Since it sees only with its senses,
 The world misjudges present goods.
- 4. It does not see the great truths taught by the faith.
- 27. It fears its deceptive ghosts;
 If God threatens, it knows no fear.
 It is lawless, faithless, fearless
 Before this Holy Majesty;
 It does not fear His judgments
 Or His terrible chastisements.
- 5. It fears what it should not fear and does not fear what should be feared.
- 28. Its judgments are distorted:
 It believes fools are wise,
 And the wise are foolish,
 Bigoted and stupid people,
 Since it believes this so firmly
 The world makes rash decisions.
- 6. It is wrong in all its judgments.
- 29. This blind world is proud and tough, It wants no one to correct it, Although it is completely stupid, We waste our time correcting it! It is, as is written, Incapable of the Holy Spirit.
- 7. It is hardened.

- 30. Surprisingly, the world cannot Receive any light;
 It will remain until death
 Like the devil, its father,
 Ungodly, proud, scandalous,
 Blind, hardened, wretched.
- 8. It cannot receive the Holy Spirit.

31. Woe to the world, God has said, Because it causes scandal;

5th EVIL It is scandalous. 1. God has so said.

It forever vomits infernal rage On everyone, both far and near; The scandals shock all people, The wise as well as fools.

32. The trades and occupations,
Are filled with revolting snares
The world has decreed mandatory,
So to damn miserable souls!
Its scandals are so clever

Even saints have been deceived.

- 33. Beneath the snare there is a hook Which traps a soul unawares. With its wine, it mixes poison, Concocting concupiscence; The world can hide a mighty toxin Under a single flippant word.
- 34. It covers up impurity
 With quite clever pleasantries,
 Luxuria with frivolity,
 Candor or simplicity;
 Greed and pride of heart
 With a nice home and point of honor...
- 35. It draws the sinner's bow
 Against innocent souls,
 Stabbing their eyes and their hearts
 In a thousand different ways;
 The world creates evil snares
 For their eyes, their mouth and hands.
- 36. The world, so skillful at deceiving, Its bait so luscious and tender, We can barely escape it, We can barely be safe. Happy those who have fled To some far desert place.
- 37. It promises its followers
 Honors, pleasures, rotting goods
 Which are basically deceiving,
 And make people awfully wretched.

- 2. God has cursed it because of its scandals.
- 3. Its scandals are universal, found everywhere, in all jobs, in all sorts of persons.
- 4. Its scandals are sly and well camouflaged

- 5. They are natural.
- 6. They are cruel and almost insurmountable.

6th EVIL Its riches are vain and deceiving.

1st Their vanity.

- O vanity of vanities, The greatest of truths!
- 38. What is all the gold and silver
 That we call wealth?
 A bit of dirt changing hands;
 The surface looks beautiful,
 But only a bit of gilded dirt,
 A bit of metal, more highly polished.
- 39. Coins are nothing but a passing good, They always want to change masters; When no longer valid to exchange, Coins become the cruelest traitors, Kept over a long time, It is a poison in reserve.
- 40. Some cast-off skins of animals,
 A few mounds of mud and clay,
 Some wood cut into planks,
 Some white and yellowish dirt,
 These are the fools' great possessions
 Damning most of them to hell.
- 41. We lose our goods in many ways:
 A thief robs them or ruins them,
 Rust eats them away.
 How strangely they change!
 They last but a moment
 Then are forever lost.
- 42. Do you see this rich Cresus?
 His money makes him honored;
 He will soon lose all his coins
 And die just like a wretch.
 Will he take along his riches?
 Alas! a shroud; alas! Nothing else.
- 43. All these possessions have something Inexplicably pernicious;
 They hide within them deadly toxin Which sullies and stinks horribly.
 This is what our faith teaches us;
 The wise person understands.

- 1. They are really nothing but vanity.
- 2. They bring no peace to hearts.
- 3. They make people miserable.
- 4. The truth of gold and silver:

- Precious clothing, magnificent homes, gilded furniture.
 - 5. They are all transient and perishable.
 - 6. They are necessarily lost.
 - 2nd Their malice
- 1. The goods are really malicious.

- 44. These goods, passed from hand to hand, Have damned the ungodly and the greedy, They have contracted so much poison, Even the wise can hardly leave them. Possessions are called, truthfully, The gods of all iniquity.
- 2. Because of the malice they have contracted.
- 45. From the time we seek to acquire them, From that time on, we sin and are guilty, Since when someone seeks more riches He is entrapped in the devil's snare. Evil it is to desire riches, What greater evil to possess them!
- 3. They are the god of iniquity.

- 46. These goods are the pitch, the glue, Binding and then destroying souls, Their power to cast souls to hell Must be considered almost absolute. One can hardly touch them Without sticking to them and sinning.
- 4. One sins in wanting to possess riches since they are a snare of the devil.

- 47. The utmost difficulty,
 And the greatest one I know,
 Is to acquire sanctity
 While owning wealth without addiction;
 It takes a miraculous effort,
 What a marvelous prodigy.
- 5. One sins by being attached to them, which is very easy.

- 48. Do you have many possessions?
 Do you live comfortably, even lavishly?
 Then farewell to faith and charity,
 Farewell to penance and to hope;
 That is commonly the case,
 Although how it happens, I do not know.
- 6. They are an obstacle to holiness.

- 49. Today we see so many people Making wicked use of their possessions, Keeping property of another, Never making up for his loss. So many slick and clever thieves Yet all canonized by this world!
- 7. They almost always bring about the loss of faith, hope and charity.
 - 8. They damn people by the wicked use they make of these goods, even if they were honestly acquired.

- 50. I say nothing to the usurers, So rampant in the world, To pirates, to fat land holders, Who steal both on land and sea; They have so many stolen goods, They'll never profit from my words.
- 9. By the thievery they cause in several ways.

51. Even if justly possessed,
Riches are but stinging thorns,
Secretively pricking
Even most innocent souls.
What efforts to acquire them!
What trouble to preserve them!

- 3rd The evil of riches.
- 1. These goods sting.
- They are with difficulty acquired.
 They are preserved only with trouble.
- 52. Money is the divinity
 To which the world sacrifices
 Its time, its rest, its health,
 Even the goods of the life to come,
 With no concern for one's neighbor,
 Or even for its Sovereign Lord.
- 4. Everything is sacrificed to them.
- 53. Speak to the rich about increasing wealth, They'll run, risk all and swear; But never speak to them of God, They cannot even grasp the language! Their hearts belong to their gold, For gold is their treasure and their god.
- 5. Riches make people insensitive to God.
- 54. The more revenue a man has,
 The more the devils bewitch him;
 The more superfluous concerns,
 The more they annoy and abuse him.
 His wealth is his cruel tyrant,
 Even more cruel than Satan.
- 6. They are a kind of tyrant and witch during life.
- 55. When the rich lose their wealth, what sorrow!
 Their souls incredibly tormented;
 But when they're dying, O what fury!
 Their poor souls are torn to shreds;
 What despair! What struggles
 Stalk the pitiful rich at death!
 - 7. They bring unhappiness at death.
- 56. Oh! what terrible words God will speak

To those sinfully using this world's goods And in hell what punishment they'll know; What despair and what rage! After all this, damn yourselves Like fools with their false treasures!

8. They lead to eternal pains.

57. How great the vanity of wealth
Offered by this world,
Always avidly seeking more,
Without ever being happy.
But the world's pleasures are as false
And cause as much woe.

7th EVIL

He is unhappy

even in his

- as false pleasures.

 1. Pleasures are
- 58. The greatest pleasures are deceiving,
 They only seem to be pleasures,
 For they never satisfy the heart
 But make the heart crave pleasure even
 more.
 They make us feel, in the end,

Remorse, boredom, and dejection.

really vanity.

2. They do not

make the heart

- happy.

 3. They result in
- 59. The world has only carnal pleasures:
 Nothing but stinking garbage
 Making many people criminals,
 Rendering their souls ignoble;
 Such pleasures flatter the external senses
 And soil both the soul and body.
- bitterness in the end.

4. They are

carnal.

5. They are criminal.

50. Worldly sinners boldly dance,
Laughing, at the abyss' edge,
With the God of Judgment looking on;
He is armed with justice all divine.
Yet the worldly stomp on the crucifix,
Despising all God's holy laws.

They are injurious to God.

6. They draw the curse of God and His vengeance.

They are injurious to Jesus Christ.

61. To its own misfortune, the world invents
A thousand pleasures and a thousand
fads,
Like tobacco and scented powder.

7. They are sought after and invented by sensuality.

Like tobacco and scented powder, A thousand pleasing sophistications. Its sole concern it to protect itself From anything inconvenient.

- 62. The worldly spend their time thinking Only how to please the body;
 Drink and eat! laugh and dance!
 Seem to be their only business;
 While they fattens their bodies
 They plunge the soul deep into hell.
- 63. The world is always proud,
 Even when acting humbly,
 Flaunting before people's eyes
 Its candor and its skill.
 It is thrilled that people see
 Its talents, goods and power.
- 64. It covers and hides its flaws
 To show off all its glory;
 It puts down all its peers
 To increase its own importance.
 Its haunts are only for the great,
 It despises all the poor.
- 65. The worldly proud can be recognized, By their vain, bogus glory, By their bearing, clothes, allure, The manner they walk and talk, Exuding only grandeur, Pride, show, and hauteur.
- 66. Only most reluctantly
 Obedient and humble,
 They love to give orders,
 Believing they have wisdom,
 Assuming they are always first
 And even in humility.
- 67. But what is all this honor
 But reverie and whimsy,
 A puff of smoke, a mist,
 A wind, flimsy foam,
 A dazzling and pompous glow,
 Deceiving hearts and eyes.

- 8. Their desires are continual.
- 9. Riches are deadly for the soul.

8th EVIL With all its pride and honors, the world is unhappy.

1st Its pride.
1. In itself, the world is always proud.

- 2. The world hides its defects.
- 3. It shows off and vaunts whatever it has that may be beautiful.
- 4. It lowers its equals, its ambitions are higher than the great and it rebukes the lowly
- 5. Its pride shows up in everything that pertains to it.
 - 6. He hates obedience and humility.

2nd Its honors.

They are only vanity.
 Comparisons.

- 68. It is the most shrewd of hooks The devils use as bait, The most subtle poison Offered everyone to take. Satan, fallen by his pride, Dashes the world against the same reef.
- 2. They are a sly hook and the subtle venom of the demon.
- God hides his secrets from the world, 69. In His wisdom, He combats it And prepares the most vengeful flame For the world, for eternity; As much it glorified itself, As much will the world be punished.
- 3. They stop man from knowing the secrets of divine wisdom.
- 70. How deceived is this cursed world! All the days of its life Are wasted or preoccupied With nothing but stupidities.

4. They damn people forever.

If not lost in idleness It is busy with wrongdoing.

9th EVIL

It lives only on the outside, Never turning thoughts to God, Concerned with the body only, Neglecting its poor soul. Despising true happiness, Only occupied with lies.

The world is lazy 1. The world does

nothing but evil.

2. It concerns itself with the body, never with the soul.

O blind world! O hypocrite!, Preferring earth to heaven, Creature to Creator. War, to God's peace, Lies, to the truth, And time to eternity.

- 3. It thinks evil of everything and is vain in its thoughts and judgments.
- 73. We can hear it chatting night and day About The Gazette and the news, The army and the court, About a thousand bagatelles, Money, meals, and baubles, About games, clothes and hobbies.
- 4. It is vain and idle in its words.

- 74. How filled with wild enthusiasm
 For temporal affairs,
 How dim-witted and bored
 For eternal concerns.
 When playing, it enjoys staying up late;
 When praying, it just can't stay awake.
- 75. The world is never occupied
 With the one thing necessary,
 But with conceited amusements,
 Doing wrong or doing nothing,
 With gawking and gossiping,
 Visiting and primming.
- 76. The world, its heart so hardened,
 Doesn't admit to any sin,
 Doesn't smell its great stench
 Nor the burdens that oppresses it.
 It cannot believe that within
 The devil reigns as king and father.
- 77. Never fearing hell or judgment
 Not even God, the devil, retribution,
 The accursed world sins boldly,
 Insolently snickering;
 It sings its verses as it sins,
 Making sin its song.
- 78. The worldly say they are too strong
 To ever whine or weep;
 They fear neither hell nor death,
 Not even its forewarnings;
 The good God, they say, is so good;
 At death, we will be forgiven.
- 79. Fully insensitive to truths
 Which make all good souls tremble,
 From stupidity to stupidity,
 From sin to infamous crimes,
 They die without any dread
 Then fall into damnation.

- 5. It is vain and deceiving in its actions.
- 6. Insensitive to God and to necessary salvation, it thinks and speaks only of trifles.

10th EVIL

It is hardened.

- 1. It doesn't even know its crimes and does not smell its stench or its burden.
- 2. It has no fear of God.
- 3. It sins joyfully and boldly.
 - 4. The worldly excuse their hardness.
- 5. They add sin to sin and die hardened.

- 80. He harshly treats his neighbor Although he sees him suffer, Speaks disdainfully to the poor, If he gives alms, it's out of anger; Come what may, he feeds his dog, Yet nothing for his brother.
- 6. They are hard toward their neighbor.
- 81. He is totally hard-hearted
 Toward the souls in purgatory,
 At their expense, he can be seen
 Gladly eating, laughing, drinking;
 He will repay with a De Profundis
 His poor, blockhead relatives.
- 7. Hard towards the souls in purgatory.
- 82. He finds their wills excessive
 So weakens or negates them
 On his own, or through a court
 Appealing against his parents;
 Oh poor deceased mother, father,
 Your children have abandoned you.
- 8. Cruel even toward their deceased relatives.

- 83. He makes sin his pleasure,
 His heart never bothered
 By offending and outraging God,
 Unless he gets hurt himself.
 Never the Lord's but his own interest
 He holds close to his heart.
- 9. Insensitive to offenses against God.
- 84. Although the world be cursed,
 Condemned by the Savior,
 He is engrossed in its amusements,
 Dancing through this curse.
 So blind is his spirit!
 So disordered his heart!
- 10. Insensitive to the anathemas of God.

85. Secretly it is the devil
Misleading and steering him,
Binding him invisibly,
Holding him tightly by a chain
To work hell's iniquity
According to the devil's whims.

11th EVIL

86. Peace, peace, he cries to everyone, Without having a tuppence's worth himself.

The world is unhappy in this world and at death.

- 1. The worldly have the devil for father, master and leader.
- 2. The worldly do not possess true peace.

CALAMITIES OF THE WORLD

How many thousand hidden regrets! His greatest joy is upheaval; The worldly man is a stormy sea, Never to be calmed.

- 87. No matter what he does to stifle
 The remorse of his conscience
 Never can he win,
 Never can he relax.
 Although he appears so cheery
 Within, nothing but misery.
- 3. The worldly are tormented by the remorse of conscience.
- 88. This fraud, no matter how he tries
 To achieve perfect peace,
 His past sins make him afraid,
 The future makes him anxious,
 Unable, even for an instant,
 To know true happiness, fulfillment.
- 4. In spite of all, the past upsets, present sins weigh heavily, and the future causes anxiety.
- 89. During life he can only know Some illusory, passing pleasure, But at his death, what despair, What rage, what excoriating pain, O! what troubles, and what torments, And after death, what chastisement!
- 5. The worldly are unhappy at death.
- 90. To replace his pleasures,
 His honors and riches,
 Hell bestows a thousand evils, thousand
 woes,
 Thousand spiteful afflictions;
 For a moment of vanity,
 Wretchedness for all eternity.
- 12th EVIL

The worldly are unhappy for all eternity.

- 91. Thus is the world and its afflictions. Can we really love this wretch?
 Can we follow its many lackeys
 In their so appalling misery?
 We must all then cry out: woe, woe,
 Woe to this deceiving world.
- 92. Here are several malicious snares
 The world slyly uses to entrap us,
 Drawing us into its service,
 Then finally casting us to hell;

FIRST SNARE: GAMES OF CHANCE

To protect us from these dangers We now uncover its wicked secrets.

30 FIRST SNARE: GAMES OF CHANCE

- Games in themselves are not wicked, They contain nothing lethal, In fact, it is just the opposite: They are a recreation Without effort, without strain, A fitting relaxation, Enabling us to work the harder When such labor's necessary.
- 2. Games God has not forbidden,
 If played at time and place
 That do not offend His Wisdom,
 So we can gently relax,
 Innocently have fun,
 Enliven our neighbor,
 Chasing away sorrow,
 Troubles and sadness.
- 3. Some saints, even though quite serious, Have at times played games,
 As their biographies relate;
 Inspired by the Spirit,
 Their charity invented them;
 But they were games most innocent,
 Charitable and compassionate,
 Full of grace and glory.
- Games must have certain qualities
 For them to give God glory
 And be salutary:
 Games of chance you must avoid,
 For sooner or later the soul is lost.

Definition of games.

1st POINT
The purpose and
the qualities of
games for them to
be good.

- 1. God has not forbidden games.
- 2. Games help to relax.
 - 3. To have innocent fun.
- 4. They are also recreation for the neighbor.
- 5. They also chase away our problems.
 - 6. They imitate the saints.

Qualities of games

 Avoid games of chance and play games of the mind.

FIRST SNARE: GAMES OF CHANCE

- Games of mind are the best; God rejoices in His servants Who play, hoping to please Him.
- 5. Games should not be passionate, But, gentle, prudent, moderate, Played at fitting times, Without argument, full of grace, Without trickery, full of honor, Simply, without addiction, Without malicious purpose, Charitable and honest.
- In place of cards and dice
 Choose checkers, chess,
 Or the like;
 Do not play without stop,
 But only at certain times and places,
 And play with those who are God's friends,
 For then, not only may you play,
 But perhaps you even should.
- 7. Yet how many games are forbidden!
 How many people have been lost
 Not even noticing their vice!
 Games of chance are subtly used
 By the devil and the doomed,
 To make us lose the precious time
 God grants us to gain heaven
 By doing deeds of righteousness.
- 8. O time, O gift of Spirit Blest,
 O price of Jesus' Blood divine,
 O immensely precious time!
 Players at cards or dice
 When you die, a thousand regrets
 Having wasted so much time
 In your games and useless hobbies,
 And never doing penance.
- If the damned in hell
 Had an hour you squander,
 Would they copy your stupidity?
 You would see them weeping, moaning,

- 2. Games must be pleasing to God.
- 3. Games must be played with moderation.
- 4. With prudence.5. With justice.
- 6. With kindness.
- 7. With freedom.
- 8. With honesty.
- 9. With charity.
- 10. We should not play games continually.

2nd POINT The troubles with forbidden games.

- 1. Few know the malice of forbidden games.
 - 2. The devil is their author.
 - 3. It is a loss of time.
 - 4. Time is the most precious thing in this world.
- 5. The regrets for having lost time.

FIRST SNARE: GAMES OF CHANCE

Fasting, filled with mortification. Ah! what would they do if they had time? As they would, so use it well For the time you're still alive.

10. A player is always troubled, Anxious, moody, so upset, All depending on his luck; He loses, by his crave to win, Charity for his brother; He seeks only to trap him, Surprise him, trick him, Barring nothing.

A player loses peace.

- 6. Charity.
- 11. How many sins commits a player,
 Through his hands, his mouth and heart,
 Almost without thinking!
 Blasphemy, oaths,
 Shouts and fits of anger,
 A thousand disguised lies,
 A thousand clever, cunning thefts,
 Filled with hatred and revenge.

7. Holiness

12. A player, in fact becomes his game, He is no longer for himself or God But for the game that consumes him. All his delights, his whole soul And body are in the game; It is only for the game he lives, The game alone captivates him. It is his cruel chain.

8. Freedom.

- 13. A player thinks he'll win some good, But as often as not, his own is lost, As experience always proves.

 Money won at games of chance, Cannot be seen as blessed by God, Sooner or later it's used for evil.

 The saints call it a theft, And of all, the sneakiest.
- 9. Even goods.
 - 10. Justice.
- 14. A player who loves gambling
 Is a clever thief of Satan,
 And such a thief in point of fact,
 That from his own children he would steal.

And even from poor wife and family, Holding all possessions as his own. He dies clutching others' goods, O deplorable disaster!

- 15. Toward God, he is full of coldness,
 Too full of laziness and boredom
 For the good of his own soul;
 Mass lasts far too long,
 Sacraments neglected;
 Wicked, hardened, lazy,
 He drifts along from game to game
 And then from games to hell.
- 11. The love of God and his salvation.

- 16. Players are the tinderboxes,
 The do-nothings, and the scandal mongers,
 In every republic;
 They reveal every kind of sin
 By teaching idleness.
 These public games and poker
 Make many people perish,
 It is a public loss.
- 12. It scandalizes the neighbor.

- 17. Kings have condemned games
 With punishment severe,
 Fitting for a subtle plague.
 Councils by their laws,
 The holy fathers in their writings,
 Hurled anathemas at games of chance.
 Yet everywhere throughout the world
 The deadly venom spreads.
- 13. It disobeys:

 $1^{\rm st}$ The King. $2^{\rm nd}$ The holy fathers. $3^{\rm rd}$ The Church.

18. Deceiving world, be gone,
You will not rule me
By your games so diabolical.
Never any part of you!
Woe to your games of chance!
Woe even to all the players!
In order to avoid their fall,
I never follow their example.

GOD ALONE

Lord, the world wants to damn me
By the snare of dance.
Free me from this devious trap
Set to snatch my innocence.
Worldly people dance, snubbing You,
O Lord, help us.

Praver

Behold the incense to Venus
 And her pleasant school,
 Behold the plaything of Bacchus,
 And the devil's circle,
 Behold his clever invention
 For our damnation.

Definition of dancing.

 Yes, Satan is the inventor Of malicious dancing. He is the principal creator Of this happy plague, Damning people joyfully And so subtly. 1st POINT The source of dancing is wicked.

- 4. At dances, he is king,
 Where he is rendered homage,
 Where he promulgates the rules
 Of joyous wantonness,
 Here he holds court,
 His throne right at the center.
- 1. The devil is the author

The devil sets everything in motion
 In this accursed practice,
 Slipping in his poison,
 His malice and his flames.
 From him flows the desire
 For this deadly pleasure.

2. He is the king of dancing.

6. He incites the dancers
To dance, to sing and cackle;
There he wins their hearts,
Their bodies and his empire,
Performing all the movements,

3. He is the conductor.

4. Different works of the devils in the dancers.

All the steps and whirls.

- 7. He slips into the voices
 So all sing gracefully,
 He enlivens the oboist
 To perform without fatigue;
 He executes the harmony
 And the instruments' tunes.
- 8. He slips into the body
 Of men and women dancers,
 Kindling the rapture
 Of his flaming passion;
 He directs the feet and eyes
 Of these poor wretches.
- 9. Their body is bewildered,
 Their mind is bedimmed,
 Their heart is bewitched:
 That is what the devil does,
 Making them call scrupulous
 Whoever does not follow them.
- 10. Among the pagans, the devil Ordinarily receives this tribute, He doesn't seek their goods But that they dance to please him; Satan may even promise them Some reward for dancing.
- 5. Dancing is the tribute that the devil demands from pagans.
- At Saturday's late hour, witches,
 It is said, have the practice
 Of dancing after meals
 A diabolical bop;
 Dancing is the incense, the deadly cult
 Of this infernal spirit.
- 6. And from witches.

- 12. Almost all the doomed
 Believe that dancing is permitted;
 But those who will be saved,
 The Church's true children,
 All loathe it, holding it
 In abomination.
- 7. And from those on the way to hell.

- 13. Now speaking in general,
 Dancing is neutral;
 In itself, it is not evil,
 And can then be innocent,
 For David danced with fervor
 Before the Ark of God.
- 14. But dancing without sinning Demands so many conditions That one can hardly refrain From sinning by dancing. Ordinarily, it is bad, An immense disorder.
- 15. The manner, time, and reason,
 Plus the person dancing,
 All spit out so much venom
 That innocence is lost;
 Misfortune follows dancers
 And even those who watch them.
- 16. How does one get involved
 In this clever, shameful decadence?
 By dousing with perfumed powder,
 Smearing make-up on the face,
 By cunning nudity,
 Extravagance and vanity.
- 17. How do worldly people dance?
 The style is so notorious:
 Everything kindles the toxin
 Of a most impure passion:
 These sweet, piercing glances,
 These hold-me-close dances.
- 18. The steps are so measured,
 The beat is so pleasing,
 The dancers so well dressed
 And the song so up-to-date!
 Who could refrain from loving,
 Burning, being set on fire?
- 19. What about those kisses

2nd POINT Sins which are committed at the dance: dancing in itself is not bad but it is almost impossible to dance without sinning.

- 1. Wicked in the disposition with which one comes
- 2. In the manner of dancing.

At the dance's end, These cruel, accepted signals Of a foul passion? Are they not the devil's seals Imprinted only in his name?

20. We well know the motives
Why many people dance;
They are hidden but so lewd:
Yearning to love, to please,
To arouse or be aroused,
To see, or better, to be seen.

3. In the purpose and motive one has in dancing.

21. Bouncing to ballads
Filled with love affairs,
Dancers easily get hooked
By this notorious nonsense;
After dancing they dare say:
"God was not offended."

- 4. In the words that one says or hears.
- 22. Dances are held on days it's forbidden Even more than on others; During this time lost Satan does business; So we make the Day of the Lord, The Feast of the Tempter.
- 5. In the days when people dance.

- 23. Alas! all think nothing of time
 Wasted in dancing,
 Although time is a great gift
 And of immense price;
 Time so short, time so precious,
 Given to win heaven.
- 6. In the time lost.

24. If dancing among pagans
Is always to be condemned
What among Christians?
Oh abominable sin!
Traitors, renouncing the vow
They made to their God.

- 7. In the person who dances: a Christian.
- 25. Have they not renounced
 All the devil's pomps?
 Dancing has always been considered
 The most notable of them all.

Dancing is a cruel dishonor To the Most Holy Lord.

Dancer, caricature of a Christian,
Jesus Christ is not your master.
But Satan has claimed you as his own
Like an apostate, a traitor.
Be gone, disciple of the evil spirit,
You're a disgrace to Jesus Christ.

3rd POINT

1. (missing)

27. A criminal dies
Swaying on the gallows;
In deadly peril,
A soldier dances and laughs.
O folly, O cruel misfortune
Of dancers so criminal!

- 2. A condemned criminal dances.
- 3. An attacked soldier dances.
- 28. Oh giant fool, twirling on the edge Of the eternal precipice, Without fearing death, Nor even God in His justice! Ah! Satan has blinded him, He will kill the fatted calf.
- 4. The unhappy man at the precipice of hell dances.
- 29. The dancers, in their frenzy
 Of arms, feet and head
 Plus the rest of their body,
 Are crazier than animals;
 A lot less spirited are horses;
 They're calmer than the dancers.
- 5. Dancers are more stupid than animals.

- 30. Both New and Old Testaments
 Condemn all dancing
 And strongly threaten
 With terrible vengeance
 Dancers, buffoons,
 Their patrons and spectators.
- 6. The Old and New Testaments condemn dancing.

- 31. God curses their finery,
 Their perfume, their rhythms,
 Their romantic affairs,
 Their imprudent gestures.
 He forbids us to copy them,
 To frequent their shows.
- 7. God curses all the gestures of the dancers.

- 32. Dancing is even a tyrant, Perhaps the most cunning of all; It caused the death of Saint John, Our Master's Precursor. O great God, how it has caused ruin Both of soul and body!
- 8. Dancing is a tyrant.

- 33. The holy fathers, the doctors, The canons, the Church, Have all condemned dancers, Declared them anathema Together with buffoons, Actors and jesters.
- 9. Dancing is condemned by the holy fathers of the Church and by the canons of the Church.
- 34. Men are blinded
 By dancing, says one of fathers,
 Children are confused,
 They despise father and mother.
 Women lose their honor
 And the grace of the Lord.
- 35. Dancing makes one transgress
 All the laws of the Church,
 It also makes one break
 The entire law of Moses;
 A dancer has lost the faith
 And no longer obeys the law.
- 10. Dancing makes one transgress all the commandments of God.
- 36. Whenever there's dancing, wherever, Heaven weeps with grief; At this affront to God All hell rejoices, While the saints lament And the ungodly screech.
- 11. When one dances, heaven and the angels are weeping and the devil rejoices.

37. God often severely punishes
Dancers with sudden death,
In a moment vomiting
Their accursed souls.
From balls and games,
Suddenly they fall into hell.

- 12. God punishes dancers in this world and in the next.
- 38. Be gone, world and your friends, In spite of what I have said, Tell everyone that it is permitted

Both to dance and to cackle; Be gone, scandalous world, Be gone, unfortunate world!

32 THIRD SNARE: THEATRE AND PLAYS

- But what shall we say of the ball And of evils and the theatre, This infernal treasury Of all shame? It is there that the strongest heart Weakens and becomes impure.
- 2. It is the treasury of sin,
 For it knows the way
 To present sin so subtly
 That it has become up to date,
 So cleverly clothed
 With the garments of virtue.

Evils of the theatre.

3. Diabolical invention,
Wretched theatre,
Oh! cruel illusion!
Oh! infernal blaze
Where every iniquity is committed
Cheerfully, with joy!

theatre
The devil is its author.

Definition of

1st To beguile one's spirit. 2nd To bewitch hearts.

- 4. Opera House, accursed place Where the lilt, the voice and the gesture Freely inject The most deadly poison: "What gorgeous arias," "What lovely verses!" Oh! Sirens of hell!
- O source of the greatest evils, Babylon's furnace, Where new honors Have enthroned Satan! O sharpest hook! O sweetest poison!

3rd To enthrone himself.

4th To joyfully damn souls.

To put on a deceptive mask Disfiguring one's face So to rebuke the creator, Altering his work, Bears the seal of the devil And puts on his livery. 5th The evil of masks.

- 7. This mask of the doomed,
 Which resembles the devil their father,
 Appears for applause;
 No, it is Satan who entertains;
 The accursed, so disguised,
 Invites us to take part.
- 8. Listen to Satan declaiming
 Through this actor reciting.
 It is through him that Satan burns
 The body as well as the soul;
 Subtle snake slithering beneath the flowers
 And the most vivid colors.

6th Diabolical evil in the stage settings and in the speeches.

- 9. The most perfect of actors
 Performing his role flawlessly
 Is the most slippery of liars,
 Hiding his passion well,
 Cleverly slipping into the heart
 The most deceptive bane.
- 10. Everyone admires the dance Of this wretched woman, She will enkindle everything With her romantic passion. Her poison seems sweetest; It is the cruelest of all.

7th The theatre is a sly school of sordid sin.

- The laughing and sparkling eyes
 Of this fair ballerina,
 Her tender and saccharin air
 And her melodious voice
 Strike blows and shoot arrows,
 Always well accepted.
- 12. The gestures and the movements

Performed by this Lady Buffoon Are true charms Of an evil so cunning; Her eyes, her song, her twirls, Sermonize her romantic follies.

- 13. A person sees her and looks again, The devil comes and lights a fire; The heart burns and then bends, Then comes crashing down into sin. And it's said that at the ball No one does whatever wrong!
- 14. In hell, how many thousands
 Of those male and female dancers
 Burning in those fires
 And harsh flames!
 In spite of it all, dance, you idiots,
 Without believing what I say.

TO FATHERS AND MOTHERS

- 15. Despite all these great dangers And the sinfulness of dancing Go ahead, father, teach your son This deadly beat. And tell him, if he is scrupulous, That he must, that you demand it.
- 16. Mother, don't listen to me, Go ahead, make your daughter dance. Train her body and her steps. What will they say in town? What beautiful skill! This civility Befits her rank.
- 17. Without this skill, no boyfriends, She'll just be a wallflower; Without it, the young men Will laugh her to scorn. To marry her off, she must have this skill; Otherwise, you'll be taken to task.
- 18. Take her yourself to the ball To learn about the world.

8th They send people to hell.

Why, dancing isn't evil, Although scrupulous people rant. Whatever can be wrong In dancing and ditties?

- 19. Flee from the scrupulous, Don't adopt their ways, And never be glum; Dance, keep up with the world! It's what I want of you, you must obey; What's wrong with having some fun?
- 20. The daughter of a laborer
 Has such rough country manners.
 Shame! Don't act like a peasant,
 Get her to a dance teacher
 To learn to be polite,
 Courteous and gracious.
- 21. The confessor whom I go to,
 Knowing very well I dance,
 Finds nothing wrong at all with it
 And doesn't in the least forbid it.
 This is how, wretched parents,
 You damn your own children.

TO BUFFOONS AND ACTORS

- 22. Buffoons, actors,
 Worse even than witches
 And magicians
 Who hide their tricks,
 Doomed, scandalous men,
 Skillful thieves.
- 23. Yes, wretches, you cleverly steal From your countrymen,
 Bewitching them
 With your infamous practices.
 Clever thieves who fool the fools,
 All of you should hang!
- Eminent teachers of all sin, Worse than any heathen, Rotten members, cut off

From the Church and her faithful, Accursed, excommunicated people, Woe to you who smirk!

- Oh! God's great enemies,Oh! brood of vipers,Who spread abroad fire,Lies and misery,You pillage by your skill so fine,Both the widow and the orphan.
- Satan's dupes,Foes of the Gospel,Go forth to gain money,Appear from one town to the next,No fear of anyone scrupulous!You are supported everywhere.
- 27. You will be welcomed
 By the city of Babylon,
 You will be well looked after.
 In spite of the pastor's sermons,
 You, Babylon's great preachers,
 Will have a large audience.
- 28. At the pastor's sermons, the poor,
 The devout, the peasant women;
 But at yours, renowned people,
 Influential gentlemen and important ladies.
 Though you are the greatest fools,
 Everyone will follow you.
- 29. And although excommunicated By the Church and by wise people, Drink, dance and chortle As you perform your roles, Saying, The Lord is good, All will be forgiven.
- 30. On condition, however,
 That, in full measure,
 You will go in an instant
 From dancing to hell,
 To burn forever
 And bitterly weep.

TO PRIESTS

- 31. Barking dogs of the Lord,
 Holy priests filled with zeal,
 Let us, with heartfelt voice,
 Wage war on this rebel world,
 On dancers, on actors,
 Worse than all pagans.
- 32. Those blind folk take us
 For visionary fools,
 And perhaps they will say to us:
 Mind your own business!
 Let's hold fast, let's bark constantly,
 God will come to our aid.
- 33. We do not have the power
 To stamp out these worldly sins;
 Nonetheless, it is our duty
 To bark, though the world complains.
 Then, if the world does not believe us,
 To lament it till we die.
- 34. If we don't hamper these games,
 These stage productions, plays,
 God will punish us like them
 And more than them in the next life;
 We will have to answer for everyone
 And bear all His anger.

GOD ALONE

33 FOURTH SNARE: LUXURY

- Behold the cleverest snare
 The devil has set,
 The greatest witchery
 Spread far and wide.
- 2. Behold all the proud pomp, The stupid vanity

Of sick, empty minds, Thinking themselves fit.

 Lavishness in decorations, In attire and in food, In a hundred passing things We make use of here below.

1st POINT The evil of luxury

Extravagance goes beyond
 All moderate attention;
 It's what the wise man does without
 And what decorates the fool.

1st motive It is contrary to religion

5. All the books of Holy Writ Deplore this disorder, The Holy Spirit Himself assures That luxury will be punished: 1. God condemns it in Holy Writ

- 6. He will transform these delights, This fine stuff, these adornments, Into hair shirts highly coarse, And torments truly piercing.
- Babylon is among the fallen
 For its purple and fine linen,
 All the wicked are so clothed,
 Their end will be the same.

2. Babylon falls because of luxury

- By such fastidiousness
 The rich evil man perished;
 For this self-indulgence
 He was doomed by the Spirit.
- 3. The wicked rich man is condemned because of luxury.

With differing tactics
 All saints have fought
 This brood of vipers,
 This poison of virtue.

4. It is condemned by the saintly Fathers.

Luxury is the delirium
 Of the proudest people,
 And worse still, the betrayal
 Of baptismal promise.

5. It is contrary to the baptismal promises.

- 11. Luxury forbids living
 As true disciples of the Savior,
- 6. Contrary to the spirit of Jesus Christ.

It betrays our good Master, Poor and humble of Heart.

- 12. Christians forsaking His thorns Become spineless followers, Stripped of divine armor, They are cowardly soldiers.
- 13. In luxury and abundance, Festooned in stylish clothes, What specter of penitence! What specter of penitents!
- 14. The body becomes an idol
 When it is so flattered
 By frivolous adornments,
 The incense of vanity.
- 15. To make this rotting flesh Our idol and our incense, What horrible idolatry, What insult to our God!
- 16. This monstrous idol Often enters churches, Setting up the devil's throne, To fulfill his designs.
- 17. Madame enters: room! room! For her train, her cushion.
 All make way, she strolls by And all stand there gawking.
- She is the adorned idol, Near a decorated altar, Adored by everyone, God not even considered.
- Everyone gapes,
 Their backs to the Tabernacle;
 She fidgets coquettishly,
 Adjusting her looks.
- 20. This insolent worldly woman Has rejected all laws;

- 7. With luxury we are not members of Jesus Christ
- 8. Nor one of His good soldiers
 - 9. Nor a true penitent

- 10. It is idolatry insulting to God.
- 11. Which disputes the glory of God even in His temple.

12. Diabolical ways of worldly women

Even on her smelly flesh She profanes the cross.

- Abominable, ungodly, She vies for God's glory; Her rank immodesty Blasphemes His sacred place.
- 22. Luxury is child's play
 Where children make-believe,
 A ludicrous hodge-podge
 Of many scissored pieces.
- 23. Double is the wickedness
 In these miserable times;
 Double then the affectation
 Even in one's clothes.
- 24. Cloth is measured, cut and mixed, Feigning this, masking that; Styles change every day, Confusing us so cunningly.
- 25. Natural beauty
 Is far more attractive
 Than all phony pretense
 Decked out with ornaments.
- Modest cleanliness
 Holds a charm divine,
 And not the deadly air
 Of worldly cosmetics.
- 27. Prefer the body to the soul, Time to eternity; That is what ungodly display Does by its malignity.
- 28. Luxury's emblem
 Is the shrewdest of evils,
 Since it camouflages
 All evils and flaws.
- 29. It is the natural sign Of a poor, empty head,

2nd motive It is contrary to wisdom.

- 1. It is child's play.
- 2. It is a fraud.

3. It is a destruction of modesty and of nature itself.

- 4. It is an unjust preference.
- 5. It is the mask of all evils.
- 6. It is the sign of folly and pride.

Of a superficial soul, Of a proud, haughty spirit!

- 30. Luxury tells of spineless souls Who have no gumption, Souls full of fetishes, So wide-spread here below.
- 31. Luxury turns the soul wretched, Idle and haughty,
 Unworthy, even incapable
 Of great things for God.
- 32. Luxury makes the faithful Captive of human respect, Captive of trifles, Captive of the evil spirit!
- 33. It destroys temperance
 Which moderates pleasures,
 It inspires the overflow
 Of pleasures, desires.
- 34. Luxury with its delights Dispels sobriety And destroys the sacrifices Of holy austerity.
- 35. In these times so full of misery, Of luxury and vanity, We no longer see our ancestors' Holy frugality.
- 36. Their souls were filled With honor, humility, Holy thrift And humble simplicity.
- 37. By an admirable secret
 They joined the useful with beauty,
 Brick and mortar with delight
 And glory to their tombs.
- 38. Their conduct was steady,

3rd motive It is contrary to strength.

- 1. It is the characteristic of the lax.
- 2. It makes the soul lazy and incapable of great deeds.
 - 3. It is godless.

4th motive It is contrary to: 1. Temperance and sobriety.

- 2. To austerity.
- 3. To the frugality of our ancestors.
- 4. Customs of our ancestors.

Simple, no pretense, Charitable, no envy, Firm, no stubbornness.

- Under serge and rough clothing, They concealed more greatness Than us under the adornments Of this deceitful world.
- 40. Good God, what a difference
 Between our ancestors and us!
 They were so wise,
 We are almost all fools.
- 41. Their sole need
 Was to be virtuous,
 We seek only to please
 This miserable world.
- 42. They considered as trivia
 And vain amusement
 So much frivolous baggage
 So much stupid affectation.
- 43. Their finery, their riches,
 Were the virtues of their hearts;
 Their pleasure and their tenderness
 Was the love of the Savior.
- 44. They wisely considered
 Affected adornments
 As silly child's play
 And occasions of sin.
- 45. Each one lived tranquilly Happy with his lot, Following the holy Gospel Without frills or quarrel.
- 46. Do we have their character?
 Ah! we abandon them!
 We no longer bear their ways
 But only their names.
- 47. Now, a thousand whims,

5. Difference of our customs.

Thousand deceiving goods, Thousand useless cares, Are lodged within our hearts.

- 48. Luxury has become the master Of an endless crowd of fools; A vain desire to show off Enlivens and controls them.
- 49. Luxury has confounded man: The craftsman now's the merchant; The bourgeois, the gentleman; The nobleman, the steward.
- 50. In magnificence, another Equals a royal prince; Few, by humble prudence, Now keep to their rank.
- 51. One must address the wife,Of co-worker, or clerk,By the fancy title of "Madame,"In order to be friends.
- 52. The simplest women pretend Airs of distinction, Decked out and coiffured, All yearning for praise.
- They pile on themselves Gold, silver, fabric so fine, Silk, pricey lace, Velvets and satins.
- 54. Their weird style demands, As do their proud friends, Everything more exotic, More expensive and rare.
- 55. These sad worldly ladies
 With their silk and fine linen
 Are almost all thieves,
 But their theft is so clever.

5th motive Luxury has confounded situations and is contrary to order and humility.

6th motive It is contrary to justice. 1. Worldly ladies are almost all thieves.

- 56. Hundreds of purchases To look better than others, Yet not paying their debts Or returning what's borrowed.
- 2. They do not pay their debts.

- 57. For their ridiculous outfits
 So stylish and pricey,
 They steal deceitfully
 From children and husbands.
- 3. They steal from their children and husbands.

58. Their desire, their craving
To own new finery,
Puts their decency on sale
With their foolish affairs.

4. They often sell their purity.

59. Their luxury, their arrogance Never say: "It's enough." God will wreak vengeance For these needless expenses. 5. They make bad use of their goods.

60. What insult, what nerve, Toward their Creator! They dare alter His work By deceptive attire. 7th motive
1. It is contrary to the Providence of God.

61. They spoil nature
By masking it;
It's only a fraud,
A trap to cause scandal.

2. They spoil nature.

62. O luxury, so infamous, You sully purity Enflaming body and soul With the fire of impurity. 3. They cause scandal.

63. O most evident mark Of immodest women! O dazzling livery Of haughty ugliness. 8th motive It is contrary to purity.

64. O devils' great snare, And amorous venom, Making hearts guilty, Seizing them by their eyes!

- 1. It soils body and soul.
- 2. It is the sign of a prostitute.
 - 3. Of a proud woman.
- 4. It is the snare of the devil to enflame them.

65. It's the devil's secret plot
To overturn the strong,
Their lethal contraption
Putting everyone to death.

5. It is his secret plot and contraption.

66. They ready their canons
Upon the powdered face,
Striking others with envy
When it is admired.

6. It is their battery of canons.

67. Devils have cunningly set
Their throne in these vanities,
Their home office is located
Amidst all the nudity.

- 7. Slyness of the devil.
- 68. From scantily clothed bosoms
 Devils cast burning arrows,
 Piercing the heart through the eyes,
 Making thousand men perish.
- 69. To inject even more
 Their amorous venom,
 They make faces shine,
 Adding dazzle to finery.
- Through ladies' lips, devils chat,
 They twinkle in eyes,
 Whose luster stirs men,
 Creating lovers galore.
- 71. Luxury has made its way
 Through the styles of this era;
 It thrives in meals, hansoms,
 In furniture, and knick-knacks.

2nd POINT. Extent of luxury.

72. Young ladies dressed
In their harlequin costumes
Parade through the streets
In their pointed laced-boots.

1. Luxury in women's clothes.

73. Madame appears bloated In her large, heavy mantle; She groans, overcome, Under her stylish burden.

- 74. See their trains dragging, Their stunning, sheer linen; All these various materials In three or four layers.
- 75. Their scarves are arranged From all different pieces, Through ingenious pleating, In hundreds of ways.
- 76. Their three-story hair-do's And beautiful rich necklace; Their ostentatious display, Their black hair all bleached.
- 77. Their tight-fitting sleeves, lace nets, Their fringes of gold, their braids, And many other trimmings Whose names we don't know.
- 78. Oh! what a heap of nonsense, Of feminine gear, and trinkets! Every day these daydreams Increase more and more.
- 79. Babylon's daughters Are fancied by men; Each has his Amazon To make him unhappy.

2. Luxury in men's clothing.

- 80. Men imitate sugared ladies, In luxurious dress, In powdered wigs, And costly materials.
- 81. Their style must change At least once a month; Bothersome perhaps, But demanded by fashion.
- 82. Parish priest, I'll let you alone
 With your make-up and powder;
 Seeing your laxity,
 Makes the Church weep!
- 3. Luxury in parish priests and ecclesiastics.

- 83. Your pompous soutane, Your well-pressed rabat Stitched by the best seamstress, Your so shiny hat.
- 84. Your streaming sash,
 Pretty shoes so well-shined,
 Your elegant ways;
 No use elaborating.
- 85. Luxury is now the butler
 Of almost all banquets,
 No longer can you find a feast
 Which serves simple food.

4. Luxury in banquets.

- Pride and gluttony, Pleasure and lust, Dispel innocence And also frugality.
- 87. What superb table settings, What silver-gilt plates, These stews, these displays Of pleasure and pride.
- 88. This useless abundance
 Of fine dishes and wines,
 This excessive extravagance
 And for only one meal!
- 89. Excesses at table
 That luxury seeks,
 Make dining miserable
 And cause many sins.
- 90. Oh! what arrogant retinues, So many horses, so many dogs, So many lackeys with pages as many! Oh! what disastrous expense!
- 91. Luxury is on the pinnacle Among those of high rank; What miracle it would take To change luxury to thrift.

5. Luxury in retinues.

- 92. How filled the houses of the great With furnishings most precious: With jasper and porcelain, And with furniture exotic;
- 6. Luxury in furnishings.

- 93. What rare architecture!
 Suites so enormous,
 With jewels, and miniatures,
 Plus countless curiosities;
- 94. With new-fangled weaving gear, With novel suspended beds, And many new pretenses, Or rather the latest abuses.
- 95. Luxury, completely diabolical, Is accepted everywhere, Its practice is lauded, So not to look scrupulous.
- 7. It is universal.

- 96. Almost no one follows the path A good Christian should follow; We are Christian in looks But pagans at heart.
- 97. Luxury proclaims victory
 Over humble simplicity;
 The world has set its glory
 In skill and vanity.
- 98. Whence this common evil?
 We want to be admired,
 We want to be pleasant,
 We want the world's love.
- When in public appearance, Beautiful clothes, long train; When alone, simplicity Replaces worldly airs.
- 100. We want to live in style, Following the latest trends, Fearing to look awkward, And displeasing to anyone.

- 3rd POINT Causes of luxury
- 1. The desire to please.
- 2. Human respect and parties.
 - 3. The custom.

101. Often, ostentatious envy, Seeing another better dressed Is the unfortunate source Of luxury in clothes.

- 4. Pride.
 - 5. Envy.

102. Under the guise of cleanlinessThe devil pushes usTo this eleganceAnd excessive affectation.

6. The demon.

- 103. He makes us drink carelessly This prepared venom, He makes us impale ourselves On this gilded hook.
- 104. But if to please yourself,As is commonly done,You accept this adornmentSo that you are looked at and loved;
- 105. From then on, you are guilty, Unworthy of the sacraments, Slave and handmaid of the devil Deserving his torments.
- 106. Luxury has bewitched you, You see no wrong in it; But at your cruel death You'll know it is deadly.
- 107. In spite of your follies And bodily pleasures, Your souls are filled With woe and remorse.
- 108. Stand with your hair-do's high, Never think of being humble; Soon, heads swollen with pride, Soon, you will fall into hell.
- 109. There, you will reap your reward, For your make-up, your finery, For the hours you've wasted At games with your lovers.

- 110. Shrewd women, pretty young ladies, How cruel are your charms! How your faithless beauty Draws sinners to hell!
- 111. You will pay for those souls You have dragged into sin, Whom your wicked habits Have finally made stumble.
- 112. As long as I'm alive, Idols of vanity, Armed with the truth, I'll wage war against you.
- 113. If you will not believe me, Reading these simple verses, I await victory over you When you land in hell.
- 114. Tear away, noble soul, Everything that's useless, Force yourself to be adorned With sovereign good alone.
- 115. Flee the world in its splendor, Enter deep in your own heart; May it be your oratory, Your distinction, your joy.
- 116. Flee disastrous luxury,
 But maintain cleanliness.
 Be humble and be modest
 With no affectation.
- 117. Make certain your family Is your principal duty, Form it with Gospel laws And tolerate no evil.
- 118. Always give it the example Of all sorts of good works So the family deems you Its mirror of Christian.

GOD ALONE

34 FIFTH SNARE: HUMAN RESPECT: FIRST HYMN

- Great God, ever since I've served you And decided to be faithful, Man, and almost all creation, Wage a cruel war against me. Hasten, hasten, lend me a hand To conquer human respect.
- 2. O Children of the chosen saints
 We are so attacked by people,
 Let us not become their slaves,
 Let us not forget who we are.
 Friends of God, brave soldiers true,
 Let us not be conquered.
- 3. Poor sinner, held captive bound By frivolous "what will they say" Try to be very attentive And very docile to my words, Since only the truth itself Can set you free.
- Your name I cannot explain,
 Human respect, accursed brood.
 O devil's greatest favorite,
 Who disparages penance;
 O great enemy of virtue,
 You overcome the strongest.
- 5. O most subtle poison
 Causing us to swallow sin,
 O most clever hook
 Plunging us in the abyss,
 O most traitorous friend
 O enemy, the greatest.
- 6. I can not describe the evil

That human respect spreads, The wisest, the most devout, Almost all of us, life-long, Suffer the maliciousness Of this iniquity's monster.

- 7. What insult to the Creator
 To fear his creature more than He,
 To respect his greatness less
 Than we would a wiggly worm's.
 To prefer a really nothing
 To this unique and sovereign good!
- 8. What outrage to his majesty
 To prefer reveries to Him!.
 What outrage to his truth
 To thus believe a horrid lie,
 Letting truth depend on human strength
 And on mere idle words!
- 9. What insult to his charity!
 Is that the heartfelt gratitude
 We owe for His goodness,
 For the blessings of Providence?
 This good Father is abandoned,
 Banished, this faithful Friend.
- 10. That is what happens, sinner, When, through human fear You disobey the Lord, Serving Him reluctantly, Lazily, by halves, lacking Fervor and steadfastness.
- 11. I would serve the Lord well, you say, But I fear this man or woman. I would embrace all virtue But I am afraid of their scorn; Lord, I would be your friend, Were it not for your foe, the world.
- 12. In spite of your almighty arm I fear the man who threatens me; In spite of your ravishing love, I offer you an icy heart;

But I agree to serve you, Whenever man approves.

- 13. I shall serve you, my Jesus,
 Following you everywhere,
 Provided I'm no longer treated
 As a devotee or hypocrite;
 If everyone approves of me,
 Then I am yours forever.
- 14. Worldly man! Behold the greatest scorn
 Of sovereign majesty!
 Behold the sin you commit
 When human respect drives you
 To transgress His holy law,
 Even to renounce your faith.
- 15. If neither God, nor religion Can move you, enlighten you, At least pay some attention To your own wretched misery. O wretched man, you lose all good Through human respect.
- 16. Farewell to all the sermons,
 Farewell to all the basic truths,
 Farewell to all the inspirations,
 Farewell to all the graces,
 Farewell to all the absolutions,
 And to so many Holy Communions.
- 17. So many good impulses followed, So many victories won, So much merit acquired, So many heavy crosses well carried, For a mere word, all is lost, And for a nothing!
- 18. You were climbing with giant steps
 To the most sublime of virtues.
 Alas! you fell into sin,
 Fearing to displease a nothing,
 You fell so surreptitiously
 Into the greatest laxity.

- Often, after having lived
 Virtuously in one's youth,
 In old age, merit-filled,
 We are conquered by this snare;
 And so we lose in a moment
 What had value infinite.
- 20. Alas! if we were mocked
 And by this world ridiculed
 Alas! if we had practiced
 Virtue, even though disparaged,
 God in his generosity
 Would have filled us with grace.
- 21. God seeks true fidelity,
 He prefers it to all else,
 He grants to its steadfastness
 What is ordinarily refused.
 It is only to those tested
 That He gives His precious gifts.
- 22. To him who conquers, says the Lord,To him who remains faithful,I will share my tenderness,My grace and eternal glory.Far from me, worldly spirit,I look upon you with disdain.
- 23. What glory, at final judgment,
 Robes the victors of the devil and the world.
 When God will make clearly seen
 That their victory is unequalled,
 That, like good soldiers, in spite of all,
 They have walked in His footsteps!
- 24. What rightful joy then will be theirs To have the victory won,
 Despite the world and its perils,
 Despite all that was believed,
 And to see condemned to hell
 All worldly people of the earth!
- 25. To hear them sigh with moans so bleak: Alas! how totally wretched are we For having failed to persevere

Because of man's scorn, For having followed vanity Under pretext of the truth!

- 26. Today we see too late, too late, Our worldly, criminal discretion; It has only propelled us To our eternal loss. Oh! wretched human respect, You put us in these flames.
- 27. Everyone will lament misfortunes:
 Sons who followed fathers,
 Brothers who believed sisters,
 Daughters who believed mothers,
 Everyone for having followed error
 Instead of Jesus their Savior.
- 28. One day, they will see with surprise Those wise devoted people They considered with contempt; Then they will cry out in rage: What! are they the ones we ridiculed Those whom we despised?
- 29. What! They dwelt upon this earth
 Like so many fools (we thought!)
 But now shine like God's children,
 Like kings, adorned with greatest glory?
 Wretches, how was it possible
 To mistake the wise for fools?
- 30. In hell, how many wretched souls
 Now seeing the entire truth,
 Would wish, if it were doable,
 To enlighten those still on earth
 And cry to them: Do not believe
 What we believed on earth!
- 31. Alas! we have been seduced
 By these horrible, damned teachings
 And we have mistaken darkness
 For the brightness of true light,
 We have falsely thought logical
 What was only poison.

HUMAN RESPECT: SECOND HYMN

32. If you can't see, foolish man,
How clever and treacherous this snare,
At death you will be obliged
To realize it, but all too late!
These men whom you respect so much,
Will all perish at that moment.

35 HUMAN RESPECT: SECOND HYMN

- 33. Are you inclined to gaze upon A nothing, an iota?
 Do you fear an illusion,
 A transparent, empty ghost?
 For such defines human respect,
 And all worldly judgments.
- 34. Unjust and liars are we all
 But with His exquisite fairness
 Our only judge is the Lord,
 Despite all human insolence.
 Let us then despise the nothings,
 They do neither harm nor good.
- 35. What! Are we better off
 If the world decides to praise us?
 What! Are we the worst of sinners
 Because mudslingers filthy us?
 Let them speak of us as good or bad,
 Both have the same effect.
- 36. Suppose someone speaks ill of you:
 They are but passing words,
 Which can harm only fools
 But not prudent souls
 Who, pitying the speaker,
 Consider them an honor.
- 37. One speaks, another carries out

HUMAN RESPECT: SECOND HYMN

An Injustice or some insult; It is God who permits it, Against Him then we grumble; Man is only the instrument God uses at that moment.

- 38. The Lord who comes to save us Permits this sinister injustice, Wishing so to test us, Thus preparing us for glory. But the devil is tempting you Only to provoke you.
- 39. By patience, you gain the upper hand, And edify your neighbor,The devil is routed,God is glorified,Anger is calmedAnd the mockers disdained.
- 40. By always doing your duty
 By never giving just cause,
 Try not to notice
 Their ridicule and scorn;
 This is the secret of great souls:
 To contemn the world's contempt.
- 41. The wise man appeals in everything To the tribunal of God, his judge; Letting the carnal man judge, He finds refuge in God alone; All his glory is within In spite of the greatest slanderers.
- 42. On the contrary, a carnal soul, All worldly and all base, Is offended by a random word, By a glance or smirk; Leave well enough alone So as not to be despised.
- 43. The fool yearns not for his own glory, But for the world's and his mouth's; If someone robs him of this honor What a fatal, cruel blow!

HUMAN RESPECT: SECOND HYMN

He has no other preoccupation Than what people think and say.

- 44. Wise people, never fear
 This world's persecution;
 Wisdom lies in this truth,
 On which Christianity is founded:
 Truly, a good Christian
 Lives with persecution.
- 45. Today, there are no assassins
 Who as of old pour out our blood;
 But there are plenty of new foes:
 Those whose values are worldly;
 Their mouth, worse than their hands
 Inhumanely attack us.
- 46. The world, persecuting us,
 Thinks it weakens and destroys us,
 But its blows are not fatal,
 Provided we can keep our smile;
 He who suffers them gladly
 May be called a martyr of charity.
- 47. Using all sorts of calumny,
 Some disparage our honor;
 Others become our critics,
 Laughing outrageously.
 They believe they have ruined our honor;
 By suffering, it glows more splendidly than ever.
- 48. No one can steal from a Christian The honor he holds within. The world's honor being a nothing, Who cares if we're cursed by it? Christian, what an honor for you To be mocked by fools.
- 49. A thief stole our possessions
 By an unjust legal ruling,
 Another robbed us of our funds,
 Our clothes and all our food.
 So what? These are temporal goods
 Traded for eternal wealth.

HUMAN RESPECT: SECOND HYMN

- 50. Gold and silver have no worth, For the world esteems them, They produce a thousand evils Leading multitudes to sin. Would you call poverty evil Even though it buys heaven?
- 51. That envious person got our job By subterfuge and betrayal, That proud person told us off And acts as if he were boss; So what? The greatest among you Will be everyone's servant.
- 52. God says: If the world hates you, Rejoice, rejoice because of it.

 No subject are you of this world For your soul is not worldly;

 You will receive in heaven above A reward of marvelous glory.
- 53. Thus the world has mistreated All the saints in glory.
 Reduced to begging,
 Often forgotten,
 Exiled from all lands,
 They fled into the deserts.
- 54. People criticized their virtues,
 Treated them like hypocrites
 And attacked them everywhere
 By jealousies kept secret,
 Twisted what they thought, said and did
 So it would appear as evil.
- 55. Gaze only upon Jesus Christ,
 He is our perfect model:
 What does the Spirit teach us
 About Christ Eternal Wisdom?
 The world calls him a sinner,
 Drunkard, magician and a phony.
- 56. I'd like the world to slap you, Smack you, torture you, Though wrongly, undeservedly.

True, the insult is so glaring, But you will gain infinitely, If you suffer all patiently.

- 57. If someone wants to strangle you,
 Fear not so much his fury
 As God, who alone settles scores
 Both in this world and the next,
 Who can put aside a soul and doom it,
 Kill the body and condemn it.
- 58. The Christian like his Savior,
 Disciple like his master,
 Both the slave and his lord
 Must suffer from the traitors;
 The world has always, everywhere,
 Attacked those who serve their God.

36 HUMAN RESPECT: THIRD HYMN

- 59. Human respect generates
 An unreal, whimsy fear,
 But also brings along with it
 The most diabolical shame.
 Once human respect subdues us,
 We become ashamed of virtue.
- 60. Ashamed of serving God?
 To serve this adorable Lord
 Is it not to reign over all?
 Nothing is more honorable!
 O wretched human respect,
 You are the one so shameful.
- 61. What! Be ashamed of God Himself
 To please some mindless person!
 What! Be daring for the world,
 Letting all know you love it,
 While trembling even at the word:
 'Religious' or 'devotion!'

- 62. If you are ashamed of Jesus
 And of serving Him today,
 You may still declare for Him
 At the final judgment hour,
 But on that great Day, at His turn,
 He will be ashamed of you.
- 63. Though filled with shame or craven fear, Secretly, you still do some good, You live just like all the spineless, Fleeing the perfect path, Shunning the title 'religious' As much as 'fool' or 'stupid'.
- 64. One day you'll see but all too late That this ugly shame is sinful, For you'll have nothing in common With Jesus and his faithful. On that Day He will renounce you And curse you, forever.
- 65. How can you be so ashamed
 Of loving virtue, so beautiful
 That none can esteem it fully?
 Whose birth is from eternity
 And ravishes the universe
 From heaven even to hell?
- 66. In all ages, in all climes,
 Virtue alone should be esteemed,
 Land and water, air and sky
 Proclaim that it is lovely
 And you, so wretched, worldly,
 Would look on virtue with disdain!
- 67. It is an infinite treasure
 And a most precious pearl
 Whose brilliance never tarnishes
 If truly loved by a soul;
 The Lord casts His loving eyes
 On those who possess it.
- 68. By this sovereign good

 The angel pleased his Creator,

 Mary's heart overflowed with it

And God chose her for His mother. It is through virtue that the saints Have accomplished all their plans.

- 69. Virtue has protected them
 Against their greatest foes,
 Virtue always consoled them
 In their most bitter woes;
 Virtue chose them as elect
 And virtue crowned them all.
- 70. Virtue, so often criticized
 By the greatest sinners,
 Is esteemed deep in their hearts,
 As are even those who live it,
 Although because of virtue's rigors
 Sinners are quite repelled by it.
- 71. Evil men sometimes consult
 Good people whom they trust
 In order to conquer sin,
 Even emptying their conscience;
 In dialogue with the virtuous
 They find new strength, new joy and good.
- 72. Pagans, the most barbarous,
 Believed that virtue was the start
 And source of all good things,
 Even, that it was so divine,
 They placed among their gods
 Those they considered virtuous.
- 73. Virtue alone has credit
 And insurmountable strength;
 Everyone submits to it, without opposition,
 The great and little, just and guilty.
 And still, wretched Christian,
 You are ashamed of virtue?
- 74. Grace and faith and also reason,
 Show how excellent it is;
 Virtue should rule all people
 Bringing all things under its power.
 How happy are its friends.
 How wretched virtue's enemies.

- 75. Virtue is impossible in hell, So devils and the doomed rage; How they crave for its adornment To lighten their eternal gloom; But their torments and despair Consist in virtue's total absence.
- 76. Evil spirits, always jealous,
 Seeing a soul clothed with virtue,
 Strike that soul, doubling their efforts
 To bring that person into hell.
 The envy of the ancient serpent
 Falls on those most virtuous.
- 77. Friends of the great God Whom I serve, Heads held high, let us practice The most exalted virtues, As all true Christians should, Despite the world and fiery hell, With no embarrassment or fear.
- 78. What do you expect from a mortal For your cowardly indulgence, For your sinful respect, For your disastrous deference? That he will esteem you more? You are wrong; you'll only be abused.
- 79. Seeing you so weak and fickle So ready to commit sin, Because of one offensive word, He will lose all esteem for you; If he praises you with his lips, It is surely not from his heart.
- 80. If you do what pleases him
 Through fear of his ridicule
 He will praise you through self-interest
 Through politics or flattery;
 In secret he will laugh at you
 Judging you the weakest.
- 81. He will say to himself: I thought this man an apostle,

A servant of Jesus Christ, But he is like any other. Human respect has changed him, Befuddled him and made him fall.

- 82. He is our friend, our relative,
 A noble and divine soul,
 A person of high rank,
 But when the world dominates him,
 No matter! the wise pity him,
 In spite of blood and friendship.
- 83. If no one reprimands you
 For this accursed habit
 It is self-interest that intrudes,
 Or prudence, or politics.
 Will an evil become a good
 Because no one says anything?
- 84. It is foolish to depend
 On a man, a fragile reed,
 To take for your shield
 A clump of mud and clay,
 Who very often deceives us
 And who changes like the breeze.
- 85. It's foolish to seek friendship
 From a slimy earthworm
 Who can not prevent God
 From waging war on you,
 Despoiling you of everything
 And plunging you in hell.
- 86. When you have fallen into sin
 Just to please a mortal creature,
 When you have been so stained,
 Will he make you pure again?
 Will this worldly man absolve you?
 Or save you from all peril?
- 87. When death attacks you,
 Will he help you in any way?
 When the Lord will judge you
 Will he come to plead your case?
 Then you will feel, worldly soul,

Human respect's wretchedness!

- 88. Do you still expect to find
 Some way to please everyone
 And Jesus too? And then be saved
 Without one or the other grumbling?
 It's an unknown secret that
 Those who tried to do so, couldn't.
- 89. You can not, Jesus said so, Please the world and please God too; God and the world are contradictions, Accursed you are by one or other. Is the world your enemy? Then God is your great Friend.
- 90. Unworthy Christian, choose your side, You are making a horrible pact, You are a monster in disguise With the lovely title of penitent; If Jesus Christ is your Savior Renounce this deceiving world.

37 HUMAN RESPECT: FOURTH HYMN

- 91. All the saints have been attacked By contempt and grumbling. Even their virtues so rare, Suffered much criticism; I say more: even the greatest sinners Are not exempt from critics.
- 92. Do you think that by human respect No one will despise you,
 That the world will leave you in peace And no one will bother you?
 You are terribly mistaken,
 In fact, you are blind.
- 93. Proud people will belittle you, The envious will rage,

The learned will criticize, You will be corrected by the wise. Trying to please all the fools Makes you the greatest fool of all.

- 94. Since the time of your conversion, I have admired your refinement; In concealing your devotion, You use a thousand subtleties, You always manage to disguise The signs of a true penitent.
- 95. What! You committed the sin,
 Despite all advice given,
 Even though it shook some people,
 And made yourself look like a fool;
 You were, and very openly,
 In the greatest immorality.
- 96. And now you dare be ashamed Of God Himself and of His service? This change is truly astounding, Full of error and injustice! Bold for all iniquity, Ashamed of whatever holy.
- 97. Concerning temporal matters,
 You have no fear of criticism;
 But for eternal matters,
 You fear the slightest murmur.
 You flee like a total coward
 At any hint of 'what-will-they-say'.
- 98. "But I want the whole world
 To approve of your conduct."
 Are you won over by this?
 Would it really make you happy?
 "What does it matter to gain the world
 And suffer the loss of one's soul."
- 99. How I fear for a penitent
 Who is universally esteemed,
 Whom the world flatters as much
 As it does a sinful person!
 I believe that his conversion

Is nothing but illusion.

- 100. Know that the world and the flesh Attack a converted soul, That the devil and all hell Often join in with those Convincing him to leave His God Whom he has just embraced.
- 101. You do whatsoever you please
 And no one ever questions you;
 Oh! how that sign displeases me!
 I fear that God is reproving you;
 His true friends are mistreated,
 Slandered and persecuted.
- 102. Since worldly people are for you, You are of their ilk,
 They are all in your favor,
 Because you follow their lead;
 But if you were truly converted
 They would all be against you.
- 103. Far from us, deceiving penitents, Complacent and political, Also those whose hearts you invite For fear of suffering their criticism, And who, despite the Holy Spirit, Dare equate 'world' with Jesus Christ.
- 104. As for you, generous penitents,
 Who serve God completely,
 Flee the wretched worldly people,
 Trample under foot their proud speech;
 Confront hell, and here and now
 And from now on, serve our God.
- 105. Listen to Jesus with faith,
 Do not fear if you are cursed:
 Whoever turns and look back
 Has become His unworthy servant.
 He wants all those who serve him
 To confront the world and its fright.
- 106. When they turn their backs on you

And attack you here on earth, You should not fear these evils If God is not against you; For if the Lord is for you We will have victory over all.

- 107. Do not fear, do good boldly, For God alone and to please Him, Without cowardly fearing What others think, say or do, In order to be the sweet perfume Of Jesus Christ your Savior
- 108. Since 'what-will-they-say' is much in vogue, Choose well, faithful soul, Not those things of world and devil: Leave those for the unfaithful; Choose the pattern of pious people And of the Kings of Eternity.
- 109. What will the just say here below?
 What will the saint in glory say?
 What will these courageous soldiers say,
 Who have already won the victory?
 What will God, my Creator say?
 What will Jesus, my Savior say?
- 110. If I do not make such an effort
 For fear of feeling guilty,
 What will I say at the moment of death?
 What will my just Judge say?
 What will be said at judgment?
 Ah! the delightful 'what-will-they-say'!
- 111. Do not let yourself become captive, Fight again, I beg you, For, finally, you must be saved, Although others rant and rave. For God, be all things to all people But keep yourself from sin.
- 112. It is the way to expiate

 The scandals of your brothers,

 To live well and persevere,

 In the footsteps of your elders,

To reign forever as they do, With the Lord in heaven.

38 HUMAN RESPECT: FIFTH HYMN

- 113. What is human respect's taproot? Perhaps worldly pride or envy, The limelight or worldly profit? Attachment to life's pleasures? Deep-seated love of the world Is its principal cause.
- 114. This toxin is injected
 By a promise, a threat,
 Or a specter of truth,
 Or by criticism, a smirk,
 An insult, an action mimicked,
 Or by nicknames so silly.
- 115. If a person is not beaten
 By this whole battery,
 His virtue is then attacked
 By ugly stinging jokes,
 By most bloody outrages
 And most exhausting blows.
- 116. This poison, spread everywhere,
 Sets the entire earth afire,
 Almost everywhere it is now
 The master of souls most holy;
 The most saintly nuns and priests,
 Even they are contaminated.
- 117. Ah! what subtle venom,
 And how effortless to drink!
 For some reason or other
 It is gulped quite unawares.
 Traveling from the ear to the heart
 The sinner is defeated.
- 118. Will I also succumb, Lord?

Take up arms in my favor To conquer this world full of lies, Its human respect and its charms. So that I may better serve you, This is what I now promise:

- 119. I shall act very simply
 Following you, Divine Wisdom,
 No craftiness nor subterfuge,
 No politics nor cunning,
 No contempt for my neighbor,
 And most of all, no human respect.
- 120. I want to give evidence
 Of being devout, most truly,
 Of acquiring perfection
 As much as I can,
 And of advancing in holiness
 Never looking aside.
- 121. To do that, in the footsteps of saints
 I'll follow a director's advice
 So he can lend me a hand
 To serve God with all my heart.
 Without any recklessness
 Or any illusions.
- 122. I hope to be all things to all
 Without cowardly smugness,
 To try to win them all
 To Jesus Christ by penance.
 All things to all, without sinning
 Or blocking any good deeds.
- 123. A useful deed, neither right nor wrong, Yet scandalous to my neighbor, Is, prudent man I pray to be, An action I will not repeat, For fear that I am doing harm To those for whom my Jesus died.
- 124. I will support and very strongly, A weak man about to fall, Gently correcting him, Not caring if I'm mocked;

In routing all iniquity I will be most unbending.

- 125. Away with those vain compliments
 That human wisdom uses,
 And all that sophistication
 That causes so much trouble;
 Although studied with great fanfare
 It is utterly so useless.
- 126. Away with those people so polite
 With all their graceful bows,
 Their pretty, gallant manners
 Their contortions and their rhythms.
 Honesty I love very much
 But never worldliness.
- 127. Away with those wicked soldiers
 Who fear some passing word,
 Surrendering their arms
 Because of some slight comment,
 Trembling with abject fear
 Of all the lying ghosts.
- 128. I despise everything they say
 And all their worldly maxims,
 As I would a cursed language,
 Or at least like illusions
 Seeming reasonable at first
 Although basically they're poisons.
- 129. The world speaks very powerfully To get across its maxims. It so subtly uses virtues Even to advertise great sins; It has thousands secret detours To ensnare us in its clutches.

39 AXIOMS OF THE WORLD

- 130. You, converted? Very nice! Very nice! A good fellow never changes; And this change is just too much! Everyone finds it weird. Be wary of this hidden lie, It smiles at us, but damns us.
- 131. Nothing but scruples of the pious, All that is nothing but straw fire; Do you want to look like a zealot, And be the laughing stock of all? Be wary ...
- 132. Your confessor is so scrupulous, In the pulpit he damns us all; They'll treat you like an airhead And someone most abnormal. Be wary ...
- 133. Now God doesn't ask of you
 This good act or penance,
 It's your own pride, disguising
 Self-love and self-sufficiency.
 Be wary
- 134. Good God, what devotion!
 Good God, what piety!
 Good fellow, you are deluded.
 If you only knew how much they're howling!
 Be wary
- 135. Abandon meditation, It's really quite dangerous, And prone to temptation, For it makes the soul sluggish. Be wary ...
- 136. What good in many rosaries? Brother, better you be at work; Surely, you should be satisfied

AXIOMS OF THE WORLD

With your ordinary prayers. Be wary ...

- 137. Flee such eccentricity:
 True virtue is always hidden,
 Watch out for yourself and vanity
 For what a show you're making.
 Be wary ...
- 138. You are so very gifted. You should frequent society. Be polite and gallant Otherwise they'll grumble. Be wary ...
- 139. By your clothes, your manners, You're making everyone laugh, They'll even write ditties about you; It's far worse than you imagine. Be wary ...
- 140. If you want to lower your eyes
 And live just like a savage,
 You should become a Carthusian
 Or go into a hermitage.
 Be wary ...
- 141. Believe me, I am your friend,Now imitate so and so,Don't let yourself be governedBy such mere trifles.Be wary ...
- 142. I'm not the only one who says this:
 So and so does, also your father.
 What! You think they're all stupid,
 Not knowing how to get things done?
 Be wary of this hidden lie,
 It smiles at us, but damns us.
- 143. The world, impostor, so verbose In sanctioning its conduct,
 Too bad it would be impossible
 To write it all in many volumes.
 We could then refute so easily

AXIOMS OF THE WORLD

All its random lies.

- 144. O damned respect for the flesh,
 Accursed brood of vipers,
 Accursed offspring of hell itself,
 Accursed source of misery,
 O destroyer of good intentions,
 O great persecutor of the saints!
- 145. I realize you are my enemy,
 And I declare you damned;
 I choose God alone as friend
 And publicly, despite your rage
 Without any fear of what you'll say
 Or even what you'll do.
- 146. To follow the example
 That Jesus gives to me,
 I always do good everywhere,
 Without fearing anyone,
 In order to bear the sacred title:
 A man without human respect.

PRAYER:

- 147. Help me, Queen of Heaven, Help me, most Holy Virgin, Against the wretched world, Its human respect and fear, To conquer them, with your Son, In spite of all the risks.
- 148. O mighty God, lend me a hand, Your all-powerful hand, To conquer human respect, That charming beast. Trusting in you, my dear Jesus, I will never be confounded.
- 149. Truly I will be blessed
 If, living this life,
 I am contradicted everywhere
 By calumny and envy;
 If, despite what they say
 And in spite of hell, I carry on.

- 150. Ah! let me not be fooled
 By this intricate spell;
 Let me not be trapped
 By this human being, by this cunning snare,
 But let me die faithful to your laws
 In the shadow of your cross,
- 151. Hated by the world and despised, Contrary to the world's maxims, Poor, suffering and abandoned, Burdened with crosses and trials, But, upheld by your arm I shall never fall into hell.
- 152. If someone is truly converted,
 Let him believe me and take up arms,
 Let him join rank with me
 Against the world and its alarms,
 To follow a God victorious
 Both on Calvary and in the heavens.

GOD ALONE

THE LOVING DEVOTION TO THE HEART OF JESUS

40 TREASURES OF THE SACRED HEART

- Here is the greatest marvel
 Expressed in my verses.
 Chosen souls, listen
 And mingle your voices with mine.
- 2. Rising far above myself, I ascend even to the saints,

1st POINT
The infinite
treasures of the
Heart of Jesus
Christ.

Motives. To honor the Heart of Jesus.

Higher still, to the Great High King, Higher than all the heavens.

 What do I see? All heaven admires it, All heaven's astonished!
 I see what cannot be described.
 Come, come and gaze, chosen souls.

1st Motive
It is the object of
adoration and
admiration by the
angels.

- 4. Angels, tell me, I entreat you, What is this lovely blazing fire? It is the Heart of Mary's Son, And of the only Son of God.
- Mortals, adore with angels
 This Heart, which we too must adore,
 Cry out and sing praises
 To a Heart that love has rent.
- O great mystery of glory Not grasped here below! Faith is needed to believe it If a heart has yet to taste it!

2nd Motive It is an unknown mystery.

7. This Heart, as man approaches, Exalts God its Creator, Glorifying His mercy, Offering perfect homage.

3rd Motive It glorifies the mercy of God.

8. How startling! The Heart is humble At all times before its Father; It praises, adores, entreats, Speaking for us mightily.

4th Motive It adores the Majesty and prays for us.

- O overwhelming marvel!
 O Heart Most Divine,
 Infinitely adorable,
 Within the Trinity all holy!
- 10. O! What flames rise to the Father From this Heart night and day!O! how it loves man, his brother, With pure and burning love!

5th Motive It loves God Its Father and man Its brother.

11. O great Heart! O burning furnace! O miraculous inferno

6th Motive It enflames heaven and earth.

Shooting forth abundant flames To set earth and heaven afire!

12. Since it is Heart, it loves us Without ceasing for an instant; It loves us as much as itself, Exceedingly, infinitely.

7th Motive The Heart loves us as Itself.

It is the Heart of hearts sublime,
 The Heart of the truly chosen,
 The greatest of their victim souls,
 Through Him, our sins are pardoned.

8th Motive It is the Heart of great hearts and great souls.

- 14. In this Heart, the holiest souls, The best friends of the Savior Have found their purest flames, Their most inexpressible fervor.
- 15. Here is the real treasury
 Of the grace of Jesus Christ,
 Here is the admirable fount
 Of all the Holy Spirit's gifts.

9th Motive The treasury of Jesus Christ and the Holy Spirit.

16. Here is the fount of life From which all the saints have drunk, Here is the marvelous fire Where their hearts became enflamed. 10th Motive The source of life.

17. We find in this Heart all weapons,It is the great arsenal;We find in it the holiest delightsTo charm, and conquer evil.

11th Motive The fire of pure love.

18. Here is the holiest hideaway Where we avoid all sin, Where even the imperfect soul Becomes holy, at bargain prices. 12th Motive The arsenal of all arms.

19. Here is the town of refuge Where no one is ever hurt, And the true ark of deluge Where no one ever drowns. 13th Motive The retreat of the perfect.

> 14th Motive The refuge of sinners.

- 20. This pierced Heart enchants
 And disarms the God of vengeance,
 Its wound forms its divine mouth
 Which victoriously pleads.
- 21. In this Heart, God the Father Never strikes the sinner, This Heart calms his anger, Obtains his grace and favor.
- 22. Here is the sacred entrance To the Spouse's inner chamber, Where the pure soul is inebriated With love's most pleasing wine.

15th Motive. The Chamber of the spouses of Jesus Christ.

- 23. In this Heart the soul is laced With perfume's sweetest scent. In this Heart the soul is lit With extraordinary fire.
- 24. This Heart is our living ark Containing the entire law, The innocent soul's secrets And the mysteries of the faith.

16th Motive. The Ark of the Covenant.

25. In this Heart our Master planned All the secrets of his love,
Before disclosing them to us,
Before bringing them to light.

17th Motive. The Hall of the secrets of Jesus Christ.

- 26. His Heart formed His oracles
 Before He ever uttered them,
 His Heart formed His miracles
 Before He ever performed them.
- 27. In this fount of all light, The favorites of Jesus Christ Have drawn the deepest mysteries, The Holy Spirit's greatest gifts.

18th Motive. The source of all lights.

28. In this pure treasure of innocence All the saints have been formed, It is there that they were born

19th Motive The treasury of innocence.

And accomplished all their plans.

29. This Heart is the rock's cleft Where gentle peace is found, It is earth's paradise Where dwell all the elect.

20th Motive The paradise of good souls and their bed of repose.

- 30. This Heart is the bed of rest For Jesus' intimate friends; In this Heart they acquire Their most sublime virtues.
- 31. O great Heart, O deep abyssOf profound humility!O great Heart, O sublime throneOf perfect charity!

21st Motive. The treasury of all virtues.

32. Oh miracle of the world, great Heart Which truly contains everything, Heaven, earth and sea, All the Holy Trinity!

 22^{nd} Motive. The miracle of the world.

33. Praising this adorable Heart,
I praise in proportion
The Heart of His admirable Mother,
So intense is their union.

23rd Motive
Union of the
Heart of Jesus
with the Heart of
Mary.

- 34. It is you alone whom I adore, Heart of my God, glorious Heart, But, adoring you, I also honor The Heart of heaven's Queen.
- 35. Christians, by Mary's Heart
 We love the Heart of Jesus,
 Since Jesus took life
 In her most virtuous heart.
- 36. From the blood of her flaming heart, The Heart of Jesus was formed; They have but one heart, but one soul, One and the other should be loved.
- 37. Soul, lose yourself entirely
 In these two miraculous hearts,
 One and the other convince you

Resolution.

To see but one in the two.

38. Dear soul, mount secretly, By this tender heart to the Heart Most High. You will soon become perfect, Loving this Heart as one should.

GOD ALONE

41 LOVING EXCESSES OF THE SACRED HEART

- Let us go deep within the Temple, Let us enter this marvelous Heart, So that we may love as it does, Let us gaze at its excess of love.
- 2nd POINT Motives to love the Heart of Jesus.
- See in Mary's womb
 This tiny Heart aflame.
 Filled with the Spirit, it cries:
 Love, love, love of God.

- 1st Motive
 In the womb of
 Mary.
- My God, my Father, my Heart is set To carry out your will. Here in my mother's womb I submit to it with all my Heart.
- I adore you and I love you,
 Here I am, do with me as you please.
 In the center of my being
 I set your cross and your rule.
- You let me see even now,
 That the cross must be embraced,
 And on it I must even die.
 I yearn for it, my God, it is my choice.
- 6. What, man would lose life itself? My love can not abide it! I want to die, I am dying of desire To keep them all from perishing.

- 7. My mother, most dear to me, I am filling you with gifts So that you may be the mother And the refuge of sinners.
- 8. This Heart impelled by love Journeys to John, its herald, It fills John's heart with joy, With grace and with meekness.

2nd Motive
At the
sanctification of
St. John.

- 9. From His infancy Jesus reveals
 The excesses of his love
 By his excessive suffering
 And his great poverty.
- In the stable, everything proclaims:
 His Heart is so loving
 He is so poor in this crib
 He seems sad on account of it.

3rd Motive In the stable.

Love makes this Heart sigh
 For it delays his death,
 He hastens to be circumcised
 To shed his blood and suffer.

4th Motive At the Circumcision

12. In the Temple, he is the victim Calming God's wrath, Rendering God sublime honor, Offering himself entirely for us.

5th Motive In the temple.

13. When he flees from Herod, love impels him, He seeks us, he yearns to find us; Under an infant's weakness, he hides His eagerness to save us.

6th Motive. The flight into Egypt.

14. How gentle and docile is this Heart!
Jesus chats with other children,
How affable and loving,
How winning his charms!

7th Motive In His conversations.

To win victory for us,He obeys his parents;To make us shine in glory,He stays hidden for thirty years.

8th Motive In His hidden life.

16. Running wherever love draws him, He longs to find us eventually, He is weak, he is out of breath So weary is he from the journey.

9th Motive In His missions.

17. He sits down by a well,Not so much to restBut for the Samaritan womanWhom he wills to save and win.

10th Motive In His conversation with the Samaritan woman

- 18. With what skill and wisdom
 This kindest of all hearts
 Wins over this sinful woman!
 A miracle of love!
- 19. By the sovereign meekness Of his most tender and gentle Heart, He converted the Magdalene And shielded her from others.

11th Motive. In the conversion of the Magdalene.

Admire the gentle way No harshness is shown He rescues the adulterous woman
 From the hands of her accusers.

12th Motive. In the salvation of the adulterous woman.

21. Do you see him humbly bowing
At the feet of wretched Judas?
His Heart tells him, his Heart calls out:
"My friend, do not damn yourself."

13th Motive. In His conduct toward Judas.

- He sighs, his tears flow downBut Judas is not moved.O tender Heart, O charming Heart,Truly you are not known!
- 23. Love robs Jesus of lifeYet bestows life after death:He lives on in the Eucharist.O Heart, how strong your love!

14th Motive. In the institution of the Holy Eucharist.

24. In a garden, he weeps and cries, Struggling brutally for us Even to the depths of agony; He is overwhelmed by our blows. 15th Motive. In the Garden of Olives.

- 25. He weeps not for himself, Although his blood flows in streams; Since this Sacred Heart so loves us, He can not abide our woes.
- 26. In terrible combat, his Heart Overcomes all, draining his strength; He is mindful only of us! He rises, hastening to his death.
- 27. He is dragged to the slaughter Like a silent lamb, They treat him viciously; He neither speaks nor complains.

16th Motive. In His arrest and sufferings.

- 28. Alas! he is taken and bound,
 Overwhelmed with thousand blows,
 They nail him, they crucify him;
 His Heart is always so gentle.
- 29. As nothing, he counts his suffering And all the woes he has borne, His Heart full of immense love Cries: "Strike, strike even more.

17th Motive His Heart desires even more suffering.

- 30. I am happy to be battered, That all my blood be shed, Provided man be forgiven Provided man not be lost."
- 31. See how this Heart gathers
 His meager strength and vigor
 Only to obtain grace
 For his executioners and sinners.

18th Motive. In His prayer on the Cross.

- 32. More than his lips, his Heart cries out: "O my Father, forgive them, So that as their evil affects me, You will diminish my sorrow."
- 33. Finally, his Heart stops beating But life is not lost Since his Heart is still eager To suffer after death.

19th Motive At His death.

34. His Father grants his prayer; Behold! His side is pierced, And from the gash, a river flows Of water, blood and love. 20th Motive. When His side was opened.

- 35. Finally, the furnace opens up!
 Finally, this great Heart unlocks;
 Finally, the reason is clear
 Why Jesus has so suffered.
- 36. By piercing His Heart, he is consoled: The passageway carved by the lance For his Heart's devouring fire, Leads straight to the heart of the sinner.
- 37. Through this bleeding mouth, His Heart has been speaking for two thousand years, With a voice both dying and living, Words that I hardly understand.

GOD ALONE

42 WORDS OF JESUS CHRIST THAT REVEAL THE GREAT BENEFITS OF DEVOTION TO THE SACRED HEART

- Let us journey, sinners, journey
 To the Heart of Jesus Christ,
 Through His Heart Jesus speaks,
 Creating in us a contrite heart.
- My Heart burns with ardent thirst, "I thirst" is my constant cry; To you, dear penitent soul, My Heart looks for relief.
- 3. Mix my blood with your tears Since you weep over your sins;

3rd POINT

Motives for devotion to the Heart of Jesus.

1st Motive
The Heart of
Jesus desires this
devotion.

He calls penitent souls.

Fear not, I lay down my arms Since your heart is so moved.

- To double your penitence,Enter my Heart so penitent.To love me with immense love,Enter my Heart which so loves you.
- 5. You are my sweetest conquest By doing penance, as you do, Heaven and my Heart rejoice, I take pleasure in your tears
- Although I love you and forgive you, Groan constantly even so, For it is the finish that I crown, And not the starting point.
- 7. My Sacred Heart is my breast I offer you for nourishment To make you strong and true, To practice penance, faithfully.
- 8. Where do you flee, criminal sinner?
 Why do you run away from me?
 You will fall into the abyss,
 My heart calls you: Draw near.
- What! Must you offend me Because I am so merciful? My Heart defers vengeance To grant you forgiveness.
- 10. Cry to your God: "Mercy!" Do you hear me? I am your Savior, Through me alone God grants mercy Through me alone sinners find favor.
- In my Heart forgiveness lies;
 Outside of it, nothing is pardoned.
 In my Heart hope has its home;
 Outside of it, damnation looms.
- 12. If my Heart, by its gentle flame Can not finally win over yours,

2nd Motive His Heart is His Breast.

3rd Motive Appeal to sinners Whom He loves.

How cruel! You rip out my spirit, And your heart transfixes mine.

13. My Heart, against its nature, Will forever cry for vengeance Against you, vile creature: You did not accept my peace.

4th Motive
His threats if one
is not devoted to
Him.

- 14. For your excess of impenitence, And my excess of charity, I will return an excess of punishment For all eternity.
- 15. At the end of the world, I will open My ardent Heart to sinners But for those who do not respond, My Heart will be ice cold.

5th Motive His lamentation

- 16. They scorn all my sufferings, My blood, my Heart, my love, In spite of my own blood, They overwhelm me with sin.
- 17. Come to my Heart, faithful soul, Would you also abandon me? Come, drink at the eternal fount, Not meant for hardened hearts.

6th Motive Appeal to pious souls.

18. Soul, do you need light?
My Heart is a divine sun
Where the crudest soul
Will see clearly as a cherub.

7th Motive This Heart gives light.

My Heart alone strengthens,
 It powerfully charms;
 My Heart alone restores peace
 It is the center of peace itself.

8th Motive It strengthens.

9th Motive It pacifies.

- 20. Quick! To my Heart, far from bedlam, Enter this home of saintly souls Where sin and insult are unknown: Secrets by the world ignored.
- 21. Rest, my dear soul, rest In my Heart, a bed of flowers;

10th Motive It is a bed of flowers.

All good dwells in my Heart: Don't squander your life elsewhere.

22. Is your heart lukewarm, weary?Or perhaps completely lazy?My Heart sets souls on fireTurning dwarfs into giants.

11th Motive It sets souls on fire.

23. Is your heart melancholy Through the devil's tricks? My Heart brims with joy, Banishing all worry.

12th Motive It gives joy.

24. Are you really thirsty? Come, Drink from the Savior's fountain A liquor made of glory With fire and holy fervor. 13th Motive It quenches thirst.

25. Do you yearn for divine wisdom Making you wise in God's eyes? Do you relish divine delight? My Heart is its burning throne.

14th Motive It bestows wisdom.

26. To blaze joyfully with love, Would that be your desire? Quickly, lose yourself in my Heart, The furnace aflame with winning Love.

15th Motive It conquers everything by love.

27. If you want to love Mary
With almost infinite love,
Love with my Heart, I beg you,
For my Heart is one with hers.

16th Motive Mary must be loved.

- 28. Our hearts were but one victim When they lived on earth, So intimately united, they form But one love in the heavens.
- 29. Let everyone love and adore My Heart, through divine delights; I promised, I still promise All my treasures to the pious.
- 30. If you wanted, Princes of France, To love my victorious Heart,

17th Motive It assures victory.

Victory in abundance Would follow your troops far and wide.

- 31. In my Heart is all victory
 Over your enemies and mine;
 In my Heart is all my glory
 All my riches and my grace.
- 32. Open your heart, pure soul, Rather, enter into mine; Abandon all created things, Possess all good in my Heart.
- 33. I have borne countless insults So I may be all yours today; Make amends by your worship, My Heart ardently entreats you.

GOD ALONE

43 OUTRAGES AGAINST THE SACRED HEART

Listen to my holy lament,
 Friends of my Savior's Heart,
 I open up my soul to you:
 May my own heart be consoled.

4th POINT.

- Speak, O my heart, speak, O my tears, Sigh, weep, a thousand times, weep; How utterly distraught I am! Both words and voice now fail.
- You have asked me, friends, Why my heart is so afflicted, Why I sigh and weep. Ah! My Jesus is insulted!
- The idolatrous ignore Him, They know not the King of Heaven, Turks and Jews deny Him,

Jesus is blasphemed among them.

- 5. How many infamous heretics Have profaned His sacrament! Oh! how their diabolical rage Should ever astound us!
- All heaven and earth together Weep over these indignities; My heart weeps, my hand trembles As I write about these cruelties.
- 7. How cruelly they insult
 His paternal testament,
 Deeming Him only as a sign
 In the Blessed Sacrament.
- 8. What grave insult to His words
 To deny the reality!
 They treat as things so frivolous
 His oracles of truth.
- No longer having faith to rule them, They outrage Him a thousand times; By their fury and anger against Him, They nail Him back upon the cross.
- 10. Some throw consecrated hostsTo animals so furious,Others throw them piece by piece,In the mud and in the streets.
- One, with a penknife, O shocking act, Pierces this most loving Heart, Another throws it into boiling water, Another throws it into fire.
- 12. Alas! how many by black magic Have handed over the Host To the devil, or by sorcery Have made of it cruel poison!
- Ponder now unfaithful Catholics Who, by their piety, should Defend it from the heretics.

They are alas, more cruel.

- 14. Our churches are neglected, Our God is without adorers, For days, what do I say, for years, No one adoring His majesty.
- 15. If many come into our churches, It is not so much for Jesus Christ But through custom or example, Jesus is not in mind.
- Often this Master, King of glory, Is abandoned on our altars, No one recalling He is there, Deserted by all mortals.
- While the Sacred Heart plans
 To shower us with favors,
 We really do not care,
 And even treat Him harshly.
- 18. How many impious opposed to this Heart! How many infamous actions! How much indecency everywhere! How many profanations!
- 19. Look at this wretched man swearing And blaspheming God's Holy Name! Yet the insult upsets no one, They laugh at it with the devil.
- 20. No one has ever seen the earth So full of God's enemies, Everywhere but crime and war, Jesus bemoaned this recently.
- 21. But no one is shocked by this, The greatest crimes are nothings. Who pities Jesus? Alas! no one, We're only thinking of ourselves.
- 22. If only He'd be spared in church!... Alas! no, it's in His palace
 That He is pierced by many darts,

And no one is even shocked.

- 23. Look at that worldly woman That idol of such vanity, Who by her haughty ways Challenges the Divinity.
- 24. Do you see her all decked out Near an altar unadorned? See how she is adored. Jesus is not considered.
- 25. How many infamous trysts In the church of our God! How many men and women Lose their souls in this holy place!
- 26. What giggling, what chatter! Talking there as if at market. What unbounded insolence! And God suffers all these sins.
- 27. Even Turks in their mosques Practice modesty, Respect and attention, As for us, what disorder!
- 28. See the church, so poor, so filthy, Next to the pretentious castle, For the Lord and Lady must possess Abundance in their homes.
- 29. Alas! how many wretched priests, Wolves in lamb's clothing, Judases, wretched traitors, More cruel than executioners!
- 30. Is this then how man offends
 The loving Heart of the Savior?
 Is this what man calls gratitude?
 What outrage and what heartbreak!
- What cruelty! The ungodly
 Vent all their fury in the church,
 Where banished from many hearts,

Jesus seeks sure refuge.

- 32. Will we then have hearts of stone, And not share in His sorrow? Ah! Let's suffer with Him on earth Mingling our tears with His blood.
- 33. He speaks as to the apostles: I am abandoned, my friends, Do you want to leave me also And join my enemies?
- 34. Ah! I will suffer these insults
 From my declared enemies,
 But those I love without measure
 Grossly insult me! Weep, my friends.
- 35. Ah! my Heart is in agony, For they attack me in my home. There I am betrayed, denied; They change my blood to poison.
- 36. In bitterness my Heart cries out, It is overwhelmed by sin, Will you all have hearts of lead Will no one of you be touched?
- 37. If you, the faithful, desert me, I am left completely alone, Shall I go to the infidels?

 They know me less than you do.
- 38. My heart loves you, desires you; It is for you that it was pierced. It sighs so strongly for your heart, And what! Shall I be forsaken?

GOD ALONE

44 DEVOTION TO THE SACRED HEART

Come to this Heart, earth's sinners,
 Or else misfortunes shall be great;
 I can see the rod and thunder
 About to fall on sinners.

5th POINT Practices of devotion to the Sacred Heart

1st Practice.

 Love this Heart, for it loves us, Love is repaid with love. Love with overflowing love, Purely, night and day.

1 Love the Sacred Heart.

 All heaven kneels before this Heart, Calling earth to adore it, Let us in justice then adore, For It is the Heart of God. 2 Adore It.

4. Both through love and in justice
To this Heart, we consecrate ourselves.
Let's offer, offer this oblation
Totally and from now on.

3 Consecrate oneself to the Heart of Christ.

Let us chant with angel choirs
 The grandeur of this divine Heart,
 Let us take part in their praises
 So that their fervor may be ours.

4 Sing Its praises.

Speak of this Heart, preaching boldly
Its greatness and delights.
Let us sigh constantly, lamenting
How few people know this Heart.

5 Promote this devotion.

7. How often we should visit Him For so many wretched Christians. This good Heart begs us to do so, He wants to fill us with His blessings.

6
Visit this Heart in the Blessed
Sacrament.

8. With a pure and faithful heart, A heart filled with devotion, Let us taste His eternal sweetness, In our Holy Communions.

Receive Holy Communion.

DEVOTION TO THE SACRED HEART

- Let us go to melt our coldness
 In this Heart, the burning bush,
 Let us there all graces draw
 From His Heart's abundant store.
- Let us be most grateful
 For His innumerable gifts,
 Always aware of His presence
 In our hearts and in our homes.
- Let us be united, I beg you,
 Together vanquishing the devil,
 By joining the confraternity
 The Church erected in its name.
- 12. In our troubles, and afflictions, In our most painful trials, In this Heart, let's place our hope; It is our Heart, it is ours.
- For hope to be sincere,
 We must avoid all sin,
 And no matter what the cost,
 Lie hidden in this wound.
- 14. This Heart is our life's model, Let us all assume its mind; Heart to heart, we follow it In all its ways and actions.
- 15. In famine and abundance In joy as well as sorrow, In what we do and what we think, We stay one with it always,
- 16. So that our heart may be called 'According to the Heart of God,' So that we may become people Filled with grace and all aflame.
- 17. The most useful practice,
 Most glorious for the Lord,
 Most conformed to the Gospel:
 Make amends to His honor.

8
Give thanks to this Heart and honor Its images.

9
Unite oneself to this Heart in one's actions.

10 Hope in the Sacred Heart.

11 Avoid sin and hide oneself in Its wound.

12 Imitate the Sacred Heart.

The purpose of this devotion.

14 Make amends to His honor.

- 18. Try to make up for the insults
 Hurled against this divine Heart,
 Despite the flesh and nature,
 Despite the world and the devil.
- 19. While a thousand carnal souls Seek only their own pleasure, Faithful soul, let us seek Jesus, Sparing nothing to adore Him.

- At last I see that with all my scruples
 I get nowhere and hinder all good.
 I'm stuck in the mud, my faults increase.
 Or:
 I live without peace, and my troubles accumulate,
 I lose heart and my faith withers.
 REFRAIN: Wretched scruple, be gone,
 Wretched scruple.
 I obey and love God,
 I obey and I love.
- When I want to move forward, backwards I go, In no way can I advance; I swing back and forth like a pendulum. Wretched scruple, be gone, Wretched scruple.
- 3. But I am no longer the scrupulous woman, A nuisance, a heartache to all; I have become affectionate Magdalene. Wretched scruple, be gone, Wretched scruple. I obey and I love God, I obey and I love.
- 4. My troubled ways, my sullen face

Would scare wolves away; A trifle would upset me. Wretched scruple, be gone, etc.

- 5. But now my face is smiling,
 Without trouble or care;
 I am at peace, I am happy.
 Wretched scruple, be gone, etc.
- 6. When I'd commit a fault or blunder,
 Through the effort of the evil one
 I used to be troubled, convinced I was lost.
 Wretched scruple, be gone, etc
- But now, when I have fallen,
 I ask forgiveness;
 I humble myself and God lifts me up.
 Wretched scruple, be gone, etc.
- I only wanted to do as I pleased, I was always right.
 Oh! what a wicked beast I was! Wretched scruple, be gone, etc.
- But now I would not want
 To take an imprudent step.
 I want nothing; Father, tell me what's right.
 Wretched scruple, etc.
- 10. When I had evil thoughts Which really upset me I would be troubled, I believed myself doomed. Wretched scruple, be gone, etc.
- My thoughts no longer worry me
 Taking no pleasure in them,
 Renouncing them without scruple or shame.
 Wretched scruple, be gone, etc.
- 12. The evil spirit would twist me in circles And at his pleasure. He made me annoying to everyone. Wretched scruple, etc.
- 13. As a child at the breast

I obey simply, Never sly or rebellious. Wretched scruple, etc.

- 14. A trifle seemed dreadful to me, A mole hill, a mountain. Even good deeds upset me! Wretched scruple, etc.
- But now I walk with confidence I act quite simply, And that is why I am confident. Wretched scruple, etc.
- 16. I regarded God as a severe judge Always ready to strike, Lightning in hand and always angry. Wretched scruple, etc.
- 17. But now I love God as a Father Whom I fear to offend He is my good Father and Mary my mother. Wretched scruple, etc.
- 18. Before, I only acted through fear Almost never through love; Shame and fear were in my heart. Wretched scruple, etc.
- 19. But now the love which rules me Guides me night and day, Making me holy and free. Wretched scruple, etc.
- Love makes me love obedience, And seek poverty, Flee pleasures, embrace suffering. Wretched scruple, etc.
- With love, I run through the countryside
 With incredible joy,
 I cut through the wind, I cleave the mountains.
 Wretched scruples, etc.
- 22. Expect little from a scrupulous soul

For the glory of God; She is neither strong nor courageous. Wretched scruples, etc.

- 23. A trifle exhausts her, a bagatelle offends her, Because she loves little. Let us love greatly, then we'll have courage. Wretched scruples, etc
- 24. Whoever wishes to leave scruples' abyss Must reject her own will; That is the source of scruples and sin. Wretched scruples, etc.
- 25. The obedient will chant victory, They are safe, They will receive crowns of glory. Wretched scruples, etc.
- 26. I would prefer to follow the plow, Directing the oxen, Than to direct a headstrong woman. Wretched scruples, etc.
- 27. If I tell her, "I want you to obey me," She moans, "Father, I can't. I know myself, and I am so wicked." Wretched scruple, etc.
- 28. Both scruples and gloomy nastiness
 Come from the evil one,
 By one and the other he wins the victory.
 Wretched scruple, etc.
- 29. Let us not fear the Lord with servile fear, But with a reverence very childlike. Let us love much; Everything then will be easy. Wretched scruple, etc.
- 30. O Jesus, my love, I love you
 From the very depths of my heart,
 I love you above all, out of love of you.
 Wretched scruple, etc.
- 31. Expand my heart, Virgin Mary,

So I may love Our Savior more, Guard me from all scruples, the rest of my life. Wretched scruple, be gone, Wretched scruple. I obey and love God, I obey and I love.

GOD ALONE

46 CONSOLATION OF THE AFFLICTED (1)

- THE AFFLICTED PERSON:
 Oh! How sick I am!
 How miserable!
 I'm so weary of this bed.
 What have I done to the Lord?
- 2. THE DEVIL:
 Weep now, grumble and rage,
 Your illness is dangerous.

No one here to console you, You are wretched indeed.

- 3. THE FRIEND OF GOD:
 How you suffer, brother!
 Suffer without languor.
 God will be your Father
 If you will suffer for Him.
 Holy Cross of Calvary,
 As long as it, as long as it,
 Holy Cross of Calvary,
 As long as it will last.
- 4. To suffer and grumble Resembles the devil, Our God is insulted His name is attacked. Holy Cross, etc.

- 5. Oh! the beautiful legacy
 You are winning for heaven!
 Suffer well, have courage
 And try to be cheerful.
 Holy Cross, etc.
- 6. THE AFFLICTED SOUL:
 My head is killing me,
 I burn like a fire,
 Like a poor animal
 How I suffer! O my God!
- 7. THE DEVIL:

 No more can you do,

 You are wasting your time;

 What about your mother,

 Your wife and your children?
- 8. (a) THE FRIEND OF GOD:
 God is punishing you
 But only to test you,
 He strikes, humiliates,
 But only to save you.
 Holy Cross, etc.
- If you know how to suffer, God takes care of your own, By himself or by others, He knows how to sustain them. Holy Cross, etc.
- 10. THE AFFLICTED PERSON: Ah! my pain overwhelms me. How horrible my lot. How miserable I am! How I wish I were dead.
- THE DEVIL:
 Look, how you are abandoned
 Just like a poor dog,
 No one even offers you

No one even offers you Help or support.

12. THE FRIEND OF GOD: Your hell is beginning,

8. (b) A year's work
Although excellent
Is not worth one day
Of a cheerful invalid.

God is armed against you And your impatience Increases His wrath. Holy Cross, etc.

- 13. See our Good Jesus
 Dying on Calvary.
 There is your model,
 Do you suffer as much?
 Holy Cross, etc.
- 14. Your place is in hell, Deign to look at it; You have the audacity To complain and to grumble? Holy Cross, etc.
- 15. THE AFFLICTED PERSON:
 Other misfortunes pass on,
 But still to be sick, alas!
 No, a saint in my place
 Would not tolerate it.
- THE DEVIL:
 To suffer without complaint
 Demands flesh made of iron.
 So blaspheme, twist and thrash
 Like a demon from hell.
- 17. THE FRIEND OF GOD:
 Your cries, your black mood,
 Add sins to your soul,
 Hell proclaims victory,
 You double your ills.
 Holy Cross, etc.
- 18. The wise man embraces His Cross at all times, God endows him with grace Proportioned to its weight. Holy Cross, etc.
- A little patience, Your ills will pass on, But your great reward

Will last forever. Holy Cross, etc.

 Suffering is called God's divine will,
 As long as it's loved,
 Received in good spirit.
 Holy Cross, etc.

21. THE AFFLICTED PERSON: My sick bed is worth nothing, Who cares for me anyway? Outright scum, you scoundrels, For this you'll really pay!

22. THE DEVIL:

Your distress how I pity! Nothing but cold broth, stale bread, And such rancid meat; you're right, There is no one who cares.

23. THE FRIEND OF GOD: What curses! What sins!

Angels weep and flee. You open the abyss, And devils laugh loudly! Holy Cross, etc.

- 24. The devil inspires you To distort everything, And so make you furious Toward the whole universe. Holy Cross, etc.
- 25. If your sickness so bothers you Say: May God always be blessed! You will gain not only merit, But infinite happiness! Holy Cross, etc.

26. THE AFFLICTED PERSON: Gout, aches in the belly, Fever and toothaches, Asthma, sciatica, How great are my pains!

27. THE DEVIL:

Yes, your illness is strange, Succumb under its weight. You'd have to be an angel To suffer in peace.

28. THE FRIEND OF GOD:

It is only fair That a sinner like you, So filled with malice, Suffer quietly some blows. Holy Cross, etc.

- 29. God disciplines like a father, Not like an annoyed judge, Never chastises through anger But through absolute goodness. Holy Cross, etc.
- 30. Heaven takes delight
 Seeing you on this bed,
 Offering sacrifices
 Worthy of Jesus Christ.
 Holy Cross, etc.
- 31. THE AFFLICTED PERSON:
 I no longer know what to do,
 I will die of sorrow.
 Quick, call a pharmacist!
 Quick, a good doctor!

32. THE DEVIL:

Keep far from his door A father confessor, His presence brings only Fear and great sorrow.

33. THE FRIEND OF GOD:

What care, what concern, what zeal For the health of the body! And for the immortal soul Not the least effort! Holy Cross, etc.

- 34. A patient truly wise
 Goes first to confession,
 Then filled with consolation,
 Prepares for his death.
 Holy Cross, etc.
- 35. The victory you will win By suffering well,
 Thus becoming the glory And the honor of God.
 Holy Cross, etc.
- 36. Oh! how wise are His blows!
 How joyful they make us!
 They render Him homage
 When suffering is loved.
 Holy Cross, etc.
- 37. THE AFFLICTED PERSON:
 My God, I adore you
 In your judgments so just;
 If you strike me again,
 Grant your powerful help.
 Holy Cross, etc.
- 38. In your Most Precious Blood,
 I drown my sins and my woes,
 And I embrace joyfully
 Any new pain.
 Holy Cross, etc.

47 ACT OF REPARATION TO THE SACRED HEART

- O Heart of God, adorable Heart, Heart, the goal of all my love, O infinitely lovable Heart, Who loves me, loves me always.
- 2. Although so poor and wretched,

Although the greatest sinner, I now make an act of reparation To your Heart so full of grandeur.

- 3. Pardon for all the unfaithful, Who, though created for you, Attack you, and damn themselves, Despite your paternal goodness.
- Pardon for the schismatics Estranged from your unity, Pardon for the heretics Who contradict your truth.
- Ah! pardon for their malice, Pardon for their scandal, Pardon for all their fury, Pardon for their cruelty.
- 6. Pardon, pardon, divine Heart, We forget you in the Tabernacle; Pardon for the ungodly Christian Who constantly profanes you.
- 7. Ah! pardon for these insults, For these criminal rendezvous; Pardon for our irreverence Which stains your holy altars!
- 8. They pierce your very Heart, Which even the devil dare not do. For this perjury and blasphemy, Your pardon, Lord, I pray.
- Pardon for the wayward priests
 And all your hidden foes;
 Pardon for a thousand traitors
 Who receive you, though in sin.
- 10. Alas! Your life is shatteredIn many hearts, despite your love;Alas! They crucify you there.O weep my eyes; O flow my tears.
- 11. Pardon for the cowardly souls

Who sleep next to your altars; Who, by their hearts so sullied, Incite your Heart to vomit.

- Mercy, mercy, for myself,
 Frequently approaching you
 With so much indifference,
 And with a heart so filled with sin.
- Forgive me my negligence
 My lack of preparation
 And my cruel indifference,
 At the time of Holy Communion.
- 14. Pardon my ingratitude For receiving many graces, Yet hardly even caring To follow in your virtues.
- 15. O MY JESUS, MERCY, MERCY!
 For all the sins I have committed;
 If your Heart does not grant it,
 I will be forever lost.
- 16. My heart, are you insensitive To Jesus' Heart so despised? No, no, it is not possible! His self-surrender was for you.
- 17. If an infidel Turk's heart
 Had loved you as much, you would
 Return the love, O rebellious heart;
 But this Heart, you do not love!
- 18. Loving Heart, I now embrace You, I give myself entirely to you; How right that I should do so, For you have first loved me.
- 19. Alas! Would that I had as many tears As drops of water in the ocean! I see so many who attack This Heart so worthy of our love.
- 20. Would that I could run throughout the earth

To cry out far and wide: Sinners, stop all your attacks On Jesus' loving Heart!

- 21. Would that I by a thousand praises, As I crawl along in a hangman's noose, Make amends for these awful scandals, Even though I'd be treated like a fool!
- 22. O Heart, why can I not enthrone You In every mind and heart on earth! Why can I not bring to your feet The hearts of kings and emperors!
- 23. May at least all these verses
 Be as so many preachers,
 Making amends for all the scandals
 And giving grace to all their readers!
- 24. Go everywhere to melt the cold, Go everywhere to destroy all sin, Go, render homage to your God, Go, no longer be afraid.
- 25. Must I refrain from saying What I taste and what I feel? Speak, relieve my martyrdom, Speak, you are the Almighty.
- 26. Produce by your great power Some new preachers for the Church, To proclaim your immense love And to proclaim your grandeurs.
- 27. Through the Sacred Heart of Mary, Honor to your Heart, my Jesus, Listen to Mary's heart who begs you, And surely honors you the most.
- 28. O Sacred Heart, by her breasts, By her womb which bore you, Forgive your unfaithful people The excesses of their cruelty.
- 29. Enthralled by the divine flame

TO THE RELIGIOUS OF THE VISITATION

With which I see your Heart so filled, It is decided, I now open my breast, O Divine Heart, enter in.

30. Finally, my request is bold: Remove from me my sinful heart, May I have in this life No other heart than yours.

48 TO THE RELIGIOUS OF THE VISITATION

- O most holy Religious, My verses cannot name you, For I consider you so blest: This great Heart is yours to love.
- He has taken you for his own, Has made his palace among you, He is also your inheritance Which not all can claim.
- 3. From the height of Calvary's Cross He descended, through MARY, To your holy father's heart, And gave Himself completely.
- This holy, kindly father [St. Francis de Sales], Like a good, loving master, Gave you this loving Heart So you would burn with Its fire.
- Your Rule is so attractive, Francis is not so much the author As is meekness, humble and innocent, With neither pride nor harshness.
- 6. What immense glory!
 The Heart of the Lamb
 Has been born in your home:

TO THE RELIGIOUS OF THE VISITATION

Your house is His crib.

- 7. Since your home He chose for birth, There He must grow and increase, You must make His Heart be known, You must reveal Him to the world.
- 8. Among you His Heart takes refuge, Banished as it is from many hearts; He has found a home among you, Burn, burn then with its flames.
- God chose you as depository
 Of this most exalted treasure;
 It is your task, Reverend Mothers,
 To make this gift increase.
- As, thank God, you do this,
 I shall not admonish you;
 But do try to be more perfect,
 More faithful on this point.
- Among three Hearts, take your place;
 Jesus, Augustine and Francis;
 May the first, so full of grace,
 Make you as one and not as three.
- 12. Here are my verses, which I present To your hearts, all united as one; If this offering is excellent It is because as one you share it.
- 13. If any heart by its own spite Is not one with the community, I do not offer my sacrifice For this evil monster.
- 14. That soul has left its Center, This Heart so full of love; May it now return immediately Through the opening in its side.
- 15. Without concern for any rhyme, Meditate well my humble verses; Understand their sublime meaning

OUR OFFERING TO MARY

Making them your own sweet song.

- 16. If these verses have no impact, Let all the fault be mine; But may I not be the cause Of your refusal to believe.
- 17. But if my verses enlighten you Render glory to the Lord;
 Spread their truths everywhere, And make up for what I lack.
- 18. A priest has such need for wisdom, Please include him in your prayers, The Heart of Jesus urges you, Obtain for him this gift of gifts. Amen.

GOD ALONE

49 OUR OFFERING TO MARY AND JESUS' OFFERING TO HIS FATHER BY MARY'S HANDS

- Today we offer you, Blessed Virgin Mary, All that we have And our very lives. Consider this poor place Your own realm, Where you will be, under God, The only Queen.
- Look upon your dear Son,
 O Father of Lights,
 Answer his soft sobs,
 Grant His prayers.
 We offer Him to you now
 By Mary's hands.
 Be appeased: this dear Child offers you
 Infinite glory.

ON THE PERFECTIONS OF GOD

3. My God, I offer myself to you
By Mary's hands,
To immolate myself
As victim for all people.
Behold my body, behold my blood,
Behold my dear Mother:
Immolate everything from now on
As you wish, my Father!

50 ON THE PERFECTIONS OF GOD

- 1. Let us adore forever
 The Lord in all His gifts. (twice)
 Let us bless His mercy,
 Proclaim His meekness
 Adore His majesty
 Honor His might.
 Let us adore forever
 The Lord in His very being
- He is good by nature, Meek without harshness, Beautiful without blemish, Great without limit. Let us adore forever The Lord in his very being.
- He has no equal.
 When forgiving or punishing,
 Creating or destroying,
 He is lovable in everything.
 Let us adore, etc.
- 4. He is holy in Himself,
 Just in His punishments,
 Generous in His gifts,
 Gentle to all who love Him.
 Let us adore, etc.
- 5. By His power, He is

ON THE PERFECTIONS OF GOD

Present everywhere, Both heaven and earth Are filled with His presence. Let us adore, etc.

- 6. His anger is extreme
 When He is offended,
 But in Himself, He is
 Only goodness and love.
 Let us adore, etc.
- 7. His being is more sublime
 Than the heavens,
 More vast and deeper
 Than the sea and the abyss.
 Let us adore, etc.
- 8. How immense is His glory!
 The highest seraphim,
 All the heavens and the saints
 Quiver in His presence.
 Let us adore, etc.
- 9. Oh! how adorable He is!
 How sovereign!
 How holy, how splendid,
 But also how awesome!
 Let us adore, etc.
- 10. Oh! How great a Master!
 He has always been
 From all eternity,
 He will not cease to be.
 Let us adore, etc.

GOD ALONE

51 PRAISES OF GOD FOR HIS DEEDS

- Let us exalt the Lord forever
 For His marvelous, wondrous deeds.
 With but one word He has drawn
 All things from nothing,
 The heavens, the sky,
 And also both poles.
 Let us exalt the Lord forever
 For his marvelous, wondrous deeds.
- By Him alone all things subsist, There is naught He does not rule And that includes his enemies; Nothing resists Him. Let us exalt, etc.
- 3. His gentle Providence
 Orders all things firmly,
 Leads everything wisely,
 Without any one being aware.
 Let us exalt, etc.
- He produces and orders
 All things even the tiny fly
 And without mixup
 Knows every item.
 Let us exalt, etc.
- This great God makes the towns, He stocks the air with birds, The earth with animals; He even made the snakes. Let us exalt, etc.
- His arm shapes the lightning, The thunder in the sky, The tempest on the sea And the dust of the earth. Let us exalt, etc.

PRAISES OF GOD FOR HIS DEEDS

- 7. He takes as much trouble
 In making a tiny worm
 As he does a big whale
 In the depths of the sea.
 Let us exalt, etc.
- 8. He supports all people
 And the whole sky
 As easily as he does
 The smallest of the atoms.
 Let us exalt, etc.
- 9. Showing no prejudice,
 He seeks only to forgive,
 His great joy is to give;
 He is happy when he does so.
 Let us exalt, etc.
- He bestows gifts in abundance Without ever becoming poor, He defers punishment But never through weakness. Let us exalt, etc.
- As a clap of thunder, This God who settles scores, Crushes the emperor As well as the worm. Let us exalt, etc.
- 12. This holy Majesty
 Before whom I stand
 One day will judge me;
 I shudder with awe.
 Let us exalt, etc.
- 13. He searches the dust For the innocent poor To exalt them on high Resplendent with light. Let us exalt, etc.
- In heaven He displays glory
 On earth He shows mercy,
 In hell, His severity,

And everywhere, victory. Let us exalt, etc.

GOD ALONE

52 PRAISES OF GOD FOR HIS BLESSINGS

- Let us forever bless
 The Lord for his great gifts.
 Bless him, holy Angels,
 Praise his majesty;
 To his kindness render
 Unending, lasting praise.
 Let us forever bless
 The Lord for his great gifts.
- Oh! How good a Father!
 He takes great care of us!
 He supports us one and all Even in our misery.
 Let us forever...
- 3. Like a faithful Shepherd
 He has, with greatest toil,
 Led back into the sheepfold
 The most rebellious sheep.
 Let us forever...
- 4. He has broken all my chains, Like a mighty conqueror, And as a kindly Savior Has saved me from distress. Let us forever...
- My poor soul He has healed Like a kind physician. Like a benign master, My calm He has restored. Let us forever...

PRAISES OF GOD FOR HIS BLESSINGS

- He has taken for his temple
 Both my body and my heart,
 It is there that his great splendor
 Shines brightly night and day.
 Let us forever...
- 7. May all things praise in my stead A God so filled with love;
 He grants me every day I live,
 New graces for my soul!
 Let us forever...
- 8. He is my dearest Father,
 He takes good care of me,
 He holds me close to Himself,
 Helping me in my distress.
 Let us forever...
- 9. His kindness upholds me, His light instructs me, His beauty ravishes me, His love enraptures me. Let us forever...
- His gentleness caresses me, His grace heals me, His power strengthens me, His charity urges me. Let us forever...
- 11. God alone is my tenderness,
 God alone my support,
 God alone is all I have,
 My life and my wealth.
 Let us forever bless
 The Lord for his great gifts.

53 EVENSONG

Let us forever bless
The Lord for His goodness.
Oh! what a good Father!
What great care He takes of us!
He guards us all,
Sustains us all,
Instructs us all,
Forgives us all,
Despite our wretchedness.

- Jesus is my only love, Jesus is my treasure, Night and day I repeat, over and over: Love. Jesus is my love Both night and day.
- Let us go, O my soul, Let us go to true joy, Let us love gentle Jesus Let us love the true and only Love. Jesus is my love Both night and day.
- 3. Let us speak of Jesus
 Despite all the critics
 Both in places unknown
 And in the public squares.
 Love, etc.

- Let us tell of His virtues, Proclaiming all His triumphs, Let us praise all His grandeurs, Let us celebrate His feasts. Love, etc.
- In good times and in bad
 To man and to angels
 To fools and to sages
 Let us sing his praises.
 Love, etc.
- O members of my Body Holy Love impels you Enter into rapture, Love Jesus, and forever. Love, etc.
- Love Jesus, O my heart, Seek His glory in all things Let this tender conqueror Sing victory over us. Love, etc.
- 8. O my eyes, now be blind To all things visible; Leave them for the fools, Look at God invisible. Love, etc.
- 9. O my ears, now be deaf
 To all malicious gossip,
 Let the many fools chase
 After stupid trifles.
 Love, etc.
- O my tongue, speak loudly To praise our good Savior; Compose in His honor A saintly exhortation. Love, etc.
- O my hands, keep busy
 With some virtuous work
 Which makes our Spouse more loved

And renders Him all homage. Love, etc.

- 12. Seek, O my feet, seek This supreme beauty; Run quickly, go up close To make my ache cease. Love, etc.
- 13. Lastly, sing, O my heart, Sing this song night and day Jesus is my conqueror And He is my only love. Love, etc.
- 14. Jesus is my love Both night and day. Mary is my love Both night and day. Love, etc.

GOD ALONE

- 15. Who is my good Jesus? No one can really say. For every mind falls short, Angels do not suffice.
- 16. From all eternity
 This is His holy name:
 The Unlimited Truth,
 The Eternal Wisdom.
- 17. He is Supreme Beauty,
 Also the Supreme Light,
 And the Supreme Goodness,
 True God of God the Father.

- He was born of Mary, In time He is called Jesus, Incarnate Word And the Son of Man.
- 19. Who is my good Jesus?
 His name is the God of armies,
 He is the God of strength
 Of all the crowned heads.
- 20. The Lord of lords,Who gives kings alms,Master of emperors;He puts them on their throne.
- 21. My Jesus is so beautiful, He is beauty in itself, He is the meekest lamb, His tenderness extreme.
- 22. He is the Almighty, Doing as He wishes, Absolutely everything Stands subject to His rule.
- 23. I condemn forever,
 The prudence of this earth,
 For my good Jesus is
 The Eternal Wisdom.
- 24. He is my kind physician, My adorable leader, He is my divine spouse, He is my faithful friend.
- 25. This infinite treasure Encloses all things good, It is in Him alone That I keep rest and vigil.
- 26. Since Jesus is in me
 I cannot be quiet
 For in Him I am king
 Of heaven and of earth.

- O mortals, all now say:My Jesus, I love you.If you don't, I will shout:You are cursed! You are cursed!
- 28. I love only Jesus
 I love only Mary
 Do not bother to tell me
 Of any other love in life.
 Love.
 Jesus is my love
 Both night and day
 Love.
 Mary is my love
 Both night and day.

GOD ALONE

- 29. Be quiet, traitorous world,
 I trample on your glory,
 Jesus, the great conqueror
 Sings over me victory
 Of love.
 Jesus is my love
 Both night and day.
- 30. Bah! to exterior wealth My own heart is my kingdom, In my body, what do I love? Only Jesus who perfumes it. Of love, etc.
- 31. Speak to me no longer
 Of the grandeur of this world
 For I find in Jesus
 All the heavens, earth and sea.
 Of love, etc.

- 32. Speak to me no longer
 Of the sages of this earth,
 For I know only Jesus,
 Jesus on Calvary.
 Of love, etc.
- 33. He has his sanctuary
 Deep within my heart,
 It is in this secret place
 That I love Him in return.
 Of love, etc.
- 34. It matters very little, Whether I live or die, Provided the holy fire Of love remains in me. Of love, etc.
- 35. I find in his Holy Name A powerful weapon To conquer the devil And whoever tempts me. Of love, etc.
- 36. His conversation I find Filled with immense sweetness; None can imagine this joy, Except by experience.
 Of love, etc.
- 37. Soul, I am yours, He tells me In His own loving words, You are my Spouse, love me, Love me more and forever. Of love, etc.
- 38. I tell Him in turn:
 My Jesus, I'm Yours,
 You are my sole love,
 I want no other.
 Of love, etc.
- 39. Money, pleasure, fame, I reject all of that,

NOEL OF ANGELS

To have in my heart, Jesus and His Mother. Of love, etc.

40. Live Jesus in my heart!
Live Mary in my heart!
Speak to me no longer
Of any other love.
Love.
Jesus is my love
Both night and day.
Mary is my love
Both night and day.

57 NOEL OF ANGELS

- The Most-High, the Incomprehensible,
 The Eternal and Almighty
 Has just been born.
 Is it possible?
 The Eternal is one day old, the Word is silent,
 The Almighty has become an infant.
 Let us acknowledge,
 Adore, praise,
 Praise, love,
 Let us acknowledge
 Our God reduced to infancy.
- Since this good God is born for men
 To make them happy,
 We owe Him, just as they do,
 All that we are.
 Let us place at His feet our glorious crowns
 Telling Him joyfully:
 Gentle child,
 All that we have is yours,
 Reign over us;
 All that we have is yours,
 From you alone comes our victory.

NOEL OF ANGELS

- O Seraphim, in the midst of your fire, Let us sing glory to God in high heaven, Grace and peace on earth To souls of good will.
 O Son of the Almighty, O eternal Wisdom, How glorious your name! We praise And bless your name; We praise And adore your name, Even though in mortal flesh.
- O shepherds, O faithful band,
 Join your singing to ours,
 God is born for all:
 Good news!
 Leave there your lambs, seek the true lamb,
 Seek Him well, He is yours,
 He awaits you
 Although He is so great,
 He awaits you,
 This little child
 On hay in a stable.
- 5. How praiseworthy this day is for us!
 The God of all majesty
 Becomes in human nature,
 One of us.
 Let us all then adore Him, acknowledge Him,
 Bless His love,
 And pay court
 To this God of love.
 Let all of us, each in turn,
 Pay court to Him
 Since He is master of us all.
- 6. O pure and divine Mary,
 We admire your happiness
 For having given birth
 To your Savior.
 Singular purity, deep humility,
 You have delighted the Lord.
 Beloved heart,
 He gave himself,
 He became incarnate,

NOEL OF SHEPHERDS

Let us proclaim this miracle to the world.

GOD ALONE

58 NOEL OF SHEPHERDS

1. THE SHEPHERDS:

Shepherds, whence come these melodies Echoing in these lonely fields? Friend, they are angel choirs, God has just been born for us, It is He they are praising. Shepherds, shepherds, why delay? Hasten, hasten, let us seek Him.

- The angels notified us That He was born nearby And He lies in a stable. A King born in a stable? Friends, that's hard to believe! Let's go, shepherds! Believe me, He is there. Let's have faith.
- 3. Let us bring to this new Infant Some fruit, or a lamb,
 As sign of our gratitude,
 Since it is for us
 He becomes a little child.
 Let's go offer this Savior
 The best that we have.
- 4. Good day, dear awaited Child, We all want to welcome you. We're here to pay you homage; We are only country folk All we have are simple things. Don't mind our strange accent Or our meager presents.
- 5. JESUS:

NOEL OF SHEPHERDS

Welcome, welcome, shepherds, You are the first I've called By my shining angels, For in your simplicity You please me no end. Please, please come close to me, All of you, don't be afraid.

6. THE SHEPHERDS:

Lord, what are you up to? Are you not the Sovereign King? Why be born in a stable? Why have you taken on This condition, so poor and wretched. None of us understands it.

7. JESUS:

Shepherds, I could have chosen To be born a powerful King In a rich comfortable palace, But I have chosen humility To make it fashionable, I have chosen poverty To enrich it with holiness.

8. THE SHEPHERDS:

Although we used to think otherwise, We believe you completely, Accepting, according to your wisdom, Our low state as an honor, Our poverty as wealth. Shepherds, shepherds, what great happiness To resemble our meek Savior.

- 9. Shepherds, isn't this Child beautiful, How good to be near His crib! If only we could stay here! We would enjoy the holy pleasure That its little master offers, We would all see Him freely, Ah! Let's satisfy our desire.
- Let's sing, sing with one voice:
 We bless you a thousand times,
 O Holy Virgin Mary;

NOEL OF CHILDREN

You grant life to us all By giving us the fruit of life. Please, would you permit us To remain here near you.

11. JESUS:

Stay here, shepherds, stay Near me as long as you want, It makes me very happy too. Only give me your hearts, That is the gift I love. It honors me immensely That you love me so tenderly.

12. THE SHEPHERDS:

Here are our hearts, Child Jesus, But hearts of no great worth; Enrich them, then, we beg you So we may sing each in turn, Since you make room for us here: Child Jesus, by your love, Reign over us night and day.

GOD ALONE

59 NOEL OF CHILDREN

- Children, I have been told
 That God has just been born,
 Whoever loves me, follow me
 To this little Master.
 Let's go quickly,
 Let's go right away.
- 2. Let's go, dear children,
 And kiss His swaddling clothes.
 Let our stammering
 Form His praises,
 Let's say to Him, Good Day!
 Let's be His royal court.

NOEL OF CHILDREN

- 3. Little King of heaven,
 Everything worships you,
 Accept the good wishes
 Of our infant hearts.
 We greet you,
 We bless you.
- 4. Who put you
 In this stable?
 Who made you
 Poor and wretched?
 We all beg you
 To come to our homes.
- 5. We'll shelter you
 And your mother,
 We'll serve you
 In every way.
 You'll be happy there,
 And have everything you want.
- 6. JESUS:
 God that I am,
 I love poverty,
 I love contempt,
 I love suffering.
 I am fine here,
 For I've chosen it.
- 7. My little friends,
 Your kindness
 Will receive its reward
 And recompense.
 Although I am a child,
 I am almighty.
- 8. Here, you see in me, Your own childhood. Let me also see In you, innocence, Simplicity And love.
- 9. Prepare your heart,

NOEL OF CHILDREN

It is my dwelling place, Where my grandeur Always takes pleasure, It is my gift, It is my glory.

10. THE CHILDREN:

Accept, O King of heaven, Our infant hearts, Reign over them By your power. All that we have We give you.

- 11. Children, how wonderful
 Here in this stable!
 O little doll
 How lovable you are!
 O little lamb,
 How beautiful you are!
- 12. No, I no longer wish
 To be caressed;
 I have found Jesus
 Filled with tenderness.
 Oh! how kind He is!
 Oh! how divine!
- 13. Before leaving,
 Our kind brother,
 Deign to bless us
 With your Mother.
 O Jesus, Bye bye!
 O Mary, Bye bye!

GOD ALONE.

60 NOEL OF KINGS

- O great kings, do you see a brilliant star in the sky?
 How new it is! How mysterious!
 It announces that a Savior has been born,
 Let us go, let us go adore this great Master.
- Let's hurry, leave everything without delay, No disputing over this event.
 Do you not feel a new tenderness?
 It is the voice of God who calls us.
- 3. We confidently follow this heavenly light
 And in its brilliance, seek the newborn Child.
 He comes from afar to show us his love,
 Let us travel far to show Him our love.
- 4. The star stops. What! At this poor place? Is it here our God is born?
 This can not be, it's beyond belief!
 Whatever, let's enter the stable.
- 5. Truly, here is the one we seek.
 He is our God; we shall dismount, halt,
 Lie prostrate at the feet of this infant,
 With respect, love and silence.
- 6. JESUS:

O kings, you have endured much for me, I greatly admire your faith. Stand up, please come near, Come to me so I can embrace you.

7. THE KINGS:

Hail, O dear Child, O mighty King of kings, We come to surrender to your kingdom. We adore your almighty power Under this lowly appearance.

 All powerful King, deign to accept this gold, As true God receive this incense, As mortal receive this myrrh,

NOEL OF KINGS

Our scepters are under your command.

9. JESUS:

I take these gifts, I accept these honors; I want to shower you with favors too, I will be very generous to you, You will enjoy my most tender caresses.

10. THE KINGS:

Friends, do you feel the ineffable charm One tastes near this meek Savior? Our palaces offer no pleasure Equal to our bliss in this stable.

- Let us adore, adore this loving Lamb,
 Let us kneel, kneel at the foot of His crib.
 He is an infant, but adorable,
 He is wretched, but all lovable.
- 12. Mother of fair love, may everything praise you For having given us this Infant-God, For having given birth to the light, Humanity to the true God, life to our Father.
- 13. Your example, O Jesus, clearly shows That greatness exists in lowliness, Happiness lies in suffering, True wealth is found in poverty.
- 14. You raise up our hearts by your humility, You conquer them by your poverty; Let your victory reign over us, Bless us through your Holy Mother.
- 15. Since we can not linger here Gazing at your charming features, Before we leave, bless us, please, And dwell in our hearts forever.

16. JESUS:

Friends, go in peace with my blessings, Preach my name's glory everywhere, Believe in me, bring one and all to believe, And you will be great kings in heaven. GOD ALONE

61 NOEL OF PIOUS SOULS

- Do you see this dear infant Lying in the manger? He is the almighty Lord And the true God. Of all crowned heads He rules as sovereign Master, His hands cup the universe, He is the God of armies.
- 2. Today this dear infant
 Speaks to us in silence,
 All things tell the virtues
 Of His divine infancy:
 We read in His poverty,
 His extreme love,
 All things say: look at His love,
 See how He loves us!
- 3. The two poor animals,
 These swaddling clothes and stable
 Are the new cantors
 Which now form His praises.
 "Love this little king,"
 They tell with tender tune.
 But one must have great faith
 Or else you will not hear it.
- 4. How good to see the Savior
 On His mother's breast!
 He presses against her heart
 With loving gentleness,
 He kisses her tenderly,
 Hugs and embraces her.
 His smiles, His tender, charming ways
 Fill His mother with grace.
- 5. How great is this King of heaven!

NOEL OF PIOUS SOULS

Oh! how adorable!
How little He is now,
But how lovable a child!
How attractive
His divine face!
His gentle eyes are mysterious charms
Speaking without words.

- 6. He preaches humility,
 He preaches innocence,
 He preaches charity,
 He preaches suffering.
 Oh! how eloquently He speaks,
 Since He speaks by example!
 He ravishes, touching to the quick
 Those who gaze upon Him.
- 7. Who can understand His cries
 For us to God His Father,
 Since He became so small
 To calm His Father's ire.
 To offer God today
 Glory infinite,
 He lets Himself be seen
 Only as a victim.
- 8. Behold your beloved Son,
 O Father of light,
 Listen to His whimpering,
 Listen to His prayers.
 He entreats you silently,
 Speaking by His tears;
 Be calmed by His present state
 And cast away Your arms.
- 9. O Jesus, the reason for your plan To be born in a stable Is to find in my heart A pleasing place to stay. Then come to me now, Rest in me with glory. May I be conquered by a child, O sweetest victory!

GOD ALONE

62 NOEL OF ZEALOUS SOULS

- 1. You came from heaven
 To this place, great Master,
 So that you may teach us
 The way to be happy;
 But I notice no one
 Studies your lessons.
 What! They abandon you?
 Pardon, Jesus, pardon.
- 2. O adorable Lord,
 I make amends
 To your grandeur
 For all poor sinners.
 Loving infant,
 Allow me to go
 Tell the whole world
 To come and talk with you.
- 3. Miser, you only think
 Of money and possessions,
 You live in abundance
 Nothing do you lack;
 And this loving infant
 Comes in severe poverty,
 In the middle of a stable,
 To melt your hardened heart.
- 4. Proud creature,
 Come meet your pitfall
 In the loving eclipse
 Of the divine Sun.
 Can you delude yourself
 And lord it over others
 Yet see the King of glory
 Humbled to our level?
- 5. Worldly soul, come gaze upon This infant, it is your turn.

NOEL OF ZEALOUS SOULS

Your life and your example Boldly attack his love. Jesus in all his sufferings Is satisfying his desires, But you find your pleasure In wealth and in abundance.

- 6. O princes of this world
 You live in splendid palaces,
 All good things in abundance,
 You boast of uniformed valets.
 The stable is the refuge
 Of the Lord of lords,
 His food in short supply,
 Not one servant to assist Him.
- 7. O unfaithful Christians,
 Why do you pay attention
 To a thousand trinkets
 You will have to leave behind?
 Come into the stable
 To discover in an infant
 Authentic pleasure
 And never ending happiness.
- 8. He tells you through my lips
 That He loves you ardently
 And that what touches you
 Touches Him infinitely.
 Are you miserable?
 He will console you.
 Are you wounded?
 He will heal you.
- 9. He is so kind:
 He is all things for all,
 He is an adorable Master,
 He is a most chaste Spouse,
 He is a very tender friend,
 He is a kind physician.
 So let's go without more delay
 To surrender everything to Him.

63 NOEL OF CHILDREN OF MARY

- Dear children of Mary,
 Praise the Lord
 For He has filled her
 With grace and gentleness.
 She just gave birth to this adorable Lord,
 Let's all go to congratulate her,
 Let's humbly go to visit
 This admirable Mother.
- O marvelous Virgin,
 O wondrous prodigy,
 O blessed Mother,
 Your happiness is great;
 Ours is also, you give us life
 Since you break our bonds,
 You shower us with a thousand blessings,
 May you be praised!
- Finally the prophecies
 Of the Old Testament
 Have been accomplished
 In your giving birth.
 Heaven receives through you a new glory,
 You crush the head of the devil,
 And you obtain forgiveness
 For the faithless sinner.
- Offering no resistance,
 You have achieved by your consent
 What the whole world
 So ardently desired.
 May we glorify, honor and praise your faith!
 The Savior came to us
 Only because you believed
 The word of an angel.
- How charming you are In your purity! How powerful you are

NOEL OF CHILDREN OF MARY

In your humility!
You ravished God, you drew Him from heaven.
Attracted by your beauty,
He took on our humanity,
He could not resist you.

- Through you, powerful Queen,
 God comes to our world
 And human nature
 Is raised to heaven.
 O astounding miracle! God becomes our brother,
 You form your Creator,
 You give birth to your Savior
 And your own Father.
- 7. This supreme monarch
 Shows that He is truly great
 By making you
 His excellent masterpiece.
 Everything in you is mystery, an enormous mystery:
 You give birth painlessly,
 You beget with the honor
 Of remaining virgin and mother.
- 8. Jesus loves the stable
 But above all, your heart,
 It is His pleasant bed,
 It is His palace of honor.
 Your womb is His most glorious throne;
 It is there that He makes his greatness known,
 It is there that He forgives sinners,
 It is there that He distributes alms!
- O the sweet tenderness,
 O the tender smiles,
 O the holy caresses
 Your dear Son gives you!
 Blessed is your womb, pure and faithful Virgin,
 For having contained immensity,
 For having nourished, for having borne
 Eternal Wisdom!

GOD ALONE

64 NOEL OF SPIRITUAL SOULS

- In order to save man, God
 Decided on a marvelous mystery:
 He becomes what we are,
 Making us become what He is.
- The most high Lord lowered Himself
 To raise us to heaven.
 He came into our lowliness
 To grant us His glorious life.
- 3. He became powerless
 To make us all-powerful,
 He became an infant
 To make us immortal.
- To shower us with riches
 His majesty became poor;
 In order to caress us
 The great Lord became poor and small.
- To break our chains,
 He was bound himself
 He took on our sufferings
 To give us His pleasures and riches.
- God became like us
 Through infinite love.
 It is right and fitting
 To imitate and resemble Him.
- 7. Let us bring Jesus
 A diadem to crown Him,
 Since He takes off His own
 To crown us with it.
- 8. Rather, let us give Him our souls, They are His loveliest adornment. Let us surrender our hearts to His fire, He yearns to make them His dwelling.

NINTH NOEL

- Let us go in spirit to the stable
 To kiss His little feet,
 And say to Him: Gentle Child,
 Reign over us as Sovereign King.
- 10. Gentle Jesus, now is the timeTo ravish our hearts;Dwell in themFor you are the kindest of conquerors.
- 11. Be blessed, O Mary,You are our bliss.And you give us lifeBy giving us this gentle Savior.

GOD ALONE

65 NINTH NOEL

- A great Master
 Has just been born for us,
 A new King
 Calls us to the crib.
 Quick, quick, we must get ready,
 Let's go see Him, let's go on our knees.
- All the angels
 By their praises,
 And their joyful songs,
 Make this place resound.
 Quick, quick, we must get ready,
 Let's go see Him, let's go on our knees.
- He is called
 God made man,
 The Son of God
 Incarnate in this place.
 Quick, quick, we must get ready
 Let's go to see Him, let's go on our knees.
- 4. We must hurry,

NINTH NOEL

He is Wisdom Whose gentleness Ravishes our hearts. Quick, quick, we must get ready, Let's go to see Him, let's go on our knees.

- Let everything ring,
 Let everything resound,
 God is made flesh
 To save us from hell.
 Quick, quick, we'll all bow low,
 For He is God, for He is born for all.
- On the straw,
 No nickel or penny,
 Poor and small,
 In the middle of the night.
 Quick, quick, we'll all bow low
 For He is God, for He is born for all.
- 7. I admire Him
 As He sighs,
 He yearns to have
 Some power over us,
 Quick, quick, we must get ready
 He wants to speak, speak to us all.
- 8. But we must listen,
 He requests
 Not some money
 But a very fervent heart.
 Quick, quick, let's give a heart
 A fervent heart to this gentle Savior.
- Light
 In darkness,
 Immensity
 In captivity,
 Quick, quick, let's give a heart
 A loving heart to the loving Savior.
- 10. All power In powerlessness Brilliance In obscurity,

NINTH NOEL

Quick, quick, lets give a heart A humble heart to this most humble Savior.

11. Poor stable,
Lovable palace,
Your poverty
Is truly rich!
World, world, withdraw,
Don't come to the stable with me!

12. O Mary,
Completely filled
With holiness,
With grace and beauty!
Quick, quick, take my heart,
And give it to Jesus, my Savior.

13. Virgin Mother
I revere you
I bless you
With your dear Son.
Quick, quick, take my heart,
And give it to Jesus, my Savior.

14. May every age
Give Him all praise,
Small and great,
Simple and learned!
Quick, quick, let's give a heart
A loving heart to this loving Savior!

Let someone give Him
A crown,
A scepter in His hand,
He is Sovereign King!
Quick, quick, offer your heart;
It's the gift this gentle Savior loves.

16. At my pleasure
Let me kiss Him!
I am delighted
To see this Beloved.
Quick, quick, my gentle Savior
Yes, for ever, take, take my heart.

NOEL OF SCHOOL CHILDREN

17. All glory,
All victory,
To the gentleness
Of this conquering child!
Mother, Mother, take my heart,
And give it to Jesus, my Savior.

66 NOEL OF SCHOOL CHILDREN

- Friends, I hear the song of Angels,
 How sweet and melodious!
 They announce in their praises
 A new born babe, King of the heavens.
 They say that he is in swaddling clothes,
 Let us go adore Him with them.
- 2. Let us then all quiver with delight For we have a new King.
 Let us go, His love urges us,
 To adore Him with faith.
 Let us tell Him tenderly:
 Dear Master, rule over us.
- 3. What do we have to pay Him homage,
 To honor His majesty?
 Our heart is all He wants,
 Let us offer it as pledge
 For He wishes no other guarantee
 Of love and fidelity.
- 4. Do you see Him in the stable?
 His Mother holds Him in her arms.
 Oh! how beautiful He is, how lovable!
 His face, how full of charms!
 Oh! how sweet He is, how gracious!
 Let us go to Him now, and not tarry!
- Behold infinite might
 In extreme weakness,
 Behold greatness in miniature,

NOEL OF SCHOOL CHILDREN

A sun in darkness, Whose eclipse invites us To approach Him confidently.

- Is it you there, our dear Master, Our God, our Creator? Why were you not born In an emperor's palace? Your love reveals you, You seek but our hearts.
- We are filled with hope
 And completely astounded
 To see you reduced to infancy.
 Love alone accomplished this change,
 In order to be, in this powerless state,
 Our powerful consolation.
- 8. Filled then with gratitude,
 We kneel at the foot of the crib,
 To contemplate in silence
 How beautiful its little guest!
 Let us offer Him willingly
 A contrite heart, a new heart.
- 9. Having nothing, meek lamb,
 That could be a worthy return
 Here are our hearts, deign to make them
 Your cradle and your dwelling place;
 But to make them more pleasing to you
 Enkindle them with your love.
- 10. We have left our school
 And our teachers' lessons,
 To hear your word,
 To become holy and wise.
 Speak, nothing will be unimportant,
 We believe as children.
- 11. 1. I am wicked, I want to learn Your lesson of purity.
 - 2. I am poor, I want to understand Your lesson of poverty.
 - 3. I am rich, I want to hear Your lesson of charity.

SUNDAY: JESUS IN AGONY

- 4. I am proud, I want to accept Your lesson of humility.
- 12. Lord, here is a sacrifice

 That each one offers you in his heart:
 - 1. Without naming it, I will avoid a vice.
 - 2. I reject my haughty air.
 - 3. And I, my stubbornness and my whims
 - 4. I want to be kinder.
- 13. 1. I, for love of you, will give up
 This companion and these toys.
 - I, to please you, offer you My outfit, too expensive and splendid.
 - 3. For you, I gladly forgive A child from whom I want revenge.
- 14. Child Jesus, what hinders you?
 Take our hearts right now
 Please make them a manger
 Where you can rest peacefully,
 And pierce them with an arrow
 To make them love you ardently.
- 15. JESUS:

Today I am victorious Although I am but a babe. I enter your hearts gloriously And I accept your gifts with delight Always be ready to believe me And you will become powerful kings.

GOD ALONE

67 SUNDAY: JESUS IN AGONY

Refrain:
It is I who am guilty!
Jesus is innocent.
O how miserable I am!
And with groans I declare it.

SUNDAY: JESUS IN AGONY

God Alone

- Jesus sees horrendous death Closing in with threatening look To conquer Him, The Almighty though He be. Sinners, it is for us That He suffers these sorrows.
- He sees all the crimes
 Of ungrateful man,
 The disdain for His pains,
 His death and his blood.
 It is I who am guilty!
 Jesus is innocent.
 O how miserable I am!
 And with groans I declare it.
- 3. He foresees that He will be cursed Even in the Most Blessed Sacrament He has yet to bequeath us as pledge Of his so ardent Love.
 It is I who am guilty, etc.
- 4. At this sight, he shouts
 With choking cry:
 "O My Father! How I beg you
 To spare me all these crosses."
 It is I who am guilty, etc.
- But this Savior, loving to excess, Brimming with charity, Now says: My Father, I yearn to do Your Holy Will. It is I who am guilty, etc.
- Within this mystifying Agony, Ready then to die, This great God permits an angel Come and comfort him. It is I who am guilty, etc.
- 7. O Christians, Who could ever plumb The depths of all His pains? Do you see his tender Body

MONDAY: JESUS SCOURGED

Sweating drops of Blood? It is I who am guilty, etc.

- 8. Have we then no feeling,
 Are we not moved
 As we gaze on the horrible evils
 Which our sins inflict on him?
 It is I who am guilty, etc.
- 9. O Jesus, so pitiful,
 Why must you suffer so
 For you are not the guilty one
 But upright and so innocent?
 Yes, we are the ones, O sinners,
 Who merit all these pains.
- 10. Jesus, beg your FatherTo have mercy on us all,Or that He flash his angerOn us, rather than on You.It is I who am guilty, etc.
- 11. Forgive us for all these sufferings, O Jesus, caught up in Agony, For it is our own crimes That plunge you in such torment. Ah! We are the ones, O sinners, Who merit all these pains.

68 MONDAY: JESUS SCOURGED

- We shall all go to the pretorium,
 Hearts overcome with sorrow,
 To contemplate the King of glory
 Mistreated like a thief.
 It is for us, O sinners,
 He will suffer these pains.
- 2. Four executioners full of rage Like ravishing wolves

MONDAY: JESUS SCOURGED

Insultingly tear off All his poor clothing. It is for us, O sinners, He endures these pains.

- 3. This insolent rabble,
 Having stripped Jesus,
 Rejoices by mocking Him
 To confuse Him even more!
 It is, etc....
- They tie Him up, they affix Him
 To an infamous post!
 They mock Him saying:
 Do you see Him? How comely He is!
 It is, etc...
- One has knotted cords, Another, iron chains, And all are armed Like devils from hell. It is, etc...
- 6. O how dreadful, how dreadful!
 This group of soldiers
 Strike with all their strength
 His innocent flesh.
 It is, etc...
- 7. They cover Him with wounds, They tear Him with lashes, One sees only bruises, Welts, gaping wounds. It is, etc...
- 8. He can do no more, this good Master, His blood flows in streams, His bones are visible, His flesh torn to shreds. It is, etc...
- 9. Alas! From weakness
 He falls in His blood,
 Yet they do not cease
 To batter innocent Jesus.

MONDAY: JESUS SCOURGED

It is, etc...

- 10. Oh pitiless executioners, Stem your wrath; We are the guilty ones, Strike us instead. Yes, we are the ones, O sinners, Who merit these pains.
- 11. Consider that He endures
 This appalling torment
 Without complaint or murmur,
 So ardent His love.
 It is for us, O sinners,
 He endures these pains.
- 12. O Sovereign Clemency See Jesus, your Son! Cease your vengeance, Or let us be punished. It is, etc...
- 13. The executioners, exhausted
 Can strike Him no longer
 But through his immense love
 He would suffer still more.
 It is, etc...
- 14. Sinners, these are our offenses And our sensuality Which cause such sufferings To this man of sorrows. It is, etc...
- 15. Come, loathsome sinner, Consider the pain You cause the only Son Of the Sovereign Creator. It is you, ungrateful man, Who bring Him to this state.
- 16. Come! In the blood of His veins Find your cure, Do not increase the suffering By following your passions.

TUESDAY: JESUS CROWNED WITH THORNS

It is you, etc...

- 17. Let us, let us do penance,We must weep over this evil night and day;How grateful we must be,Returning love for love.It is you, etc...
- 18. O meek Savior, By this body bruised by blows Calm your anger And pardon us all! For we are the ones, O sinners, Who merit these pains.

69 TUESDAY: JESUS CROWNED WITH THORNS

- Jesus, is painfully clothed again
 With His torn garments;
 O look how they drag Him
 So harshly, kicking Him.
 It is for us, O sinners
 That he endures these pains.
- Christians, we must follow in the footsteps
 Of this most innocent lamb,
 For every place He walks
 Remains stained with his blood.
 It is, etc.
- As with an animal, They drag Him, whipping Him. They stop him, numb with cold, At the palace gate. It is, etc.
- 4. He is hardly in the hall,
 In the midst of these criminals,
 When he is dressed up like a king

TUESDAY: JESUS CROWNED WITH THORNS

So they may scream their contempt. It is, etc.

- 5. With gross insults, they throw A ragged cloak over him, First ripping off his garment Glued to his blood-soaked skin. It is, etc.
- A jagged rock serves
 As a royal throne;
 Being more easily seen,
 More blows he receives.
 It is, etc.
- 7. In his sacred hands, they put A frail reed as a scepter; Mocking him, they screech: Ha! Isn't he pretty! It is, etc.
- 8. They crown him with thorns
 Pounding it in with a stick,
 Mocking him constantly,
 Howling like demons.
 It is, etc.
- This cruel crown
 Pierces his skull,
 His brains are seen oozing
 With blood and water.
 It is, etc.
- 10. With a filthy rag
 They blindfold him,
 Shrieking: You wretch,
 Guess who struck you!
 It is, etc.
- 11. Are you not a false prophet Who wants to rule over us? Comrades, be rough!

 Let no one stop striking!

 It is, etc.

TUESDAY: JESUS CROWNED WITH THORNS

- 12. They all spit in his face Horrible, filthy spittle, Showing their homage With incredible shrieks. It is, etc.
- 13. They mockingly adore
 By slapping his face;
 Hail, O King of Judah!
 Ah! How handsome you look!
 It is, etc.
- 15. No, these aren't men
 But furious devils!
 Do you see those who smack him?
 One hits harder than the next.
 It is, etc.
- 16. At this pitiful sight Will we not be moved? Even reason demands it. And alas! it is for our sins. Yes, O sinners, we are the ones Who cause Him these pains.
- 17. He suffers extremely yet endures it Without even raising his eyes, Without complaint or murmur At all these harsh torments. It is for, etc.
- 18. From head to foot
 He is wounded by blows.
 Oh! if this were a beast
 We would all pity it!
 It is for, etc.
- 19. Our intolerable pride Always seeks prominence;

That is the real executioner Who causes him sorrows. Yes, it is we, O sinners, Who cause Him these pains.

- 20. Proud people, come, be overwhelmed As you gaze at your God so despised; How then will you answer, You, who crave to be praised? It is for, etc.
- Our bitter heart with stinging remorse Now sees the difference And is torn to shreds Watching Jesus suffer. For it is you, etc.
- 22. We must always remember This loving Savior, May contempt be our glory And suffering our joy! For it is you, O sinners Who cause him these afflictions.
- 23. O most pitiful Jesus
 Suffering unjust contempt,
 Look with favorable eye
 On our bowed, contrite hearts.
 For it is we, O sinners,
 Who cause Him these afflictions.

70 WEDNESDAY: JESUS SENTENCED TO DIE

Let us follow our dear Master
 Led with a noose around his neck
 So that he will appear to all
 As nothing but a fool on trial.
 It is for us, O sinners,
 That he endures these sorrows.

WEDNESDAY: JESUS SENTENCED TO DIE

- In this wretched state, Wreaked by the executioners, None can recognize Him So beaten is He! It is, etc.
- 3. Pilate, even though ungodly, Moved to pity on seeing him, Strives to save his life, realizing Jesus is innocent It is, etc.
- 4. Trying to calm the rage
 Of this rebellious people,
 He displays Jesus garbed
 As the torturers left him.
 It is, etc.
- As soon as they look on him, Only howls fill the air; Mocking and scorning him, Grinding their teeth. It is, etc.
- His Face so disfigured, Covered with spittle, His flesh itself torn: The thankless mob is not moved!. It is, etc.
- 7. His sorrows and misery
 Not touching their hearts,
 Increases their anger
 Making them furious.
 It is, etc.
- 8. Pilate cries: Behold the man!
 Have pity on him!
 Pilate has to so name him,
 Otherwise they could hardly tell.
 It is, etc.
- 9. At these words, the people Shout, stomping their feet,:

Do away with him! Take him away! Crucify him!, crucify him! It is, etc.

71 THURSDAY: JESUS CARRYING HIS CROSS

- All abandon Jesus!
 Will he die under this weight?
 No one is not horrified
 By the heavy cross he bears.
 It is for us, O sinners,
 That He endures these sorrows.
- A foreigner who passes by, Called Simon the Cyrenean, Coerced by promises and threats, Helps in shouldering the cross. It is, etc.
- Jesus utters to some women
 Weeping over His sufferings:
 Shed tears rather for your own souls
 And for those of your children too.
 It is, etc.
- 4. Look upon the pitiful state Which befalls the guiltless Jesus! What will happen to the guilty And to the arrogant sinners? It is, etc.
- 5. Veronica, so enflamed
 With strong and fervent love
 Boldly pushes through the crowd
 To see Jesus, whom she loves.
 It is, etc.
- She wipes His holy face Bloody and disfigured; Jesus as a tribute

FRIDAY: JESUS CRUCIFIED

Leaves his face imprinted. It is, etc.

- 7. What then! Is it possible
 Oh miserable sinner,
 That your heart be unfeeling
 Toward the sorrows of your Savior?
 It is, etc.
- 8. Since these are our offenses
 Weighing heavily on his back
 How could we fuel His torment
 By offending Him again!
 It is, etc.
- 9. Jesus, your immense love
 Bore our sins and offenses.
 Show us your mercy!
 May they all be forgiven.
 For it is we, O sinners,
 Who deserve these afflictions.

72 FRIDAY: JESUS CRUCIFIED

- 1. That arrogant rabble
 Tears from Him again
 His poor bloody robe
 All stuck to His skin.
 It is, etc.
- 2. While the most barbarous
 Ready everything for his death
 A few of the most greedy
 Draw lots for his clothes.
 It is, etc.
- 3. His murderers cry out
 While pulling his hair:
 Finish off your miserable life!
 Accursed! Lie down there on the cross!

FRIDAY: JESUS CRUCIFIED

It is, etc.

- 4. They throw him on the ground To nail him to the wood But see how ardently He embraces this cross. It is, etc.
- They stretch his sacred hands With great cruelty
 To attach them directly
 On the readied holes.
 It is, etc.
- O cruel barbarism!
 His limbs pulled out of sockets,
 His flesh all torn;
 Look! His tendons are bare.
 It is, etc.
- 7. Now lying on the cross
 At the feet of these monsters,
 They bore with nails
 Both His hands and feet.
 It is, etc.
- 8. Oh what cruel suffering
 These sharp nails cause!
 His body pierced like a sieve
 Loses blood. It can endure no more.
 It is, etc.
- Come, sinner, and contemplate Gentle Jesus as He dies, Begging you in His misery To consider His torments. It is, etc.
- To make Him suffer more Instead of wine and honey They give Him as drink Vinegar with gall. It is, etc.
- 11. Do you see how He endures

FRIDAY: JESUS CRUCIFIED

Such contempt and mistreatment? Instead of cursing He prays for his murderers. It is, etc.

- 12. The presence of his Mother Increases his torments Seeing that in some way, Every second, she dies. It is, etc.
- 13. I see Him surrendering his soul Heaving a deep sigh.I feel my heart swooningAs I watch my God die.It is, etc.
- 14. Heaven and earth together Manifest their sorrow: The earth quakes The sea is furious. It is, etc.
- 15. Even the sun and the moon Lose their brilliance In this universal grief; Only man is not moved. It is, etc.
- 16. Sinners, let us do penance, Since He has suffered for us. Let us share His sufferings, Kissing His feet and the nails. It is, etc.
- 17. To kiss us tenderly, He lets His head fall low. Do you see how He implores us Stretching out His arms to us? It is, etc.
- 18. We no longer disturb the silence Except to say, sighing: Almost no one thinks Of gentle Jesus as he dies.

It is, etc.

- 19. Let us all make our hideaway Within his sacred side, A lance prepared it for us, We shall be safe within. It is, etc.
- 20. Let us all cry mournfully:
 Forgive us our sins!
 O pitiful Jesus,
 Forgive us our sins!
 For it is we, O sinners,
 Who deserve these afflictions.

73 SATURDAY: JESUS DIES AND IS BURIED

- O abominable sinners,
 It is finished. Jesus is dead.
 We are all guilty.
 What will become of us?
 It is for us, O sinners
 That He died in torment.
- Let us not leave Calvary, Let us all die here, Hoping to satisfy The justice of God. It is, etc.
- 3. Do you see His holy Mother Who, sighing, kisses Him?
 Bitter, bitter is her sorrow,
 For her love is so great.
 It is for us, O sinners
 That she endures these sorrows.
- 4. She groans and swoons, Fainting, she says:

SATURDAY: JESUS DIES AND IS BURIED

Oh! beloved of my soul, Is that You? I am about to die. It is, etc.

- Do I see the adorable bodyOf my beloved Son?Alas! it is so pitiful!Yes, it is He, now I recognize Him.It is, etc.
- I see on your Face only
 Spittle and blood
 No beauty, no grace.
 Oh my Son, how changed you are!
 It is, etc.
- 7. Whence come these gashes,
 These dislocated arms
 The caked blood, these wounds
 And the pierced hands and feet?
 It is, etc.
- 8. Let us mingle our tears with hers, Let us embrace His sacred feet And in the blood from His veins Wipe away our sins. It is, etc.
- 9. To avoid the vengeance
 Of God the angry Father,
 Let us put all our trust
 In His sacred side.
 It is, etc.
- Let us seek profound peace
 With Jesus in the tomb,
 And live there, far from the world,
 To acquire a new heart.
 It is, etc.
- Obtain for us, O Mary,
 Forgiveness from your Son!
 We want to change our lives,
 Answer our contrite hearts.
 It is, etc.

SUFFERINGS OF THE BLESSED VIRGIN

- 12. O gentle Jesus, may an arrow Of love from your heart Breach ours, so we may Die of sorrow. It is, etc.
- 13. Engrave in our memory
 Your passion and death
 So in heaven we may
 Share in your grandeur.
 From now on we are determined
 To acknowledge your blessings.

74 SUFFERINGS OF THE BLESSED VIRGIN AT THE FOOT OF THE CROSS

- Contemplate Mary suffering Near the Savior's holy cross, See her saintly soul pierced By the sword of sharp sorrow.
- She groans, she sighs,
 With throbs of love,
 She suffers a great martyrdom,
 Not apparent to our eyes.
- Jesus dying is her torture;Love, her greatest torment,Her heart, her great sacrifice.O my God, how great her torment!
- 4. Seeing on a wicked gibbet
 The object of her desires,
 In her soul, she suffers more
 Than all martyrs together.
- 5. She feels the same wounds As her beloved dying Son,

She is the unique echo of His groans, The true portrait of his pain.

- 6. Her tears flow in abundance, She trembles, turning pale. Her body is about to faint; Her great love sustains her.
- 7. Sinners, by our offenses, We make Mary and Jesus Two very innocent victims. Ah! never again shall we sin.
- 8. Oh our divine Mistress,
 We all sympathize with you.
 May your heart filled with tenderness,
 Entreat your dear Son for us.
- Pierce our heart with an arrow Of love from your heart, So that our breached heart May share in your sorrow.
- Let us share in your sufferings,
 O Mother of Fair Love,
 To expiate our offenses,
 Offering you some return.

AMEN.

HYMNS IN HONOR OF THE BLESSED VIRGIN

75 RECOLLECTED DEVOTEE

Although the world
 And all hell rant,
 Glory o'er the earth
 To Heaven's Queen!
 Hasten, hasten, let us beg her
 To calm God in His just anger,

Or: Hasten, hasten, let's all greet her With a thousand *Ave Maria*.

- 2. May we proclaim
 Her everywhere
 For her beauty
 And her great love.
 Hasten, etc.
- 3. Would you believe it?
 She is my oratory
 Consumed with fire
 Where I burn for God.
 Hasten, etc.
- 4. She is my mother,
 She is my light
 She nourishes me,
 Enlightens and guides.
 Hasten, etc.
- 5. How beautiful she is!
 And how faithful!
 She is my dwelling,
 She is my loving rest.
 Hasten, etc.
- 6. She is my glory,
 She is my victory,
 By her holy name
 I crush the devil.
 Hasten, etc.
- 7. Under her wing
 And her care
 Nothing do I fear
 And I find all good.
 Hasten, etc.
- 8. It is through her
 That I have recourse
 To the goodness
 Of the angered Lord.
 Hasten, etc.

- Everything through her And nothing without her, This is my secret To become perfect. Hasten, etc.
- 10. She is my ardor,
 She is my soul,
 She is my honor,
 She is my all, my heart.
 Hasten, etc.
- 11. Even more,
 I have her image
 Engraved in me
 To show me the King.
 Hasten, etc.
- 12. Good women, Faithful souls, Chosen ones, You will believe me. Hasten, etc.
- 13. O Mary,
 Completely filled
 With holiness,
 Grace and beauty.
 Hasten, etc.
- 14. Amiable virgin,
 Admirable mother,
 Your charms
 Are beyond words.
 Hasten, etc.
- 15. O Servant
 All-powerful,
 You have only to wish
 And all is done.
 Hasten, etc.
- 16. Let all ring out, Let all resound:

Mary has the first place After God. Hasten, etc.

- 17. God appoints her Sole mistress Of all His goods, Nothing excepted. Hasten, etc.
- 18. Her prudence
 Grants and bestows
 All His treasures,
 Despite the free thinkers.
 Hasten, etc.
- 19. She was born Immaculate Sin has never Tarnished her beauty. Hasten, etc.
- 20. I am astoundedThat this is disputed:God could easily do it,I maintain that he should.Hasten, etc.
- 21. She is the Queen,
 The Sovereign
 Of the universe,
 Of heaven and of hell.
 Hasten, etc.
- 22. Her speech
 Is not frivolous,
 What she says
 Is without question.
 Hasten, etc.
- 23. The impossible
 Becomes possible,
 Everything is easy
 When Mary has spoken.
 Hasten, etc.

RECOLLECTED DEVOTEE

- 24. She is rich
 But not stingy,
 Oh! what joy
 To be her servant!
 Hasten, etc.
- 25. By grace
 She surpasses
 The blessed
 Of earth and heaven.
 Hasten, etc.
- 26. To her charms
 All surrender,
 Sinners are converted
 Devils are crushed.
 Hasten, etc.
- 27. Whoever imitates her Is her disciple
 All her friends
 Are also her Son's.
 Hasten, etc.
- 28. Mercy
 Is only accorded
 To those who follow her,
 Pray and praise her.
 Hasten, etc.
- 29. No affronts, No shipwrecks, No tribulations For her good servants. Hasten, etc.
- 30. Anathema
 To him who loves her not.
 Accursed will be those
 Who neglect her.
 Hasten, etc.
- 31. Virgin Mother I revere you

MARY'S TRUE DEVOTEE

I bless you With your dear Son. Hasten, hasten, accept my heart And give it to Jesus my Savior.

32. I love you

More than myself

More than my own heart,

After Jesus, my Savior.

Hasten, hasten, pray for us

And calm God in his just anger.

GOD ALONE

76 MARY'S TRUE DEVOTEE

- 1. I love Mary ardently,
 After God, my Savior;
 I would surrender my life
 To win for her a single heart.
 Oh! what a kind Mistress!
 If she were known
 Everyone would rush
 To serve her. (twice)
- 2. To be dependent on her,
 God became man here below,
 How could I refuse
 To follow in his path.
 She is the faithful Virgin
 Whom I must imitate.
 Every grace comes through her
 To her I must then pray. (twice)
- 3. Jesus finds his glory
 In the honor shown to her,
 It is an error to believe
 Or to say otherwise.
 But to place her first,

MARY'S TRUE DEVOTEE

Or to love her without imitation, Is such an error gross, It cannot be pardoned (*twice*)

- 4. Far from me the heretics,
 The fickle, scrupulous persons,
 The proud spirits, the critics
 And all haughty people.
 I invoke her constantly,
 I imitate her everywhere,
 I love her, O so tenderly
 And I delight God. (twice)
- 5. She is tender and merciful.
 Everything in her so gentle.
 She never sends someone away,
 She is the helper of us all.
 Jesus, her Son urges me
 To love her tenderly,
 My own good demands it,
 How can I do otherwise? (twice)
- 6. She is the Sovereign
 Of the whole universe,
 In her domain
 Lie both heaven and hell.
 She has in her power
 The graces of Jesus.
 She gives and lavishes
 The Holy Spirit's gifts. (twice)
- 7. She is the tabernacle
 Where God became a child.
 She is the greatest miracle
 Of His almighty arm.
 She is Daughter of the Father
 The Mother of Jesus Christ
 And by a profound mystery,
 The Holy Spirit's Temple. (twice)
- 8. Mary has no equal
 Among all the blessed.
 She is the great marvel
 Of all earth and heaven.
 She is the great enemy

MARY'S TRUE DEVOTEE

Of the wretched devil.

Just the name of Mary
Plunges him to hell. (twice)

- 9. Saint Austin proclaims
 And rightfully so:
 She is the brilliant image
 Of the Divinity,
 She is the very splendor
 Of the Lord of Lords.
 She is the immense ocean
 Of all His magnificence. (twice)
- 10. Although garbed in light Near God her Son, She is the mother Of earth's little ones. She enters Purgatory To break its chains; She proclaims victory Even in hell. (twice)
- 11. She is more brilliant
 Than all cherubim,
 She is more afire
 Than all Seraphim.
 Lastly, she outshines
 All that is not God;
 After Him, by grace,
 She holds the first place. (twice)
- 12. Under her patronage
 Never will I fear;
 My hope is to crush
 The Tempter everywhere.
 Staying faithful to her,
 Then will I be blessed
 And by her I will rise
 To the highest heaven. (twice)
- Accept, my loving Princess, My feeble stammering, Excuse my total weakness For I am but a child. May everyone, in my stead,

DEVOUT SLAVE OF JESUS IN MARY

Tender you honor And offer to you The gift of his heart. (*twice*)

GOD ALONE

77 DEVOUT SLAVE OF JESUS IN MARY

- Sing out my soul! Make known To the glory of my Savior, Mary's great mercy Toward her poor servant.
- Would that I had a voice of thunder
 To proclaim far and near:
 The happiest people on this earth
 Are those who serve her best.
- 3. Christians, open your ears!
 Listen to me, chosen souls!
 The marvels I shall now relate
 Of her who gave you birth.
- MARY is my greatest fortune And my all at Jesus' throne. She is my tenderness and my honor, The treasure house of all my worth.
- 5. She is my Covenant Ark
 Where all holiness I find,
 She is my robe of innocence
 Concealing all I lack.
- She is my divine oratory
 Where Jesus is always found,
 I pray there all times blissfully,
 Never fearing a rebuff.
- 7. She is my city of refuge Where I cannot be harmed.

DEVOUT SLAVE OF JESUS IN MARY

- She is my ark in deluge; There, I shall never drown.
- 8. On her I am totally dependent, On my Savior more so to depend, Leaving everything to His care, My body, soul and all my joy.
- When I rise to God my Father
 From the depths of my iniquity,
 On my Mother's wings I'm carried,
 Thanks to the goodness of her support.
- To soothe Jesus in His anger, Comes so easy with Mary.
 I tell Him: "Behold your Mother" And He is calmed at once.
- 11. This kind Mother and Mistress Greatly helps me everywhere And when I fall through weakness She raises me up right away.
- 12. When my soul is troubled By my daily sins, It becomes unruffled, Saying: Mary, help!
- 13. She tells me in her own way When I am in a struggle: Courage, my child, courage, I shall not abandon you.
- 14. As a baby at the breastI am held so close to her.This pure and faithful VirginFeeds me milk all divine.
- 15. Here is something hard to grasp: In my heart's center I carry her Etched with strokes of glory, Yet in faith's darkness still.
- 16. She makes me pure and fruitful By her pure fecundity,

PRAYER REQUESTING WISDOM

She makes me strong and docile By her deep humility.

- 17. Mary is my clear fountain
 Where I discover all my flaws,
 Where I delight so freely
 And temper all my passions.
- 18. I go through Jesus to his Father, Never am I rebuffed; I go to Jesus through his Mother. Never am I spurned.
- 19. I do everything in and by her, What a secret of holiness, Keeping me ever faithful To always do God's holy will.
- Christians, provide, I implore, For my huge infidelity; Love Jesus, love Mary, In time and in eternity.

GOD ALONE

78 PRAYER REQUESTING WISDOM

O all-powerful Father, O most gracious God, From heaven bestow Divine Wisdom on us, Grant her to us, grant, (*twice*) love urges you. Answer, (*twice*) answer the sighs of the poor.

Gentle Virgin Mary, answer your children's plea, Obtain from God, Divine wisdom for us. Pray for us, pray, (*twice*) love urges you, Be merciful (*twice*) to our pressing needs.

79 SINNER CONVERTED THROUGH MARY'S PLEA

- Listen, poor sinners, to the goodness of Mary: She has filled me with blessings, And it is from her that I have Life, life, life.
- My sins deserved only eternal damnation, Hell was justly my due.
 I would be already lost Without her, without her, without her.
- God was about to damn me; our most tender Mother Prayed to Him so much, insisted so much That He felt constrained To delay, to delay, to delay.
- 4. Who now understands how good she is to me, Will he now proclaim her mercy And her generosity? No one, no one, no one!
- 5. Mary is my only support in my great misery, In all my pressing needs Like a child I call to her: My mother, my mother!
- Does the devil with his minions tempt me?
 I invoke her without end.
 At the name of Mary,
 He flees, he flees, he flees.
- She guides and leads me to eternal life,
 For in dangerous places
 I glance quickly
 Toward her, toward her.
- Seeing that I owe much yet am always untrue, She becomes my ransom, My supplement, and my faithful

SINNER CONVERTED THROUGH MARY'S PLEA

Pledge, pledge, pledge.

- If I suffer some ill, she helps and consoles me;
 If I am about to drown
 She comes herself to calm
 The storm, the storm, the storm.
- If the devil tempts me, if I fall or have fallen She comes benignly
 To raise me and offer me her powerful Hand, hand, hand.
- Above all, she fills me with deep peace, With love for Her dear Son, With horror and contempt For the world, the world, the world.
- 12. What causes this dear Princess
 To take care of a sinner?
 It is the love of her heart
 Bent low, bent low, bent low.
- 13. Does any sinner want to smash his shackles And keep from perishing? Let him come then to serve her. Let him come, let him come, let him come.
- 14. If my serious sins and my extreme woe Have not limited her kindness, Let him hope with confidence For the same, the same, the same.
- 15. Does anyone want to taste her maternal kindness? Let him imitate her fervently And be to her always Faithful, faithful, faithful.

GOD ALONE

80 MARY'S ZEALOUS DEVOTEE

- CHRISTIANS, do you want happiness?
 Then obey Mary faithfully.
 For she is the gate of heaven
 And the path to eternal life.
 She is a merciful mother
 No one is ever turned away.
- 2. Ah! if we could comprehend All her maternal kindness We would endure anything To be her faithful servants. She is, etc.
- 3. Christians, are you troubled?
 Then cry out for her help
 And you will be consoled
 Almost beyond all hope.
 She is, etc.
- 4. Are you tempted by the devil
 And on the brink of the abyss?
 You will conquer the temptation,
 If you choose her as your patron.
 She is, etc.
- Hasten, hardened sinners, Beg her with confidence, To obtain from her Son A heart contrite and healed. She is, etc.
- 6. Her mercy stretches forth
 Even to the earth's end,
 She heals and she protects
 All over land and sea.
 She is, etc.
- 7. She is the devils' terror The ruin of all heretics,

MARY'S ZEALOUS DEVOTEE

The honor of Holy Sion The firm support of Catholics. She is, etc.

- 8. Do you yearn for fervor,
 A penitential spirit?
 Then serve her faithfully;
 Be not fickle or lukewarm.
 She is, etc.
- 9. She lavishes her favors
 On her most faithful servants;
 She captivates their hearts
 By ever new delights.
 She is, etc.
- Let us imitate little children
 Who rely only on their mother:
 Mother! Mother!, they always cry,
 It is their ordinary prayer.
 She is, etc.
- 11. Let us humbly tell her:
 Dear Mother and Mistress,
 Be our consolation,
 All our strength and our wealth,
 Although sinners, accept us
 --- [verse cut during the binding of the manuscript]
- 12. Pray to your dear Son for us
 And keep us in His grace
 So one day we may be with you
 To love and see Him face to face
 For all eternity,
 For all eternity.

GOD ALONE

81 BLESSED VIRGIN HYMN TO BLESSED GODRIC (AN ENGLISH HERMIT, TO HEAL HIM OF THE SORROW HE WAS EXPERIENCING)

- O holy and divine Mary,
 When I behold all your beauty,
 When I hear speak of your kindness,
 My poor soul is wholly ravished.
 Let me be your lowly servant,
 May I offer you, after God, all honor!
- The Word, in God his Father, Rests eternally
 And has chosen you, in time,
 For his resting place and mother.
 Happy the womb that bore him
 And clothed him in humanity!
- 3. Among the purest virgins,
 Your purity shines forth
 As the holy humanity
 Shines among all creatures.
 Your womb, so pure and virginal,
 Ravished God from his royal throne.
- You alone are all-beautiful,
 Without sin, without any fault,
 Never displeasing the Most High.
 Wholly faithful in everything,
 During your sojourn here on earth
 You always loved God, night and day.
- 5. You alone are the virgin mother, Your splendor is a mystery That no one will ever understand. You are, by a great mystery, The flower of virginity, The marvel of maternity.

FROM A CHILD OF MARY

- You alone are sovereign Queen
 In heaven and on earth,
 You have power over hell.
 Everything depends on you,
 God has placed all in your hands,
 You distribute all his gifts.
- O Mary, tree of life,
 Heal poor sinners, guard them
 From all calamities.
 May your Child give them life.
 Be their support on earth
 And their refuge at death.
- 8. You alone are my Queen,
 Your Son alone my King,
 May you both govern me,
 He the King, you the Queen.
 I fear no enemies
 With such powerful friends.
- 9. Allow me, my good Mistress
 To find grace with the Savior.
 Fill my heart with great fervor
 And banish from it all gloom,
 So that I may contemplate
 Your kind beauty for ever.

GOD ALONE

82 FROM A CHILD OF MARY

Divine Mary,
 Most fruitful Virgin,
 Divine Mary,
 I love your beauty
 For it enflames,
 O Holy Lady,
 All my soul
 With charity.

FROM A CHILD OF MARY

My heart is wholly ravished.

- 2. O my good Mother
 I love and revere you.
 O my good Mother
 I render you all honor.
 O my Mistress,
 Your tenderness
 Constantly nourishes
 My poor heart
 With its grace and gentleness.
- 3. Would that I could say,
 Everywhere I wish,
 Would that I could say:
 O mortals, beg
 With confidence
 Her help
 And her mercy,
 For you will obtain
 All that you ask for!
- 4. She is a gentle refuge,
 So safe and accessible,
 She is a gentle refuge
 Open to all, no need to fear.
 The troubled soul
 That finds her
 Is consoled,
 The sinner
 Receives favors through her.
- 5. Come, everyone, hear
 How loving she is to me!
 Come, everyone, hear:
 She is my help and support,
 She is my faithful one,
 My most beautiful one.
 Under her care
 Nothing do I fear.
 In her, I find all treasures.
- 6. It is through her
 That I adore and love,
 It is through her

FROM A CHILD OF MARY

That I speak to the Lord.
What riches,
What caresses
What tenderness
In her holy Heart!
Oh! How happy when I dwell there.

- 7. A humble silence
 Full of confidence
 A humble silence
 On her loving breast
 Calms God our Father
 Of His anger.
 This prayer
 Pierces the heavens
 And obtains all I desire.
- 8. She is my oratory
 Where I pray joyfully
 She is my oratory
 Where I am never refused.
 She is my petition,
 She is my offering,
 But, hear me
 For I say even more:
 She is my dear all toward Jesus.
- O my protector
 My mother and nourisher,
 O my protector
 Nothing do I have to give you!
 In my place,
 May each one give something.
 Would you please permit
 That your love
 Reign in all hearts night and day.
- Be blessed then
 May everything glorify you,
 Be blessed then
 On earth as in heaven.
 May you be blessed,
 May you be loved
 And honored
 Here on earth

MEMORARE

So we may all be blessed in turn.

GOD ALONE.

83 MEMORARE OR THE POWERFUL PRAYER OF SAINT BERNARD

- Remember, Virgin Mary, Your heart is so benign, Never has it been known To pray to you in vain.
- No one has implored you, Confiding in your help, Not blest with your assistance, Not delighting in your love.
- 3. With contrite heart, O Mother, I dare invoke your name, And despite my sins, I still hope Your protection to attain.
- 4. Show then to me your mercy By obtaining from your Son Contrition and forgiveness For the grave sins I have done.
- Please look on me with favor.
 O let me not be rebuffed,
 For all my sins and malice
 Are far less than your great love.

GOD ALONE

84 REGINA COELI

- O glorious Queen of heaven May your loving heart No longer be sad, Let it leap for joy, Jesus is risen!
 O most blessed truth! Let us all sing ALLELUIA! And then, Ave Maria!
- 2. Our sins are forgiven,
 The devils are crushed,
 Jesus, clothed in glory,
 Has won victory over them all.
 The proud are humbled,
 They will not rise again.
 Let us all sing ALLELUIA!
 And then, Ave Maria!
- 3. He has closed hell,
 Freed our fathers from fetters,
 Opened eternal glory and
 Won universal peace.
 At last, Jesus is Conqueror
 For the salvation of sinners.
 Let us all sing ALLELUIA!
 And then, Ave Maria!
- 4. O Mother of Fair Love
 Thrill with joy on this day.
 May the angels, may man,
 May all of us, whosoever we may be,
 Each respond in turn
 And solemnly celebrate this day
 By singing ALLELUIA!
 And then. Ave Maria!
- O worthy Mother of God, May all things praise you everywhere, O most glorious Virgin,

MAGNIFICAT

O thousand times blest, For having borne This magnificent King of majesty. Let us all sing ALLELUIA! And then, Ave Maria!

6. Obtain for us from Jesus
A share in all his virtues,
A share in his new life,
So that everyone may proclaim
For all eternity:
JESUS IS RISEN!
Let us sing ALLELUIA!
And then, Ave Maria!

GOD ALONE

85 MAGNIFICAT

- My soul magnifies
 My Sovereign Lord,
 And God has filled it
 With grace and meekness;
 For, after groaning so long in wait,
 His sovereign majesty
 Has looked upon the humility
 Of His servant's heart.
- Generation after generation,
 By marvelous accord,
 Will call me blessed
 On earth and in heaven,
 For the mighty Lord has wrought deep within me
 Stunning wonders.
 How holy and powerful His name!
 May He be adored and loved!
- 3. He has shown mercy
 To those who fear Him,
 He is their protector,
 He Himself upholds them.

IN HONOR OF THE NAME OF MARY

But who would not fear His wrath? His just, mighty arm Scatters the haughty In heart and mind.

- 4. Like a clap of thunder, This just God who settles scores, Has overturned on earth The prince and the emperor. He has placed the lowly at the summit of glory, Enriched the innocent poor, And impoverished the arrogant rich. Oh God, what a victory!
- As he did to our ancestors,
 God made a promise
 To pluck from misery
 All His suffering people.
 At last He granted us what he had promised,
 He takes fatherly care
 Of His servant, Israel.
 What mercy!
- May everyone adore and bless
 Our one true God!
 May everything resound
 And all sing throughout the world:
 Glory to the eternal Father, glory to the adorable Word!
 And the same glory to the Holy Spirit
 Whose love unites them
 With an ineffable bond.

86 IN HONOR OF THE NAME OF MARY

To the beautiful name
 Of amiable Mary
 I shall, throughout my life,
 Be completely devoted.
 O charming name

IN HONOR OF THE NAME OF MARY

You fill my heart With amazing joy, I have savored Your great sweetness, Your fragrance engulfs me.

- I can neither explain
 Nor understand
 How tender this name,
 Nor what its charms.
 O sacred name,
 Sure remedy
 For the greatest afflictions.
 This name provides
 In the midst of our labor,
 Buttress and brace.
- 3. This divine name
 Gives angelic joy
 To anyone gloomy,
 By scattering sorrow.
 Are you tempted?
 Invoke this name:
 Safety is yours.
 In it is found
 Consolation
 When we are troubled.
- 4. The devil takes
 Shameful flight,
 With his underlings,
 As soon as he hears it.
 If we are afraid,
 This holy name braces us,
 Making us brave.
 We fear nothing
 Even at midnight
 When the name is well prayed.
- In sum, the name offers
 All gifts for all, without reserve:
 It protects, it guards,
 It teaches and strengthens;
 We should then bow
 And doff our hats

Whenever we say it, Giving example to others. O what joy is ours, Carrying it always Engraved in our heart!

87 IN HONOR OF JESUS ALIVE IN MARY AT THE INCARNATION

- Let us adore Jesus
 Alive in Mary's womb.
 Consider with amazement
 The Almighty made tiny.
 Adore God become infant
 Giving us life.
- A sacred temple is this womb
 Where God takes all delight,
 A sky always radiant
 With the Sun of justice;
 Our refuge certain,
 Where God, most merciful, dwells.
- In this womb, night and day
 He takes delight.
 Mary, in turn, loves Him
 With all her might:
 What loving return
 Of mutual affection!
- Oh! how generous Jesus is
 To His Mother most pure!
 He bestows on her virginal womb
 His grace without limit.
 Her heart becomes his royal throne,
 His dwelling-place unfailing.
- 5. While totally attached To her undivided heart, Which the slightest sin

IN HONOR OF JESUS ALIVE IN MARY

Had never sullied, He painted there with no restraint His own authentic image.

- 6. Their hearts stoutly united By intimate bonds,
 Jointly offer themselves
 As two victims,
 Abolishing the punishment
 Our sins deserve.
- 7. In this mystery
 The elect were born.
 Mary, united with Jesus,
 Chose them beforehand
 To share their virtues,
 Their glory and their power.
- 8. How stunning this mystery!
 What marvelous bliss!
 What blessed raptures
 Of these two loving hearts!
 Only in heaven shall we know
 These awesome secrets.
- 9. They both seem to merge.
 How beautiful their union!
 Mary is totally in Jesus,
 Her most faithful lover,
 Or better, she no longer is,
 But Jesus alone in her.
- Between these two hearts
 We warm our coldness,
 Share their ardor,
 Their virtues, their graces.
 Let us go, they love sinners,
 We shall find a place there.
- 11. O Mother of Divine Love,
 O rich sanctuary,
 Bearer of our Sovereign,
 And of our salvation,
 Send this meek Lamb
 Into our hearts.

- 12. O Jesus, our dear spouse, Our God, our brother, Come, come, be born in us By your Holy Mother, So that by you we can Go to your Father.
- 13. Come by your humility,
 Making us childlike;
 Come by your holiness
 Restoring our innocence.
 Come by your charity
 To reign over us totally.

GOD ALONE

88 LITTLE CROWN OF THE VIRGIN MARY

- Joyfully we all sing
 A melodious hymn
 To divine Mary,
 The giver of Life.
 Let's sing as best we can,
 Imitating the blessed.
- Since we are all her servants, We show her endless honors May each of us offer her A sparkling crown. Or at least add a flower To her crown of honor.
- She is the great masterpiece
 Of the Almighty God.
 May each one of us offer her
 A sparkling crown.
 Or at least add a flower
 To her crown of honor.

PATER NOSTER

 She has conceived her Savior, Her Father and Creator. May we proclaim her blessed, A thousand times blessed. She has conceived her Savior, Her Father and Creator.

AVE MARIA

Virgin during birth
 Virgin after birth.
 May we proclaim her etc.

AVE MARIA

 Never has the slightest sin Sullied her purity.
 May we proclaim her, etc.

AVE MARIA

7. She is the mirror of the virtues And the splendor of Jesus.

May we proclaim her, etc.

AVE MARIA

8. Glory be to the Father, to the Holy Spirit And also to Jesus Christ.
To God alone let us offer homage,
Mary is His masterpiece.
Glory be to the Father, to the Holy Spirit And also to Jesus Christ.

GLORIA PATRI ET FILIO

When we render her homage
It returns to her creator,
May each one of us offer her
A sparkling crown.
Or at least add a flower
To her crown of honor.

OUR FATHER

 She is the Queen of Heaven And the honor of this earth. May we proclaim her, etc.

HAIL MARY

Grace and divine gifts
 Are all bestowed through her hands.
 May we proclaim her, etc.

HAIL MARY

12. She calms in an instant
The wrath of the Almighty
May we proclaim her, etc.

HAIL MARY

13. She crushes the devil,
All hell trembles at her name.
May we proclaim her, etc.

HAIL MARY

14. Glory to the Father, to the Holy Spirit,And also to Jesus Christ.To God alone let us render homage,Mary is His masterpiece.Glory be to the Father...

GLORIA PATRI ET FILIO

15. After God, among the Saints, Mary has the first place.O charming Mistress!O powerful Princess!After God, among the Saints, Mary has the first place.

PATER NOSTER

16. She is the sure refuge Of the despairing sinner.

May we proclaim her, etc.

AVE MARIA

17. She is the Mother of All Christians Who showers them with all good. May we proclaim her, etc.

AVE MARIA

She is filled with tenderness
 To win hearts for God.
 May we proclaim her, etc.

AVE MARIA

 She is the haven of the living She is the support of the dying. May we proclaim her, etc.

AVE MARIA

- 20. She is the Mother of Jesus,
 One can not say more.
 That is the glory of glories
 The victory of victories
 The crown of crowns.
 Let all mortals chant:
- In heaven, on earth and everywhere:
 Mary is the Mother of God.
 She is the Mother of Jesus,
 One can not say more.

AVE MARIA

Glory be to the Father, etc.

GLORIA PATRI ET FILIO

PRAYER

O merciful Mother, Can you look on us And not be touched

By our prayers?
We all call out to you, we sigh constantly.
Come, come to our aid
To defend and protect us
Charity impels you,
Grant us Wisdom.

GOD ALONE.

89 TRIUMPH OF THE AVE MARIA

- Let all sing out and proclaim With lofty, noble voices, The greatness of the Ave In praise of Holy Mary. By the Ave Maria Sin will be destroyed. By the Ave Maria Great Jesus will reign.
- 2. O divine prayer,
 If you were truly known,
 Everyone on this earth
 Would pray you night and day:
 By the Ave Maria
 Sin will be destroyed.
 By the Ave Maria
 Great Jesus will reign.
- 3. Never have the heretics, Never have the doomed Truly experienced Its angelic sweetness. By the Ave, etc.
- 4. O soul by God chosen,
 It is yours to praise,
 Yours it is to relish
 The Ave, God's hidden manna.
 By the Ave, etc.

- 5. Angels in glory,
 Man in the world,
 Devils in hell,
 Souls in purgatory.
 By the Ave, etc.
- 6. God redeemed the world By the Hail Mary. By it, He will renew The earth and the seas. By the Ave. etc.
- 7. The Ave ravished Mary
 And her faithful consent,
 And now she is still ravished
 When she hears the Ave prayed.
 By the Ave, etc.
- 8. By its grace, it makes fertile
 Everything here below.
 Yet it is not valued
 Though its grace has no equal.
 By the Ave, etc.
- 9. The earth was once sterile,
 But when the angel said Ave
 It brought forth its Fruit,
 The earth became fertile.
 By the Ave, etc.
- By the Ave, now listen well, Sinners are converted, Devils are defeated, And hell is running scared. By the Ave, etc.
- The Ave profoundly enthralls, Making everyone surrender; The greatest enemies of God It strips and disarms. By the Ave, etc.
- 12. God himself in his wrath, Cannot resist its power;

When He hears the Ave, From judge, he becomes father. By the Ave, etc.

- 13. What a powerful weapon
 In fighting temptation,
 And in all afflictions,
 A delightful balm.
 By the Ave, etc.
- 14. Whoever prays the Ave With solid devotion Crushes the devil, Putting all hell to flight. By the Ave, etc.
- 15. It makes angels rejoice, Also Mother and Son; And all Paradise Cries out its praises. By the Ave, etc.
- 16. It obtains forgiveness
 And grace for the sinner
 And for the just, fervor
 And true perseverance.
 By the Ave, etc.
- 17. The Ave enlightens, enflames, It protects and it nourishes, It comforts, it heals, It grants the soul grace. By the Ave, etc.
- 18. The Ave does everything.
 If one prays it often
 And very devoutly,
 It turns ice into fire.
 By the Ave, etc.
- 19. The Ave quickly wins over A heart most rebellious, The obstinate heretics Soon become believers. By the Ave, etc.

- 20. When you pray it well You're rich and so wise, Although, as you say, You can't even read! By the Ave, etc.
- 21. As for me, no matter what's said, In order to please God, I pray it everywhere, At home and in church. By the Ave, etc.
- 22. When I arise or retire,
 Go out or come home,
 Outdoors, in the house,
 It is always in my mouth.
 By the Ave, etc.
- I am invincible,Having prayed my Ave,I am full of spirit,No fear of the devil.By the Ave, etc.
- 24. The devil and the world
 Have often attacked me
 To take my Ave away;
 When they rant, more Aves I pray.
 By the Ave, etc.
- 25. O salutary advice!
 O marvelous secret!
 To become perfect,
 Say a rosary a day.
 By the Ave, etc.
- 26. Whoever does this faithfully Will advance quickly, Will live perfectly, Will die peacefully And will surely obtain Eternal life.
 By the Ave Maria Sin will be destroyed.

By the Ave Maria Great Jesus will reign.

90 ROSARY OR CROWN OF MARY

- O most faithful Virgin, (twice)
 All of us have come to greet you
 And to praise you
 In a novel way.
 May our praises,
 Through our holy Angels,
 Serve only to crown you.
- 2. 1st PATER:

We praise your masterpiece, Eternal Father, all-powerful God; We offer you more fitting homage By praising her. Everything in Mary Glorifies you Forever, perfectly.

- 1st AVE
 Hail Mary,
 O daughter of the eternal Father,
 Look upon, I beg you,
 A criminal
 Offering you
 A crown
 With the Archangel Gabriel.
- 4. 2nd AVE
 Hail Mary,
 Worthy Mother of God the Son,
 May everything glorify you
 Here on earth.
 O beautiful Dawn,
 Break anew,
 So Jesus may shortly reign over us.

5. 3rd AVE

Hail Mary,
Dear Spouse of the Holy Spirit,
May you be blessed by all
Without exception.
Without delay,
Through you, may the spirit of Jesus
Come down upon me.

6. 2nd PATER

We praise your masterpiece, Eternal Word, all-powerful God; We offer you more fitting homage By praising her. Everything in Mary Glorifies you Forever, perfectly!

7. 1st DECADE – 1st AVE

Hail Mary,
In your glorious mysteries!
Let everyone pray them
As best he can.
My faith increases
Because I'm singing
With a faithful and joyful heart.

8. 2nd AVE

Hail Mary,
Pure in your Conception!
May my lips proclaim it
Even to Sion.
I believe it
For your glory
Despite the world and the demon.

3rd AVE

Hail Mary, At your birth! Virgin brimming over With holiness. Break, O Dawn, So that the Sun of Truth May shine.

10. 4th AVE

Hail Mary, At your Presentation! As a pure victim Of holy abandonment. O virgin and mother, By this mystery Grant me piety.

11. 5th AVE

Hail Mary,
In the temple where the Holy Spirit
Completely filled you
Without a sound!
Mother of Grace,
Make yourself at home
In my heart with Jesus Christ.

12. 6th AVE

Hail Mary,
At your Annunciation!
Virgin completely full
With the unction
Of Wisdom
Who caresses you
And who comes to you from Sion.

13. 7th AVE

Hail Mary, At your Visitation! Your soul proclaims the greatness Of God's Name. Virgin faithful And most beautiful, Grant me the gift of prayer.

14. 8th AVE

Hail Mary,
At the birth of the Savior!
May everything sing and proclaim
Your happiness.
O Virgin and Mother
I am in awe of you,
Give birth to Jesus in my heart.

15. 9th AVE

Hail Mary,
At the Purification!
I adore the Victim you bear,
He is a baby.
I declare him the master
Of my entire being,
For he makes himself my bail.

16. 10th AVE

Hail Mary,
At the finding of Jesus in the temple!
Perhaps, Mary, my friend,
I have lost him.
May I find him,
May I relish him
In the tenderness of His virtues.

17. 3rd PATER

We praise your masterpiece, O Holy Spirit, all-powerful God; We offer you more fitting homage By praising her. Everything in Mary Glorifies you Forever, perfectly.

18. 2nd DECADE - 1st AVE

Hail Mary, At the foot of the Savior's cross Where you are The fragrant victim. O Mother of bitter grief! On Calvary! Let me share your sorrow.

19. 2nd AVE

Hail Mary,
When Jesus was laid low
By grief at the agony
In the garden.
Alas! my sin
Made him victim
By the working of divine love.

20. 3rd AVE

Hail Mary,
When your Son was scourged.
Oh! what atrocity
My sin caused!
May God grant me

Mercy

Through His holy body, all flayed.

21. 4th AVE

Hail Mary,
At His cruel crowning,
You were moved to pity
On seeing Him.
May Jesus grant me,
By His crown,
A more humble and fervent heart!

22. 5th AVE

Hail Mary,
When my Savior was condemned
To die on the cross
Like a thief!
Accursed world,
Though you growl,
I say to you: woe upon woe!

23. 6th AVE

Hail Mary,
When Jesus fell beneath his cross
You were stricken
To the depths of misery.
What sorrows,
What agonies,
You both suffered together!

24. 7th AVE

Hail Mary,
Near your dying Son,
Tearful and transfixed
On contemplating
The ignominy,
The barbarism
Of his cruel crucifixion.

25. 8th AVE

Hail Mary, When your Son rose And by infinite grace Visited you. What elation Dear mistress, Then ravished you!

26. 9th AVE

Hail Mary,
When Jesus ascended into heaven,
In His new life
Most glorious.
By you I hope,
My dear Mother,
To ascend to the joys of heaven.

27. 10th AVE

Hail Mary,
The Descent of your Spouse
Has completely filled you
Even for us;
By your requests
His gifts descend.
Pray: nothing is granted without you.

28. 3rd DECADE - 4th PATER

We praise your masterpiece, Eternal Father, all-powerful God; We offer you more fitting homage By praising her. Everything in Mary Glorifies you Forever, perfectly.

29. 1st AVE

Hail Mary, In your divine communions, Throughout your life. Your actions Are a model Pure and faithful. We fashion ourselves on you.

30. 2nd AVE

Hail Mary,

Deceased through a transport of love!

O Divine Fire

Of pure love,

Burn my soul

With your flame,

Everywhere, night and day.

31. 3rd AVE

Hail Mary,

At your Holy Assumption,

Raised up and ravished

To Sion.

O great Queen

And Sovereign!

On us all, a blessing!

32. 4th AVE

Hail Mary,

Enthroned and crowned in heaven!

Be also blessed

On earth.

Grant us grace,

Grant us place

In your glorious reign.

33. 5th AVE

Hail Mary,

Both Virgin and Mother.

O infinite marvel

Of the King of kings!

Fruitful Virgin,

With no peer,

Make me obedient to your rule.

34. 6th AVE

Hail Mary,

Admirable Mother of the Savior,

May everything sing and proclaim

Your splendor!

You gave being

To your Master,

You form your Creator.

35. 7th AVE Hail Mary, Full of grace and beauty, Virgin brimming With holiness. Faithful Virgin, Your patronage Grants a sinner safety.

36. 8th AVE Hail Mary, Sovereign of the Universe. May everything glorify you Even hell! Purgatory Gives you glory, You can break its fetters.

37. 9th AVE Hail Mary, Treasurer of divine gifts. Open for us, I beg you, Your holy hands. And may grace Pass through them To us, making us holy!

38. 10th AVE Hail Mary, You alone crush the devil. The evil one then screams In his prison. Behead This beast, And arm us with your name.

39. 4th DECADE - 5th PATER We praise your masterpiece, Eternal Word, all-powerful God; We offer you more fitting homage By praising her. Everything in Mary Glorifies you Forever, perfectly.

40. 1st AVE

Hail Mary,
Mirror of the Divinity.
Virgin brimming over
With charity.
O Holy Lady,
May my poor soul
Love you for all eternity.

41. 2nd AVE

Hail Mary, Amiable Mother of Christians! Share with us, I beg you, Your riches. Our troubles are increasing, Everyone looks to you, Come, break all our bonds.

42. 3rd AVE

Hail Mary,
Dear advocate of sinners!
Take, I entreat you,
Take our hearts.
In everything
Plead the case
Of your faithful servants.

43. 4th AVE

Hail Mary,
Our refuge and firm support
During our entire life,
Right up to death.
Dear Mistress,
Great Princess,
Bring us safely to shore.

44. 5th AVE

Hail Mary,
Refuge of us all.
Virgin all blessed,
Pray for us.
Be the Mother
And the light
Of those who have recourse to you.

45. 6th AVE

Hail Mary,
Full of humility.
Share it with me, I beg you,
Through charity.
Dear Mistress,
Great Princess,
I will bless your goodness.

46. 7th AVE

Hail Mary,
Full of strength and fervor.
Bestow some of it, I beg you,
On my heart.
Dear Mistress,
Great Princess,
Free me from being lukewarm.

47. 8th AVE

Hail Mary,
Full of grace and beauty.
Share these with me, I beg you,
Through charity.
Dear Mistress,
Great Princess,
Be generous.

48. 9th AVE

Hail Mary,
Full of the gift of prayer.
Share with me, I beg you,
A ray of it.
Dear Mistress,
Great Princess,
Do not deny me this gift.

49. 10th AVE

Hail Mary, Mirror of Virginity Most gifted Virgin, Have pity. Hands, generous And virginal, Adorn me with purity.

50. 5th DECADE - 6th PATER

We praise your masterpiece, O Holy Spirit, all-powerful God; We offer you more fitting homage By praising her. Everything in Mary Glorifies you Forever, perfectly.

51. 1st AVE

Hail Mary,
Filled with the gifts of the Holy Spirit,
Share them with me, I beg you,
Without exception.
Dear Mistress,
Great Princess,
For the glory of Jesus Christ.

52. 2nd AVE

Hail Mary,
All wisdom is in you,
You are filled with it
Even for us.
All for the victory
And for the glory
Of Jesus, dead on the cross for us all.

53. 3rd AVE

Hail Mary,

Filled with all virtues.
May you be blessed
With Jesus.
Dear Mistress,
Great Princess,
May my enemies be overcome.

54. 4th AVE

Hail Mary,
Full of all gentleness.
I beg you, fill
Your servants with tenderness.
Gentle Mistress,
Great Princess,
Win our hearts for Jesus Christ.

55. 5th AVE

Hail Mary,

Contemplating your rich poverty,

May each one of us cry out:

What goodness,

What wealth.

What bounty,

What generosity!

56. 6th AVE

Hail Mary,

Sure Refuge of sinners

Whom God Himself has filled

With His tenderness.

God our Father

Is angry,

Calm His just wrath.

57. 7th AVE

Hail Mary,

Great Miracle of the living God,

O awesome mystery

Of the All-powerful!

May men and angels

Offer praise

To your tremendous Maker.

58. 8th AVE

Hail Mary,

Paradise of the Trinity

In all Its infinite glory.

O truth

Most astounding

Most consoling!

Glory to God forever.

59. 9th AVE

Hail Mary,

All transformed into Jesus!

Jesus is your life,

You are no longer.

O marvelous,

O blessed Mary!

Your mysteries are beyond understanding.

60. 10th AVE Hail Mary, I offer you my poor heart, I offer you my life And my honor. Allow, please, That all good things pass Through you to God, my Creator.

61. GLORIA PATRI

Honor, glory, praise
To the Most Holy Trinity
By every man and angel
With total truthfulness,
Since Mary
Glorifies the Trinity
Much more than all creation.

62. JOYFUL TRANSPORT

Our crowns are made
Of roses, violets, lilies
And of a thousand little flowers
Of Paradise;
The good angel
Arranges them,
Adding no showy flowers with them.

63. Mary is crowned,
She holds our bouquets in her hand
And her head is adorned
With our chaplets.
May everyone give her
This crown
That never, never wilts.

GOD ALONE.

HYMNS FOR SEVERAL PERSONS OF DIFFERENT STATES OF LIFE WHERE THEY CAN SEE, IN SUMMARY, THE RULES THEY MUST KEEP IN ORDER TO LIVE THEIR STATE OF LIFE ACCORDING TO GOD

91 GOOD MISSIONARY

- I roam through the world Like a lost little child, Seeking, though scolded, Neither income nor wealth. Having nothing I possess everything. All that I own Is my obedience.
- 2. I am a hunter of souls For Jesus my Lord; Contempt and censure I get in return. Having nothing I possess everything. All that I own Is my obedience.
- O wealthy people,
 You are my landlords
 But neither lawsuit nor fighting
 Will get you your rent.
 Having nothing, etc..
- To one, then to another, Carefree I go, Like an apostle, yet Have my daily needs met. Having nothing, etc.

- I envy no one
 His wealth or good fortune
 And I strive only to be
 Like the poorest of heart.
 Having nothing, etc.
- Since God my father Cares for me infinitely, I let Him do everything To take care of me. Having nothing, etc.
- 7. God's interests alone
 Are my own interests,
 And I say be cursed
 To whatever annoys Him.
 Having nothing, etc.
- 8. My prudence is surely quite clever:
 Giving up all things, I have everything,
 Without cellar or kitchen,
 Without income or dwelling.
 Having nothing, etc.
- 9. I live quite comfortably
 Like a small bird;
 Without money's burdens,
 The higher I fly.
 Having nothing, etc.
- Without baggage I travel, My walking stick in hand, With nothing of comfort, But also without grief. Having nothing, etc.
- I preach and explain Simply, without fuss;
 I just don't bother with "What will they say."
 Having nothing, etc.
- 12. Neither man nor woman I notice at all,

I see God alone and their souls And speak as well as I can. Having nothing, etc.

- 13. If the world condemns
 What I say or I do,
 I cry: Move on, brother ass,
 Don't fall under the load.
 Having nothing, etc.
- 14. If a town or village
 Cares not to hear me,
 Not creating an uproar
 I go elsewhere to preach.
 Having nothing, etc.
- 15. Since the whole earth
 Is chock-filled with sin,
 There's no lack of work,
 Every town excites pity.
- 16. Whether I live or die Bothers me little, Provided I remain Poor, and wealthy in God. Having nothing, etc.
- 17. Be rich in this world?
 Lord, I would prefer death!
 On you alone I depend
 For I am all yours.
 Having nothing, etc.
- 18. O precious pearl, O divine poverty, How happy the soul That truly loves you! Having nothing, etc.
- 19. My state makes me master Of the whole world; But to understand the world well One must leave everything. Having nothing, etc.

- 20. I am not in style Except with the beggars, I get along with them well And I share their lot. Having nothing, etc.
- I am a clever lender,
 For one, I gain a hundred;
 For a creature,
 I gain the living God.
 Having nothing, etc.
- 22. My way to glory
 Is the widow and orphan.
 My weapon for victory:
 Solidarity with them.
 Having nothing, etc.
- 23. I neither plant nor sow Except in childlike hearts And so I harvest God himself And all Paradise. Having nothing, etc.
- 24. The rags the poor wear
 Let me understand them
 And show me their castles
 And their kingdom in heaven.
 Having nothing, etc.
- 25. With much indifference I look at swanky people, But with all reverence At destitute beggars. Having nothing, etc.
- 26. Without reasoning or caution, With no will of my own, Holy obedience Keeps me safe and sound. Having nothing, etc.
- I am, when commanded, Like a one year old child.
 I would never ask

The why or the how. Having nothing, etc.

- 28. To God himself I say: I would prefer to die And to die accursed Than ever disobey. Having nothing, etc.
- 29. I honor and respect
 Every superior;
 None is too harsh for me
 Since I am a sinner.
 Having nothing, etc.
- 30. In Paris as in Rome,
 In the lawmaker
 I no longer see man
 But God alone, my creator.
 Having nothing, etc.
- 31. If I am slandered,
 I say: God be praised!
 If someone hurts me
 I tell him: Merci!
 Having nothing, etc.
- 32. The cross is my treasure,
 The cross is my pleasure,
 The cross is my teacher:
 Either suffer or die.
 Having nothing, etc.
- 33. I proclaim everywhere:
 Live Jesus forever,
 Live Mary forever
 In my heart, and naught else!
 Having nothing ...
 I possess everything
 I love Jesus and Mary
 And nothing else.

GOD ALONE

92 GOOD SISTERS DIALOGUE OF THE THIRD ORDER

1. SISTER FRANCES:

Are you not the Sister devoted To Saint Francis? Your contemplative bearing reveals it So often.

SISTER DOMINIC:

I am a Sister of Saint Dominic. What do you think of that? SISTER FRANCES: Both of them are seraphic. So let's be united.

2. SISTER DOMINIC:

Why would we be at odds,
My dear sister?
Our saints loved each other here on earth
So ardently.
They both now enjoy the same glory
In the Lord.
My dear Sister, we must be believed,
Let's be of one heart.

3. SISTER FRANCES:

Both are the great patriarchs Of the same era. Both are living arks Of God's Covenant. Francis and Dominic are both True faithful servants And the two are for all, Sanctity's excellent models.

4. SISTER DOMINIC:

If one finds on Calvary His element, The other finds it in his Rosary Equally.

One had his flesh pierced Like his God; By the same fire, the other had His soul touched.

5. SISTER FRANCES:

They are both children of Mary, Her most beloved, She gives both of them life In her dear Son. One, at Our Lady of the Angels Was enriched. The other, by proclaiming her praises Was exalted.

6. SISTER DOMINIC:

Our two Orders are very similar, My dear sister, Our habits only differ In their color. To encourage us even more To purest love, Let's now speak its holy language, Each one in turn.

7. SISTER FRANCES:

My habit, ashen tinted, either Gray or brown,
Does not indicate or denote something The least bit common.
It signifies perseverance
By its length;
Poverty and penance
By its color.

8. SISTER DOMINIC:

My black cloak, from top to bottom, Studied well,
Shows but contempt for the world,
Death to all things.
My hidden, all white tunic
Clearly tells that
Under the black cloak, my soul
Is truly risen.

9. SISTER FRANCES:

Our two habits, my dear friend, Symbolize well All the virtues of the life Of good Christians: Poverty, penance, And purity, Charity and patience, Humility.

10. SISTER DOMINIC:

It is prayer that nourishes me
Every day
Although the flesh moans and grumbles,
Still I pray.
When I am dry or distracted
By Satan,
I persevere in prayer, in perfect peace
To the end.

11. SISTER FRANCES:

I obey in all things
Blindly.
I do not trust my prudence
At all.
My dear father, what should I do?
Tell me.
Eat, fast, speak, be quiet?
Guide me.

12. SISTER DOMINIC:

I preach through modesty By silence, My meek and simple manner edifies Tacitly. My countenance is so simple And gentle, Full of happiness and kindness And meekness.

13. SISTER FRANCES:

I am neither harsh nor sarcastic In reproving, I am meek and compassionate In punishing,

I offer to everyone My service. When I can give or forgive, It's my pleasure.

14. SISTER DOMINIC:

Now in utmost confidence I tell you: On Mondays I abstain from meat And Wednesdays. I fast during Advent, Lent, Ember days, Vigils, and even all Saturdays, Loyally.

15. SISTER FRANCES:

To satisfy God's justice
And his wrath,
I secretly wear a hair shirt
With fervor.
I take the discipline or belt despite
My feelings,
Sleeping on straw or on the floor,
Most always.

16. SISTER DOMINIC:

I go to confession and communion Most frequently In order to receive true life And nourishment. I usually say every day My rosary, Sometimes even fifteen decades, To be perfect.

17. SISTER FRANCES:

My sister, I cannot tell you how much My heart Seeks, sighs and longs for my Savior, My God. Jesus Crucified is my wisdom, My home. He is my honor, He is my wealth, My love.

18. SISTER DOMINIC:

I go through Jesus to His Father, Fittingly.
I go to Jesus through His Mother Most surely.
My goal is to do everything in her And by her;

To be always faithful to God, this is My secret.

19. SISTER FRANCES:

The last shall be first has not our God Said.

I take, being the least, the lowest Place, Without flattery, or vanity, Pride.

I truly humble myself at everyone's Feet.

20. SISTER DOMINIC:

Cursed be the world, cursed, My heart cries, For I have only extreme horror For this deceiver. Neither its threats nor its promises Nor its illusions, Nor its contempt nor its caresses Ever bother me.

21. SISTER FRANCES:

We should never bicker about the graces Of the blessed,
But think only of following their example Here on earth.
Dominic and Francis live again
In holiness,
If the brothers and sisters follow them Dutifully.

22. SISTER DOMINIC:

I want to become Dominic In charity. SISTER FRANCES: I want to become seraphic

In poverty.
SISTER DOMINIC:
I say and I preach the rosary.
Such is my choice.
SISTER FRANCES:
For me, I only know Jesus on Calvary,
Crucified.

23. SISTER DOMINIC:

Let's sing, sister, let's sing, brother, Each in turn:
Long live Jesus! Long live his Mother!
Long live love!
Long live Mary in her delights,
Nothing is more lovely!
SISTER FRANCES:
Long live Jesus in His sufferings!
He is my Spouse.

24. PRAYER OF SISTERS FRANCES AND DOMINIC:

O Jesus, our loving brother, Save us all! O our most loving Mother, Pray for us. Great Saints Francis and Dominic, We pray you To help us put your deeds Into practice.

25. A priest needs wisdom, Grant it to him, He wants no other riches, No other support. So by Jesus, and Mary We urge you To give him in this life This gift of gifts.

GOD ALONE

93 GOOD CHILDREN

1. THE CHILDREN:

You are our teacher, Child Jesus! We want to know you And your virtues! Oh, speak to us! We are listening. Teach us the way To go to you.

JESUS:

So, you want to hear me, My dear children? I can not resist, Yes, I consent. Listen to Me, Prepare your ears To know the marvels Of my divine law.

- 3. I greatly love your age
 My dear little ones,
 I took it for my own,
 God that I am.
 I am a child
 And I love childhood too,
 Provided that innocence
 Is its only adornment.
- 4. Honor father and mother,
 Do not grieve them;
 Say your prayers
 Without fail;
 Love one another,
 Refrain from cursing,
 From doing or saying anything
 That would harm anyone.
- 5. Each day, try to say Five decades of the rosary.

GOOD CHILDREN

I encourage you to do it. It's a good thing to do. Go to confession At least once a month. Hear Mass well On my appointed days.

- Behave yourselves in church,
 Without chatting there,
 Accept that some will scorn you,
 Do not retaliate.
 Say nothing
 When they sing insulting ditties,
 Without grumbling, suffer all things
 Like a Christian child.
- 7. Never let an oath
 Come from your lips.
 He who lies hurts Me
 Intimately.
 Children, be chaste
 In body and in soul.
 Flee from man or woman
 Of the opposite sex.
- 8. You must hate the world,
 It is a deceiver.
 You must flee it,
 Though this sorcerer rumbles.
 You honor Me,
 By honoring my Mother.
 You please God my Father,
 For you imitate me.
- 9. The cross is necessary,
 All must suffer;
 Either go up to Calvary
 Or perish.
 If you wish
 To have the reward,
 Renounce yourself,
 Practice mortification.
- 10. Proclaim my praises And sing them,

GOOD CHILDREN

Honor your guardian angels And pray to them. Without wearying, Spend time in prayer. The devil is angry, He wants to devour you.

- 11. Don't go out on the streets
 To play there,
 For it is there the devil kills,
 It is his turf.
 Associate with those
 Whose lives are orderly.
 Use your time well
 And don't be lazy.
- 12. In spite of your nature,
 Obey these laws.
 God that I am, I swear:
 You will be kings;
 You will reign
 Forever in my glory.
 You will be crowned
 As a sign of victory.

13. THE CHILDREN: O Jesus, many thanks For your lessons. We walk in your footsteps And follow you. Knowing well How weak we are, Love urges you To be our support.

GOD ALONE

94 LOVING PENITENT WOMAN

- 1. THE PENITENT WOMAN:
 My tears are my food,
 My sighs are my joy,
 Awestruck is my heart,
 I yield and surrender,
 For in God are more charms
 Than my heart can desire.
- In God all is capable
 Of ravishing and charming,
 He is a most loving Spouse
 And an adorable King.
 How it bothers me still,
 To have lived not loving Him.
- 3. In vain the world is adorned With its most brilliant lures. In vain it decks out its wealth; For I, now leaving it, Declare: A heart is too greedy If God doesn't suffice.
- In silence, in my solitude,
 Alone with Jesus alone,
 I possess Him in secret,
 I know perfect peace,
 I tell, I tell Him repeating:
 My God, you alone, and naught else.
- 5. The Good Shepherd sought me Wherever I wandered,
 He saw me, He found me,
 He carried me gently,
 Saintly, He compelled me.
 The time has come; I love Him.
- I laugh at the ridicule
 That my conversion causes.
 I laugh at all my companions
 Who accuse me of folly.

LOVING PENITENT WOMAN

I would give a thousand lives To love my God ardently.

- 7. Oh all you puny creatures,
 My heart is not for you;
 You are but refuse;
 Let me, I beseech you,
 Love my God, no limit,
 And taste His meek goodness.
- 8. Penitent sinful woman,
 Day and night, that is my name;
 I am both joyful and sad,
 I am captive and happy.
 Do you find that surprising?
 It's because love guides me.
- 9. Mary is my good Mother
 To whom I always turn,
 To support my misery,
 To calm God my Father;
 It is through her I do hope
 To persevere to the end.
- More sinful than Magdalene,
 Jesus, your feet I embrace.
 Comfort me in my troubles,
 Break and shatter all my chains.
 It is love that compels me.
 Forgive me, if I love too much.

11. THE PHARISEE:

O awesome, vengeful Justice Of my holy, mighty God! Look at this sinful woman Daring to approach so close. O great God, what insolence! Throw her out, no delay!

12. JESUS:

Pharisee, are you surprised To see how I respond? Do you see this woman? I give her all my wealth, I forgive all her sins,

GOOD SOLDIER

For she has loved so much!

- 13. THE PENITENT WOMAN:
 Yes, my Jesus, I love you
 Although many others rant,
 Your greatness is so supreme,
 And your love we know extreme.
 I love, and say anathema
 To those who do not love you.
- 14. What would I not do
 For you, Jesus, my Savior?
 I wish that I were thunder
 To proclaim to all the world,
 One thing is necessary:
 To love God with all one's heart.

GOD ALONE

95 GOOD SOLDIER

- A courageous soldier am I, Serving the King of Heaven, A monarch invincible.
 Under the cross and the fleur de lis I battle all my foes; Everywhere I am both Good Christian and French soldier, This is why I am awesome.
- No enemy do I fear;
 Having the Lord as ally,
 I am always victorious.
 With Him, I yearn to conquer
 The world and hell.
 Here below but one monster I fear:
 Sin, which is not feared.
 This fear is my glory.
- 3. I flee both the sight and the company

GOOD SOLDIER

Of those who don't live properly,
No matter what they say or protest;
If they ridicule my piety,
I say: "Things are going quite well, thank you."
Whoever wishes to live piously
Must necessarily suffer
The scorn of the world.

- I abhor women and wine,
 Both are a fatal poison
 Putting me at risk.
 I shun all idleness.
 Working faithfully,
 Avoiding dances, gambling,
 Cabarets and evil places
 Where the devils seduce us.
- 5. Although a soldier, I love peace, And will never be seen Starting a fight.

 I am satisfied with my pay Although I barely live on it.

 I never swear in vain,

 I do no wrong to my neighbor,

 I am loyal everywhere.
- I try to do nothing
 Unseemly of a good Christian,
 Even in my speech.
 Nothing against truth,
 Nothing against humility,
 Nothing against charity,
 Nothing against purity,
 No frivolous conversations.
- 7. When I see someone offend God I stand up for Him right away In spite of ridicule; I say: Jesus, help me! Oh Mary, come to my aid! With their support, I fight, I strike and conquer The proud and the ungodly.
- 8. One of my most important rules:

GOOD PRISONER

To go to confession every month
To remain in the state of grace.
I piously pray my rosary
Daily, or even more often.
I pray to God morning and evening,
And examine my conscience at night.
This is how my life is spent.

- 9. Soldiers, do you want to be happy Both on earth and in heaven? Imitate what I do.
 Don't ever be a deserter, for God forbids it; it angers Him To fall back like cowards, To let the demons win.
 Everyone, now sing after me:
- Behold the flag unfurled,
 Behold Jesus Crucified.
 May He be loved and obeyed.
 Reign, reign, great King of kings,
 Plant your cross everywhere.
 The time has come, Lord, the time has come
 To plant it above the Crescent.
 May your kingdom come!

GOD ALONE

96 GOOD PRISONER

- I accept, Lord, despite my aversion,
 The gentle punishments of your love.
 I submit entirely to your Providence
 My soul, my body and my freedom.
- Now I see how kind you are to me In punishing me with fleeting pain, For I should, according to your justice, Spend eternity in hell's dungeon.

IMPORTANT LESSON OF CHILDREN

- Not letting me go from crime to crime, Or punishing me like a severe judge, You want to free me from the abyss By punishing me as a most kind God.
- 4. You yearn to free my soul from slavery By confining my body in captivity. Agreed, Lord. Without further delay, Break the chains of my iniquity.
- You sought me like a good shepherd, When I wandered in spite of you. Clasp tightly this rebellious sheep To guard it from the jaws of wolves.
- I leave, my God, moans and grumbling
 To those who are the devil's martyrs.
 Now penitent, whatever pain I bear,
 I endure with joy, abandoned to you.
- 7. I humbly kiss the hand that chastens me, I wholly accept prison and my plight. Finally, I bless the shackles binding me, Begging the forgiveness of my God.

AFTER BEING SENTENCED TO DEATH

8. Innocent Jesus died for the guilty, The Good Shepherd to save his sheep. May I also die for our most loving God To expiate the evil I have done.

97 IMPORTANT LESSON OF CHILDREN WHOM WE MUST RESEMBLE TO ENTER HEAVEN

 Whoever wishes to be A most powerful king, According to our Master, Must become a child.

IMPORTANT LESSON OF CHILDREN

So let's go to heed A baby, oh! so tiny; Let's then go to learn His kind and gentle lesson.

- Jesus now is napping
 In his little crib.
 Believing everything,
 Let's lift up the veil.
 He wishes to be seen there
 As a month-old child,
 There he speaks as Teacher,
 Let's listen to his voice.
- 3. See his face, so gentle, Filled with tenderness. Do you see the image Of our blessed Savior? He is a new infant, Speaking without words, His air so innocent Preaches powerfully.
- 4. He is so charming
 And so natural,
 That he disarms
 Even cruel people.
 One cannot but love
 All his childlike ways;
 He bears within himself
 A charm all divine.
- 5. How adorable he is
 When he breaks into a smile!
 He is so loveable
 Even when he cries.
 His crib, his swaddling cloths,
 His little trinkets,
 Form the praises
 Of little Jesus.
- He does, without rejoinder, Everything he's told, Believing without grumbling, Never talking back,

IMPORTANT LESSON OF CHILDREN

Instructing us as Master By his obedience, Teaching us submission Of our own ideas.

- 7. He has no malice,
 He has no deceit,
 In him there is no cunning,
 Neither stubbornness.
 He never thinks
 Ill of his neighbor,
 He bears no grudges,
 He holds no rancor.
- 8. Far from here the ways
 Of the deceitful world.
 This crying little child
 Weeps over its misfortunes.
 Despising all its glory
 And its vanity,
 He proclaims victory,
 Though snugly enrobed.
- Here there are no insults, Nor are there disputes, Never any grumbling Never any fighting.
 We find no weapons Among the little ones, Only gentle tears And their soft cries.
- 10. Listen, worldly people: Do you yearn for heaven? Leave aside, without regret, Your haughty airs. Become by grace Like this child And you will have a place In heaven.

GOD ALONE

98 CONVERTED SINNER

DIALOGUE

GOD THE FATHER:

- Listen to me, I am complaining like a good father, For a long time I have been searching for a child; Up to now, I have held back my anger, Oh! must I use punishment?
- My son, why do you so offend me?
 What do you see in me that so upsets you?
 Come home to me, Come home, repent;
 Woe to you if you are not stirred.

THE FRIEND:

- Come back, sinner, your God is calling you;
 Come back quickly, submit to his rule
 You have already been too defiant.
 Come back to him, since he comes back to you.
- In your wayward life, his voice is heard,
 For he pursues you, never wearying.
 He is a good and most tender father.
 Prodigal son, He yearns to embrace you.

THE REPENTANT SINNER:

- My God, here is your rebellious child Whom you have deigned to seek for so long; O love, O fatherly love! Without delay, I'm coming back, I surrender.
- I acknowledge my foolish behavior,
 Against you alone, father, have I sinned;
 Turn away your eyes and thoughts from my waywardness
 And look only at my tear filled heart.

JESUS:

7. Ah! I have lost, I have lost that dear soul, What a pity, I have let my sheep wander away. How much it upsets me, my Sacred Heart swoons.

CONVERTED SINNER

My sheep has been handed over to my worst foes.

8. I have given everything, even my own life
To win you over and unite myself to you,
Yet you cruelly flee from me and forget me
And in return, you arm yourself against me.

THE FRIEND:

- Come back, sinner, your God is calling you;
 Come back quickly, submit to his rule
 You have already been too defiant.
 Come back to him, since He comes back to you.
- In your wayward life, His voice is heard, For He pursues you, never wearying. He is a good and most tender father. Prodigal son, He yearns to embrace you.

THE REPENTANT SINNER:

- 11. O my Jesus, O my loving Master, You alone can enthrall me, How long a time without knowing you! How long a time without loving you!
- 12. My cruel injustice I acknowledge, Forgive me for having strayed from you so long! I do regret it, it is now my torment, And for that alone, how bitter are my tears.

THE HOLY SPIRIT

- 13. It is over and done with, O dear soul that I love, You no longer want me as your spouse. You trample the vows of your baptism, Weep, angels ...! Stagger, O heavens!
- 14. If I am good, then why must you offend me? Your wicked heart takes pride in it every day! More severity would conquer your resistance; You would love me, had I loved you less.

THE FRIEND

15. The Holy Spirit begs and exhorts us
To return to Him wholeheartedly;
He yearns to enter, He is knocking at our door.
Will we always be busy elsewhere?

CONVERTED SINNER

16. In our wayward life, his voice is heard, For he pursues us, never wearying.He is a spouse, a most tender spouse.Let him in, let's cease to offend him.

THE CONTRITE AND HUMBLED SINNER:

- 17. Ah! I have sinned against God Himself I have despised my Creator. Forgive, forgive, supreme Goodness, I regret it with all my heart.
- 18. I have run away from you, good father Trampling underfoot all your kindness. Calm, calm your anger; Weeping, I beg for peace.
- Do not render blow for blow,
 See my humble, contrite heart,
 I have no fear of your thunder
 When I am covered with the blood of Jesus Christ.
- 20. Drop, Lord, drop your arms, For I am the price of your blood. Forgive, forgive, see my tears; From now on, I will sin no more.
- Come, Holy Spirit, God aflame, Espouse me once again.
 Forgive, forgive, God of my soul, May I again find grace with you.
- 22. Pray for me, divine Mother, Sure refuge of sinners! Forgive me, forgive; your prayer Is all powerful with my Savior.
- 23. O INFINITE MERCY,
 You can not refuse me.
 O sweet Jesus, sweet Mary,
 You can not rebuff me.

JESUS TRIUMPHANT

24. For your joyful return, I, glorious Savior, Order that today there be feasting in heaven.

Sing, Angels, sing of my gentle conquest, Celebrate, celebrate the power of my precious blood.

THE ANGELS:

25. Let us sing, angels, let us sing His gentle conquest, Let us celebrate, let us celebrate the power of His precious blood.

THE ECHO OF PARADISE

26. May all the heavens rejoice.

The sinner has joined the rank of saints;
Divine Savior, we bless you
For this masterpiece you have wrought.
May everyone, may every angel
Repeat unceasingly:
The sinner is back in the fold! (twice)
Glory and praise to you alone! (twice)

GOD ALONE

99 GOOD SHEPHERDESS

1. SYLVIE:

Good morning, dear shepherdess, Servant of the Lord, I've come over the meadow To speak heart to heart. Laus Deo. Laus Deo Domino.

Here, far from the crowds
 Let's stay for awhile
 In profound stillness;
 May holy love be our theme.
 Laus Deo. Laus Deo Domino.

3. GENEVIEVE:

Ah! how delighted am I To chat with you here! Let's speak, dear Sylvie,

Of our only Good.

Laus Deo, Laus Deo Domino.

- 4. These meadows are pure, Everything here is holy, All created things Tell us of our God. Laus Deo, etc.
- 5. These rocks, these sheds,
 These sheep, these lambs,
 These woods, this greenery,
 Are choristers new.
 Laus Deo, etc.
- 6. SYLVIE:

Are you truly happy? Is anything lacking? Are you not awaiting A change for the better? Laus Deo. etc.

7. GENEVIEVE:

Know, dearest friend, My heart is well satisfied. I may be poor and hidden But my happiness is great. Laus Deo, etc.

- 8. Seated here on the grass,
 In the middle of the woods,
 I prefer my shepherd's crook
 To the scepters of kings.
 Laus Deo, etc.
- 9. I find more glory
 Watching over my flock
 Than in winning victory
 Over a new world.
 Laus Deo, etc.
- Whether windy or drizzly,
 In winter, in summer,
 I thread my distaff
 Singing so cheerfully:

Laus Deo, etc.

11. SYLVIE:

Are you not attracted To pleasures, to honors, To this visible world Which ravishes hearts? Laus Deo, etc.

12. GENEVIEVE:

No harm do I afflict On the proud miser, I leave him the earth And I choose the heavens. Laus Deo, etc.

13. The world and its show Have no attraction; I am assured happiness In heaven, forever.

Laus Deo, etc.

14. SYLVIE:

What! Nothing bothers you In this lonely place? Are you at your ease? I don't think it's possible! Laus Deo, etc.

- 15. No shelter, no blankets, Dressed in those tatters, You suffer the havoc Of all the seasons.

 Laus Deo, etc.
- 16. The world shoves you aside With all your poverty; Your master and mistress Are really quite harsh. Laus Deo, etc.

17. GENEVIEVE:

In spite of these hardships, My heart, at all times, Is happier than queens

- In the midst of their court. *Laus Deo, etc.*
- 18. I have Jesus and Mary Etched in my heart; My friend, could I have More perfect joy?

 Laus Deo, etc.
- 19. In this withdrawn place I have pleasant talks, Everything secretly Speaks and supports me. Laus Deo, etc.
- 20. Some things uphold me, Others may nourish me, This one may humble me, The other instructs me. Laus Deo, etc.
- 21. Looking at these plains, I say to my Lover:
 Your sovereign beauties
 Are their decorations.
 Laus Deo, etc.
- 22. The bird in its flight
 And in its sweet chirping,
 Blames me for laziness,
 For all my sluggishness.
 Laus Deo, etc.
- 23. The murmuring waters
 Complain of my heart
 And condemn the hurt
 I afflict on the Lord.
 Laus Deo, etc.
- 24. These immovable rocks
 Have an air of innocence;
 They condemn the towns
 Where the air is so evil.
 Laus Deo, etc.

GOOD SHEPHERDESS

- 25. Here in the deep silence, Everything speaks truth, Everything preaches innocence And holy simplicity. Laus Deo, etc.
- 26. My sheep are the model
 Of all the virtues;
 When I contemplate them
 I believe I see Jesus.
 Laus Deo, etc.
- 27. How innocent the lambs! How loving they are! How patient the sheep, How humble they are! Laus Deo, etc.
- 28. I take so much pleasure In seeing this hamlet. How more so is the Artist, So lovely His work. Laus Deo, etc.
- 29. The rustling of the leaves
 And the sound of the birds,
 Make me sing my own tune
 To the sound of the pipes.
 To the glory and praise
 Of Jesus my Love.
 We blend our voices,
 We sing each in turn:
 Laus Deo, etc.
- 30. My glory is so deep,
 All my riches within.
 Here on earth I don't crave
 Anything I see.
 Laus Deo, etc.
- 31. Shame on this passing world And those who are foolish! The world sullies, it hinders, It makes them all perish. Laus Deo, etc.

GOOD SHEPHERDESS

- 32. I prefer my small sheds
 To the palaces of kings,
 I prefer my greenery
 To their vain decorations.
 Laus Deo, etc.
- 33. Resound, countryside! Leap, wee lambs! Answer me, mountains With echoing sound! Laus Deo, etc.
- 34. Sing, dear pastures!
 Sing, narrow streams!
 Sing, tiny clearings!
 Sing, little birds!
 Laus Deo, etc.
- 35. Jesus is our Master, Be gone, all you sinners. All in this country place Renders all honor to God. Laus Deo, etc.
- 36. Reign, Virgin Mary
 In the highest heavens!
 And may you be blessed
 Even here below.
 Laus Deo. etc.
- 37. Dear Sylvie, let's sing:
 I bless you, Jesus,
 I bless you, Mary,
 Grant us your virtues.
 Laus Deo, Laus Deo Domino.

The following lines can be added for the refrain:

I desire nothing
But God alone for my good;
Long live Jesus
In my heart, and naught else.

1. THE AFFLICTED ONE:

Someone's getting after me, For no reason and no fault of mine. Someone else has no use for me; I'm having so much trouble!

2. THE DEVIL:

Get revenge for these insults, You must save face, Prove your innocence, Restore your honor.

- 3. THE FRIEND OF GOD
 Don't seek vengeance,
 God will do it better.
 The best reward
 Awaits you in heaven!
 Blessed cross of Calvary,
 As long as it, as long as it,
 Blessed cross of Calvary
 As long as it endures.
- 4. This injury is malicious
 But if you get even,
 You're plunging yourself
 Into eternal damnation.
 Blessed cross, etc.
- 5. Dogs bite into rocks,
 Fools bite each other;
 The wise suffer on earth
 And ever it shall be.
 Blessed cross, etc.
- 6. THE AFFLICTED MAN
 Someone insulted me
 On such and such occasion
 I'll pay him back, I swear,
 Or my good name is ruined.

7. THE DEVIL

You have to get back at him With all the might you have. Show him how things are done, Show him what he ought to do.

8. THE FRIEND OF GOD God Himself commands you To love your enemy And, as he forgives you, You must forgive in turn. Blessed Cross.

Those humble and wise
 Forgive quite easily.
 The bloodiest outrage
 Seems mild and acceptable.
 Blessed cross, etc.

10. THE AFFLICTED MAN Oh! What a horrible event Oh! What a miserable thing! I thought I was doing so well, How despondent I am!

11. THE DEVIL

Someone through jealousy Did this rotten thing to you; Get even, cry, scream, You're suffering a lot.

12. THE FRIEND OF GOD The wise chuckle and forget it When their goods are stolen; They rarely go to court To get back what they own. Blessed Cross, etc.

13. Lawsuits are cruel flames
Which eat away at peace,
Property, health, soul,
And even heaven, forever.
Blessed Cross, etc.

14. THE AFFLICTED MAN

Hey there! You devil beast! My God! What an animal! He hit me on the head And boy, does it hurt!

15. THE DEVIL

Take revenge right now On this dirty creature! Strike, storm and swear For your injury is great.

16. FRIEND OF GOD

People get to know themselves Through unfortunate incidents. The good say to the Master: O my God, we accept it. Blessed Cross, etc.

- 17. But the evil, the ungodly
 Who do not get what they want
 Curse, grumble, scream
 And swear, as much as they can.
 Blessed Cross, etc.
- 18. To make a hurt amiable, Say: Blessed be God! These words chase away the devil, And make the angels rejoice. Blessed Cross, etc.

19. THE AFFLICTED MAN:

Here I am, absolutely miserable, For I lost my case at court And my arguments were the most logical That I had ever made.

20. THE DEVIL:

Quibble about your case, Appeal to the Parliament, Let hate and jealousy Secretly inspire you!

21. THE FRIEND OF God:

Suffer this disgrace, Then you will have peace,

You will merit grace And glory forever. Blessed cross, etc.

22. But if by your greed You scandalize your neighbor, You are calling for justice And you suffer all in vain. Blessed cross, etc.

23. THE AFFLICTED MAN To accept being bossed around Like a dog's valet? To tolerate that I'm despised? Sorry, not for me!

24. THE DEVIL: To suffer, what a humiliation! My good man, uphold your position, Honor your rank, Respect your noble blood.

25. THE FRIEND OF GOD: When someone debases us, He raises us to heaven, Provided we are shrewd enough To suffer it quite joyfully. Blessed cross, etc.

- 26. To give up is victory,And suffering preserves it,To be humble is glory,To lose everything is triumph.Blessed cross, etc.
- 27. The unfailing secret Of achieving the first And most well thought of place, Is to be the last. Blessed Cross, etc.
- 28. THE AFFLICTED MAN:
 Zounds! They want me to be
 A worthless man, a nothing.
 O no! I'll not be quiet

And when I speak, I'll blow up!

29. THE DEVIL:

Arm yourself with greedy thoughts, Let them be your secret weapons. Drag down and slander Anyone who harms you.

30. THE FRIEND OF GOD

Dust, dare you swell with pride Though God chose to be lowly? You want your name in lights Though God eclipsed himself. Blessed cross, etc.

- 31. Spare your brother,
 His price is infinite;
 Envy and anger
 Harm you more than him.
 Blessed cross, etc.
- 32. Accept that others cause you Sorrow upon sorrow.
 Do not harm anyone,
 Love, love your neighbor.
 Blessed cross, etc.

33. THE AFFLICTED MAN Suffer because of this monkey face, Because of this stupid idiot? No, no! O the bloody outrage! He will pay for it, by God!

34. THE DEVIL:

Strike with your sword, Don't be a coward; Hit him with a volley Of good whacks with a club.

35. THE FRIEND OF GOD:

Behold God who tolerates you Yet you can't tolerate others; And there you are so close to a cliff, Watch out! You're soon to perish. Blessed cross, etc.

- 36. It is God who sends you This wolf, this wolf so wicked. Suffer him joyfully You will gain a great deal. Blessed cross, etc.
- 37. Angels have noticed it The heavens rejoice, All sing your praises And all hell runs away. Blessed cross, etc.
- 38. THE AFFLICTED ONE:
 See that evil woman
 Slapping my child!
 Go away, scram, beggar,
 Or better, come, I'm waiting for you.
- 39. THE DEVIL
 Run over this shrew,
 She's out of her mind.
 Stomp on her mane
 Be brave and hold fast.
- 40. THE FRIEND OF GOD
 By your screams so furious
 You condemn yourself, Alas!
 Suffer like a wise woman
 And don't react so fast!
 Blessed cross, etc.
- 41. You lose the victory
 Together with charity,
 You lose all your glory.
 Suffer, have pity!
 Blessed cross, etc.
- 42. God has lightning in hand Since you so anger him; He'll reduce you to dust Just as you deserve. Blessed cross, etc.
- 43. THE AFFLICTED ONE:

What! Suffer in silence When I am struck! Oh! what stupid extreme! Let others act thus!

44. THE DEVIL

Fling a stone for a stone, Whack a tooth for a tooth Wage war for war: Then you'll be prudent.

- 45. THE FRIEND OF GOD
 Yes, suffer in silence
 Is your glorious deed
 Which God will reward
 On earth and in heaven.
 Blessed cross, etc.
- 46. When someone is humble And suffers for Jesus, Your angel records it In the book of life. Blessed cross, etc.
- 47. There is nothing stronger Than a patient man; Those who win wars Are not as valiant. Blessed cross, etc.
- 48. A roaring lion
 Calms down if flattered.
 The most arrogant spirit
 Becomes meek by silence.
 Blessed cross, etc.
- 49. An ounce of suffering
 Accepted with calm
 Works an immense weight
 Of glory forever.
 Blessed cross, etc.

THE AFFLICTED SOUL: My house has burned down, Only misfortune befalls me! I have just been robbed, A plague on the thieves!

2. THE DEVIL: Go to the police, Consult a psychic, You know who did it, He's evil, that man!

- 3. THE FRIEND OF GOD
 What evil befalls
 God Himself permits.
 With such lively faith
 We gain infinitely.
 Blessed cross, etc.
- May we take for guide Now and forever, Whether winning or losing, God's holy will.
 Blessed Cross, etc.
- 5. Abominable strategy:
 Having recourse to the devil!
 Appalling insult
 To God's holy name.
 Blessed cross, etc.
- 6. THE AFFLICTED SOUL:
 OK, topple everything, smash, break;
 Clumsy blockhead, If I catch you!
 Get out of here! Be more careful
 When you pass through here again!
- 7. THE DEVIL:
 Your threats are all worthless,
 He mocks them, he scoffs them.

With a good hard whack, please, Bring him back to his senses.

- 8. THE FRIEND OF GOD
 Remember, a fault is slight
 When there is no sin involved,
 You must, like a good father,
 Have pity on him.
 Blessed cross, etc.
- By your impatience
 You add to the evil.
 You cause great scandal,
 And offenses galore.
 Blessed cross, etc.

10. THE AFFLICTED PERSON: You're trying to kill me! Go away evil man, Go far from me. I'd like To leave everything, now!

11. THE DEVIL:

Hey, he wants you dead! Get back at him, right to the end. Give him all you've got Or else, you will die of regret.

12. THE FRIEND OF GOD: Wise woman, put up with Your impatient husband Or your marriage will be No more than a living hell. Blessed cross, etc.

- 13. A crime for a crime
 Only makes things worse.
 But sublime virtue
 Stops crime and charms him.
 Blessed cross, etc.
- 14. It's by your silence
 That you will teach him,
 It's by your patience
 That you will sanctify him.

Blessed cross, etc.

15. THE AFFLICTED ONE:

What bothersome housework! I'll enter a convent Or go to a hermitage Where I can live happily.

16. THE DEVIL:

You'll not be cranky, You'll live in peace; Your sisters and brothers Make you do all the work.

17. THE FRIEND OF GOD:

It isn't your angel, But often the devil Whose words you hear During your devotions. Blessed cross, etc.

- 18. The problem lies in you, You do not love the cross; Your extreme anger Always takes over. Blessed cross, etc.
- A large household always has Many crosses and worries; When they are well accepted Their value is priceless.
 Blessed cross, etc.
- Except by obedience
 Let nothing ever be done.
 Acting through one's own wisdom
 Spoils or corrupts any good.
 Blessed cross, etc.

21. THE AFFLICTED ONE:

No matter what I do or say I do all things the best I can; I am a martyr here,
This place is so boring.

22. THE DEVIL

Notice how they maltreat you! You can surely find elsewhere A peaceful, much better job And better masters.

23. THE FRIEND OF GOD

Suffer, holy maid, Suffer, holy page, Thus you will overthrow The devil's temptations. Blessed cross, etc.

- 24. The fools, so they say,
 Suffer all things though guiltless
 And even to shedding
 Their blood until death.
 Blessed cross, etc.
- 25. We see our good Master Die although innocent; And then we want to be Guilty without suffering. Blessed cross, etc.
- 26. If we roam through the earth From Japan to Peru We will suffer hostility From either wise men or fools. Blessed cross, etc.

27. THE AFFLICTED ONE:

What's going on! Cutbacks, tolls, Many heavy new taxes; This constant bad news Doubles my troubles.

28. THE DEVIL:

Among those thieving companies Which so infuriate you, Find yourself some business To make up for your losses.

29. THE FRIEND OF GOD The wise patiently

Bear all their taxes; Without any resistance They pay them all promptly. Blessed cross, etc.

- 30. With no ruse at all,
 They conceal nothing;
 Though they cry injustice,
 They turn all things to good.
 Blessed cross, etc..
- 31. O atrocious slander
 To speak ill of the king!
 The most ferocious beast
 Has far meeker instincts.
 Blessed cross, etc,
- 32. It is Caesar who commands, It is Caesar who protects; To Caesar then we pay The tribute he demands. Blessed cross, etc.
- 33. THE AFFLICTED ONE:
 Good God, I am so bored
 During all my prayers!
 I agonize so much
 Over my distractions.
- 34. THE DEVIL:
 You're doing nothing worthwhile,
 You're just wasting your time;
 You have much work to do,
 Go! It's waiting for you.
- 35. THE FRIEND OF GOD
 Jesus Christ persevered
 In prayer though in darkness.
 He then is your model,
 Suffer then like him.
 Blessed cross, etc.
- Pray most patiently, Despite body and soul. The prayer of suffering

Is the prayer of the strong. Blessed cross, etc.

37. God only works in the soul
When the soul knows how to suffer;
He enlightens, He sets it afire
Without making Himself felt.
Blessed cross, etc.

38. THE AFFLICTED MAN:

I am but a victim
During my prayer;
I see myself so sinful
And wholly abandoned.

39. THE DEVIL:

Go on! Blaspheme, despair, God has abandoned you! He is so full of wrath, Too much have you hurt Him.

40. THE FRIEND OF GOD:

The Lord is testing you, Hold firm, pray well; Surely He finds in this Your honor and His own. Blessed cross, etc.

- 41. Turn to His grace;
 Suffer this trial, suffer;
 You will again see the face
 Of your dear Spouse.
 Blessed cross, etc.
- 42. This loving eclipse
 Brims the heart with love,
 Makes the soul luminous
 And full of strength.
 Blessed Cross, etc.

43. THE AFFLICTED ONE: How miserable I am! I have sinned enormously, I am so depressed, Ah! I am so annoyed!

44. THE DEVIL:

How disgusting your sin! You have no virtue, Cry and despair, Alas! All is lost.

45. THE FRIEND OF GOD:

This evil sadness
This anxiety and depression
Are a very bad sign,
They are the work of the devil.
Blessed cross, etc.

- 46. When, by your weakness You have just fallen, Love urges you on To be humble of heart. Blessed cross. etc.
- 47. See God as a Father
 Ask Him for forgiveness;
 Suffer your misery,
 Good will come of it.
 Blessed cross, etc.
- 48. Everything profits
 The just, even sin;
 He draws good from it,
 Though sin angers Him.
 Blessed cross, etc.
- 49. THE AFFLICTED PERSON:
 O Jesus, I embrace
 And I kiss my cross,
 But please do help me
 Carry well its weight.
 Blessed cross, etc.
- 50. I bless your punishment
 And I adore your blows,
 For considering my offenses
 You punish me too lightly.
 Blessed cross, etc.

- 51. A God who suffers!
 Hell at the ready!
 Only big fools think
 They have suffered too much!
 Blessed cross, etc.
- 52. Strike! That's fine!
 Either suffer or die!
 Whether I live or die
 I want always to suffer.
 Blessed cross, etc.

102 TRIUMPH OF THE CROSS

- 1. The Cross is essential.
 We must always suffer:
 Either climb Calvary
 Or perish forever.
 Blessed cross of Calvary,
 As long as it, as long as it,
 Blessed cross of Calvary
 As long as it endures.
- 2. The Cross is a mystery
 Most secret here below,
 Without abundant light
 Its meaning is not known.
 Blessed cross, etc.
- 3. Nature loathes the cross
 Reason struggles against it
 The learned man ignores it
 And the demon cuts it down.
 Blessed cross, etc.
- 4. Saint Augustine proclaims
 We are among the cursed
 If God does not chastise us
 As His beloved children.
 Blessed cross, etc.

- 5. The way to our Homeland
 Is the way of the Cross.
 It is the way of life,
 It is the way of kings.
 Blessed cross, etc.
- Each stone the builders use
 On Holy Zion's heights
 Is cut and made to fit
 Or thrown to the devil.
 Blessed cross, etc.
- 7. What value has the triumph
 Of the greatest conqueror
 If he win not the glory
 Of self-control through crosses?
 Blessed cross, etc.
- 8. Despite sense and nature, Politics and reason, The truth does assure us: The Cross is a great gift. Blessed cross, etc.
- 9. The Cross is the princess
 Where we truly find
 All grace, all wisdom
 And divinity.
 Blessed cross, etc.
- 10. God could not resist
 Her singular beauty;
 The Cross made Him come down
 To our humanity.
 Blessed cross, etc.
- 11. Entering the world He said: Yes, Father, I yearn for her. O cross, I thrust you deeply Into the center of my heart. Blessed cross, etc.
- 12. He thought her so stunning He made her His honor,

His eternal companion, His heart's loving spouse. Blessed cross, etc.

- 13. Even as a young child
 His heart constantly longed
 For the loving presence
 Of the cross He so cherished.
 Blessed cross, etc.
- 14. He has, from His youth, Sought her eagerly. He died in her arms Of tenderness and love. Blessed cross, etc.
- 15. I desire a baptism,
 He proclaimed one day,
 The dear Cross I so love,
 The object of my love.
 Blessed cross, etc.
- 16. He called Saint Peter
 A scandalous Satan
 When he wanted Him
 To reject and deny it.
 Blessed cross, etc.
- 17. Through the Cross, our great Master Put all hell in fetters,Crushed Satan the rebelAnd won all creation.Blessed cross, etc.
- 18. This Cross, now scattered Wide upon this earth, One day will rise whole And be carried to heaven. Blessed cross, etc.
- 19. The Cross, on a cloud
 Of blinding beauty
 Will judge, by its light,
 The quick and the dead.
 Blessed cross, etc.

- 20. It will cry vengeance
 From all its foes,
 Joy, peace and pardon
 For all its faithful friends.
 Blessed cross, etc.
- 21. God gives it as a weapon
 To those who serve Him well.
 It charms or it disarms
 Hands, and hearts as well.
 Blessed cross, etc.
- 22. "By this sign you shall conquer"
 He proclaimed to Constantine.
 Every outstanding conquest
 Is hidden in its bosom.
 Blessed cross, etc.
- 23. The cross is adorable, But Mary is not. O ineffable grandeur, Unknown here below! Blessed cross, etc.
- 24. With no cross, the soul is sluggish, Soft, cowardly and dull!

 But the Cross renders the soul Fervent, full of strength.

 Blessed cross, etc.
- 25. How ignorant we are
 If we do not suffer!
 How wise we shall become
 If we suffer well.
 Blessed cross, etc.
- 26. A soul for long untried Would be of little worth, A frail soul, untested, With no learning whatsoever. Blessed cross, etc.
- 27. O what sovereign sweetness An afflicted soul does taste

Who in suffering finds peace Without experiencing relief. Blessed cross, etc.

- 28. During their life, the saints
 Sought nothing but the Cross;
 It was their great desire,
 Their choice centered on it.
 Blessed cross, etc.
- 29. Not satisfied with those That God Himself did send, They punished themselves with others Of their own invention. Blessed cross, etc.
- 30. The chains of Peter
 Bring him more honor
 Than being on earth
 The vicar of the Savior.
 Blessed cross, etc.
- 31. Notice, Paul forgets
 His awesome rapture,
 Finding his glory
 Only in the Cross.
 Blessed cross, etc.
- 32. He is more honorable
 In his frightening dungeon
 Than in his great ecstasy
 Ravishing him to heaven.
 Blessed cross, etc.
- 33. O holy cross, proclaims
 The faithful Andrew;
 So I may come alive
 Let me die on you!
 Blessed cross, etc.
- 34. O cross, our wisdom,
 Our redemption
 Our only hope
 Our perfection.
 Blessed cross, etc.

35. The cross is so precious!
The souls now in heaven
Would joyfully return
To suffer here on earth.
Blessed cross, etc.

103 DESIRES OF INCARNATE WISDOM OR OF THE CHILD JESUS

- Forgive, Divine Wisdom, My ardor.
 For you are the mistress Of my heart.
 Hasten to my assistance, Give ear to my pleas.
- Son of God, supreme beauty, Come to me.
 Without you I am accursed, Come to me.
 With you, I shall be king, A king obedient to your law.
- O Word, equal to the Father, Come to me.
 Light of light, Come to me.
 With you, I shall see clearly And confront all hell.
- Jesus, uncreated Wisdom,
 Come to me.
 Jesus, incarnate Wisdom,
 Come to me,
 What is sweeter than to be with you?
 But what hell to be without you!
- 5. O Wisdom, God made man, Come to me.

I acknowledge you, I call you, Come to me. With you and your cross, I shall be happier than any king.

- O my powerful princess!
 Come to me.
 O my charming mistress,
 Come to me
 To be with you bestows more pleasure
 Than our heart could ever imagine.
- O my immortal Spouse
 Come to me.
 My beautiful one, my faithful one,
 Come to me.
 With you I am stronger
 Than hell and death.
- 8. People abandon you, my friend, Come to me.
 You are treated like a fool,
 Come to me.
 With you I shall be wise,
 Without you, one of the fools.
- (a) Wisdom, you are maligned, Come to me.
 You are rejected and rebuffed, Come to me.
 With you, we both consent, I want to live until I die.
- 9. O my greatest riches!
 Come to me.
 O my sweetest tenderness,
 Come to me.
 With you, we are so joyful!
 So rich and so happy!
- Your glance makes the earth quake, Come to me.
 Your hands clap the thunder, Come to me.
 With you, we are never afraid

Of death or of evil.

11. I burn with your fire,Come to me.You are enthroned in my soul,Come to me.With you and with your loveI am happy day and night.

 I yearn for you desperately, Come to me.
 Without you, life is martyrdom, Come to me.
 With you, I shall have everything, Without fear of lacking anything.

13. Your folly is wisdom, Come to me. Your penury is plentiful, Come to me. With you, what treasures In our bodies and souls!

14. Your demands are delightful, Come to me.Your sorrows are sacrifices, Come to me.With you, we are happyBoth on earth and in heaven.

15. Your contempt is full of glory, Come to me.But no one believes you, Come to me.With you, more grandeur Than all the emperors together.

16. You only dwell on Calvary, Come to me. The cross is your only pulpit, Come to me. With you, I shall suffer And then I shall reign.

17. You give crosses as rewards,

Come to me. You only love suffering, Come to me. With you, what sweet pleasure To suffer all, and to die.

- 18. Your friends flow tears,
 Come to me.
 Crosses are their only weapons,
 Come to me.
 But, forgive my sins,
 Then cut, prune, sever.
- 19. You are seeking an abode, Come to me. Swiftly, without delay, Come to me. With you, how lovely! May my heart be your home.
- 20. I tell you often fearlessly, Come to me.My soul will become holy, Come to me.With you come all the virtues, And the wonders of Jesus.
- 21. All the virtues follow you,
 Come to me.
 With you they come,
 Come to me.
 With you are charity,
 Purity, humility.
- 22. There is none like you, Come to me. Before you, gold is but sand, Come to me. With you, although penniless, I am rich and satisfied.
- O my life and my light,Come to me.O my Spouse and my Mother,Come to me.

With you I shall have peace, Grace and glory forever.

24. Wisdom, unknown to the world, Come to me. Whatever they say, whatever they do, Come to me. With you, contempt Seems like treasure.

25. Farewell, mortal beauties,
Come to me.
Yours are eternal,
Come to me.
With you, truthfully,
I shall live eternally.

26. Wisdom, I want to win you over, Come to me. Bah to money! I want none of it, Come to me. With you, I want to play To lose everything and win you.

27. We shall proclaim victory,Come to me.You alone will be glorified,Come to me.With you I shall speak,In speaking I shall triumph.

28. I want to walk in your footsteps, Come to me. That is the grace of all graces, Come to me. With you, I shall advance joyfully Straight to the cross and to heaven.

29. Jesus, Child of Mary,
Come to me.
It is she who begs you,
Come to me.
With you in this exile,
I shall have all good things. Amen.

GOD ALONE

104 NEW CANTICLE FOR OUR LADY

- If someone wants graces
 From heaven with ease,
 To Mary, first of all,
 Let him come to find God,
 Let him come (three times).
- God is appeased by Mary,
 As all sinners know!
 So come with a contrite heart
 To Jesus through Mary,
 Let him come, etc.
- Does some great sinner wish
 To break his chains forever?
 Mary can surely do it.
 Let him come and see,
 Let him come, etc.
- 4. Do you desire the heart of a David Or that of a Madeleine?
 You can obtain this heart
 From the Savior's Mother,
 Let him come, etc.
- Do you want to overcome
 The world which drags you down?
 To Mary, then, without fail
 Cling tightly,
 Let him come, etc.
- If you wish to defy hell
 And scorn its hate,
 Always come to Mary
 To be armed with strength,
 Let him come, etc.

NEW CANTICLE FOR OUR LADY

- Let every hardened sinner, Let every Christian soul Come present his greetings To Mary, Queen of Heaven, Let him come, etc.
- Does someone seek virtue?
 Mary is its Queen.
 Let him come as did the saints,
 To receive virtue from her hands,
 Let him come, etc.
- 9. Who wishes to burn with love, Without scruple or constraint, Let him come to Mary, in God She is aflame with its fire. Let him come, etc.
- Who wants fruit and grapes
 Or wheat from the fields,
 Let him entreat with assurance
 Her maternal goodness,
 Let him come, etc.
- Who wants a cure for any hurt, Let each one always remember: Whoever has recourse to Mary Will find ample help. Let him come, etc.
- 12. Do you want to go to heaven?
 The Blessed Virgin leads you there.
 Let him come by this path
 To this final home.
 Let him come, etc.
- 13. God has filled us with blessings, Always keep them in mind, Glory to the Lord far and wide. Victory to Mary in heaven! Victory, etc.
- She has conquered God
 Our invincible monarch;
 Through her He came down,

NEW CANTICLE FOR OUR LADY

It is she who made Him Visible, etc.

- 15. If our Judge is won over,
 If He is the Savior of the world,
 It is through her virginity,
 It is through her humility
 Profound, etc.
- 16. Alas! we would be lost
 Without our good Mother,
 She prayed God for us
 And appeased His anger
 Severe, etc.
- 17. She has routed the demon That cruel beast,
 She has put him in irons
 To crush in hell
 His head, etc.
- 18. The world and the demon
 With all of their minions
 In the name of Jesus her Son,
 In the name of Mary, have taken
 Flight, etc.
- 19. Without her, all were drowned In the waters of the flood, She has delivered us, Becoming our assured Refuge, etc.
- She has conquered Lucifer, Shackled all hell, Removed sin from our hearts, Opened the gate to happiness Supreme, etc.
- Through her Son she has given
 Both grace and glory,
 Life to the dead, hearing to the deaf,
 And every help to the poor,
 Victory, etc.

22. Let us all sing with joy
To our glorious Queen,
Always and everywhere,
On earth and in heaven:
Victory! Victory! Victory!

105 JESUS CHRIST'S CALL TO THE SINNER TO PROFIT FROM THE MISSION

- What graces surely
 The good Lord gives here;
 Don't make them useless,
 O hardened sinner.
 What! God who loves you so much Has wasted His efforts?
 What! God who loves you so much Has wasted His time?
- On this small island God seeks for you now.
 So be humble and docile And truly repentant.
 What! God, etc.
- If His tremendous love
 Touches you this blest day
 Tell Him that you love Him.
 Returning love for love.
 What! God, etc.
- 4. He is a tender father,
 Also a skilled physician;
 Sinner, get to the mission
 Or perish eternally.
 What! God, etc.
- 5. To his pleading voice, Harden not your heart, Rebel not against This powerful Lord. What! God, etc.

JESUS CHRIST'S CALL TO THE SINNER

- Choose well, I beg you, Pick good or evil, Select death or life, God wants all or naught! What! God, etc.
- 7. Choose peace or warfare, Thunderbolt or cross, Choose heaven or earth, God gives you the choice. What! God, etc.
- 8. Great God, what vengeance Will follow such gifts, Unless by your penance You make your peace! What! God, etc.
- Weep, weep many tears, Groan from your heart's depths, God is then disarmed, You will be the winner. What! God, etc.
- 10. At this propitious time, Make this mission your own, God gives the wickedest Remission of their sins. What! God who loves you so much Has wasted His efforts? What! God who loves you so much Has wasted His blood?

RESPONSE:

Oh! God who loves me so much Has not wasted His efforts.
Oh! God who loves me so much Has not wasted His blood.

GOD ALONE

DIALOGUE

JESUS:

1. Christians, you must listen either to me or to the world. Choose between the two.

Are you listening? Each one must answer.

I teach how to do good, always I do!

The world, how to do evil.

2. Christians, you must believe either me or the world. Choose between the two.

Do you believe me? Each one must answer.

I never deceive, never I do!

But the world deceives.

3. Christians, you must follow either me or the world. Choose between the two. Are you following me? Each one must answer.

I never change, never I do.

But the world changes.

4. Christians, you must serve either me or the world; Choose between the two. Do you serve me? Each one must answer. I never pass away, never I do! But the world passes away.

If you follow this detestable world, 5. I swear it now, I will make you miserable forever. Will you follow the world or me? Each one must answer.

RESPONSE:

- 6. 1. I want to listen to you, I do; I want to listen to you.
 - 2. I want to believe you totally, I do; I want to believe you.
 - 3. I want to follow you in everything, I do; I want to follow you.

THE GROUP:

- Together we say: Anathema!
 To this present world.
 We believe you, O supreme Truth!
 Oh! May you be heard,
 May you be heard.
- 8. We serve you, O Supreme Monarch; May you be heard, therefore. May you be heard.
- You alone are Truth and Life, You alone, our Good Shepherd; Speak to us then, we beg you We each listen to you peacefully, We each listen to you.
- 10. Speak to us, good Master, speak to our hearts. Speak to us, good Master.

JESUS:

Discern well the cross which calls you.The world is a deceiver.It distorts my eternal word,It stings secretly! Really!It stings secretly.

THE WORLD:

12. Friends, let's drink, sing, be merry; No need at all to be bored, Our youth, everything, calls us.

THE ANGEL:

13. That is the voice of the world you hear.
That is the voice of the world.

THE GROUP:

14. [Be still, be still, deceiving world]
We all believe in the Lord.
Woe to those who trust in you!
Blessed those who live by faith!
We condemn the laws of your realm,
We detest what you have just said.

JESUS:

15. You must always mortify yourselves To be my friends, You must either perish or do penance.

THE ANGEL:

It is God who speaks to us, God speaks, It is God who speaks to us.

THE CHRISTIAN:

17. I believe you, Jesus, my Master And I respect your law.The world is an evil traitor Guard me then, increase my faith.

THE GROUP:

We all believe you, good Master, We embrace your law.The world is an evil traitor.Help us then, increase our faith.

THE WORLD:

 Dance, laugh, eat and drink, God doesn't forbid it; Scrupulous people, there's no need to believe you.

THE ANGEL:

That is the voice of the world you hear, That is the voice of the world.

THE GROUP:

20. Be still, be still, deceitful world We all believe you, etc.

JESUS:

21. If anyone claims to honor and love Me, He must walk in My footsteps, Carrying his cross, renouncing himself.

THE ANGEL:

It is God who speaks to us, God speaks. It is God who speaks to us.

THE CHRISTIAN:

I believe you, Jesus, my Master,

We embrace your law, etc.

THE GROUP:

We all believe you, good Master, We embrace your law, etc.

THE WORLD:

To be saved when we die,
 A peccavi suffices.
 No need to be morbid!

THE ANGEL:

That is the voice of the world, etc.

THE GROUP:

We all believe you, good Master, etc.

JESUS:

Do not delay to do penance,
 Or you will die accursed,
 Flattering yourself with vain hope.

THE ANGEL:

It is God who speaks to us, etc.

THE CHRISTIAN:

I believe you, etc.

THE GROUP:

We all believe, etc.

THE WORLD:

24. Without scruple, let's make merry, brother! The Lord is so good! He'll give us a plenary indulgence.

THE ANGEL:

That is the voice of the world, etc.

THE GROUP:

We all believe you, good Master, etc.

JESUS:

25. Because I am good, must you offend me? Oh! What flawed logic!

I await, I await the day of my vengeance.

THE ANGEL:

It is God who speaks to us, It is God who speaks.

THE CHRISTIAN:

I believe you, Jesus, good Master, etc.

THE GROUP:

We all believe you, good Master, etc.

THE WORLD:

26. Get wealthy and rise from the dust, That's the main thing! It's the way to enjoy life to the full.

THE ANGEL, etc.

JESUS:

27. Seek heaven, preserve your innocence.That's the main thing!For then you will have the rest in abundance.

THE ANGEL, etc.

THE WORLD:

28. Climb the ladder, be indispensable, Now that's smart!Only a great fool doesn't know how to do it.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

29. Humble yourself to rise in my glory;I exalt little ones,I confound those who exalt themselves.

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

Hang out with big shots and get rich, Become like them.

CONDEMNATION OF THE WORLD

What do you gain by an ordinary life?

THE ANGEL:

That is the voice of the world, etc.

JESUS:

31. If you want true friends
Who will lead you to heaven,
Win the hearts of the wretched poor.

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

 Be well-dressed, be stylish in everything, Make a good impression,
 To do otherwise makes you look silly.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

33. Always preserve Christian simplicity, It's a beautiful adornment; Beware of worldly fashion.

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

34. Devout and fanatic mean the same, So avoid being known as "devout" If you want the world to love you.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

35. The truly devout always please me. Deserve this title By becoming meek, humble and kind.

THE ANGEL:

It is God who speaks to us, etc.

CONDEMNATION OF THE WORLD

THE WORLD:

36. What! You are leaving this beautiful company? What will people say of you? They will laugh at your fanatic devotion.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

37. Dear sheep, keep your distance
To avoid the wolves,
Listen and speak to me in secret.

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

38. What makes you so uncivilized and uncouth? It's because you are so devout! Drop, drop this gloomy behavior.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

39. Be devout but without hypocrisy. Be prayerful;
Be joyful but with modesty.

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

40. What! This scum makes you suffer? Get revenge immediately.
Otherwise he'll hurt you again.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

41. Bear with everyone, harm no one, This I command you, And forgive, as I forgive you.

CONDEMNATION OF THE WORLD

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

42. Avoid being bossed around And treated like a baby.Wise people will only laugh at you.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

Imitate me and you'll be victorious
 Through obedience;
 Be childlike and you'll enter into my glory.

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

44. Oh! you bother too much about trifles In observing regulations.These things are not essential.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

45. Your rules, though they seem insignificant, Are important to my eyes,
Observe them entirely.

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

46. God forbids you to bury Your gifts and talents. Show how clever you are.

THE ANGEL:

That is the voice of the world, etc.

JESUS:

47. Practice my deep humility.

Prudently, lead a hidden life, Flee the world's splendor and honor.

THE ANGEL:

It is God who speaks to us, etc.

THE WORLD:

48. Be attractive, well-spoken, And remember your rank, You are not a simple servant.

THE ANGEL:

That is the voice of the world, etc.

THE GROUP:

- 49. Be still, be still, deceiving world,We all believe in the Lord.Woe to those who trust you!Blessed those who live the faith!
- 50. We condemn the laws of your realm, We detest what you have just said. Woe to the blasphemous world! Praised be the God of truth! Amen.

107 FAREWELL TO THE FOOLISH WORLD

- Farewell, deceitful world!
 With God my Redeemer,
 Whom I so love and serve,
 I say to you, Be cursed!
 Minister of Satan,
 God has damned you, damned you on earth;
 Imitating Him, I too
 Declare war against you.
- Satan teaches you
 Your cunning and malice;
 Against the Almighty

You make vice itself reign. You resist Him in everything. He yearns to heal, save our souls; You seduce them, corrupt them, You lead them to hell.

- 3. Bear with it, says Jesus Christ, If you are persecuted, If you are cursed, Mistreated, abused. You say, such people are fools. O real cowards, get revenge; As men of valor, as men of honor, Avenge all insolence!
- 4. God repeats a hundred times:
 Happy those who weep,
 We must carry our cross
 Conquering ourselves at all times.
 Carry one's cross, you say,
 Weep, suffer, mortify, what folly!
 Laugh and dance, eat and drink,
 Bon vivant, that's life!
- Blessed the innocent
 Suffering poverty.
 Unhappy the wicked
 Living in abundance.
 Let us want for nothing, you say,
 Let us be shrewd, let us rise from the dust.
 Happiness consists in being rich
 And living the good life.
- 6. For your neighbor, you have Only a stony heart. You have only contempt For the dejected poor; When he begs, You reply: 'Go away, you rascal, get a job! Who told you to bother me? I have neither yest nor cloak.'
- 7. O world, tell me:
 Do you think it's possible
 That God is right and not you?

But alas! You're abhorrent! Your illness is terminal; The devil, who instructs and incites you, Has made you blind and deaf, And set in your crimes.

- 8. Your looks are pompous,
 You put on a good show
 For those that you intend
 To reduce to slavery.
 You make vain promises;
 Cunning and shrewd, you seduce,
 You kill, you damn
 Those whom you caress.
- 9. Your smiles are deadly,
 Your possessions an illusion,
 Your delights coddle the body
 And your joy impure.
 Those who have best served you
 Have only regret for reward,
 And for eternity, and for eternity,
 Hell as their legacy.
- Money is your king,
 The devil, your father,
 Pleasure, your guide
 And the flesh is your mother.
 But what have you learned?
 Nothing but vanity, wickedness, crime.
 Those who commit them most cleverly
 Are the greatest in your estimation.
- 11. You reckon sin
 Nothing but valor,
 You consider virtue
 Nothing but zealotry.
 According to you, meekness
 Is cowardice; humility, servility;
 Prayer, peasant behavior;
 Fear of hell, weakness.
- Your palace is named Infamous Babylon, Where you cleverly set

The Devil on the throne.
There, your human respect,
Your gourmet meals, false pleasures, your fame,
Your games, wine and your money,
Make you think you're a winner.

- 13. Arise! O great God, arise!
 Take, take up arms
 To combat with us
 The world and its charms.
 Trust, my son,
 I have conquered it, you will too;
 It has hated me; if it hates you,
 What better sign that I love you.
- Everyone, take my part
 Against this detestable world,
 It is Satan disguised
 In pleasing looks;
 Christian, be prudent,
 I find horrendous the grandeur he boasts;
 Love, seek just the opposite
 Of all his temptations.
- 15. Ah! worldly people, until when
 Will you love this world
 Which passes in an instant?
 Flee, no matter what,
 Such a cunning serpent;
 Flee, flee or you will die, my brother.
 At first sight, it pleases, but sooner or later
 Its sweet poison takes.
- 16. O Lord, we yearn
 To walk under your banner
 Against this sorcerer,
 Although it growls and complains.
 Oh! How glorious,
 Oh! How great, oh! How great, good Master,
 To have you for our leader
 In combating this traitor!
- Farewell, wretched world,
 More evil than an atheist
 Who has neither faith nor God;

Less stable than a Proteus More cunning than a serpent; Farewell, accursed! accursed, farewell! We despise, we detest, We condemn your life.

108 TREASURES OF POVERTY

1. THE POOR:

O GOOD Jesus, teach us, We want to believe only you, Let the world be silent! What gives happiness, Riches or poverty? Are the poor in heart worth more Than the proud-hearted rich Living so comfortably?

2. JESUS:

Come all you poor, listen to me, I so enjoy talking to you For you want to believe me. Come, my chosen ones, Elders of my house. It is for you I have come, You always give me The most honor and glory.

3. I prize and deem great
All those considered
Desolate on earth,
Those thought to be last,
In my sight, are first.
Beggars, the lowly,
Are my closest friends
For they resemble me.

4. THE POOR:

Let's all cry aloud: Wretched the wicked Living in luxury! Happy the blameless

Treated so harshly, Living in penury!

JESUS:

I conceal myself from the rich and the wise I reveal myself to the poor unlettered, To the truly humble.
A good poor person is always satisfied, The miser never is.
The more he has, the more he wants, The more he knows, the more he has to know, He is insatiable.

THE POOR: Let's all cry aloud: Wretched, etc.

6. JESUS:

I find in lady poverty
Such splendor and majesty,
That I have espoused her.
This deceitful world's wealth
Is horrendous to me.
I despise all its pomp,
Its false treasures, vain honors,
Its bewitching glory.

THE POOR: Let's all cry aloud: Wretched, etc.

7. JESUS:

Holy poverty of heart
Is the true joy
Of the children of the light;
It is the mark of the blessed,
The pledge, the key to heaven,
The spouse of the King of kings,
The companion of his cross
And his beloved daughter.

THE POOR: Let's all cry aloud: Wretched, etc.

8. THE POOR:

Lord, presently we deem Poverty as torment, As an extreme evil. The world always chases After fame and money, It treats all poor beggars As rakes and wretches, Unworthy of love.

9. JESUS:

The world wholly opposes me. It has always defied me With all its maxims.
Those I curse, it blesses, Those I bless, it curses.
Woe to all its followers
For it is a cheat which leads
Everything straight to hell.

THE POOR: Let's all cry aloud:

Wretched, etc.

10. THE POOR:

My loving Savior, why do Sinners and the ungodly Get rich and prosper? They always have pleasures, They satisfy their whims While the innocent suffer, Starving, weeping, moaning, Stuck in their misery.

11. JESUS:

Let evil-doers prosper, Their riches are so fleeting, And that is their reward. I send the just many woes, I leave them in distress So that they may be purified, Meriting then a great weight Of immense glory.

THE POOR:

Let's all cry aloud: Wretched, etc.

12. JESUS:

Poor, lowly friends, you will be The great lords in Paradise And truly kings forever; I will transform your hovels Into eternal castles, Your rags into cloth of gold, Your want into treasure Of unspeakable splendor.

THE POOR: Let's all cry aloud: Wretched, etc.

13. You rich, wail your tragedy:
Mirth will be turned into tears,
Glory into flimsy smoke,
Stunning castles into pens,
Your good friends into devils,
Your new precious clothing
Into fiery garments.
What destiny awaits you!

THE POOR: Let's all cry aloud: Wretched, etc.

14. THE POOR:

Are all the poor saved And all the rich damned? Teach us, great Master. Many poor suffer, The patient poor are few; Many rich are evil But aren't there some Living as Christians should?

15. JESUS:

I only adopt as my children The joyful poor in spirit Who suffer patiently. The good rich will be saved,

The wicked poor will perish. My Paradise is for all; The great as well as the lowly Receive their just reward.

THE POOR:

Let's all cry aloud: Wretched, etc.

16. JESUS:

My dear friends, lovingly accept
The poor status I gave you,
And thank me for it.
Endure everything without grumbling,
Work without tiring,
Avoid sadness and boredom;
Never envy another's possessions
And you will walk in my footsteps.

17. THE POOR:

Our woes, Lord, are great gifts For which we thank you And bless you always. How rich who possess you! How great who resemble you! Prune then, impoverish us; We can do nothing without you, So help us in our weakness.

Amen.

109 PRINCIPAL MYSTERIES OF FAITH

ON THE UNITY OF GOD AND THE BLESSED TRINITY
Listen, Christian soul
To what faith teaches you.
To remember it,
Sing piously:
I believe in one God, Father most gracious,
Infinite Being, omnipresent,

The Almighty Creator Of heaven and earth.

2. There are three persons in God:

Father, Son and Holy Spirit.
Three infinitely perfect,
I believe it, God has said it.
The three are only one God, for the three have only one [essence:

The Father is God, the Son is God, And the Holy Spirit is God, All equal in substance.

3. ON THE INCARNATION AND REDEMPTION

Adam, by his offense,
Has fouled us all;
But God, in His mercy
Has redeemed us all.
The Son became incarnate in Mary's womb
Taking there a body like ours,
To redeem us all
And to give us life.

4. This adorable Savior Whom we call Jesus-Christ, Was born in a stable In the middle of the night. He always lived for us in suffering, He shed all his blood for us, Dying on the cross in disgrace Through immense love.

- The Church commands us
 To believe in Jesus Christ,
 One person,
 The person of the Son.
 But she believes that in him are two natures,
 That is: the divinity
 Joined to our humanity,
 Yet each nature unmixed.
- 6. He has no other father
 Than the Eternal Father
 And Mary is his Mother
 Inasmuch as he is mortal man.

The Holy Spirit produced this without stain, For, by an astonishing miracle, Mary, after giving birth, Remained a virgin pure.

7. ON THE SACRAMENTS

Like the Church itself
I believe there are seven sacraments:
They are: Baptism,
Always necessary;
Also, Penance, Holy Eucharist,
Holy Orders, Confirmation,
Matrimony and the Anointing
At the end of life.

ON BAPTISM

Baptism alone wipes out
Original sin,
It gives us grace,
It opens heaven for us.
It makes us children of God Himself and of the Church.
No one is justified,
No one will be saved
Unless he be baptized.

9. ON CONFIRMATION

The sacrament we call
Confirmation
Fills a man's heart
With strength and unction.
It bestows the Holy Spirit and finally, it strengthens us
To steadfastly profess
All that faith teaches us,
Even at the risk of dying.

10. ON PENANCE

Penance wipes out
Actual sins,
Giving, with grace,
Supernatural gifts.
There are three main parts of Penance:
Contrition, confession,
And the penance.
That is its essence.

11. ON THE EUCHARIST

The Holy Eucharist
Contains in truth
The Body, Blood, Soul
And Divinity
Of Jesus Christ, hidden under the species
Of bread and wine only.
This is what I firmly believe,
In spite of any reluctance.

12. ON EXTREME UNCTION

The Church comforts us
Through Extreme Unction,
When during our final passage
The devil tempts us.
It helps us to die well, or restores life,
Wiping out even the sins
That may be hidden to us.
The sacrament sanctifies us.

13. ON HOLY ORDERS

The order of priesthood
Makes mortal men
Ministers of the Church,
Ministers of the altar.
The priest has power over the body of the Savior
He alone opens and closes heaven
------[line missing in manuscript]
In the sacrament of Penance.

14. ON MATRIMONY

The goal of matrimony
And its spirit too,
Is to unite inseparably
Wife and husband
To bring forth children and to raise them
To love and serve Jesus Christ.
That is its goal and its spirit
Which are indispensable.

15. ON THE SACRAMENTS IN GENERAL

They are visible signs That each sacrament Bestows invisible grace On those who receive it.

Jesus Christ instituted them to give us grace, In order to make us holy, To nourish us and to help us Walk in His footsteps.

16. ON ORIGINAL AND ACTUAL SIN

From birth itself
This sin rules within us;
Adam, through his sin
Has infected us all.
We freely commit, of our own free will,
The sin called actual,
Either mortal or venial,
After holy baptism.

17. ON MORTAL AND VENIAL SIN

We always lose grace
By a mortal sin,
We incur the disgrace
Of a just, immortal God.
We also become worthy of eternal punishment.
As for venial sin, it cools
The love of the Holy Spirit,
Its punishment is temporary.

18. ON THE FOUR LAST ENDS, ON DEATH AND JUDGMENT

Experience by itself
Teaches me that I will die,
The hour is coming,
But when? I do not know.
The soul, leaving the body, presented before God
Will receive from Him his sentence,
Forever to be punished
Or forever rewarded.

ON PARADISE

It is a place of delights,
Holy Paradise,
That the most just God
Grants to his friends.
He welcomes there those who die in grace
And there they will forever dwell,
Praising Him, seeing Him,
God Himself, face to face.

20. ON HELL

It is a place of torments,
This hell so cruel,
To punish the malice
Of the wretched sinner.
Those who die unrepentant go there
And there they will forever dwell,
Burning and suffering,
With no hope whatsoever.

21. ON OUR FINAL END

God has given me being
By His good pleasure,
To know Him,
To love Him and to serve Him.
That is my only goal, all else is trivia.
If I serve God well now,
I will rejoice over it
In eternal glory.

22. ON THE NAME AND CHARACTER OF CHRISTIAN

I praise and glorify
God who made me Christian
And I thank Him for it,
As for a great gift.
Whoever has received baptism in the Church
And carries out and believes what she teaches,
Is, unquestionably, a Christian
And a child of God Himself.

23. ON THE SIGN OF A CHRISTIAN

The cross, adorable sign,
When well done,
Is the sure mark
Of a faithful Christian.
This all-powerful sign makes the devil flee,
Forms and enlivens us,
Protects and leads us.
It is of great merit.

24. THE ACT OF FAITH

I believe, as one of the faithful, What the Church proclaims, For God Himself, through her,

Speaks to us and teaches. God can not deceive us, and the same for the Church; Following her, we walk righteously. We lose our way if we abandon her By a horrible mistake.

25. THE ACT OF HOPE

I hope in my weakness
To find in you, Lord,
As you have promised,
Grace and favor.
I firmly hope, my gentle Savior,
To find help in you
And to possess you yourself
In recompense, forever.

26. THE ACT OF CONTRITION

Forgive me, Supreme Goodness,
Forgive me for I have sinned.
For love of you,
Lord, I am distressed.
Forgive me; through your Son and by your tenderness
By your grace, henceforth
I shall never sin again.
I shall keep my promise.

27. THE ACT OF LOVE

O my God, I love you
From the bottom of my heart,
For love of you
And as my happiness.
I also love my neighbor for he is my dear brother
He is the temple of the Holy Spirit
----And God Himself is his Father.

28. ON THE SEVEN CAPITAL SINS

We recognize and name
Seven capital sins
Which cause man
All kind of evil.
They are: Envy, pride, gluttony, greed
Anger, sloth, lust.
God, for all eternity
Will punish their malice.

29. REQUISITES FOR RECEIVING PENANCE I examine my conscience I regret all my sins

I confess them, even the most hidden ones, And I perform my penance,

Making a firm promise

To amend my life or rather die.

30. THE APOSTLES' CREED

I believe, as faith teaches
In God, Creator almighty.
I believe in God the Father.
I believe in His Son, Jesus Christ,
True God, conceived by the Holy Spirit,
Born of a Virgin Mother,
Died on the Cross for love of us,
Buried on the same day,
Then brought to the netherworld
Joy and light.

- 31. After three days, this mighty God
 Rose from the dead
 Achieving victory.
 He ascended into heaven,
 Next to his eternal Father,
 He has the same glory.
 From there, this loving Savior
 Will come, as a powerful conqueror,
 To judge the living and the dead.
 This is what I will to believe.
- 32. I also believe in the Holy Spirit,
 The Church, which everywhere is called
 The Universal Church.
 I believe in the communion of goods
 Among saints and Christians,
 Among each of the faithful.
 The remission of sins
 Detested and confessed,
 The resurrection of the body
 And life everlasting. Amen.
- 33. THE COMMANDMENTS OF GOD Adore one God Almighty,

Love Him perfectly
For He is your good father.
Do not take His name in vain.
Do no wrong to your neighbor.
Honor father and mother.
Keep the Lord's day holy.
Be chaste in body and heart.
Neither lie nor steal,
Nor seek to do evil.

34. THE COMMANDMENTS OF THE CHURCH

Hear Mass and keep holy Feasts and Sundays, entirely. Go to confession and communion At least at Eastertide, piously. On Ember days and during Lent, And on vigils, you will fast, On Fridays and also Saturdays You will abstain from meat.

35. THE PATER

Our Father, who in heaven
Reign in light,
Reign also here below,
May everything revere you;
As it is in heaven, may you be obeyed
Here below on earth.
Give us all this day
Our necessary bread.

36. As we forgive from the heart, In the same way, forgive us; Keep us from offending, Lord, Your Supreme Goodness; So that we do not succumb To the devil who tempts us, Deign to help us everywhere With your powerful grace.

37. THE PATER

Our Father, who in heaven Reign powerful and glorious, May you be loved and blessed. Make us, like your friends, Sharers of your Paradise,

PRAYER TO THE HOLY GUARDIAN ANGEL

And be gracious to us.
Reign over us in this world
So we may reign with you in the next.
As in heaven, may your will
Be done here below.

38. As a father to his child
Give to us this present day
Our necessary bread.
Lord, forgive us
As we forgive our enemies
As a most loving God,
Do not let the devil
Conquer us in temptation,
But keep us from evil
Like a good guardian.

39. THE AVE MARIA I salute you, Mary, Mirror of purity, Virgin brimming over With grace and beauty. The Lord is in you among all women, Your name is holy and blessed As is Jesus, your Son Who alone reigns in our souls.

40. You are our mother,
Worthy Mother of God,
Help us in our misery
Always, everywhere.
Pray for us sinners, hide us under your wing,
Be our buttress here below,
Grant us a holy death
And eternal glory.

110 PRAYER TO THE HOLY GUARDIAN ANGEL

1. Holy Angel, all my thanks
For your care and for your help.

TO JESUS LIVING IN MARY

Maintain your love for me, please, For the rest of all my days.

- 2. Offer my prayers to the Lord, Lead me in all my ways, Uphold me in my troubles, Sustain me in my struggles.
- Always be my companion,
 Overcome my enemies.
 Then, one day, in the life to come,
 We will be forever one.

111 TO JESUS LIVING IN MARY

- O Jesus, alive in Mary's womb Come, dwell in us and reign, Pour out your life within us, Now to live for you alone.
- Form in us your noble virtues, Your Spirit and His holiness, The purity of your teachings, The passion of your charity.
- Make us sharers in your mysteries So we may mirror you on earth; Instill in us your shining wisdom To lead us at our every step.
- 4. To the glory of your Father, In the power of your Name, Reign in us through your Mother Over nature and demon's sway.

Amen.

112 DESIRES FOR COMMUNION

- My heart ardently longs for you,
 O my Jesus, ah! when will you come?
 To be without you is martyrdom
 Come then, O my dear Spouse, Come!
- I am extremely weak, Love, without you, I languish night and day. Do you not want me to love you? Come then, come, set me afire with love.
- I am the wayward sheep,
 O Good Shepherd, guard me from the wolves.
 Without you, I would be devoured.
 Come then, let me abide with you, Come!
- I crave you, O bread of life,
 Today, not waiting for tomorrow
 I want to eat; I die of hunger,
 I am famished, give me bread, I am famished.
- 5. I come to you, panting
 To become intoxicated at this banquet new,
 For the water of the Samaritan woman
 I thirst, give me water, I thirst.
- My poor heart is frozen,
 O fire of heaven, come upon me now;
 May my soul be set aflame.
 I am so cold, give me fire, I am so cold.
- I am a blind man crying:
 Lord Jesus, have pity on me.
 Son of David, Son of Mary,
 Let me see, increase my faith, let me see.
- I suffer an incurable illness,
 You can heal me by only one word.
 Without you, loving physician
 It's over, I am going to die, it's over.

CALVARY OF PONTCHATEAU

- Lord, I knock at your door,
 I am in great need, I am dying of poverty
 I ask with a strong, tender voice
 Give me alms, alms, give me alms.
- I am, Lord, I am unworthy
 To receive Holy Communion,
 Say the word, I will be worthy
 And come to my dwelling, Come!
- 11. Come, my true friend,My dear treasure, my only joy.Without you, how miserable I am!Come then, (twice) enter into my heart, Come!

GOD ALONE

12. My soul is aflameI carry my LordDeep in my heart.Thanks, thanks, thanks to LoveVictorious in my heart today.

113 CALVARY OF PONTCHATEAU

Oh, What marvels we will see in this place, What conversions, What cures and unique graces! Let us build, etc.

Oh! what crowds will come here on pilgrimage! What processions!

114 MISERIES OF THIS LIFE AND TRUST IN GOD

- My God, when I ponder my weakness, The power of my enemies, Their number, strength, and cunning, I tremble and I truly shudder.
- I sail on a stormy sea
 Where a thousand dangers threaten me.
 The tempest is so violent and so furious,
 Few there are who pull safely into port.
- This sea is full of crags,
 False friends and many thieves
 Offering to help me;
 They plan to run me aground.
- The demon comes, disguising his rage, Enticing me with earthly pleasures So that I fall into his slavery And in the end, into his eternal flames.
- The world, with its wily fashions,
 Its 'point of honor' and 'what-will-they-say,'
 Takes my part, smiles, obliges,
 Dragging me to its damnation.
- Under a beautiful appearance
 It declares "I am your humble servant,"
 Pretending to come to my defense,
 So to plunge a dagger to my heart.
- I sense death on my trail, stalking Softly, in unfamiliar guise; Each second it slinks closer, Ready to seize me by surprise.
- 8. Yet I have nothing that protects me From its attacks and dreadful laws; Even the barriers at the Louvre Do not shield our kings from their demise.

MISERIES OF THIS LIFE

- At every moment, eternity approaches With stinging fire or river of peace, Not knowing where I shall dwell Forever, alas! forever.
- 10. But the enemy most fearsome Which I nourish, carry everywhere, Is myself, the sinner, the abominable sinner, Who wrestles with me to the very end.
- My soul is full of ignorance, Weakness and iniquity; In my heart, only concupiscence, Sickness or poverty.
- I feel in myself this rebellious flesh Struggling with me everyday, My poor soul is almost overcome To the point of ceding to its whims.
- Ah! What would this poor worm do Who is, of himself, wicked, nothing, If he had not in this dreadful struggle, O my Jesus, your all powerful support.
- 14. Would I not have sunk a thousand times If you had not been my rudder And my pilot, dodging storms Which threaten my labor every day?
- 15. After Jesus, Holy Virgin Mary,You are my strong and firm support.O truth I tell far and wide: Without MaryI would have long since perished in the sea.
- 16. In you I place all my hope, My help and consolation, Under your wings I am safe, No matter the flesh, the world and devil.
- 17. With both of you, I shall be faithful In the combats of this stormy exile And gain the eternal crown Given only to the brave.

GOD ALONE

115 OPENING OF THE PARISH MISSION

- The Mission has begun!
 Drop everything to make it,
 For to miss it is a loss,
 And it cannot be retrieved.
 Profit from this holy time
 For it passes, passes, passes,
 Profit from this holy time
 For it quickly passes.
- 2. Men and women, are you wise?
 Forget your daily chores,
 Your family and your home,
 For your eternal salvation.
 I wish it with all my heart,
 Mercy, mercy, mercy, mercy
 I wish it with all my heart
 Thanks to Jesus, my Savior.
- 3. Nothing will you lose, I pledge;
 For one, you gain a hundred
 And for a piece of filthy trash,
 The grace of the Living God.
 Profit from this holy time,
 For it passes, passes, passes,
 Profit from this holy time
 For it quickly passes.
- 4. God Himself is the preacher
 Through a man like us;
 What he teaches, so must we do
 Or we will all perish.
 It is Jesus our Savior
 Speaking, speaking, speaking,
 It is Jesus our Savior
 Speaking to our heart.

OPENING OF THE PARISH MISSION

- 5. We must listen, faithful friends, And guard within our hearts This eternal word God speaks And forever we'll know joy. Profit, etc. or I wish it, etc.
- Away with that nagging spirit So lacking in charity; Away with those in heresy Who contradict the truth. Profit, etc.
- 7. Penance then is called for,
 We must beg for contrite hearts;
 Our conscience must be probed
 Then all our sins confessed.
 I wish it, etc.
- 8. Accursed mortal sin
 Should stir in us great horror;
 We must fear even the appearance
 Of the slightest venial sin.
 Profit, etc.
 or I wish it, etc.
- 9. Let us adore God, our Father Let us love Him perfectly; Let us offer Him our prayer Morning, night, and piously. Profit, etc. or I wish it, etc.
- Let us calm Him in His anger By fasting and meditation And merit his gift of light By assisting at the sermon. Profit, etc.
- 11. Have a horror of blasphemy
 And of the smallest oath;
 Let's not even say, "By Jove!"
 Or "swear to God!" either.
 Profit, etc.

JOYS OF PARADISE

or I wish it, etc.

- 12. How well we should assist at Mass, Shun gambling and dancing. Often should we confess our sins And offer unceasing prayers to God. Profit, etc.
- 13. The rosary is admirable, It gives help to us all, It heals the sin-sick soul, So let's pray it everyday. Profit, etc. or I wish it, etc.
- 14. There is but one thing necessary:
 To serve God well, to be saved.
 This is our sole concern,
 It must be our essential task.
 Profit, etc.
 or I wish it, etc.
- 15. So let's despise all passing things As unworthy of our hearts, Grace alone must we seek, For only grace can make us better. Profit, etc. or I wish it, etc.
- 16. Rising high above our nature, Let's always live by faith. In loving God so faultlessly, His entire law is filled. Profit, etc. or I wish it, etc.

116 JOYS OF PARADISE

1. Raising my eyes on high Right up to our home above,

JOYS OF PARADISE

How miserable I feel That I am still on earth. Take me away, my God I beg you, From this distressing exile.

- 2. Your beauties, O Paradise,
 Are completely ravishing,
 Your pleasures, never dull,
 Your sweetness, innocent.
 Your lovely days will never set,
 Your splendors are beguiling.
- Paradise knows no misfortune,
 No boredom or grief.
 The blessed seem to float in joy,
 They delight in all their works.
 The pleasures there are always new
 Although never changing, endlessly.
- 4. What tongue can then express This glory so colossal? For it flows from the hands Of God the All Powerful Who gives Himself as reward In amazing mystery.
- O my God, what delight
 To have for companions,
 The martyrs, confessors,
 And the gentle Mary,
 To see, without a speck of envy,
 The saints decked out in glory.
- 6. The saints brim over With admirable joy, With torrents of pleasures, With inexpressible peace; In God alone they are plunged. O delectable abyss!
- They see God clearly
 As he is in himself.
 They praise him unceasingly
 At his glorious throne,
 Holy, holy, holy, our all-powerful God,

PSALM LAUDATE PUERI

May all love and adore Him!

- 8. O most lovely abode,
 O pleasant springtime,
 O reign of pure love,
 O desirable dwelling!
 Away from you I languish
 In a miserable body.
- If only I could take flight!
 Ah! Would that I had wings
 To go contemplate
 These eternal beauties!
 O my God, come free me
 From my mortal languor.
- 10. What! Would I wish forever,For nothing but a trifle,To lose this peaceful abode,This eternal glory?No, my God, I pledge from now onGreater fidelity to you.

GOD ALONE

117 PSALM LAUDATE PUERI or THE HYMN OF THE PREDESTINED SOUL YEARNING FOR HEAVEN

- My soul, let us often sing A delightful canticle, Praising the Almighty God And his unutterable name. May everyone forever praise This most adorable name.
- His name is worthy of all honor
 On earth and on the sea,
 For its majesty surpasses
 All the nations here below,

PSALM LAUDATE PUERI

It extends high above the heavens Its glory, without peer.

- 3. Nothing can be found equal
 To this great God, our Father.
 He reigns above the heavens
 In grandeur, clothed with light,
 Yet with eye so sharp, he sees
 Each speck of dust on earth.
- 4. Oh! How good he always is
 Toward each one of his creatures!
 From the middle of dung heaps
 He rescues the destitute
 Setting them on princes' mighty thrones.
 O goodness without measure!
- 5. This great God of majesty
 Watches over orphans,
 Grants the gift of fruitfulness
 To the barren woman,
 He supports in infirmity
 The weak and the feeble.
- 6. All of us, with mutual accord, Let us love this supreme God. Glory be to the eternal Father Glory also to the Son, All honor to the immortal Spirit Whom we adore and love.

GOD ALONE

7. We offer you, gentle Savior,
Our heart in homage,
But guard well this heart
For it is very fickle.
We will never take it back
In any way. So we may sing:
Live forever Jesus!
Live his Holy Mother!

Wretched damned soul,
 Who has consigned you to these flames?
 Who has put you, wretched soul,
 In these dismal dungeons?

2. THE DAMNED SOUL:

Ah! It is my unadulterated wickedness That has plunged me into this fire, Here I feel the justice And the punishment of God.

3. THE DAMNED SOUL:

My loss is total: God lost, all is lost. God lost, cruel loss! Who has understood these words?

4. Lesson:

Mortal man, be wise And do so at his expense; If you do not understand his words You will undergo his torment.

5. Response:

Oh! What a misfortune, what words! I shudder, I am stirred.
Yes, I want to become wise
By avoiding sin.

6. THE DAMNED SOUL:

Ah! How miserable I am! For I can not love God. Oh! unbearable misfortune, Only understood here.

Lesson:

Mortal man, etc.

7. THE DAMNED SOUL:

I no longer have God for father,

He is my angry judge Punishing my guilt In His great wrath.

Lesson:

Mortal man, etc.

8. As I am completely opposed
To this holy and powerful God,
He returns blow for blow,
Overwhelming me constantly.

Lesson:

Mortal man, etc.

9. I have, for a trifle,
For a moment's pleasure,
Lost eternal life;
I am constantly infuriated.

Lesson:

Mortal man, etc.

Alas! My life is over,
 Oh most cruel memory!
 I feel my soul devoured
 By undying regret.

Lesson:

Mortal man, etc.

I moan without repentance
 I burn without consuming
 I suffer without hope,
 I regret without loving.

Lesson:

Mortal man, etc.

12. I breathe only flames Both within and without The fire penetrates my soul, I am a burning coal.

Lesson:

Mortal man, etc.

In everything that surrounds me
 I find new agony;
 I suffer without receiving
 The tiniest relief.

Lesson: Mortal man, etc.

14. All the demons vex me
The demons are my butchers;
These cruel tyrants invent
Ever new tortures.

Lesson: Mortal man, etc.

15. Despair, rage
And the grinding of teeth
Are my only language
In the midst of my torments.

Lesson: Mortal man, etc.

16. I am torn and consumed, Vexed and cursed For my wretchedness is strange, My hardships are endless.

> Lesson: Mortal man, etc.

17. Suffering overwhelming: The long eternity.Oh! dreadful "forever"Oh! terrible truth!

> Lesson: Mortal man, etc.

18. Forever with the demons,
The damned and the snakes,
In unbearable fires,

In these stinking dungeons.

Lesson:

Mortal man, etc.

19. Forever this abode!
Forever damned!
Miserable and damned hour
When I was born!

Lesson:

Mortal man, etc.

 Rage, despair, blasphemy, Since one must always suffer, Since one must stay the same Without ever dying!

Lesson:

Mortal man, etc.

21. I await you, O accursed father, Who made me offend God Or I await you, O accursed brother Who made me offend God. Or I await you, O accursed mother Who made me offend God. Come, I will battle you Forever in this place.

22. Response:

Oh! What a misfortune, what words! I shudder, I am stirred. Yes, I want to become wise By avoiding sin.

GOD ALONE

119 LAMENTATIONS OF THE SOULS IN PURGATORY

- Mortals, heed us, listen,
 Listen to us, dear brothers!
 We send up our sighs to you
 From the depths of misery.
 Alas! how we do suffer!
 Who could ever understand it?
 We weep, we cry out, we moan
 And no one wants to listen.
- 2. We are your relatives,
 Your fathers and mothers,
 Dear friends, dear children,
 Kindly hear our prayers!
 If bonds of love or blood
 Make you have pity,
 Please, please comfort now
 Our terrible pain.
- 3. You have your pleasures,
 You live at your ease,
 And you leave us all
 Here in this furnace.
 You spend your money
 On frivolous goods,
 Being able by far
 To relieve our pain.
- 4. And you, most gentle Lord, You wage war upon us. Ah! when will you finish Being against us? How your great goodness Makes you appear kind! How our iniquity Makes you so dreadful!
- Friends, this relentless God Shapes all our torments;
 We feel the rigor

LAMENTATIONS OF THE SOULS

Of all his justice. Yes, we do love him As our good Father But we now do feel He is a stern judge.

- 6. He gives us a glimpse
 Of His supreme beauties,
 It is in this mirror
 That our pain increases;
 To see for a second
 His infinite beauties,
 Justice would demand
 Living a thousand lives.
- 7. Beware of sinning,
 Beware of believing
 That it's not much to go
 Burn in purgatory!
 There is no little sin,
 There is no tiny fault,
 Since God punishes it
 With so much anger.
- 8. Alas! a searing fire
 Is devouring our soul,
 Piercing it, making it
 Only a blazing coal.
 These fires are so fierce,
 They are sheer flames;
 Your most violent fires
 Image them so faintly.
- 9. Here there is no way
 For us to help ourselves,
 We merit nothing
 In our extreme torment.
 Mortals, if you wish,
 It would be so easy,
 The least you would do
 Would be most helpful to us.
- Pull us out from these flames, God himself requests it, To bring us to heaven,

LAMENTATIONS OF THE SOULS

Building up his kingdom. You will glorify Him With glory all anew If you obtain for us Eternal glory.

- 11. If you rescue
 Or assist us,
 You will surely glimpse us
 Full of gratitude;
 For, winning through you
 Full victory,
 We will exploit all means
 To bring you to glory.
- 12. If even very small actions,
 A glass of water given,
 Have before God their reward,
 Their glory and their crown,
 Oh! what great reward, Good God,
 Will your alms receive,
 If, for a bed of fire,
 You give us a throne!
- 13. If you do not answer
 Our most just request,
 The Lord, here below,
 Will do the same to you.
 You will be measured
 With the same measure;
 You will then be left
 In this place of torment.
- 14. Get us out of prison
 By your righteousness;
 Please pay our ransom
 By holy penitence.
 Do you hear our cries?
 We shout to all: Help!
 Please be kind to us,
 Help! Help! Help!
- 15. PRAYER TO JESUS AND MARY: Lord, be merciful To these poor victims.

DESPAIR OF THE SINNER AT DEATH

Let your anger fall on us For their enormous crimes. Deliver them from the flames, Bring them all to glory! You will then have, far and wide, Total victory.

16. Pray for our relatives,
O Holy Virgin Mary.
They are your dear children
Be then merciful to them.
Show them at this moment
That you are their mother.
Calm the All-Powerful
In his just anger.

GOD ALONE

120 DESPAIR OF THE SINNER AT DEATH

- What! must I then die, Leaving all I own?
 O cruel, accursed hour Robbing me of all I hold!
- O bitter, dreadful death,
 I must part from all things!
 Grant mercy to my moan,
 O please delay your blow.
- I am caught in the snares
 Satan hid so well from me,
 I'm aware of all my blasphemies,
 I perceive all my sins.
- 4. How many graces scorned!
 How much advice disdained!
 How many hours wasted!
 How many gifts trampled!

DESPAIR OF THE SINNER AT DEATH

My Jesus have mercy
 On this wretched sinner;
 Mother of all mercy
 Beg my Savior for me.

6. JESUS:

You, now so wretched, scorned All my loving calls; It is just and fitting I scorn you in turn.

 I laugh at your alarm, At your false repentance, I ridicule your tears, You must die and perish.

8. MARY:

During life you should have Prayed to me and changed; It's too late to beg me, I no longer wish to help.

- 9. THE DYING PERSON:
 Woe to me! No longer Father,
 He is my angry judge.
 Woe to me! No longer Mother,
 I am by all forsaken.
- My enemies surround me, My body still grows weak, And yet there is no one To come and help me out.
- 11. Alas! must I die To be damned forever? Wretched, cursed hour When I first saw the day.
- I see too late, sinful world, Your so deadly blindness:
 I now perceive all your scams, But alas! There is no time.
- 13. Farewell, damned carcass, Farewell, food for worms,

DESPAIR OF THE SINNER AT DEATH

I will wait for you in the cell Reserved for you in hell.

- 14. Ah! If I had subdued you, Death would be my pleasure. Alas! since I flattered you, Death is my cruel regret.
- I see you, wretched devil, Lingering near my bed. Carry me off, loathsome monster, For you have seduced me.
- 16. I am flayed alive, torn apart, Since I die in spite of myself. Alas! must I then expire In my sins now clearly seen?
- 17. I breathe my last, impenitent For having, until death Deferred my penitence. Sinner, do not copy me.
- 18. They alone are wise Who prepare for many years The journey through this dreadful passage. Judge for yourself, at my expense.
- 19. Live better than I did, I beg, Then you'll have a better fate. For as your life is spent, So also will be your death.

GOD ALONE

HYMNS IN HONOR OF SOME SAINTS

121 IN HONOR OF THE HOLY GUARDIAN ANGEL

- How blessed I am (twice)
 To have ever at my side
 A angel as my guardian.
 He is a prince of Paradise,
 A favorite of God,
 The terror of his enemies,
 One of the pure spirits
 Not of this earth.
- 2. His power is enormous, (twice)
 He can alone, by his strength,
 Overturn the whole world.
 He has a ravishing appearance,
 And is a spirit most perceptive,
 Subtle and active.
 In an instant he can even
 Cross the earth and sea.
- 3. Being so perfect, he chooses (twice)
 To be himself my guardian,
 To strengthen my weakness,
 For he forms me, leads me,
 Admonishes and warns me,
 Protecting me silently,
 As the enemy who beguiles me,
 Loses all his cunning.
- He keeps me constantly (twice)
 From so many adverse occasions,
 Many find it difficult to believe.
 It is through his inspiration
 That I am devout.
 He makes me conquer the devil,
 Overcome temptation,
 And win the victory.
- 5. But of whom does he take such care? *(twice)* Imagine! He helps in need

IN HONOR OF JOSEPH

A poor worm of the earth, A poor sinner, a nothing Who, for all the good done to him, Refuses to give thanks, And knowing that the angel is near, Makes no effort to please him.

My holy guardian angel, I want (twice)
To entrust to you
My happiness.
I thank you for the honor
Of being in your care.
I will overcome the tempter,
With you as my protector,
Against his impudence.

GOD ALONE

122 IN HONOR OF JOSEPH SPOUSE OF MARY

- Let's sing a hymn in honor
 Of Saint Joseph, the protector
 And humble spouse of Mary.
 Lowly Joseph is little known,
 No one on earth appreciates him,
 But he ravishes the blessed.
 May earth unite with heaven
 And all proclaim his praises! (twice)
- 2. Great saint, you alone God found To be the worthy spouse Of his admirable Mother. Spouse of the Queen of heaven, This privilege is marvelous; The witness of her holiness, The guardian of her purity, O incomparable glory!
- 3. The Eternal Father chose you

IN HONOR OF JOSEPH

To nourish his Son on earth, In fact, to be His vicar. You have carried in your arms The Child holding all things in His hand; By a most special vocation You have been the nurturer Of your own Father.

- 4. Who would have seen Him caress you, Smile at you, embrace you With extraordinary love!
 His smiles pierced your heart Filling it with meekness.
 All aflame by His love,
 You told Him, in your turn:
 My dear Son, I love you.
- 5. If a word of Mary was able
 To sanctify, by its power,
 Saint John with his mother,
 What must have wrought in you
 His words so meek and holy!
 His talk surely ravished you,
 And his presence filled you
 With graces and with light.
- 6. How great your humility!
 Humility prompted you
 To keep silence,
 To take the lowest place,
 To live as a poor carpenter,
 To appear ignorant,
 Incapable, without talent,
 Simple and unwise.
- 7. The more you humbled yourself
 The more God has exalted you
 Close to Him in glory.
 Your merits are astounding,
 Your privileges are great,
 Heaven admires your splendor,
 The world is full of your favors
 Even in Purgatory.
- 8. No one ever prays to you in vain,

TREASURES OF THE CROSS

Your intercession is supreme As Teresa herself confirms. Your Son is the glorious God Your Spouse, the Queen of heaven. Praying, you command them; If you ask, nothing is refused. O power without measure!

9. SAINT JOSEPH:

Try to be the last in all things, To hide yourself, and grow in love Of Jesus and Mary! Seek what the world rejects And flee from what it pursues. Let faith alone govern you, In order to be happy with me By imitating my life.

10. PRAYER:

Saint Joseph, be my patron To obtain for me a great gift: Divine Wisdom! To glorify my Savior, To convert sinners, To help poor little ones, To crush my enemies. Love impels you.

GOD ALONE

123 TREASURES OF THE CROSS

DIALOGUE OF OUR LORD WITH THE FAITHFUL SOUL

THE SOUL:

 O Jesus, my adorable Master, Show me the way to heaven, Show me which is better: To be rich or poor, To rule or serve, To be at ease or suffer greatly.

TREASURES OF THE CROSS

JESUS:

- Learn, dear faithful soul:
 Great God that I am,
 I so strongly loved contempt,
 And the cross appeared so stunning,
 I came down from heaven and took flesh
 To adorn myself with them.
- 3. In my wisdom I find
 Treasures in poverty,
 Splendor in humility,
 Greatness in lowliness!
 With great scorn I look upon
 Wealth, pomp, all worldly honor.
- I lived in obedience,
 Humbled myself to serve,
 Chose to be born and to die
 In want and suffering.
 Would you reign with me?
 My example must be your guide.

THE SOUL:

5. But Lord, my dear model,
The world seeks grandeur,
Pleasures, wealth, honors;
You do the exact opposite.
Its pleasure is to dominate,
It knows nothing of obedience.

JESUS:

- 6. Know that I esteem What the world shuns. Unhappy whoever follows it, For it leads straight to the abyss. I curse those the world deems happy But bless those it considers mad.
- 7. With kindness, I regard
 The afflicted, the poor and the despised,
 Those suffering without cause,
 If they bear it patiently;
 My favors are theirs,
 Wonders await them in heaven.

TREASURES OF THE CROSS

- 8. Would you offer God my Father Great, perfect honor?
 Suffer well, esteem the pain, Embrace the cross,
 Be the servant of every one;
 Then my spirit will rest upon you.
- 9. For the crosses I send you,
 Offer me thanksgiving
 As for my greatest gifts;
 For the cross begets joy,
 Virtue, grace and peace,
 And in heaven, happiness forever.
- 10. Is your life hidden,
 Are you overlooked?
 Is your status vile and lowly?
 Be consoled, my well beloved,
 Your plight, so like mine, is a sign
 That I love you dearly.
- 11. Have you been slandered?Are you bearing bodily pain,Within or on the outside?Is someone envious of you?Fine! I am delighted.My close friends are all treated in this way.

THE SOUL:

12. O Mary, O afflicted Mother, Let me partake of your sorrows, Share your flowing tears with me So that my soul be cleansed. No cross without you and Jesus; Neither of you, if the cross is no more.

MARY:

13. The cross is my tree of life,I am the Mother of the living,All my good children share the cross,Do you not desire some?I have crosses of great priceBut they are only for my favorites.

DESIRES FOR WISDOM

THE SOUL:

- 14. Willingly, O afflicted Mother, I shall share your grief If, with your sweetness, my cross will be Sweetened and well blended. No cross without you and Jesus; Neither of you, if there is no cross.
- 15. O Jesus, thank you a thousand times For your lesson all divine!How I beg you for forgiveness,So poorly have I followed you.I set forever my true joyIn modeling you, my Savior.
- 16. If your gentle Providence Grants me a share in your cross, It is far too much an honor. But strengthen me in my weakness, Humble, sever and strike And I'll still be happy, if you help.

GOD ALONE.

124 DESIRES FOR WISDOM

- O Wisdom, come, a poor soul begs you
 By the blood of my gentle Jesus,
 By Mary's womb.
 We shall not be disappointed! (twice)
- Why do you so prolong my martyrdom?
 I seek you night and day!
 Come, my soul longs for you,
 Come, for I am languishing of love. (twice)
- My beloved, open, I knock at your door, Ah! It is no stranger, It is a heart, by love transported Who has no dwelling place but you! (twice)

PURSUIT OF WISDOM

- If you do not want me to be yours,
 Then let me pester you.
 Leave me always in the anguish
 Of seeking and never finding you. (twice)
- 5. I cast myself in spirit at your throne. If you want nothing to do with me, At least give me some alms
 For the faith-filled poor. (twice)
- Wisdom, how I fear that misfortune befall me:
 To be fainthearted and negligent,
 Lacking lively faith
 To love you passionately! (twice)
- 7. Worthy Mother of God, Virgin pure and faithful, Share with me your faith.
 Through it, I shall have Wisdom
 And all good will come to me. (twice)
- 8. Wisdom, come then, through Mary's faith, You could not resist her.
 She gave you life,
 In her, incarnate you became. (twice)
- I believe, without hesitating: nothing is impossible for me.
 Wisdom will come to me.
 God has said it, He is infallible!
 Who prays with faith will receive, (twice)
 Who knocks with faith will enter,
 Who seeks with faith will find.

GOD ALONE

125 PURSUIT OF WISDOM

 Let us not ape the worldly, Nor this deceiving world; Impoverished though we be, True happiness we seek;

PURSUIT OF WISDOM

In spite of trickery, In spite of derision, In spite of vanity, Let us seek the truth. (twice)

- Then let us all seek Wisdom, She is a hidden treasure; We must seek her constantly, Nothing should restrain us. Let us roam around the world, The heavens, the earth and seas, Suffering, sparing nothing, So this wealth may be found. (twice)
- 3. Let us pursue Wisdom,
 One day we will find her.
 Always pursuing her,
 At the end we will have her.
 Let us climb the mountains,
 Roam the countryside,
 Penetrating forests
 And most secret places. (twice)
- 4. This path we must follow,
 Wisdom has passed by it;
 Believing fully, we will
 Surely one day find her.
 We must spare no effort;
 Her sovereign loveliness
 Deserves from us far more.
 Let us delay no longer! (twice)
- 5. Let us then leap for joy,
 Believe, without falter;
 We will possess Wisdom,
 We must never doubt it.
 A faith-filled heart
 In one fell swoop arrives
 Within Wisdom's dwelling.
 Let us firmly believe it. (twice)
- Let us knock at the door
 Of a Most Gracious God
 He himself exhorts us
 To fear not pester Him.

PURSUIT OF WISDOM

We must repeat our needs, Increase our offerings, And in holy rapture Shout even the louder. (twice)

- 7. O Divine Mary,
 You alone have found
 Infinite Wisdom
 In the Word enfleshed.
 Being His great Mistress,
 Love now impels you
 To send Him to us
 To teach us all,
 To help us all,
 To help us all.
- 8. O Divine Wisdom,
 Source of truth itself,
 The world forsakes you,
 Following vanity.
 We will all seek you
 With most lively faith
 And no matter what,
 Yourself, we beg, reveal. (twice)
- 9. O Wisdom, assistant
 Of the Divinity!
 We eagerly await
 Your beauty to behold.
 Having deigned this promise,
 Why then delay so long
 This gift so glorious?
 O Come, O come at last! (twice)

GOD ALONE

126 PRAYERS TO WISDOM

- O Divine Wisdom,

 I love you ardently!
 You are my mistress,
 I am your lover!
 On earth you alone
 I seek and I love,
 You are so attractive,
 I am just about delirious!
- 2. Tell me who you are
 I see you so vaguely.
 You are a mystery
 To your poor friend.
 I love you so purely,
 My pure beloved,
 Reveal yourself fully,
 Now, to my sick soul.
- 3. Where is your dwelling?
 Wisdom, let me know.
 I will fly there right now,
 Love orders me to do so.
 Must I traverse the seas
 And roam through the world?
 Must I soar through the air?
 Anything to find you!
- 4. You are, great queen,
 Wounding my heart;
 I love such pain deeply,
 It is my great bliss.
 O how glorious
 To suffer your wounds;
 How aggravating
 To suffer those of creatures.
- 5. You are so beautiful
 In Jesus, my love!
 I will be true to you
 Both by night and by day!

PRAYERS TO WISDOM

Our love most pure Is miraculous, Stronger than ramparts, Death can not quench it.

- 6. Know that when I love you I love Jesus in you.
 He is wholly in you,
 He alone is your rule.
 Let no one accuse me
 Of loving a creature.
 I know your many charms,
 Spells of a pure virgin.
- 7. World, I detest you
 And your deceiving loves;
 Mine is most heavenly,
 Full of wonders sublime!
 You love, now and then,
 Only stinking carrions.
 I love devoutly and always,
 Wisdom's splendors so charming.
- 8. May we both have one soul
 In two different bodies!
 We will be but one flame
 With the same raptures.
 Let us both have for goal
 Only Jesus and His glory.
 Routing the evil one,
 Together, we shall sing victory!
- 9. O Eternal Wisdom,
 Without you, all is lost.
 Earth cries out to you,
 Come, come and help us!
 To extend everywhere
 Your wonderful realm
 Come, come to us as God
 Otherwise, everything will perish.

GOD ALONE.

10. Justice, you are allowed To strike, it is time!

PRAYERS TO WISDOM

But, O mercy, Forgive the repentant; Strike the proud Who will not believe, But pity for those Who believe and praise you.

11. O Victory, victory
To Jesus Crucified!
Honor, praise and glory
To this great King of kings.
It is time, it is time
That His kingdom take over,
That His Cross overpower the Crescent;
I believe it with lively faith.
Let those who believe follow me now!

GOD ALONE.

127 ABANDONED SOUL FREED FROM PURGATORY BY THE PRAYERS OF THE POOR AND OF CHILDREN

A DIALOGUE HYMN

NOTICE

In order to sing this dialogue in a way pleasing to God, edifying to neighbor and useful to the souls in purgatory, the following points must be observed:

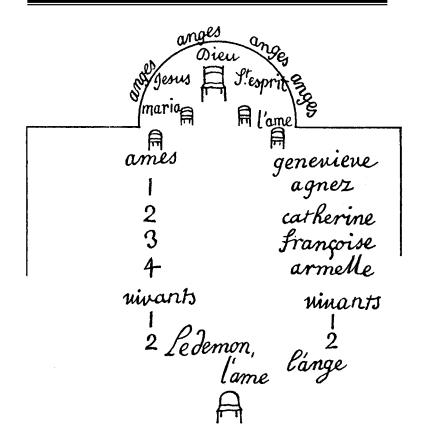
1st Begin by the Veni, Creator Spiritus, Accende lumen sensibus, followed by Ave, maris Stella, Monstra te esse Matrem.

2nd Twenty persons are needed:

God the Father,
God the Son,
God the Holy Spirit,
The Blessed Virgin,
The Guardian Angel,
The Devil,
The abandoned soul,
4 suffering souls,
4 living souls,
Genevieve, Catherine,
Agnes, Frances,
Armelle

This does not include the Angels who surround the throne of God, or the poor, who will all pray as one voice.

3rd Each person must learn her hymns by heart, sing them calmly, and practice in the sections in which they take part. Five chairs will be prepared, the one in the center higher than the others and the actors arranged something like this:



A copy of the drawing by St. Louis Marie de Montfort

THE SOULS:

Mortals, listen to us,
 Listen to us dear brothers,
 We sigh to you
 From the depths of our miseries.
 Alas! how we suffer!
 Who could understand it?
 We weep, we cry,
 But no one to hear us.

The four souls begin together, Singing with longing and calmly, hidden and at a little distance:

GENEVIEVE:

2. Oh! the pitiful cries!
My heart is touched
Who are these miserable ones
Who suffer nearby?
Beloved companions,
Whence come these sighs,
These broken voices?
Are they not martyrs?

Genevieve leaves her place and turning toward her companions while making fitting gestures, says to them:

AGNES:

These cries, you must believe,
 Are those of our relatives
 In Purgatory,
 Suffering cruel torments.
 Let us listen to their pleas
 From the depths of their dungeons;
 Let us feel their sufferings
 And hearken to their sobs.

Agnes takes one step forward toward Genevieve and says to her:

CATHERINE:

4. Is it not a trick?
I want to uncover it.
Let me, I beg you,
Leave for a moment!

Catherine leaves her place and turning toward the living says to them:

THE LIVING:

Go, right away!
 You would make us happy.
 Show us where they dwell
 Or make them come here!

The living respond to her:

CATHERINE:

6. Souls, tell us who you are, Where do you dwell? What do you suffer? Leave your secret dwellings. Speak to us, show us, Ask, ask and you shall receive! Catherine goes over to the side where the souls are and cries out as much as she can:

THE SOULS:

7. We are your relatives
Your fathers and mothers,
Your friends, your children,
Your own sisters and brothers.
If love or blood

Do not make you unfeeling Comfort, now Our terrible sufferings.

CATHERINE:

8. Ah! I am inconsolable
I recognize a voice:
It is my loving father,
I have sinned, I know it.
Alas! I was compassionate
When I saw him die
Then I became distracted
While he was suffering!

Catherine, turning toward her companions says to them as she strikes her breast and with a languishing tone:

THE LIVING:

(First) That is my father's voice,
My heart is touched!
(Second) That is my mother's voice,
I recognize her cry!
(Third) It's my sister or my brother!
(Fourth) It's my dead husband!
(Fifth) Alas! It's the prayer
Of my old friend!

The living speak slowly, one after the other:

THE ABANDONED SOUL:

10. I am burning in the fire For more than a year.By men and by God I am abandoned.Ah! I can not die In my bitter miseries, Deign to help meBy your holy prayers.

The abandoned soul cries out from her place:

GENEVIEVE:

11. See, O sweet Savior, Your conquest in chains! See, O good Shepherd Your sheep in trouble. Sweet Jesus, snatch them from the fires And place them in heaven! Genevieve leaves her place and goes before Jesus; kneeling before Him, she says:

ALL TOGETHER:

12. Sweet Jesus, snatch them from the fires And place them in heaven!

AGNES:

 What is your martyrdom? Souls, describe it to us. Appear, to tell it And we will pray for you.

at the center of the stage, cries very loudly:

Agnes, standing

THE SOULS:

From a deep abyss
 We leave right away
 To seek in the world
 Some comfort.

The four souls leave slowly from their hidden place and once arrived, with veiled faces, they say:

THE SOULS:

We are in a place
Filthy and dark
We grovel in the fire
Of a most angry God.
The devils, our executioners,
Burn us, exhaust us
And torture us in a thousand ways
Which can not be described.

The souls, after a moment or two, continue to cry without raising their head:

THE POOR:

A GROUP OF CHILDREN:

16. Lord, have pity
On these poor victims!
Rather, punish us
For their great crimes!
Snatch them from the fire,
Take them to heaven,
You will have everywhere
Full victory.

The poor kneel with hands joined and head bowed:

THE ABANDONED SOUL:

17. You amuse yourselves,
You live at your ease
And you leave me
In this furnace.
You spend my money
On foolish purchases,
When you could easily
Alleviate my sufferings.

The abandoned soul without appearing, cries out:

AGNES:

18. O Good God, cast your eyes On this unfortunate soul. Pierce this dark place With a loving light. Sweet Jesus, snatch them from the fire And take them to heaven! (twice) Agnes, kneeling before God the Father, humbly says to Him:

A GROUP OF CHILDREN:

See, O King of Glory,
Your child in chains.
He burns in Purgatory,
He is abandoned.
Good Father, You must grant
Forgiveness for his sin,
Your heart is too tender
Not be touched.

Several children kneeling before God the Father.

GOD THE FATHER:

 I am Beauty without blemish, The Sovereign Sanctity, This soul is not pure enough She offends my majesty. God, without getting up, says in a serious tone:

GUARDIAN ANGEL:

21. Be consoled, my beloved, People are praying for you. You will soon be freed, You will soon be with us! The Guardian Angel says to the abandoned soul:

22. O Good Jesus, be appeased With this poor suffering soul; You are her dear Spouse, She is your dear lover. Sweet Jesus, etc.

Genevieve kneeling before Jesus, says:

THE POOR:

23. Pardon, our good Master,
For your poor friends,
Deign, deign to bring them
To your Paradise.
By our holy sacrifices,
Our alms, our promises,
Plus all our good deeds,
Bring them to heaven!

GOD THE SON:

24. I am pleased with your requests, Knock, and it will be opened to you: I readily accept your offerings; Give, and you will receive.

THE SOULS:

25. The fires are very fierce
In this place of torture,
Your fires, the most keen
Are but an image of them.
It is a devouring fire
Which penetrates your soul
Devouring it and making it
A coal all aflame.

AGNES:

26. Holy Spirit, Comforter,
Behold your creature.
Be her liberator
In the torments she endures.
Holy Spirit, snatch her from the fire (twice)
And take her to heaven.

Agnes, on her knees before the Holy Spirit says:

A GROUP OF CHILDREN:

27. Hear us, O Father of lights Be touched by your children's sufferings. Lend your ear to our humble prayers, By helping our friends and relatives!

THE HOLY SPIRIT:

28. If I allow these souls to suffer
It is because they resisted me too much;
They despised my ardor,
My meekness and my love.

THE SOULS:

29. How evil to offend God,
And what an error to believe
That it's a trifling matter to go
Burn in Purgatory!
There is no slight fault,
There is no light fault
Since God punishes them

With such anger.

THE ABANDONED SOUL:

30. My soul, in this place,
Constantly casts itself toward God,
And constantly, God
Rejects it and humbles it.
No mortal man
Has ever felt this sorrow;
My martyrdom is cruel,
My discomfort extreme.

GENEVIEVE, on her knees
31. Show yourself, O dear friend,
To this soul who loves you;
At this moment, show her
That your love is unending.

Sweet Jesus, etc.

THE POOR, on their knees before Mary:

32. Pray for our relatives,
Holy Virgin Mary.
They are your dear children,
Be merciful to them.
Show them now
That you are their mother.
Calm the All-Powerful
In his just anger.

GUARDIAN ANGEL:

33. Be consoled, my beloved,
Mary is interceding for you.
You will soon be freed,
You will soon be with us.

THE SOULS:

34. A powerful and holy God Forms our torments. We feel the weight Of all his justice. It is true, we love Him As our good Father, But we experience Him As a severe judge.

AGNES:

35. O good Jesus, be appeased Toward so many poor victims. Avenge yourself rather on us. Punish us for their crimes. Sweet Jesus, etc.

THE POOR:

36. O God of love, O sovereign Goodness You fill both heaven and hell. Reveal yourself in this terrible place To sweeten it, to break its chains.

THE ABANDONED SOUL:

37. God makes me see
His sovereign beauties
And it is in this mirror
That my sufferings grow.
For, to see for a moment,
These infinite beauties,
I would justifiably
Live a thousand lives.

THE SOULS:

- 38. Alas! Most sweet Lord,
 You are against us.
 Ah! when shall we see you
 Our God, our Father!
 You who in your beauty
 Seem so loving to us!
 You, whom our iniquity
 Renders so awesome!
- 39. Father, you love us
 As your true children,
 And you forget us
 As now we are pitiful.
 O God of love,
 Pardon, mercy!
 O God, full of goodness,
 Have mercy!

GOD THE FATHER:

40. No mercy, For its time has passed.

The four souls kneel before God the Father and say:

I do not want to be approached Until everything has been well paid.

- 41. I am the God of vengeance, This is my own dwelling. It is in this place of suffering That I rule at my turn.
- 42. Suffer, poor creature,
 I have no pity on you.
 For you are not yet pure enough
 To be worthy of me.
- 43. I love you, it is true, I love you As my own image
 But your tepidity is extreme,
 Your sin has defeated you.

THE SOULS:

44. Most amiable Jesus,
Calm your Father.
Do you no longer love us
In this place of wrath?
We cost you so dearly,
Love your heritage,
Come, free us,
Crown your own work!

The four souls go before Jesus and say:

JESUS:

45. I love you without limit,
But nothing impure enters heaven.
When you will be completely pure
I will take you from the fires.

Jesus, without getting up, says to them:

THE SOULS:

46. O our good Mother,
Can you look upon us
And not be touched
By our misery?
We sigh to you our plea,
In our cruel sorrows.
Calm your angry Son
By your womb that bore him,
By your sweet breasts!

The four souls kneel before the Blessed Virgin.

MARY:

47. My children, I am touched. Loving you so tenderly As your Mother, my prayers Calm the All-Powerful. Mary, without getting up, says to them:

THE SOULS:

48. Do you also wish,
Dwellers of the earth,
To forget us here
And wage war against us?
Have pity on us,
Dear charitable souls,
We all beg you
By our pitiful cries.

The four souls go before the living and say:

THE ABANDONED SOUL:

49. Come, help me,
Even God desires it;
It gives him pleasure,
It builds his kingdom.
You will glorify him
With new glory
If you procure for me
Eternal glory.

FRANCES:

50. O Jesus, gentle lamb
Free our relatives from the flames,
They cost your Precious Blood!
Alas! Alas! You wage war against them,
They cost you your Precious Blood!
Alas! Alas! Take them to heaven.

Frances, kneeling before Jesus:

51. Sweet Jesus, these souls love you, Sweet Jesus, give them peace, As your greatest gift, forgive them. Alas! Alas! Their sorrows are extreme. Ah! give them, as the greatest gift, Eternal rest in heaven!

THE POOR, kneeling:

52. You help the ravens that beg you And you give to all abundantly;

Do you forget the poor souls crying to you? They have cost you your blood.

No, your heart is too compassionate.

THE SOULS:

53. If you free us
Or give help
You will see us
Full of gratitude,
For, having had through you
Complete victory,
We will do everything
To glorify you.

As before.

THE ABANDONED SOUL:

54. Here, there is no longer any way
To help myself,
I merit nothing
In my extreme anguish;
Friend, if you wish,
It would be easy for you.
The little that you will do
Will be very useful for me.

FRANCES:

55. Help, o Virgin Mary, Your children and your servants. See them suffering so much pain, Alas! Alas! be moved. See them suffering so much pain, Calm a rigorous God. As before.

MARY:

56. My child, I am moved, For my heart is full of love, I am praying and speaking to my Son For you all, night and day. As before.

THE POOR:

57. O most gentle Jesus, rise,
For the poor beg you,
With your Mother, Mary.
By her womb which bore you,
By her sweet breasts,
Show your beauty in heaven

As before.

To these faithful souls.

GUARDIAN ANGEL:

58. Be consoled, my beloved,
The poor are urging God for you.
You will soon come with us.

The angel goes in front of the soul and says:

THE ABANDONED SOUL:

59. O my faithful guardian,
How you console me!
Oh! The good news
That you bring me!
I will enter into glory
I will possess God!
I will sing victory
Even in this lowly place!

Kneeling, the soul says:

THE SOULS:

60. If very small good acts,
A glass of water given,
Have before God their reward,
Their glory and their crown,
What a great prize, O Good God,
Your alms will receive
If, for a bed of flames
You give us a throne.

As before.

THE SOULS:

61. If you do not listen
To our just plea,
The Lord, on this earth,
Will treat you the same.
You will be dealt
The same measure,
You will be left
In this place of torment.

As before.

THE ABANDONED SOUL:

62. Free me from prison
By your good deeds,
And pay my ransom
By your holy penances.
Do you hear my pleas?
I am asking for help
Be moved by my cries

As before.

Help! Help! Help!

ARMELLE:

63. I am a weak creature,
Prostrate here before you,
Lord, I beg you
To have mercy on them all.
Let these souls redeemed
By such precious blood
Be forever adorned
With glory in heaven!

Armelle, kneeling before Jesus, says:

- 64. I am a servant,
 Have pity on me;
 For this suffering soul,
 Love obliges me.
 Although I am not worthy
 To ask you for anything,
 As a great grace
 Grant me this favor.
- 65. My Spouse, you must set
 This soul in liberty
 And give him your Being
 For all eternity.
 Grant my prayer,
 By your gracious heart
 By your holy Mother
 By the poor orphan.

MARY:

66. Behold your Mother,
O Jesus, my child;
I pray to you
For a poor suffering soul.
Give him the grace
By his poor little ones,
O heavens, make room for him,
He is your friend.

Mary kneels before Jesus:

JESUS TO HIS MOTHER:

67. You wish it, my mother,
Then it's done. It is enough.
You do not need to ask,
Command, command.

Jesus gazes at His Mother and then standing, says:

JESUS TO HIS FATHER:

68. My Father, I beg you
To hear now
Both my Mother Mary
And the price of my blood.

Then turning towards his Father, he says:

THE POOR:

69. Lord, you must listen to Your true Son,
You cannot resist
His adorable Blood,
You cannot rebuff
An admirable mother,
You cannot reject
A miserable sinner.

The poor before the Father:

GOD THE FATHER:

Yes, I am obliged to hear,
 For He is my true Son
 No, I cannot resist
 His adorable Blood.
 No, I cannot rebuff
 An admirable mother.
 No I cannot reject
 A miserable sinner.

Without getting up:

71. Angel, descend quickly
To Purgatory,
To lead now
This soul to my glory
I want him like me
To wear a crown,
Powerful and rich as a king;
It is I who command you.

An angel comes. God says to the angel:

THE ANGEL TO THE SOUL:

72. Rise promptly,
Ascend to heaven.
The Lord is calling you.
To reward you
And to crown you
With eternal glory.

THE ANGEL TO SATAN:

73. Satan, withdraw,
Obey the great King,
Fly to the abyss
And go burn in hell.
This soul is going to heaven
In splendor supreme!

THE DEVIL:

74. I am outraged, I am furious I cast myself into the flames For this soul has inherited What I have lost in heaven. Miserable, miserable, I will burn in the flames.

THE FREED SOUL:

75. Let us fly like a turtledove, We are given wings,
To the throne of the Lamb
To the eternal splendors.
I enter in you to love you,
O Supreme Monarch!
To see you and to rest
Forever in you.

GOD:

- 76. I ardently desire To possess you, my beloved, Approach boldly then, All fear is past.
- 77. I give myself entirely to you In all my glory
 Enter then forever in me.
 Sing victory forever.

ALL THE ANGELS:

78. Let the heavens rejoice
A soul joins the ranks of the saints
O God, Most High, may you be blessed
For this masterpiece of your hands!
Let all men, let all angels
Sing joyfully:
Our brother is in heaven (twice)
To God alone glory and praise!

The devil, slinking away and striking himself, says to the same melody of the damned souls:

The Angel, leading the soul by the hand, moves toward the throne of God and says:

God speaks lovingly to the soul and places the soul on a throne:

When the soul is enthroned, all the Angels sing together:

BLESSED SACRAMENT: FOR SUNDAY

THE POOR:

79. Let us forever bless
The Lord in his goodness
An abandoned soul
Who suffered in the fires
Is in heaven,
She is crowned.
Let us forever bless
The Lord in his goodness.

Together:

128 BLESSED SACRAMENT: FOR SUNDAY

- How overwhelmed am I, Seeing the lowliness
 Of the Supreme Majesty
 In the Blessed Sacrament.
 I see there our True God, the King of Glory
 Hidden in obscurity
 Without splendor, without majesty.
 Oh! who could believe it?
- This gentle Lamb
 Assumes this state
 To stand before His Father
 As our advocate.
 There He remains night and day in His presence,
 Holding back God's avenging arm
 Ready to punish the sinner
 Who angers and offends Him.
- 3. There He offers Himself as victim
 To calm the Father's wrath,
 Unceasingly pleading with Him
 To have pity on us.
 There He offers to God all honor and homage,
 Making Himself our complement,
 Infinitely loving Him in our stead.
 What more could He do?

BLESSED SACRAMENT: FOR SUNDAY

- In His Father's presence, He is
 In adoration,
 Full of reverence
 And of love for His name.
 There at every moment His Sacred Heart desires
 That God be exalted everywhere,
 And that everything be truly
 Subjected to His reign.
- Through Him the angels
 And all the blessed
 Give unending praise
 To God in heaven.
 What they do in heaven, we also can do
 Since Jesus is with us there
 To become all things to all
 As our model.
- Since Jesus lowers himself
 Through an excess of love,
 His love urges us
 To make a like return.
 Let us visit Him often in this great mystery;
 Amen to all He says there,
 To all he does there day and night
 To honor his Father.
- 7. O most amiable Jesus
 We give ourselves to you.
 How reasonable that is
 Since you give everything to us.
 Come, reign in us as in your temple,
 To adore the Father profoundly
 And to love him perfectly;
 We follow your example.
- Render, as you do
 For us on this altar,
 Perfect praise
 To the Eternal Being.
 Sacred Heart, intone the awesome hymn
 That you alone can truly sing.
 All heaven, on hearing it, experiences
 Great joy.

129 BLESSED SACRAMENT: FOR MONDAY

- He whose beauty ravishes
 All the saints in glory,
 Dwells on our altars day and night,
 Hidden in the tabernacle.
 The All-Powerful, in His grandeur
 One with God His Father,
 Is present in this mystery
 To ravish our hearts.
- 2. Truly Jesus possesses
 In the Eucharist
 Fullness of love,
 Fullness of life.
 He is the infinite treasure
 Since He is Wisdom;
 His splendor is not tarnished
 By lowering Himself to us.
- In the Eucharist, He spares nothing, Giving Himself completely, All things to all and to such an extent That He can do no more. Without becoming less, He gifts everyone, Excluding none.
 To give is His greatest pleasure, He is happy when giving.
- 4. Oh! who could describe
 The eternal sweetness
 This Spouse lets his faithful lovers
 Taste in this Sacrament?
 He is a delicious wine
 That has no equal,
 He is a precious perfume,
 A delightful nectar.
- There He is all things to all, So charitable is He; There He is our dear Spouse, Our true God,

BLESSED SACRAMENT: FOR MONDAY

Our gentle master and physician, Our friend, our brother, Our way and our path, Our gentle light.

- 6. In His Heart reside His treasures, It is their dwelling place,
 To bestow them with kindness Provided we place no obstacle;
 This Sacred Heart ardently desires To give, to pour Himself out,
 He calls us incessantly;
 But who really wants to hear Him?
- 7. "Come, dear friends, come everyone,"
 This most kind Master says,
 "Come see how sweet it is
 To know me and to love me.
 I give you my flesh as food,
 Eat, for I love you,
 Drink my Blood in long drafts,
 Even to inebriation."
- 8. Jesus loves us, let us love in turn;
 Doesn't that make sense?
 Let us approach Him without fear,
 For He is all lovable.
 Do we wish to love Him ardently
 As we will in Heaven?
 Let us go to the Blessed Sacrament,
 It is the raging fire of such desire.
- 9. Bestow, O divine Jesus,
 Your grace into our souls,
 For we will resist no longer
 Your sweet flames.
 Through your love, make
 Our souls courageous,
 Cast on our poverty
 A loving glance. Amen.

130 BLESSED SACRAMENT: FOR TUESDAY

- Oh! the Blessed Sacrament
 Is a wonderful school
 To learn in a short time
 Without expertise or words
 The science of the virtues,
 Divine wisdom!
 The professor is most sweet Jesus,
 He preaches there constantly.
- 2. He is a teacher without peer,
 He enlightens the soul
 And like a divine sun,
 Warms it, setting it afire;
 In this mystery, He is
 Our holy model,
 Living day and night in secret
 What He constantly preaches.
- 3. When He descends to the altar It is through obedience, The voice of a mortal man Brings Him there willingly. It is there His Sacred Heart Burns with the greatest zeal; He comes to save sinners, He calls and enlivens them.
- 4. The love of humility
 Draws Him from glory,
 To hide his majesty
 In a simple ciborium;
 It is there that he teaches
 His customary lesson:
 Learn I am humble, gentle,
 And a most loving lamb.
- 5. Although often the sinner By his behavior Insults His dignity In the Eucharist,

BLESSED SACRAMENT: FOR TUESDAY

No one can imagine How patient He is, His Heart suffers everything, Not seeking vengeance.

- 6. It is there that he is always
 Dead to worldly things,
 Without use of his senses,
 In profound peace.
 His heart is so meek,
 (His favorite virtue!)
 Supporting sinners sweetly,
 Without any wrath.
- 7. This mystery is all about love, Rather, is love itself.
 Jesus is there day and night To show that He loves us.
 Like a very faithful friend He constantly begs us
 To love Him, to seek in Him Authentic life.
- 8. How much does he love God the Father?
 There is no limit,
 Since He loves Him here
 As much as He should.
 Finally, all the virtues
 Have for their sole source
 The Heart of most loving Jesus:
 He alone bestows them.
- 9. Dear friends, let us all visit
 This supreme monarch
 Since He wishes to remain with us,
 To show that He loves us.
 We will learn the secrets
 Of obtaining victory,
 Of becoming perfect
 And of acquiring glory.
- 10. O Jesus, enlighten us,O infinite Light!Only in you can be foundThe words of Life.

Form in us your virtues And your living image, Our hearts will no longer resist This labor all divine.

131 BLESSED SACRAMENT: FOR WEDNESDAY

- May my tongue everywhere proclaim,
 All the days of my life
 The grandeur of the Blessed Sacrament.
 Come, see the Savior of our souls,
 Come, see his Sacred Heart
 Aflame with ardor divine,
 It is but fire (twice), it is but flame.
- This Heart is always open
 To make itself our home,
 Our sure refuge,
 For everyone a mighty fortress
 Never pierced by any foe.
 It is the kingdom of peace,
 Where we become (twice) invincible.
- In this Heart, God the Father
 Never vents his just anger
 Against the sinner staying there.
 The Sacred Heart hides him under his wing
 Covering him with His love,
 Calming His wrathful Father.
 O love (twice) most paternal!
- 4. O Christians, flee far from the world Into this Heart where all good abounds; This Heart is found in the Blessed Sacrament. Come, taste within this faithful Heart More sweetness, more delight Than your own could desire. Fear nothing, (twice) this Heart calls us.
- 5. Come, sinner, find true life

And all kinds of wealth
In the Holy Eucharist;
Come, hide, rest in safety
Within my Sacred Heart;
You will find there the sorrow,
The forgiveness (twice) for your sin.

- 6. Fervent souls, why delay
 Tasting the delightful sweetness
 Which always fills my Heart?
 Rest there, learning in silence
 The language of holy Love,
 To speak there, at your turn,
 With love (twice) and reverence.
- 7. My Sacred Heart becomes all things To every soul resting there; It gives without diminishing, Enriching, helping, encouraging, Protecting, instructing constantly. It loves, caressing and guiding. It is for all *(twice)* everything, fully.
- 8. During the worst upheavals,
 When despised and insulted,
 Come there to be consoled.
 Do your foes look to destroy you?
 Let my Heart be your tryst.
 You will crush them all,
 Doing nothing (twice) but laughing at it all.
- 9. Soul all pure, come, visit me, Leaving behind finite things; I await you in the Blessed Sacrament. Enter my Heart, remain hidden there, Fearing nothing, for it is your home. Savor my goodness there Forever, (twice) my beloved.
- O Jesus, then I must go there, Your love too strong, too tender. Shelter me in your Heart To win victory over myself And over my other enemies. May your Heart alone be my Paradise,

Where forever (twice) mine loves you!

132 BLESSED SACRAMENT: FOR THURSDAY

- Truly, the Good Jesus
 Strikes me as so lovingly
 Generous of Himself.
 Not satisfied with thirty-three years
 In work and torment,
 Through extreme love
 He yearns to abide with us,
 To become all blessings for all.
 PRAISED BE THE BLESSED SACRAMENT,
 MAY IT BE ADORED AND LOVED!
- 2. He loves us to excess,
 Giving us free access
 To His holy presence,
 Hiding His divinity,
 His splendor and majesty,
 Under lowly appearance.
 He seems forgetful of grandeur,
 So to ravish our hearts.
 Praised be the Blessed Sacrament,
 Its love is immense!
- 3. God loves us here tenderly,
 Pouring himself out fully,
 Ah! who could believe it?
 He gives Himself totally,
 Giving His flesh to eat,
 His own blood to drink,
 His soul and infinite Being,
 So to change us into Himself.
 Praised be the Blessed Sacrament,
 So worthy of glory!
- Though his power here always Performs great prodigies By changing nature,

BLESSED SACRAMENT: FOR THURSDAY

His love is even more surprising
Since He unites it forever
With us, His creature.
Jesus and the soul form but one.
Everything between them is in common.
Praised be the Blessed Sacrament,
He loves without limit!

- 5. Come to me, come, sinners,
 This loving Savior tells you,
 Come, men and women,
 My name is "consuming fire"
 And my heart ardently desires
 To set your souls aflame.
 I have come down from heaven
 Only to light fires everywhere.
 Praised be the Blessed Sacrament,
 His Heart is all afire!
- 6. If you wish to share this fire
 Come to my Heart, where it is found;
 There this fire dwells,
 There the saints were inflamed,
 Come to be enkindled.
 I share this fire lavishly,
 You only have to ask,
 Since I want to grant you everything.
 Praised be the Blessed Sacrament,
 His love spurs us on!
- 7. I became your Savior,
 I carry you written in my heart
 With a divine character.
 My Heart has emptied itself for you
 So that you all may become
 The children of my Father.
 It is open so you may dwell there,
 So I may protect you and console you.
 Praised be the Blessed Sacrament,
 A dazzling mystery!
- Christians, let's make a holy exchange, Returning love for love, Our God deserves it.
 The flood of our iniquities

BLESSED SACRAMENT: FOR FRIDAY

Could not impose on His bounty Either end or limit. Woe, anathema to the sinner Who does not love this gentle Savior. Praised be the Blessed Sacrament, Now and forever!

9. Let us say gently and tenderly:
O Sacred Heart, set us on fire!
O Divine Flame,
Here are our hearts, consume them,
Making them, upon your altar,
An acceptable sacrifice,
So we may sing night and day
This sweet song of love:
Praised be the Blessed Sacrament,
He alone is our life!

AMEN.

133 BLESSED SACRAMENT: FOR FRIDAY

- Listen to my just complaint,
 Lovers of my Savior.
 I shall tell you fearlessly
 The sentiments of my heart:
 We forget, we abandon
 JESUS IN THE BLESSED SACRAMENT.
 Hardly anyone is seen there.
 Sighing deeply, I say it.
- 2. The mansions of the mighty Fill with numerous people Who often, for their troubles, Have only their wasted time. But the church is neglected, "It is boring to spend time there, An hour seems like a year." Oh weep, Oh weep, my eyes!

BLESSED SACRAMENT: FOR FRIDAY

- 3. Do you see the king of glory
 Abandoned on our altars
 And banished from the mind
 By the majority of mortals?
 He who ravishes the angels
 By His divine splendors
 Is treated with strange contempt.
 Oh flow, Oh flow, my tears!
- 4. The All Adorable
 Often lodged so poorly,
 The church seems a stable,
 Dirty, without adornment!
 Yet the world's esteemed
 Dwell in homes well adorned,
 Nothing lacking, in all things abounding,
 All shines, everything is gilded.
- 5. Everything is in hushed silence Within the royal chambers, We respect the king's presence, His words are laws; While we see ungodly men With no respect before God And by their behavior Dishonor His holy place.
- 6. The best of all masters,
 After having surrendered everything
 Is, by thousands of traitors,
 Betrayed, mocked, profaned.
 He is given for His dwelling
 Even the devil's place,
 Where His Heart suffers constantly
 So bitter a passion.
- 7. We have seen heretics
 Topple the sacred places
 And in spite of Catholics,
 Trample the host underfoot.
 This is how men offend
 Their loving Benefactor.
 How I shudder just to think of it!
 What cruel disaster!

BLESSED SACRAMENT: FOR SATURDAY

- 8. What! Can we be indifferent
 To this contempt, this abuse?
 No, no, that would be impossible.
 Let us weep then over gentle Jesus!
 Let us visit Him often,
 Taking the place of so many Christians;
 His Heart entreats us,
 He wants to shower us with gifts.
- 9. To make amends for these outrages,
 Let us love Him deeply,
 Let us render Him homage,
 Let us pay court to Him.
 Let us make an act of reparation
 To His Heart so despised,
 Since this most loving Heart
 Has emptied itself for us.
- 10. Reign everywhere, powerful Master, Even in the Blessed Sacrament. Great God, reveal yourself, For is it not, at last, time to do so? Prevent anyone from approaching you To cover you with contempt, And be merciful To our truly contrite hearts.
- 11. Since our possessions are yours,
 Having received them from you,
 May your contempt be ours
 And may it fall on us
 To make reparation for all these crimes.
 Here are our hearts, take them
 To make them victims
 At the foot of your holy altar. Amen.

134 BLESSED SACRAMENT: FOR SATURDAY

 Jesus could not leave Mary, So strong the love which bound them;

BLESSED SACRAMENT: FOR SATURDAY

That is why, just before his death, He established the Eucharist, So that after the Ascension, He could be her consolation here below.

- Having taken so much pleasure
 In her pure womb for nine months,
 He again often wishes
 To rest there in silence.
 And to offer himself to the eternal Father
 On the altar of her heart.
- 3. Banished from the heart of ungodly man Jesus comes into His Mother's Sacred Heart To receive perfect honor; He praises and glorifies her Heart With such a gentle and heavenly song Which He alone can sing fittingly.
- He reposes comfortably
 On the bed of her purity;
 In the fire of her charity
 He takes inexpressible joy.
 But above all, her humility
 Draws her to Him and enthralls His majesty.
- Jesus, full of gratitude, Shares with her all His treasures, Nourishes her with His own Body That she nourished in His infancy. For the milk of her most pure breast, He feeds her with His divine blood.
- 6. What pleasures and what caresses
 She receives in that sweet moment
 When she holds her Son, her beloved,
 The only object of her tenderness!
 It is then that her Sacred Heart
 Thrills for joy in Jesus her Savior.
- 7. Her holy Heart is a fire,
 A burning bush all aflame
 Which finds only in her God
 Being, support and life.
 It burns but is not consumed

BLESSED SACRAMENT: FOR SATURDAY

For it can never love enough.

- 8. Love seems, in this great mystery,
 Of their two hearts, to form but one;
 Between them, everything is shared,
 For the Son is completely in his Mother.
 In the Mother, one can only perceive
 Her dear Son, her love: Jesus.
- It is then by her prayer
 She obtains from our Savior
 Pardon for the poor sinner.
 He is her Son, she is His Mother.
 Her holy Heart and most chaste breast
 Make Him meek and mild.
- 10. O Christian, the faithful Virgin
 Gives us in her communions
 Holy examples.
 Let us imitate this perfect model
 To render perfectly
 All our duties to the Most Blessed Sacrament.
- 11. It is from you, O Virgin Mary That His body and blood come to us, Raising us to such a high rank That even angels envy us. May you be blessed far and wide For having given us this precious gift.
- 12. Lavish, o admirable Mother All your virtues in our hearts So the most sweet Jesus May enjoy being in us. Lavish your love in us So we may love your dear Son through you.
- 13. O Jesus, your Holy Mother
 Is our perfect supplement,
 So come to us promptly
 To unite us to your Father
 Or, rather, come into her Heart;
 She will provide for our lack of fervor.
 Amen.

135 HYMN ON THE LOVE OF GOD

- How sweet to sing both night and day
 The canticle of fair love!
 O my Jesus, my love, I love you,
 I want to love nothing but you,
 No one really knows what joy
 It is to love you, my Savior.
 Christians, I love Jesus, say the same,
 Taste how sweet is love. (twice)
- 2. Tell the truth. Am I not right
 In loving so good a Lord?
 He alone is infinitely loveable,
 Beauty itself, without blemish
 Rich and generous,
 All good without trace of evil.
 What could be sweeter, what then could be more sound
 Than to love Him with all one's heart? (twice)
- 3. If I do not love this charming Lord
 My heart cannot be content;
 For it is captive, knowing only anguish,
 And finally turns so bitter.
 Love can set it free
 And make it say, in truth:
 O my Savior, your yoke is not a burden.
 O! How sweet it is to love you! (twice)
- 4. What! The good God for loving us
 Would receive nothing in return?
 Will it be in vain that He loves us without end
 And fills us up with his kindness?
 No, No, anathema to sinners
 Who do not give their hearts to Him!
 Christians, let us love, His love propels us on,
 Let us love Him forever. (twice)
- O God of love, consuming fire, Be our gentle conqueror, Set us afire with your divine flames. Let our hearts be your dwelling.

REPARATION TO THE BLESSED SACRAMENT

Forgive us, divine love, For having so withstood you. Reign henceforth in our souls, And we will say both night and day: Love, love, love, love (twice)

Jesus Maria
AD MAJOREM DEI GLORIAM

136 REPARATION TO THE BLESSED SACRAMENT

- Let us sigh, moan, weep bitter tears:³⁸
 Jesus is abandoned in the Most Blessed Sacrament!
 He is forgotten, His deep love abused,
 He is attacked, so insulted, and in His own house.
- Everything gleams in Monsieur's well-furnished house.
 Yet the Church is ignored, the altar stripped,
 The pavement cracked, the roof unfinished,
 The walls are crumbling, covered with grime.
- A broken crucifix, dusty paintings, Rotting linens, filthy vestments, Books are torn, the lamp unlit, Everything chaotic, thrown about in the dust.
- 4. The ciborium broken, the chalice tarnished,
 The monstrance nothing but tin or moldy brass,
 From the holy water fonts up to the sacristy,
 Everything is in a contemptible and disgraceful mess.
- We dare not spit in pagan temples,
 But ours are filled with packs of dogs
 Running about, barking, covering everything with filth,
 And no one even cares about all this abuse.

³⁸ For the context of this hymn, see "Benefices" in the Introduction on page xi.

REPARATION TO THE BLESSED SACRAMENT

- If anything is clean in the house of God,
 It is the pew for the Lady or the Lord of the town.
 On the filthy walls his coat of arms is boldly painted.
 If you have faith, come, join me in my tears.
- 7. Instead of the name of the immortal Lord,
 Monsieur's coat of arms at the center of the altar!
 Both the priest and the mule wear Monsieur's coat of arms,
 One honors him at the altar, the other in his stable.
- 8. How many people pay court to the famous, And at Mademoiselle's place, night and day! Altars are deserted, the church abandoned, A very short Mass seems like a year.
- Look at this elegant Abbé, look at the libertine!
 He enters the church with a haughty air;
 One knee on the bench, he looks around, waves hello,
 Strolls about, chatting as though walking the streets.
- But, how dreadful! He pinches snuff,
 Either giving or taking it, ab hoc and ab hac;
 All puffed up with himself and his elegance,
 He wiggles, gets settled, as he prays twisting his face.
- Often, he does not come to adore Jesus,
 But to revere the goddess Venus.
 His desires, his looks, his speech, his posture
 Are all devoted to some creature.
- 12. Look, while you weep, look around: A brazen woman in her brocade billowing out, On dainty shoes, with a crest three layers high, Entering our holy place just to show off!
- 13. Watch as this big windbag strolls To the foot of the altar, close to the living God Or at least to a pew where she can be seen And with her eyes shoot arrows into men's hearts.
- 14. This devil's lackey challenges the honor And the divinity of the Sovereign Lord! Next to her finery, Jesus is not noticed, The altar cannot shine next to her jewelry.

NEW HYMN IN HONOR OF CALVARY (1)

- 15. Her dog, her fan, her gloves, her adornments, And often her Adonis amuse themselves there; She reads a little then she primps, Looking around to check who's noticing.
- 16. Strike, great God, strike the arrogant, the ungrateful! At least then they will fear you, for they do not love you. Join your justice to your patience, And then arrogance will fade into fear.
- 17. Your glory is ravished, and your name tarnished, You are derided, what infinite evil!
 Hold back, nonetheless, your bolts of justice,
 For your goodness outweighs their malice.
- 18. Pardon, my gentle Jesus, both for them and for us, Have pity on us; have pity on yourself. Ah, if only we could make amends for these insults By your own blood and our weak praises.
- 19. Behold! We lie prostrate at the foot of your altar You can strike us, we are guilty; But if you consider your Heart and our tears, You must graciously hear us for we are justly alarmed.

137 NEW HYMN IN HONOR OF CALVARY (1)

- DEAR friends, let us quiver with joy, We have Mount Calvary here; Let's hurry, love impels us, To see Jesus Christ, dead for us.
- For the believer, this Calvary suffices, Here we see what was seen of old: A God dies to calm God his Father, A God dead for us on a cross.
- 3. Here we see God who loses his life At the hands of ungrateful traitors, Here, we see His glory overwhelmed

NEW HYMN IN HONOR OF CALVARY (1)

And crushed between two thieves.

- We see a darkened sun, Rocks splitting open with sorrow, Tombs revealing their dust, The universe trembling with fear.
- This slain God makes us aware
 Of the sins of criminal man,
 Of the grandeur of the offended Lord
 And of the miseries of eternal hell.
- It is here that we see obedience Triumph, giving us peace; It is here that we are born To die and to live forever.
- 7. It is here that a dying God enchains
 Both death and hell to his cross,
 It is here that his love draws
 Heaven and the entire universe.
- 8. Here is the summary of the miracles
 And the excess of the Savior's love,
 The summary of the oracles
 His mouth drew from his heart.
- 9. Here is the unfailing remedy
 That puts an end to evil,
 Here is the foolproof argument
 Resolving all our problems.
- Are you suffering a cruel sorrow? Look, take the crucifix, You will see in this faithful mirror That your woes are small indeed.
- It is from here that repentance springs,
 It is from here that peace flows,
 It is here that happiness begins,
 It is here that it never ends.
- Let us then love this kind Savior, So pierced, all torn by blows, Let us adore his adorable cross

NEW HYMN IN HONOR OF CALVARY (2)

And kiss his feet and the nails.

- 13. Let us be holy! This Calvary is dreadful To those whose choice is sin; Here, we must feel the sorrow And let our hearts be touched.
- 14. Everything cries out in its own way: Ah! sinner, God dies of love for you! It is time to weep for your deeds, It is time that you love him in turn.
- 15. Away from here worldly man! Away from here carnal man! Away from here warring people! Away from here all lackeys of hell!
- 16. Afflicted soul, here is your refuge; Penitents, this is your proper place; Poor people, this is your home; Here one becomes rich in God.
- 17. Let us leave our hearts and offerings here, Let us embrace the cross joyfully, To reap the benefit of our pleas, To rise from this Calvary to heaven. Amen.

GOD ALONE

138 NEW HYMN IN HONOR OF CALVARY (2)

- My God, I yearn to love you. (twice)
 Love impels me,
 I begin to be enflamed
 And you begin to beguile me.
 May everyone allow me to love.
 May everyone allow me.
- 2. Entirely submissive to your law (twice)

NEW HYMN IN HONOR OF CALVARY (2)

From Paris right to Rome, I choose you for my King, I pledge fealty to you, In spite of anyone, even myself, In spite of anyone.

- 3. I want to love you, my God, (twice)
 With an heroic love,
 Although I am ridiculed everywhere,
 Although all say farewell,
 Although all vex me at my tasks,
 Although all vex me.
- 4. Hell is all enraged (twice)
 Shaking heaven and earth,
 But, my God, in spite of wolves,
 If you help me,
 I will battle everyone.
 I will battle.
- 5. Brave, not spineless, Christians, (twice)
 Let us love with courage,
 Let even our songs battle
 The world and its monsters,
 Even hell and the devils.
 Let us love more, let us love,
 Let us love more.
- Let us love God with joyful heart, (twice)
 Fearing no one.
 If we suffer here below
 Some blows of the envious,
 Consider the crown in heaven,
 Consider the crown.

Amen.

139 PLAN OF LIFE OF A MAN CONVERTED DURING THE MISSION

- Great God, Adorable Lord, Would you permit a sinner To hold the honorable title "Your humble servant"? May your mercy confer And bestow it upon me, So I may tell the whole universe I love and serve you.
- 2. EXCELLENCE AND QUALITY OF THE SERVICE OF GOD To serve God: what illustrious grandeur, Greater than an emperor's!
 Lord, I am not worthy
 To be your servant,
 But you will it, great Master.
 I will then try to be one,
 Telling the whole universe
 I love you and serve you.
- 3. I received your light,
 Your grace and my pardon
 During the last mission
 While listening to the sermon.
 I have undertaken some holy practices,
 Putting them to song;
 I serve God with my whole heart,
 It is my glory and my joy.
- 4. I serve God when I adore Him
 "In spirit and in truth;"
 To do so, I beg
 The help of His goodness
 For his grace is necessary
 Both to will and to do it.
 I serve God with my whole heart,
 It is my glory and my joy.

- 5. "In spirit," means total,
 Without any contriving;
 Whoever picks and chooses,
 Does not serve God in holiness.
 Fervently, not sluggishly,
 Joyfully, not sadly,
 I serve God with my whole heart,
 It is my glory and my joy.
- 6. "In truth," means without sham, Without deceit or flattery, With neither fear nor constraint, Willingly, sincerely, Without worldly human respect. Whether they flatter or scold me, I serve God with my whole heart It is my glory and my joy.
- 7. DAILY SCHEDULE
 As soon as I awake
 I raise my heart to God.
 Sleeping or waking,
 Lord, I am all yours;
 Here I am, ready to do
 Everything to please you.
 I serve God, etc.
- 8. Praying to God, I get dressed
 After a sign of the Cross;
 Without useless thoughts,
 Without raising my voice,
 Without any immodesty
 Which would shock sight or hearing.
 I serve God, etc.
- 9. I get dressed; I ready myself
 So that I am clean,
 But without affectation,
 With neither sensuality nor vanity,
 With respect and decency
 Without wasting time and money.
 I serve God, etc.
- 10. Then, I say my prayers

On my knees, piously, Quietly, without distractions Of my own volition, Devoutly, not sluggishly Joyfully, not sadly. I serve God, etc.

- 11. I meditate in His presence
 On death and final judgment,
 Heaven and its rewards,
 Hell and its punishments,
 The eternity of delights,
 The eternity of torments.
 I serve God, etc.
- 12. I put my room in order, After praying to God; Or I do some other work Depending on time and place, For God alone, in His presence, And without being self-centered. I serve God, etc.
- 13. Every hour of my days
 Is regulated as by a compass.
 I have designated times
 For everything, even my meals:
 A time for this spiritual exercise,
 A time for that mortification.
 I serve God, etc.
- 14. From time to time, and at each hour I look toward heaven
 And I say: There is my dwelling
 And my eternal home.
 O my soul, keep vigil,
 All things are passing, God watches you.
 I serve God, etc.
- 15. I read, I write or pray, I work steadily, Spending my life for God Without wasting a single moment. Time is so precious And cannot be reclaimed!

I serve God, etc.

- 16. Before sitting down at table I say Benedicite.
 While eating, I am pleasant, Moderate and courteous, Modest in my bearing And silently joyful.
 I serve God, etc.
- 17. I devoutly give thanksAt the end of my meals.The world may do it with a smirkOr not even at all.Long meal, short prayer.As for me, I do just the opposite.I serve God, etc.
- 18. If I can, I hear Mass
 Every day, devoutly;
 In order to do so, I leave
 Everything aside, promptly.
 After Mass, all other tasks
 Usually turn out better.
 I serve God, etc.
- 19. I give time to mental prayer Faithfully, every day, Without neglecting vocal prayer; Both are a great help In serving God completely And in loving Him even more. I serve God, etc.
- 20. Every day I pray the Rosary Or at least five decades; A voluntary practice But a perfect secret Which makes our life joyful And our death so precious. I serve God, etc.
- To be righteous and faithful,
 I live all things by faith,
 I am guided by it in all things;

It is my torch, my law. What faith decrees, I observe without quarrel. I serve God, etc.

- 22. Every month, usually,
 I receive the sacraments
 And more often, if necessary,
 Depending on times and places;
 The more often I receive Communion
 The more Life I share.
 I serve God, etc.
- 23. I never excuse myself
 From making, at least every night,
 An examination of conscience
 On my principal duties.
 Then, as punishment for my offenses,
 I perform some penance.
 I serve God, etc.
- 24. After saying my prayers,
 I go to bed modestly,
 With no imprudent chatter,
 Or any delay,
 In a spirit of obedience,
 In a spirit of penance.
 I serve God, etc.
- 25. When I lie down I take
 The position of a corpse;
 This posture truly affects me.
 Thinking of God, I fall asleep;
 Lord, for you I slumber
 As my heart beats and keeps watch.
 I serve God, etc.
- 26. RULES REGARDING TEMPORAL GOODS
 Not having been made for this earth,
 But for an immortal good,
 I plan neither lawsuits nor fights
 For gaining temporal goods.
 I obtain them justly,
 Possessing them with no greed.
 I serve God, etc.

- 27. I would prefer to be stripped
 Of my vest and coat,
 Than to keep my clothes
 By quibbling in court.
 A servant of God yields;
 God does not want him to sue.
 I serve God, etc.
- 28. For the Church and its interests
 One can rightly wrangle;
 Also, through zeal, for the good of another.
 But beware of being damned
 If such charity is not impartial,
 With no bitterness, no insults.
 I serve God, etc.
- 29. As soon as I can, I pay my debts Willingly, joyfully, Without inventing excuses To avoid their payment; No need for police intervention, No detours, no trickery. I serve God, etc.
- 30. I give alms for God alone,
 In order to make friends,
 To gain a scepter, a throne,
 A kingdom in Paradise;
 But my almsgiving is secret,
 Prompt, cheerful and faultless.
 I serve God, etc.
- 31. With prudence and wisdom
 I manage my estate.
 If I make a generous gift,
 I do it as a Christian,
 No ostentation, no fanfare,
 No foolish outlays.
 I serve God, etc.
- 32. No showiness in my belongings, No luxury in my clothing, Nothing sumptuous in my home, No extravagance in its furnishings,

For, at my baptism, I have said Anathema to the world. I serve God, etc.

33. In the town, in the countryside, At home, or in the field, Whether I lose or win My heart is always satisfied: No argument, no anger, No flamboyant joy. I serve God, etc.

34. REGARDING HONOR AND PRAISE I never aim for Praise or honors; But if granted to me, I refer them to the Lord. Nothing a person says of us Makes us foolish or wise. I serve God, etc.

- 35. At other times, in silence, I consider my place in hell, Taking no satisfaction In human praise; For, speaking ill of oneself Is often supreme pride. I serve God, etc.
- 36. Content with my lot in life
 I have no ambition to climb higher.
 Although my condition is quite ordinary,
 I have all that I need.
 My only glory and the highest one,
 Truly lies within me.
- 37. Bah! to the sage in his wisdom, If he is not wise in the Lord.
 Bah! to the noble in his nobility If he is not noble of heart,
 If he does not forgive an injury Without getting even or complaining. I serve God, etc.
- 38. I find my greatest glory

By humbling myself in suffering; I find my full victory By conquering myself in forgiving, In honor without self-satisfaction, In insults without getting even. I serve God, etc.

- 39. At the most inexplicable insults, I say, "May God be praised!"
 Without seeking revenge
 Or punishment for the troublemaker.
 I forgive him willingly,
 Complaining to no one.
 I serve God, etc.
- 40. REGARDING PLEASURE
 I condemn and detest
 All forbidden pleasures,
 Knowing that by this plague
 Great saints have been lost.
 I am also moderate
 In necessary pleasures.
 I serve God, etc.
- 41. We must crucify ourselves
 To belong to Jesus Christ.
 Constantly mortifying ourselves
 Both in mind and body,
 Whether eating or drinking,
 Never attracting attention.
 I serve God, etc.
- 42. The finest dish on the table,
 The choicest, the imported,
 The most exotic,
 I forgo, as a sacrifice to God,
 To maintain in my soul
 The purity of its flame.
 I serve God, etc.
- 43. At times, I hold back a word, Or perhaps stifle a wish, Sometimes, a frivolous giggle, Or some other vain pleasure: A clever remark, a glance,

A simple quip.
I serve God, etc.

44. I don't discuss hairshirts,
Or iron belts
Or any voluntary penances
We may inflict on our flesh;
I prefer the penance
Performed by obedience.
I serve God, etc.

45. REGARDING WHAT MUST BE AVOIDED

I hate with extreme hate All sin - even venial -Because it attacks God Himself, Closing heaven to us. I flee even its appearances In the slightest occasions. I serve God, etc.

46. I battle sin
To save the sinner.
I fear nothing on earth
Except this terrible misfortune.
As dreadful as it is, hell
Without sin seems even pleasant!
I serve God, etc.

47. I flee from fancy, high society,
For it is deadly.
If it screams and scolds me for this,
I am even happier.
If it considers me uncouth,
I become that much wiser.
I serve God, etc.

48. God forbid that I be found
In gambling dens, in nightclubs.
I prefer the haunts of a mother-wolf,
Or even the wolves of the forest.
Those places are abominable
Because of their horrifying scandals.
I serve God, etc.

49. On urgent business,

When we travel
And must stay at an inn
We can eat and drink there
But not like the impious,
Who guzzle until they're rambunctious.
I serve God, etc.

- 50. Farewell, balls and dances
 Whose inventor is the demon.
 Oh! in these stupid beats
 How we offend the Lord!
 They are but cunning training
 For even greater debauchery.
 I serve God, etc.
- 51. Farewell to degrading games,
 And to all games of chance,
 Profaning so many festivals
 Where the demon alone takes part;
 They hide so much malice
 Beneath the pleasure and the tricks.
 I serve God, etc.
- 52. Far from me those assemblies
 And those patron saint festivals;
 Through abuse, how often changed
 Into festivals of the devil!
 I condemn those night-long parties
 Which stain so many souls.
 I serve God, etc.
- 53. I condemn and detest Frivolous tales, novels, That spread like the plague: The downfall of so many! Far from reading them I burn them or scrap them. I serve God, etc.
- 54. Far from my eyes these statues
 Where the demon lurks,
 Those nudes, those paintings
 Fools believe priceless!
 I'd rather shatter them, topple them,
 Deface them and break them.

I serve God, etc.

- 55. Far from me, heretics
 Whom the Church has condemned
 With all their fancy practices
 And their sophisticated books;
 Far from me, Calvinism!
 Far from me, Jansenism!
 I serve God, etc.
- 56. After Scripture, I read
 Pious books
 Whose doctrine is orthodox
 And full of charity;
 Not to enjoy their style
 But to become wiser.
 I serve God, etc.
- 57. The sword and the gown
 Entail such pernicious tasks!
 What sins, what deceptions
 Done cleverly, with brilliance,
 But make souls fall
 Into eternal flames.
- 58. When the world offers me Some gain, some position, I find out, among other things: Does God want this for me? Can I perform this office And still remain in his service? I serve God, etc.
- 59. Finally, I avoid and abhor All occasions of sin; Still, I scarcely am able To avoid them or stop them For evil is so widespread, The flesh so corrupt.

 I serve God, etc.
- 60. REGARDING SEVERAL DEVOTIONS
 My primary devotion
 Is to the Blessed Sacrament.
 I adore the Lord a whole hour

Every month, regularly. It is the sun of my soul Which enlightens and enkindles it. I serve God, etc.

- 61. I am devoted to Mary
 She is my help and support,
 She is the glory of my life,
 She is, after God, my entire fortune.
 To be faithful to God
 I depend on her in everything.
 I serve God, etc.
- 62. She is my Queen and Princess And I am her servant.
 She is my Mother and Mistress, I am the child of her heart.
 I truly am her follower
 For I honor and imitate her.
 I serve God, etc.
- 63. I have great trust
 In the archangel Michael
 Whose zeal and prudence
 Chased Lucifer from Heaven,
 Who weighs all souls
 For heaven or hell.
- 64. I am grateful also
 To my Guardian Angel.
 With confidence I beg
 His light and support.
 I honor his presence
 And imitate his innocence.
 I serve God, etc.
- 65. I always have compassion
 On the souls in purgatory,
 Remembering them at Lauds,
 Giving them help.
 To render them service
 Is my kindest practice.
 I serve God, etc.
- 66. Lam modest in church

Without ever chatting, Filled with docile faith And great recollection, With loving trust, And reverential fear. I serve God. etc.

- 67. I reprimand prudently
 Those who swear by God's name,
 Those who are irreverent
 Without respect in His holy place;
 If they do not do penance for their wrong
 I do it for them in their presence.
 I serve God, etc.
- 68. To be assured,
 I have chosen a good director.
 In all trust,
 I open my heart to him;
 I listen to him and follow his counsels:
 These are my greatest miracles.
 I serve God. etc.
- 69. A perfect practice
 From which I draw great help
 Is to make a retreat
 Every year on certain days;
 God, speaking to my soul,
 Purifies it and sets it aflame.
 I serve God, etc.
- 70. I despise what's going on As unworthy of my heart; I only esteem grace And the love of my Savior. Let the world dance and sing, Nothing about it satisfies me. I serve God, etc.
- 71. What I most want in the world
 Are the costliest crosses:
 Someone who mocks or scolds me,
 Treating me with contempt,
 Who maliciously attacks me
 Who humiliates and ruins me.

I serve God, etc.

140 CONVERTED SINNER

- I have lost God by my sin.
 Oh! how troubled my heart!
 True, it has been stained
 But even more, it is distressed.
- To betray one's king, how ungrateful!
 To fight one's own defender,
 To offend God, what an assault!
 Angels, weep, weep over my state.
- Could I immolate a hundred hearts?
 Would I had a spring of tears
 To deplore all my evil deeds!
 Alas! It overwhelms me! Alas! It's killing me!
- Great God, neither hell nor demon Make me beg for forgiveness;
 You alone are the reason for it, It is because you are so good.
- I detest from my heart and soul Every reason for your displeasure. But have pity on a contrite heart Bathed in the blood of Jesus Christ.
- All centuries have never seen Nor has it ever been heard That close to this shed blood A contrite heart was lost.
- 7. Behold, Great God, Great King, behold Your Son between you and me. If His blood does not command you, I lose all faith and hope.
- 8. How true that I deserve Hell for all eternity;

INVOCATION OF THE HOLY SPIRIT

But I know your goodness Exceeds all my iniquity.

- Forgive me, then, my Lord, forgive Such a miserable sinner,
 By the Mother of the Savior,
 By her blood and by her heart.
- My heart soaked with remorse,
 Lord, I beg for peace,
 I declare and promise
 Never shall I offend you again. (unfinished)

141 INVOCATION OF THE HOLY SPIRIT

- Come, Father of Lights,
 Come, God of Love,
 Fashion in me (us) my (our) prayers.
 Show me (us) the truth,
 Send into my (our) soul(s)
 An ember of your fire
 To penetrate it with flame
 And fill it with God.
- Come, Holy Spirit, you create Martyrs, confessors, Apostles, prophets, Great heroes, valiant hearts. You are the only guide My Savior has followed; So that I may imitate Him, Lead me as you led Him.
- 3. You who work miracles
 Through powerless mortals,
 You who utter oracles
 Through poor ignorant humans,
 By the power of your grace
 Strengthen my languor;
 To melt my coldness

INVOCATION OF THE HOLY SPIRIT

Speak to the depths of my heart.

- 4. Distance me from the fads,
 The well-traveled road,
 The delusions, so convenient
 Yet so full of evil.
 Teach me the path,
 Unknown to almost everyone,
 Which leads with certainty
 Straight to heaven and to you.
- 5. I beg you, open my ears
 To the words of faith,
 To practice the marvels
 Of your divine law,
 To listen only to God Himself
 In every preacher;
 And to cry anathema
 Against this deceitful world.
- 6. Speak, your words are
 What I seek night and day.
 Speak, destroy the idols
 That attack your love.
 Speak, proclaim victory
 Over all my enemies.
 Speak, receive the glory
 Of having yielded them to us.
- 7. Speak, Holy Spirit, create
 A fountain in my heart,
 Whose pure, healthful water
 Saves the greatest sinner,
 Heals the most incurable
 By opening his eyes,
 And pardons the most guilty
 By gushing up to heaven.
- 8. More than Magdalene,
 Than Lazarus in the tomb
 More than the Samaritan woman,
 I beg you for this water;
 I thirst for it, I beg you!
 I know it is a precious gift;
 The greater this favor is,

INVOCATION OF THE HOLY SPIRIT

The more you will be glorified.

- 9. Support my weakness,
 I am a fragile reed.
 Steady my faltering,
 I change more than the breeze.
 Dissipate my darkness,
 I am as one born blind.
 Calm my concupiscence,
 Otherwise I'm damned.
- Without you my soul is barren,
 Empty of any good,
 Without you I hasten to my doom
 And I fall for a trifle.
 I can neither think nor speak,
 Nor do any good deed for God,
 Unless to accomplish it,
 You sustain me at all times.
- 11. Give me your wisdom,
 This taste for truth,
 This charity which impels
 Without forcing the will,
 This grace so fruitful,
 This lure so ravishing,
 This peace profound and blessed,
 This aid all-powerful.
- 12. If you wish me to shed tears
 And that my heart be moved,
 Let me see now
 How loathsome my sin!
 Let me know you well
 And then I shall love you.
 Convert me, dear Master,
 And I will be converted.
- 13. You do not wish to compel My evil will, That is why I have everything to fear From my own liberty. The lure of your grace I have too often resisted. I surrender. Take over

With full authority.

- 14. Great God, make yourself the Master Of my whole heart so I may love, Of my mind so I may know, Of my tongue so I may charm, Of my senses and powers So I may act and suffer, Of my possessions, of my pains And of all, so I may serve you.
- 15. Make a temple of my heart,
 Of my tongue, an instrument
 To speak to all by example,
 To speak eloquently
 Through Jesus and Mary,
 Reign powerfully in me
 So that I may then glorify
 God alone forever.

GOD ALONE

16. O holy and faithful Virgin Spouse of the Holy Spirit, Change my rebellious heart Into a heart humble and contrite. Give me a docile heart Truly faithful to his voice, So I may live the Gospel According to its counsels and laws.

142 RESOLUTIONS OF A CONVERTED SINNER DURING THE MISSION

To abandon the world and the occasions of sin

Finally, your grace, Lord,
 Has conquered my heart.
 I am aware of my sin and misfortune.
 Let us leave the world

RESOLUTIONS OF A CONVERTED SINNER

Which tricks and snarls, Let us leave the world, it is a liar.

- 2. I begin to see clearly
 The world and its blindness.
 Alas! I weep over it bitterly.
 Let us leave the world
 Which tricks and snarls,
 Let us leave the world joyfully.
- 3. The power of truth
 Has shown me my iniquity
 And has set me free.
 Farewell world
 Which sullies and snarls,
 Farewell world which flattered me.
- 4. Farewell gambling and partying Farewell immoral friends, Farewell all human respect. Farewell world Which flatters and snarls, Farewell world and all the worldly.
- Farewell pleasures, Farewell fame, Farewell all enchanting goods Enticing almost all hearts.
 Farewell world
 Which charms and snarls,
 Farewell world and its fans.
- Farewell world and its din,
 Farewell home, Farewell worries,
 So I may prepare myself for death.
 Let us leave the world
 Which quarrels and snarls,
 Let us leave the burdensome world.
- 7. Farewell news of the royal court,
 And of the army and of love,
 Farewell city and its goings-on.
 Let us leave the world
 Which sullies and snarls,
 Let us leave the world and not return.

RESOLUTIONS OF A CONVERTED SINNER

- 8. They will think me a fanatic,
 A savage and of fake piety;
 They will call me "fool."
 Let us leave the world
 For it rants and snarls,
 Let us leave the world as soon as we can.
- Farewell world, Farewell earthly things, My heart is an immortal heart Created only for the Eternal. Let us leave the world Which passes and snarls, Let us leave the world and seek heaven.
- 10. Oh! So many vain amusements, So many foolish pastimes, So many unfortunate changes! Let us leave the world Which changes and snarls, Let us leave the world for it is time.
- 11. Our most obedient servants Will be our enemies tomorrow, In spite of all promises. Farewell world Which changes and snarls, Farewell world, Farewell its friends.
- 12. What! I would love gold and silver, This bothersome clod of earth, Subject to robbers, to sergeants? Let us leave the world Which changes and snarls, Let us leave the world disloyal and changing.
- 13. In spite of fire, in spite of chains In spite of complaints of the flesh In spite of hell's rage, Farewell world Which charms and snarls, Farewell world, I must be victorious.
- Let the world pass by,
 Let the worldly tire of it,
 Let fools threaten us.

RESOLUTIONS OF A CONVERTED SINNER

Let us leave the world Which passes and snarls, Farewell world, we must hurry.

- Lord, since I now serve you,
 I can see almost the whole universe
 Plunging into hell.
 Let us leave the world
 Which damns and snarls,
 Let us leave the world for the desert.
- I prefer the song of the birds
 And all the cries of the animals
 To the worldly new tunes.
 Let us leave the world
 Which sings and snarls
 Let us leave the world full of evil.
- 17. Everything in the world leads to sin. It's decided: I will seek
 The woods or a hole in the rock.
 Farewell world
 Which sins and snarls,
 Farewell world, I must hide.
- 18. Here are woods and hills, A spring and brooks, A thatched cottage and hamlets. Leave me, world Which troubles and snarls Leave me, world, so I may live in peace.
- 19. Oh! what mysterious contentment, Oh! what sweet and holy peace My heart tastes in these forests! Leave me, world Which sins and snarls. Leave me, world, and forever.
- 20. Alone with you, O my good Jesus, I want only you and nothing more. Farewell world and its abuses. Leave me, world Which passes and snarls. Leave me, world, so I may live for Jesus.

CONVERSION OF A WORLDLY SINNER

21. Be gone, world, seek me no longer, I am a lone hermit, With Mary, with Jesus. Cursed be the world Which deceives and snarls Cursed be the world! Live Jesus forever!

GOD ALONE

143 CONVERSION OF A WORLDLY SINNER

And her entrance into the Poor Clares after 25 years of worldliness

- Glory be to God!³⁹
 The world loses you, my Benigne, Glory be to God!
 Despite its charming ways.
 This is the fruit of a marvelous grace; You must deem yourself unworthy.
 Glory be to God!
- What struggles
 To be victorious!
 What struggles
 Of grace against your feminine charms!
 You alone remember the clash,
 To God alone the glory.
 What struggles!
- 3. I have a glimpse
 Of fickle lovers angry with you now!
 I have a glimpse
 Of fools who wanted to be kings!
 But we have seen you push aside everything:
 The idol and her worshippers.

 $^{^{39}}$ For an explanation of this hymn, see footnote 27 in the Introduction on page xviii

I have a glimpse!

- 4. Let us not count
 What your head has sacrificed;
 Let us not count,
 Although it is fantastic:
 Off with the three-crested hat,
 The veil has won over it.
 Let us not count.
- 5. Where are your eyes
 With their alluring brilliance?
 Where are your eyes
 With their winning looks?
 Alas! They have traded weapons:
 Their allure has changed to tears.
 Where are your eyes?
- 6. Where are those airs, Those games, that wit, that grace? Where are those airs Admired by all? Religious airs have replaced Vanity so base. Where are those airs?
- 7. We no longer see
 Those flirtatious twirls,
 We no longer see
 Those baubles and ornaments.
 Goodbye galas, goodbye plays,
 Your modesty has conquered!
 We no longer see.
- 8. You were seen
 As a show, sad and joyful;
 You were seen,
 One stalked you, the other took flight.
 Now, despite every obstacle,
 Seeing you everyone shouts: Miracle!
 You were seen!
- 9. What a transformation! Garlands to hairshirts; What a transformation

In a weak character! Wealth, glory and pleasures Now are only suffering. What a transformation!

10. Leave all behind!

Relatives, the most faithful friend. Leave all behind, Pleasures and highly sought wealth! The fool believes you mad or cruel But heaven finds you beautiful! Leave all behind!

11. Immortal heart,

How disastrous this world is for you, Immortal heart!
No mortal man suffices,
Love only your heavenly Spouse,
Be indifferent to everything else.
Immortal heart!

12. Bemoan forever

O illustrious penitent, Bemoan forever Your vanities, your loves! Be a strong and fervent woman And one day you will triumph. Bemoan forever!

13. All or nothing!

One must be either worldly or a Clare, All or nothing!
A generous heart chooses the best:
Of convents, the most austere
Of victories, the most complete.
All or nothing!

14. Coarse habit,

What brilliance in ashen color!
Coarse habit,
You are worth more than the whole world.
But who could truly understand
That such courage could overpower you?
Coarse habit!

15. Be vigilant!

I both admire you and fear for you.

Be vigilant!

The world is full of swindlers

Making even rocks tremble.

May they not deceive you; I shudder with fear.

Be vigilant!

16. If you look back,

What fatal blow, what treason!

If you look back,

You commit yourself to such evil!

God underfoot; the world, master.

Will you do it? Alas! perhaps,

If you look back!

17. You are mature,

You are no longer a child

You are mature,

You play the game for keeps

But your great self-confidence

Flows from your humble distrust.

You are mature.

18. Hidden in God,

Flee the poison of the grill,

Hidden in God,

The world revives its fire there:

Dead to your parents, dead to the city,

Belonging totally to God, totally to the Gospel,

Hidden in God.

19. In prayer,

Go melt your coldness.

In prayer,

Arm yourself like a porcupine.

Be consoled in your misery

Enrich yourself with grace,

In prayer.

What will they say?

Always despise such attitude.

What will they say?

Crush this wily devil.

Leave completely behind the world and man;

Before God everything is but a speck. What will they say?

21. To protect yourself Imitate the faithful Virgin; To protect yourself Take care to gaze at her. Entrust everything to her care. Always go to God through her To protect yourself.

22. Always obey The rule and its least details. Always obey To the end of your life! For the whole rule is important, Even the rule of silence, Always obey.

23. Blindly, Obey like a child! Blindly, Without asking why or how! With no preference, No wheedled exceptions. Blindly!

24. Poverty, The deepest humility. Poverty In all its severity, The most fertile charity: Your only possession in this world. Poverty!

25. No more pride! Humble yourself, dust and ashes, No more pride Under a poor habit! With humble Francis for father, Near a God dead on Calvary. No more pride!

26. Taste, taste Poverty in its richness,

Taste, taste
The sweetness of austerities,
Taste Jesus in his tenderness,
Taste love in his caresses.
Taste, taste!

- 27. Lured by these perfumes,
 Hasten, hasten worldly ladies,
 Lured by these perfumes,
 Truly so extraordinary!
 Leave, flee, break your chains
 And transform into Magdalenes,
 Lured by these perfumes.
- 28. If you only knew
 The sweetness of solitude,
 If you only knew!
 You would seek it immediately;
 But no, fashionable custom
 Holds you under a rough yoke.
 If you only knew!
- 29. Ah! until when
 Will you search after lies?
 Ah! until when
 Will you remain blind?
 Your wealth is empty, but a dream
 Which leaves only a gnawing worm.
 Ah! until when!
- 30. The Crucifix
 Has shattered everything, even ice.
 The Crucifix,
 Victorious over the world's rubbish.
 Goodbye to fleeting vanity,
 The Creator has taken its place.
 The Crucifix!
- 31. Glory to the Shepherd!
 The sheep was a runaway,
 Glory to the Shepherd!
 Now she is lodged in His heart;
 Ah! His grace overflows there,
 So that another may follow her.
 Glory to the Shepherd!

32. Persevere,

Strong woman, wise servant, Persevere! Watch, pray, sing and suffer, Be brave, Benigne, be brave, Paradise is worth much more. Persevere!

33. Long live Jesus!

Always be his loving victim.
Long live Jesus!
Love only Him and naught else;
Sing to God, completely enraptured:
Long live Francis! Long live Mary!
Long live Jesus!

34. Please forgive me

If I praise you in this song,
Please forgive me!
Humility governs us.
For God alone I explained my thoughts
To make you seraphic.
Please forgive me! (twice)
Pray for me!

HER ANSWER:

Inveni portum, spes et fortuna, valete, Nil mihi molestum, ludite nunc alias

35. I have entered the harbor.

Farewell, parents; farewell, wealth; I have entered the harbor.
Nothing disturbs me in my rapture.
Go play, you other brunettes,
Unfortunately too numerous;
I have entered the harbor.

GOD ALONE

144 POOR IN SPIRIT

- When I go forth through the fields,
 My walking-stick in hand,
 No shoes, no baggage,
 No care,
 I stride with great pomp
 Like a king in his court.
 To the sound of the trumpet, trum, trum, trum
 trumpet,
 The day long I ring out:
 Hurrah for Holy Love!
- 2. You greedy landowners,
 You are my landlords!
 Neither lawsuit nor battle
 Will get you your rent.
 You greedy, I trick you, for
 The best portion I take,
 To the sound etc.
 Without being a thief.
- 3. I travel the world
 Like a lost child.
 A vagabond am I,
 My possessions are sold.
 You greedy, I trick you, for
 The best portion I take,
 To the sound etc.
 And without being a thief.
- Yes, much have I sold, And made quite a profit, For I have my ticket For Paradise. You greedy, etc.
- 5. Gather well, my brothers,
 The manure here below,
 Take care of my affairs,
 Don't burden me so!

POOR IN SPIRIT

You greedy, etc.

- Make my land show a profit, I want revenue! Resolve all my conflicts, Let me hear no complaints. You greedy, etc.
- 7. You have done quite well
 To treat us like fools:
 Despite you we possess all we need
 And from your own store!
 You greedy, etc.
- 8. From here or there, I find, Without searching far, Just like the apostles, Enough bread for the day. You greedy, etc.
- 9. My foresight is shrewd,
 I lack nothing at all;
 Without kitchen or cellar,
 I have fine food and drink.
 You greedy, etc.
- No lease, no farms, No burdensome taxes, No payments are due So no bill-collectors. You greedy, etc.
- In God, I feel like a lord, The universe is mine. Whoever seeks to know me Must leave all behind. You greedy, etc.
- 12. Through grace, God has given me, A king's heart and soul; I trample on fleeting things, I'm worth more than they! You greedy, etc.
- 13. I utilize, without earnings,

POOR IN SPIRIT

No worry about tomorrow, The bounty of Providence That falls into my hands. You greedy, etc.

- 14. I flit from branch to branch Like a small bird, My heart is never heavy, For no burden I carry. You greedy, etc.
- 15. My treasure is astounding. Don't you envy it? My belongings hop with me; Everything's in my pocket. You greedy, etc.
- 16. Do you think that I esteem
 The famous, portly rich men
 Who, fearing no sin,
 Are renowned everywhere?
 You greedy, etc.
- 17. I heartily despise
 The brilliant put-on of a fool,
 Of a captive in chains,
 And of a toad in his hole.
 You greedy, etc.
- 18. Fathers and mothers in the hundreds I have, In place of those left behind; Hundreds of sisters and brothers are mine, And all are filled with love. You greedy, etc.
- No violence, No bother to anyone, I use with all innocence Whatever freely is given. You greedy, etc.
- My retinue, my glory,
 These poor beggars compose;
 Whatever I eat or drink,
 All with them is shared.

OUR LADY OF PATIENCE

You greedy, etc.

21. If someone wants to follow me,
Most welcome is he!
But he must agree to live like me,
No belongings, no income;
Let him follow me without show!
So let us sing merrily,
To the sound etc.
Hurrah for Poverty! (twice)

GOD ALONE

145 OUR LADY OF PATIENCE

- Come to my help,
 O gentle and divine Mary,
 Come to my help!
 I suffer and groan every day.
 Show compassion on my plight.
 Free me from my troubles, I beg you.
 Come to my help!
- Help me,
 You are most merciful,
 Help me!
 Everything is under your rule.
 Provide me then with some comfort
 Or at least, the gift of patience.
 Help me!
- 3. Say the word, say the word,
 You can do everything, powerful Queen,
 Say the word, say the word!
 If you will it, I shall be healed.
 With one word you will break my chains
 And all my suffering will end.
 Say the word, say the word!
- 4. Through love,

CHRISTIAN WEDDINGS

Console me in my misery.
Through love,
Be it patience or be it health.
In you alone I place my hope,
Show me that you are my Mother.
Through love!

- 5. Are you no longer
 The cure of incurables?
 Are you no longer
 The health of all the disabled?
 The strong refuge of the guilty,
 The sole help of the destitute?
 Are you no longer?
- Strike, strike,
 The enemy shoves me and tempts me.
 Strike, strike,
 Crush him, trample him underfoot.
 Under your invincible hand,
 All hell will be stricken with terror.
 Strike, strike.
- 7. What! As you watch
 Shall I die in my misery?
 What! As you watch,
 Shall I perish, Queen of heaven?
 No, no, I have placed my hope
 In your most bountiful name.
 What! As you watch?

146 CHRISTIAN WEDDINGS

Sing! Let your voice resound:
 At the Wedding Feast of Cana
 The Lord in person
 Was present long ago.
 To today's holy festival
 Let us beg Him come,
 At the sound of the trum, trum, trum trumpet (twice)

CHRISTIAN WEDDINGS

To bless us. (twice)

- 2. Beautiful and divine banquet!
 Happy married couple,
 Where Jesus and His Mother
 Were the honored guests!
 To today's holy celebration,
 Let us then invite them both
 At the sound of the trum, trum, etc.
 So we may know true happiness. (twice)
- 3. Their holy company
 Tolerates no evil.
 No immodesty
 Of dance or ball.
 Let us drive from this celebration
 The pleasures of Bacchus
 At the sound of the trum, etc.
 And the games of Venus. (twice)
- 4. In their sacred presence
 What sobriety!
 What chaste innocence!
 What holy joy!
 To this holy celebration
 Let us invite these virtues,
 At the sound of the trum, etc.
 To keep Jesus with us. (twice)
- 5. Mary, so attentive
 To the needs of the feast
 Prayed with lively faith:
 My dear Son, they're out of wine!
 Let us cry out at this celebration,
 And cry out everyday:
 At the sound of the trum, etc.
 Mary, help me! (twice)
- 6. O miracle! O wonder!
 Water changed to wine!
 Since then no bottle
 Contained wine so divine.
 Miracle at this celebration!
 We beg you Lord,
 At the sound of the trum, etc.

CHRISTIAN WEDDINGS

To change our heart. (twice)

- 7. Farewell, carnal wedding feasts
 Of the Turks and heathens!
 May ours resemble
 Those of yesteryear!
 Their vows at the celebration,
 Their innocent meal
 At the sound of the trum, etc.
 Made God Himself present. (twice)
- 8. Far from here the malice
 Of the world and Satan!
 All the guests rejoice here
 Like Abraham's descendants.
 God reigns in this celebration!
 Let evil be excluded!
 At the sound of the trum, etc.
 The Lord, and nothing else. (twice)
- 9. Great God, by your grace,
 Of these two make but one.
 May the two accomplish
 Their salvation together.
 Join our hearts at this celebration
 In such a sturdy bond,
 At the sound of the trum, etc.
 That no one will trouble us ever . (twice)
- 10. In our marriage, Grant us children; Protect us from shipwreck And from all disasters. Everything shouts in this celebration, With the bride and groom: At the sound of the trum, etc. Lord, bless us! (twice)

GOD ALONE.

IN HONOR OF SAINT PIUS (POPE, FIFTH OF THIS NAME, NEWLY CANONIZED)

- May earth unite with heaven,
 May all the earth canonize
 The virtues of great Pius.
 Nothing's small where all is great,
 Where everything astounds, surprises.
 Do you understand what I say?
 The Church is my guarantee
 And his very holy life.
- 2. Great in birth and lineage,
 Greater the gifts God granted
 Than those received from creatures.
 Great he was during his life,
 And no great man his equal.
 All at his feet did fall,
 For they all knew who he was:
 A Bishop of Rome.
- 3. A vicar of Jesus Christ,
 The Spirit's pure instrument
 Whence divine oracles flow.
 A burning and brilliant torch
 Enkindling all in the West,
 Shining even to the East.
 His powerful radiance
 Made all cry: miracle!
- 4. With rosary in hand,
 He fought Turks and Selim
 From his private chapel.
 This Moses so marvelous,
 Was on earth and in the sky
 Shooting brutal arrows,
 Which struck down the proud foe,
 Winning us the victory.

IN HONOR OF SAINT PIUS

- 5. Look! The shattered vessels, The Turks drowned and destroyed At the Gulf of Lepanto. Look! other ships are captured. Fifteen thousand slaves freed, Turks in thousands surrender! This decisive rout was wrought By the ardent prayer of Saint Pius.
- Oh! Man of iron all aflame
 With fire of pure love for God,
 With iron against himself!
 A burning fire in prayer,
 In speech and in action,
 Iron in suffering
 And mortifications.
 In everything, supremely great.
- 7. He is the general model
 For bishops and cardinals,
 Even for the Holy Father.
 All princes and all religious,
 The small and great, the young and old,
 Need only cast an eye on him
 To know the way to heaven.
 What a phenomenon!
- 8. Religious see in him
 Such total detachment,
 Humble obedience;
 Sovereigns, humility;
 Bishops, deep charity;
 Cardinals, firm loyalty;
 Popes, great fidelity,
 And everyone, prudence.
- 9. Holy penitents, behold
 Penance and all its power:
 A pope immersed in tears
 Prostrate before his Savior,
 His heart broken with sorrow,
 To give his people victory,
 So God's wrath may be calmed,
 And his anger appeased.

IN HONOR OF SAINT PIUS

- 10. O fear not, poor orphans,
 He is your buttress, your bread
 Though he is grandeur sublime;
 Blind men, here is your staff;
 Prisoners, your ransom;
 Destitute, your shelter;
 Penitents, your pardon,
 If you wail your crimes.
- 11. At his palace, what order,
 And what dedication
 For the good of the Church!
 To reform morals,
 How many errors he shattered!
 How many abuses, horrors,
 He drove from Rome and all hearts!
 History is stunned.
- 12. More than his dignity,
 I esteem his humility
 At the summit of glory.
 Glory he fled but it followed;
 Elected pope, he trembled and fled,
 Burst in tears day and night.
 What a burning and shining torch!
 He alone cannot believe it.
- 13. If his heart could be opened,
 This kingdom of the Savior,
 This rich sanctuary,
 We would see these great secrets:
 Gentle repose, the peace
 God shares with the perfect.
 Above all, we would see the features
 Of Jesus and his Mother.
- 14. Great Shepherd, led by the Lord From grandeur on to grandeur,

Keep your sheep from all the wolves, Finely disguised among us. Pray, intercede for us all! Then draw us to yourself Into the glory where you dwell.

GOD ALONE

148 HYMN ON CHARITY

- I must love, I must love, God hidden in my neighbor And God hidden in oneself; Both dwell deep within me. I love and also curse The heart not full of both. I must love, I must love God hidden in my neighbor.
- 2. With love, we can do everything, Without love, we do nothing. Love is the one thing necessary, The summary of all good, The divine imprint, The essence of a Christian. I must love, I must love, etc.
- 3. When this love is visible,
 Sincere, and from heart's depth,
 It is the infallible sign
 Of the love of the Creator.
 One is impossible without the other;
 Who denies this is a liar.
 I must love, I must love, etc.
- 4. No one should be astonished If I love my neighbor so, Everything about him is great: His redemption is divine The Lord is his crown, His beginning and his end. I must love, I must love, etc.
- 5. My neighbor has God for Father, He resembles Him in everything.

HYMN ON CHARITY

He has Jesus Christ for brother, He has all His charm For he is the fruit of Calvary, The object of His gifts. I must love, I must love, etc.

- 6. Though my neighbor offends me
 Or plays dirty tricks,
 Although he shows no concern for me
 And never thanks me
 I love him patiently,
 I intensify my love.
 I must love, I must love, etc.
- 7. Be he saint, or sinner,
 Be he lowly or a king
 Be he rude or gracious
 Be he for or against me
 He is no less lovable
 When I look at him with faith.
 I must love, I must love, etc.
- 8. To love because of emotion
 Is to love as a dog.
 By reasoning and emotion
 Is to love as a pagan;
 By faith, in spite of all hurts,
 Is to love as a Christian.
 I must love, I must love, etc.
- 9. To love, for God alone,
 A man deserving hell's fire,
 Who from Paris to Rome
 Hounds me everywhere,
 Who assaults and wants to kill me,
 Is to be a child of God.
 I must love, I must love, etc.
- 10. This charity draws me To be all things to all people. When one loves, nothing is difficult, Harshness is delight. What glory in its chains What pleasure in its blows. I must love, I must love, etc.

HYMN ON CHARITY

- When Queen Charity commands
 I obey on the spot
 In small things or great
 I obey like a child.
 Even superman must submit
 To her winning charms.
 I must love, I must love, etc.
- 12. The merchant, all year long,
 Is on the byways and highways.
 The laborer, each day
 Works for a pittance
 But the soul is neglected;
 That is what causes me grief.
 I must love, I must love, etc.
- 13. This noble, immortal soul
 Which cost my God so dearly,
 This beautiful light
 Will be lost, will sin!
 Ah! what then, will he perish
 When I can prevent it?
 I must love, I must love, etc.
- I would suffer a thousand pains
 I would endure a thousand hardships
 I would bear a thousand chains
 I would sacrifice a thousand hearts
 And all the blood in my veins
 To save a single sinner.
 I must love, I must love, etc.
- 15. Let us love, let us love then our brothers
 After the example of the Savior
 Despite all their miseries
 Despite their bad moods
 And let us try by our prayers
 To win their heart to God.
 I must love, I must love, etc.
- Let us comfort the afflicted, Protect the orphans, Convert the sinners, Rebuke the evildoers,

TO THE DAUGHTERS OF WISDOM

Console the incurable, And lend a hand to all. I must love, I must love, etc.

- 17. But above all, let us help the souls
 Who are falling into hell
 Let us try to extinguish their flames
 And break all their chains
 In spite of all the rebukes
 And despite entire creation.
 I must love, I must love, etc.
- 18. Listen to Jesus crying out:
 Let the little children come.
 By my life-giving words
 Instruct the ignorant!
 Forget not, I beg you,
 Poor convalescents!
 I must love, I must love, etc.
- 19. Great God! Who can dispense himself From the laws of charity,
 Since it made you descend
 Into our humanity?
 From now on, I want to submit
 To its gentle authority.
 I must love, I must love
 God hidden in my neighbor.

GOD ALONE.

149 TO THE DAUGHTERS OF WISDOM

 O Daughters of Wisdom, Succor poor invalids, Those overwhelmed by sorrow, The disabled, the outcasts. Those whom the world rejects Ought to touch you the most.

TO THE DAUGHTERS OF WISDOM

I must love, I must love God hidden in my neighbor.

- Rely on Providence,
 No thought for tomorrow.
 Scorn that prudence
 Seeking stable support.
 Do not put your hope
 In what someone puts in your hand.
 I must love, etc.
- 3. How clever the Lord!
 He draws all things from nothing.
 So, my daughter, have no concern
 For the key of gold and silver
 Which, so contrary to the Gospel,
 Opens the door to the Convent.
 I must love, etc.
- 4. Is this poor young woman Docile, poor in spirit?
 Leave aside the young lady Rich and well-known,
 If, besides, she is not the type Whom Jesus Christ seeks.
 I must love, etc.
- Be the servant of everyone,
 Giving all without dissimulation.
 That is both your capital and income
 Which you'll find inexhaustible.
 They are your legal certification
 So no one can refuse you.
 I must love, etc.
- Love, with an immense love, Love has no limit.
 But, by obedience
 Govern your charity.
 Otherwise, an imprudence
 Would tarnish its beauty.
 I must love, etc.
- 7. To be fully victorious To shine like the sun,

DISSOLUTENESS OF RENNES

In God choose a father-director For your mind and your senses. Consult him in everything And follow well his advice. I must love, etc.

150 DISSOLUTENESS OF RENNES

- Farewell, Rennes, Rennes, Rennes, Dreadful is your fate, Your troubles we foretell, You'll perish in the end If you break not the chains You hide in your bosom.
 Farewell, Rennes, Rennes, Rennes.
- It is true that you rule
 And here are the reasons,
 Without fearing your revenge:
 Not because of your dwellings,
 Nor because of your furs,
 But because of your lethal poisons.
 Farewell, Rennes, Rennes, Rennes.
- 3. Fools believe you're brilliant
 And you spend your time well.
 In town, all is laughter, all is play
 And filled with so much fun.
 But sages of the Gospel,
 Weep bitterly about it.
 Farewell, Rennes, Rennes, Rennes.
- 4. The place is one big party:
 Monsieur in the cabaret,
 Mademoiselle at the ball,
 And Madame playing cards;
 All carousing with different toys,
 Believing that they do no wrong.
 Farewell, Rennes, Rennes, Rennes.

DISSOLUTENESS OF RENNES

- 5. Everyone's character is formed By wealth or by pleasure.
 The elderly at home
 Think only of getting rich,
 And the young man, in his youth,
 Seeks nothing but amusement.
 Farewell, Rennes, Rennes, Rennes.
- 6. It is normal there to see
 Double-dealing hearts;
 Each one has his own secret;
 Even the devout servant,
 Who seems the most sincere
 Is often the most perfidious.
 Farewell,, Rennes, Rennes, Rennes.
- 7. So many unhappy women
 Beneath their joyful air!
 So many scandalous girls
 Beneath a pious air!
 So many proud people
 Beneath borrowed clothes!
 Farewell Rennes, Rennes, Rennes.
- 8. So many flagrant wrongs
 Covered over with pity!
 So many sharp words
 Under the guise of charity.
 So many disgusting demands
 Considered "de rigueur."
 Farewell, Rennes, Rennes, Rennes.
- See how many hussies
 In clownish, form-fitting dress
 In colors of green or yellow,
 Parading in their high boots,
 Preaching their sermons both night and day,
 Seducing worldly men.
 Farewell, Rennes, Rennes, Rennes.
- The day is spentOn the streets or gambling.The church is abandoned,Time there is boring,An hour there seems like a year.

DISSOLUTENESS OF RENNES

Oh, weep, weep, my eyes. Farewell, Rennes, Rennes, Rennes.

- 11. The torrents of all the crimes
 That always overflow,
 Drag along to the abyss
 Almost all the inhabitants,
 Making them victims
 Of all excesses.
 Farewell, Rennes, Rennes, Rennes.
- 12. By your infinite malice
 Even the just are tainted
 Or they must flee
 To some community
 Which has not been tarnished
 By your foul air.
 Farewell, Rennes, Rennes, Rennes.
- 13. If someone full of courage Wants to confront you on your turf Your henchmen, full of rage, Cruelly attack him. And use every device To cleverly trick him. Farewell, Rennes, Rennes, Rennes.
- 14. The poor man cries at your door, While the rich enter with honor; It's a nuisance to bring him The leftovers of a servant. You mistreat in that way The dear members of the Savior. Farewell, Rennes, Rennes, Rennes.
- 15. Who goes into your churches? Often, fools, dogs, Well dressed gossips, Libertines, pagans, Who meet there Among very few Christians. Farewell, Rennes, Rennes, Rennes.
- 16. In your strange misery
 You sleep along with your friends;

OUR LADY OF GIFTS

No one fears anything, everyone hopes That all sins are forgiven. Oh! who will shed light On these poor deluded people? Farewell, Rennes, Rennes, Rennes.

17. You answer those who confront you
To show you your errors:
"God will have mercy,
He is good, do not be afraid
When a person wants it, He grants it."
And after all, "Everyone's a sinner."
Farewell, Rennes, Rennes, Rennes.

151 OUR LADY OF GIFTS AT SAINT-SAUVEUR-DE-NUAILLÉ, in L'AUNIS

- Whoever yearns to be faithful, Should come to the Mother of Gifts. In these cantons, everything calls us To her throne, So that all may be renewed In these times.
- 2. Through her hands, God gives
 His divine gifts and treasures.
 His mercy forgives
 Through her mediation
 And crowns in heaven
 All the saints.
- Mary possesses in her domain,
 The fullness of all good.
 At her side, everything becomes easy.
 Let's go, Christians,
 She is lavishly generous
 To her own.
- 4. She is the Mother of Grace,

OUR LADY OF GIFTS

She is its wonderful channel, It is through her that everything good Comes to pass on earth, That everything ascends and descends In the heavens.

- We find everything in her: Riches, pleasures, honor, health; For God alone, she bestows them With kindness.
 The universe rests in her care, In all truth.
- Vinedresser, do you want your vine Loaded with grapes, Producing good tasting, Quality wine? Mary has this remarkable grace In her hand.
- Do you want an abundant crop In your fields, poor workers, And protection from the boldness Of thieves?
 Know that she has in her power These favors.
- 8. She is your sweet hope,
 You who are worried, unhappy.
 You will receive help
 Through your pleas
 Or the gift of patience,
 One or the other.
- Poor sinner, if you approach her The greatest gifts will be given: Grace, clemency And forgiveness. Know that heaven grants them Only in her name.
- Children, come to her breasts, Suck milk filled with tenderness; Faithful people, come and rest On her heart.

ROAD TO PARADISE

Come everyone, shelter your fervor Under her wings.

- To obtain your request,
 Give, it shall be given you;
 Let each one offer
 What he has.
 If it is his heart, the offering is great;
 He will be heard.
- 12. Let us all approach Mary
 To share in her bounty,
 To find grace in this life,
 Peace as well,
 And to see God in our true home
 Forever.
- 13. O Blessed Virgin, O Good Mother, Share your gifts with us. Be sensitive to the misery Of sinners By granting the humble prayer Of our hearts.

GOD ALONE

152 ROAD TO PARADISE

THE FERVENT SOUL:
 Let's go, my dear friends,
 Let's get on the road to Paradise; (twice)
 How necessary this is!
 Let's force ourselves to do it.(twice)
 There is nothing that we cannot do
 With divine grace.(twice)

[Let's go, my dear friends, Let's get on the road to Paradise; Whatever may be gained on earth, Paradise is worth far more.]

SERVICE OF GOD IN SPIRIT AND TRUTH

2. THE LAZY SOUL:

What violence must be done For this reward! It is necessary But so difficult to do. I just can't do it.

3. THE FERVENT SOUL:

No matter the cost
Let's get on the road to Paradise.
For such trivial sufferings,
We gain infinite joys.
It is so necessary,
Let's force ourselves to do it.
There is nothing that we cannot do
With divine grace.

4. THE LAZY SOUL:

What! Blind oneself to believe? Surrender to gain the victory? It is necessary But so difficult to do. I just can't do it.

THE FERVENT SOUL: (Unfinished)

153 SERVICE OF GOD IN SPIRIT AND TRUTH

- Let us serve God and without reserve,
 For a divided heart is lost.
 All or nothing is God's language.
 Any little bit is fine with me, says Satan.
- Give all, God urgently implores:
 I am the supreme Lord of all.
 The whole heart, the whole mind, the whole soul,
 Give all or give me naught.

SERVICE OF GOD IN SPIRIT AND TRUTH

- A divided heart wounds me deeply, I cannot stand a crippled heart; My mouth vomits the lukewarm And I shall never take them back.
- Give God half a sacrifice, Divide in two a puny heart? What theft, what ghastly wrong, What scorn for the mighty Lord!
- 5. What? This heart, so weak in itself, A bird would not be happy with it, Is too great for the mighty God who loves it? What contempt for a monarch supreme!
- Our good God, through immense love, Gives all, promises all that He is. Let us give all, it's gratitude That he requests, and for our own sake.
- A divine oracle: one cannot
 Serve two masters at the same time,
 Because each will hinder the other
 For they have different regulations.
- We're lost if we attempt
 To mix God with gold and silver,
 To ally Gospel with what's in style.
 Let's get out of this deadly situation.
- 9. So often God imitates us:
 He is holy with the holy.
 Halfhearted? God also holds back.
 Surrender all? He gives lavishly.
- Keep watch? He sleeps not, He guards. Love God? He burns, He is aflame.
 Asleep? He is cold, He slumbers.
 Our little bit compels him to give little.
- Whoever commits a serious sin Breaks all the commandments, Forfeits heaven and stands guilty Of hell and all its pains.

SERVICE OF GOD IN SPIRIT AND TRUTH

- 12. When the fault is not grave,
 Alas! You don't make much of it;
 From there a transformation starts:
 Saint turns into scoundrel.
- 13. To rebel against God for something petty, To compromise Him for something trivial, To compare Him with something puny, Is to be His friend no longer.
- 14. No one turns to crime suddenly, Nor do the good turn evil suddenly, But one abyss calls up another When leanings are followed too closely.
- Unfaithful in little things, Neglectful in small rules, Then come betrayal and revolt; The result, a hardened heart.
- 16. A small item, a point of practice Neglected, fought, rejected, Forms the impious, the heretic, And leads to all iniquity.
- 17. Attachment to a favored fault
 Often trips up the greatest saints.
 Their salvation and His greatest plans
 Often hinge right on this point.
- 18. Away with waffling souls
 Party to both sides,
 Away with those slack souls,
 Cursed be their betrayal!
- Fight these wicked passions, This mood and dominant fault, Destroy such vineyard foxes Causing untold harm.
- 20. Let us set the whole mind to know, The whole heart to love, The whole body to serve this great Lord, Unceasingly, unsparingly.

TRUE CHRISTIAN

- 21. Be strong, O faithful servant:
 Having been faithful in small things
 You will be, in eternal life,
 Set over all the goods of God.
- 22. I take you, O faithful Mary, After God, for my exemplar. May I copy, throughout my life, Your faithful, generous heart!
- 23. Never again, great God, any conflict, I shall obey your least wish, I shall submit to your will My whole heart, undivided, always.

GOD ALONE

154 TRUE CHRISTIAN

- A good Christian is holy says the Apostle, And he is not like others.
 Worldly Christian, you are not one of us.
 You, a Christian? To others, to others, you belong.
- 2. A true Christian is not of this life, His heart is already in heaven. Worldly Christian, etc.
- A true Christian is humble and meek, Chaste, fervent, loving and sincere. Worldly Christian, etc.
- 4. Can you really tell God that you love him When you offend him, and even outrage him? You love God? You lie, says the Apostle. You a Christian?, etc.
- 5. Has anyone seen, from Paris to Rome, Someone so foul? You're not even human. Worldly Christian, etc.

TRUE CHRISTIAN

- Like pagans, you love only the world, And you love like a filthy beast. Worldly Christian, etc.
- Like a fox, you cleverly pillage, Like a dog, you never stop barking. Worldly Christian, etc.
- 8. You quibble over a trifle
 And mimic a grasshopper's dance.
 Worldly Christian, etc.
- 9. You proud peacock, you only love glory; Greedy pig, you always look for a drink. Worldly Christian, etc.
- You speak evil, you bite like a viper;
 You become like an angry lion.
 Worldly Christian, etc.
- 11. Like a toad you love only dirt; Like a dragon, you only love war. Worldly Christian, etc.
- Like a snake, you sting your own brother, And you close your ear to his misery. Worldly Christian, etc.
- Does God speak? You walk like a tortoise.
 Is it money? You run through the streets!
 Worldly Christian, etc.
- Slow for good, feeble for justice, Prompt for evil and zealous for vice. Worldly Christian, etc.
- 15. What do you follow? Custom and style. What do you seek? In all things, the easiest. Worldly Christian, etc.
- 16. Conform your life to the Gospel, Become humble, meek and docile, Then we will say that you are one of us But otherwise, to others, to others, you belong.

GOD ALONE

155 IN HONOR OF OUR LADY OF SHADOWS

- It is through Mary
 That heaven allures us.
 To be happy, we must love her,
 Everything invites us
 To love her in this life.
 How lovely, how lovely!
 In her shadow let us hide.
- 2. Under her wings
 In the shade of her mercy
 Sinners are safe.
 Even the most hostile
 Become most faithful.
 How lovely, how lovely!
 In her shadow let us hide.
- 3. May all find hope
 In the shade of her holy name,
 Hidden under her protection!
 At her prayer
 God calms His anger.
 How lovely, how lovely!
 In her shadow let us hide.
- 4. May all admire
 The radiance of her holiness
 Under the shade of her humility.
 Who can fathom
 The mystery of her reign?
 How lovely, how lovely!
 In her shadow let us hide.
- What a great mystery!
 The Holy Spirit's shadow alone
 Formed Jesus Christ in her,

IN HONOR OF OUR LADY OF SHADOWS

Made her His mother, Without becoming His father. How lovely, how lovely! In her shadow let us hide.

- 6. Her shining faith
 In its obscure splendor
 Surpasses the starry sky.
 All heaven sings,
 Even her shadow is powerful.
 How lovely, how lovely!
 In her shadow let us hide.
- 7. Although darker
 Than the tents of Kedar,
 All the canopies of Caesar
 Have less glory
 Than this ivory tower.
 How lovely, how lovely!
 In her shadow let us hide.
- 8. Her holy shadow
 Makes demons tremble more
 Than battalions in thousands.
 Hell screaming in fear
 Cannot weather its attack.
 How lovely, how lovely!
 In her shadow let us hide.
- 9. Close to her
 We rest from our labors,
 Sheltered from all evil;
 There the faithful
 Taste everlasting joy.
 How lovely, how lovely!
 In her shadow let us hide.
- 10. All hope is found
 Under the shade of her mantle!
 Never hell, fire, or flood,
 Never any power
 Harms us in this fortress.
 How lovely, how lovely!
 In her shadow let us hide.

IN HONOR OF OUR LADY OF SHADOWS

11. All must run To this sure refuge, Even the hopeless sinner. No place so loving.

So let's run there quickly. How lovely, how lovely!

In her shadow let us hide.

12. In this clearing,

In these peaceful hideaways, In the shade of these forests, What a godsend. What silence! Yet what conversation!

How lovely, how lovely!

In her shadow let us hide.

13. What tenderness,

What sweet refreshment, What rest, what charming bliss! What intense joy Close to this Princess! How lovely, how lovely! In her shadow let us hide.

14. In silence,

In shade and shadow, Mary has hidden her beauty. Yet Heaven is firm In making it evident. How lovely, how lovely! In her shadow let us hide.

15. Divine Mother, Reign within me In the shadows of your faith, So I may believe and do The will of my Father. How lovely, how lovely!

How lovely, how lovely! In her shadow let us hide.

16. Full of grace,

By the shadow of the Holy Spirit, Form Jesus Christ in my heart. Melt my frozen heart So I may follow in your steps.

VANITY OF THE WORLD

How lovely, how lovely!
In her shadow let us hide.

17. My trust
Lies in you, Queen of heaven,
To live happily under your shade,
In the hope
Of having God for reward.
How lovely, how lovely!
In her shadow let us hide.

GOD ALONE

156 VANITY OF THE WORLD

- Vanity of worldly goods, Vanity of vanities!
 On your truths,
 O my God, my heart is set.
 Vanity of worldly goods,
 Vanity of vanities!
- 2. What are all creatures?
 As it is written, nothing
 But misery of spirit,
 Vain illusions full of filth.
 Vanity etc.
- 3. What vanity, man and his life!
 All flesh is but a bit of hay
 Needed by no one here on earth.
 Why then do we crave it so?
 Vanity, etc.
- Its pleasures are a rubbish pile
 Its treasures, a bit of tin,
 Its rest, hard work;
 Its glory, grimy smoke.
 Vanity, etc

VANITY OF THE WORLD

- Far from me, these worldly men, These men of gold and silver, Whom this changing metal Ensnares in war and troubles. Vanity, etc,
- Far from me, high living crowd, You love only pleasures, Satisfying all your whims; Your only joy, to laugh and please. Vanity, etc.
- 7. Far from us, those worldly ladies, Those idols of good looks; Their vanity enchants
 Even more than sirens.
 Vanity, etc.
- 8. A fragile thing, decrepit
 And mortal, cannot suffice
 My immortal heart.
 It craves something lasting.
 Vanity etc.
- 9. You alone, sovereign Good, Can satisfy my heart; You are its happiness, What torment without you. Vanity, etc.
- Were you even greater than An Alexander, a Samson, Cresus and Solomon, The human heart seeks more. Vanity, etc.
- Let the whole world be moved Into my heart to fill it; This heart, in its desire, Will always cry: More! More! Vanity, etc.

- FAR from the world, at this hermitage, Let's go into hiding to serve God.
 Can a place be found Where grace is more likely?
 Far from the world, at this hermitage, Let's go into hiding to serve God.
- LOCATION OF THE PLACE
 This deserted place has for approach
 A league or more of woods,
 Luxuriant shrubbery,
 Rocks as far as the eye can see.
 Far from the world, etc.
- 3. Three paths lead to this hideaway
 The wide path for wagons,
 One, through the woods,
 Another along the hidden streams.
 Far from the world, etc.
- 4. The hermitage, a deep cave In a rock, facing north, Offers shelter for The fawn and the weary doe. Far from the world, etc.
- 5. BEAUTY OF THE PLACE
 In the summer, its chill is pleasant,
 Offsetting the great heat.
 In winter, at the top, one finds
 A nice flow of air from the south.
 Far from the world, etc.
- At the top, the eye spies a plain, Churches and castles, Meadows and streams, Charming the view and also one's troubles. Far from the world, etc.

- 7. At the bottom flows a river, The Kedron stream, Abundant in fish, Delightful in every way. Far from the world, etc.
- 8. It extends its clear waters
 Over flourishing fields,
 And then, exuberantly
 Rushes between the hills.
 Far from the world, etc.
- On the sides, three clear springs, Where the never failing water Gushes from above and below, Watering the plains.
 Far from the world, etc.
- On the plains, everything thrives Without any laborer's work.
 By the hand of God This land is virgin and fertile.
 Far from the world, etc.
- In the lovely groves, no sound
 Of squabbles among neighbors,
 No chatting among the worldly,
 No battles or shipwrecks.
 Far from the world, etc.
- 12. The groves ring with sweet harmony
 Of the birds and the echoes,
 The cries of animals;
 Not those of ungodly men.
 Far from the world, etc.
- 13. The eloquent silence
 Of rocks and forests
 Only preach peace,
 Breathe only innocence.
 Far from the world, etc.
- 14. Notice the town's madness? Or those floods of iniquity, Those frivolous melodies?

No, not here, all is fresh and calm. Far from the world, etc.

- 15. The countryside holds None of those dangers. The woods and the rocks Are the holy, wise masters. Far from the world, etc.
- 16. The rocks preach fidelity,
 The woods, fruitfulness,
 The streams, purity,
 All things, love and obedience.
 Far from the world, etc.
- 17. You can see, flying overhead, Birds in their season, At your feet, all sorts of fish, And alongside, all kinds of animals. Far from the world, etc.
- 18. The Creator's mighty hand Which formed this universe, Shines in these remote sites Of innocent nature. Far from the world, etc.
- 19. These glories of nature
 Have God for their creator.
 Never has sinful man
 Laid his criminal hands.
 Far from the world, etc.
- 20. But, if nature is so beautiful Grace is even more so, Forming a Paradise For a soul steadfast and pure. Far from the world, etc.
- 21. What happiness, even in this life, And what marvelous rapture We experience in these places As the soul is recollected. Far from the world, etc.

- 22. To taste these chaste delights You must be a wise Christian; Fools cannot understand this. The desert would be their torture. Far from the world, etc.
- 23. It is truly in solitude,
 Providing that it's spiritual,
 That one finds Jesus Christ,
 The only beatitude.
 Far from the world, etc.
- 24. Solitude is the wise book
 Which all the saints have read,
 Drawing from it stunning secrets
 On how to live this life well.
 Far from the world, etc.
- 25. Solitude is the great school Where the saints were formed, Where their hearts, all afire, Received the gift of the word. Far from the world, etc.
- 26. It is the shelter from the tempest,A perfect resting place,A dwelling so attractive,Every day is a Feast.Far from the world, etc.
- 27. A thousand times happy the souls
 The Spirit leads into the desert!
 For one who is lost there, thousands
 Fall into the flames elsewhere.
 Far from the world, etc.
- 28. I am the One, says God, who leads
 A sinner to the wilderness,
 To speak to his heart,
 And submit it to my reign.
 Far from the world, etc.
- 29. Let us then flee, like the Pacomes, The Pauls, the Hilarys, The many temptations

Which in the world conquer us. Far from the world, etc.

- 30. In this solitary place we attend To our salvation;
 We have no other goal,
 For it is the only one needed.
 Far from the world, etc.
- 31. Sheltered from the world's concerns
 Let us savor recollection,
 Praying continually,
 Tasting profound peace.
 Far from the world, etc.
- 32. Martha, Martha with Magdalene,Go aside into retreat.It is the better partWithout trouble or sorrow.Far from the world, etc.
- 33. Zealous folk, Jesus calls you
 To rest awhile,
 To fill yourself with God
 And His words of life.
 Far from the world, etc.
- 34. Oh! let us leave the cares of earth To the infinite number of fools. Let us take heaven for ourselves, Fleeing to the niches in the rock. Far from the world, etc.
- 35. Brave all things with courage, Assuring eternity, In spite of our poverty And of our livid foes. Far from the world, etc.
- 36. Dead to all, hidden within, Distracted by nothing Possessing the true Good, We contemplate Supreme Beauty. Far from the world, etc.

37. Dear soul, chaste turtledove,
Let us moan in this desert,
Let us sigh together,
Toward the God of eternal life.
Far from the world at this hermitage
Let us go into hiding to serve God.

GOD ALONE

158 MOST BLESSED SACRAMENT

- The Most High, the Incomprehensible
 Is here enclosed in one dot.
 Christians, let us not ask:
 Is it possible? (twice)
 Be quiet then my senses, be quiet, heretic,
 You are mistaken,
 You are lost;
 God told us so.
 No contradicting.
 God told us so,
 That is enough for us.
 Let us believe, without explanation.
- What miracles of power!
 Bread and wine which are no more,
 Accidents suspended
 Without their substance; (twice)
 The body, the blood of a God full of life and glory,
 Without change
 In all times,
 In all places,
 On earth, in the heavens,
 In all places
 As glorious.
 Truth from God which must be believed!
- 3. O marvel of obedience!
 At the voice of a mortal man,
 God descends on the altar

Willingly; (twice)
He is dead and alive, docile and awesome.
He is child,
And triumphant,
Let us submit to one another,
Let us be all to all,
Let us submit to one another
Even at the feet of everyone,
Since God is so obliging.

4. Behold glory annihilated,
The sun of truth
Hidden in the obscurity
Of this host. (twice)
Under a simple exterior He hides His light,
He shows
Neither his power,
Nor His beauty,
Nor His holiness,
Nor His beauty,
Hide, O dust and ashes!

5. We see how much God loves us,
How passionately He loves
In this divine sacrament,
It is excess itself. (twice)
In giving all to us, He addresses us:
Take, eat me,
I am yours,
In my ecstasy,
Take all my treasures
In my ecstasy,
My body and blood.
Could He love us more?

AT MASS

Here is the perfect sacrifice,
Which contains all those of the Law
And which alone encloses
All righteousness. (twice)
A God immolates Himself to God as priest and victim
To appease Him,
To urge Him
To be gracious to us,

To pardon us,
To be gracious to us,
To crown us
And to render Him sublime honor.

AT THE SANCTUS

7. Three times holy the King of Glory! Glory to our God three times holy,

To our God three times holy

Glory and victory!

Everything is full of the grandeurs of the great God of armies.

How great He is!

How powerful he is!

O Holiness!

O Immensity!

O Majesty!

O Eternity!

Adore, crowned heads!

AT THE AGNUS DEI

8. Lamb of God, mercy!

Lamb of God, Lord most kind!

Mercy and pardon,

Mercy! (twice)

Since you alone take away the sins of the world,

Take away, Lord

Those of my heart.

Pardon us

Pardon everyone,

Answer us;

For love of you,

Grant us profound peace!

BEFORE COMMUNION

9. The just man who receives communion

Becomes another Jesus Christ,

Filled with His spirit

And His life. (twice)

Let us eat this living bread, let us drink this wine of angels,

Frequently,

Piously.

Let us eat, let us drink,

And we will be filled.

Let us eat, let us drink

And we shall be inebriated, And let us praise God.

10. I languish for love, I sigh

For you, my loving Savior,

Rush into my heart.

Or else I die (twice)

To be one minute without you is a hell most harsh.

O powerful King,

Reign in me;

O chaste spouse,

I hear only you

O dear spouse,

Come, hasten,

And be my happiness.

ACT OF REPARATION

11. Great God, how holy is this church,

Since it is your own house

And the house of prayer!

Let us tremble in awe. (twice)

This place saves the believer and condemns the ungodly.

Let us adore God

In this holy place;

We damn ourselves

If we chatter here,

We save ourselves

If we pray here,

Let us choose either death or life.

12. Let us make sincere reparation

To Jesus Christ dishonored

Even in this sacred place

So awesome. (twice)

To oppose the supreme Monarch in his palace,

What a crime

By ungrateful man!

Angels, weep,

Mortals, sigh,

Angels weep,

Weep, make amends for

This excess, this supreme insult.

BEFORE BENEDICTION

13. Praise, love, honor and glory

To Jesus in the most Blessed Sacrament
The more one sees His lowliness
The more one must believe; (twice)
If He loves us to excess, let us also love Him likewise.
Let us pay love
With a prompt return
Let us love and praise,
Let us praise and honor,
Let us love and praise,
Let us praise and adore
The majesty of a God who so loves us.

4. Suffer, great God that we approach you And that poor criminals Say to you by the altar: Mercy! (twice)
Bless us, Lord, remove all the obstacles, You can do it If you wish.
It is a sinner Weeping in his heart; It is a sinner, Forgive, Lord, Forgive us, bless us, we will cry miracle.

GOD ALONE

159 OUR LADY OF CONSOLATION

- Vouvant, bless the Lord,
 The Father of Light,
 Who grants you a favor
 Most spectacular:
 The Queen of Heaven has set
 Her throne among you.
 She wills to defeat your enemies
 And grant you her favors.
- 2. Pray, penitent sinners, To your Mediatrix.

Invoke, little children, Your nursing Mother. Honor, good servants, Your kind Mistress. Let's all go to receive her favors, She impels us to do so.

- 3. All consolation
 For body and soul
 Through my intercession,
 Provided one asks for it.
 I am, for the greatest ills,
 An unfailing remedy;
 In storm and in toil,
 A welcome rest.
- I am the all-powerful support
 Of poor miserable souls,
 And the ready remedy
 Of incurable ills.
 I am the sure refuge,
 The salvation and life
 Of the most desperate sinner,
 As soon as he prays to me.
- Implore, suffering souls,
 My maternal kindness,
 And you will be consoled
 Here in my chapel.
 Pray to me in your struggles
 And you will be victorious.
 Pray to me when you are laid low
 And I will raise you up in glory.
- Pray, poor people, consumed
 By excessive taxes.
 You will be unburdened
 Without lawsuit.
 Come, poor laborers
 You will have a rich harvest.
 But above all, come, poor sinners,
 You will be treated with leniency.
- 7. Do you fear that the devil Will deprive you of grace?

Have recourse to my holy name, And I will destroy him. When you are in his chains You will be set free. I have over him, even in hell, All power.

8. TO THE VIRGINS:

Wise virgins, follow me.
Follow me into the temple.
Come receive the law,
The law of my example.
It is there that the Holy Spirit
Speaks to faithful virgins,
To form Jesus Christ in their hearts,
In the shadow of His wings.

- 9. Flee iniquity
 And the world's lures
 Which sully the purity
 Of a fruitful virgin.
 Stay away from the perils
 And the sources of wrongdoing
 To taste my Son's meekness
 And accept His teaching.
- 10. Are you of very high rank? Then do nothing base. Your Spouse is bloodied, Do not be weak. Mortify your flesh, Spend time in prayer, Choose either hell's fire Or Calvary's blood.
- Courage, little flock,
 Your Spouse prepares for you
 A kingdom, totally new,
 Extraordinary glory,
 A magnificent robe,
 A wondrous halo.
 It will be yours, fight bravely,
 Count on my word.
- 12. Virgins, I am here

Your perfect model, My hand is molding you in God And protecting you. My womb brought you into light, I have given you birth. My heart fills you with love, With love the most tender.

- 13. Whoever wishes to be mine
 And receive my graces
 Must take me for guide
 And walk in my steps.
 To love me, but not follow me,
 Not leaving sin aside,
 Is to perish, casting oneself
 Into the depths of the abyss.
- 14. At the proper time, praise
 And say my rosary,
 Take my chain, wear
 The habit of the scapular
 But have no other intention
 Than to imitate my life.
 Otherwise, it is an evil trap,
 Nothing but hypocrisy.
- 15. Not to be rejected
 But to obtain help,
 Pray humbly,
 Perseveringly.
 Knock, seek, ask for
 Your basic needs.
 Sooner or later you will be heard
 Through your sincere prayers.

16. PRAYER:

Hasten, Queen of heaven, Come to our assistance. Look upon us tenderly, Bestow healing on our ills, You have the power to do so, You are the Queen, You have only to wish it, And our sorrow disappears.

LAUDATE DOMINUM OMNES, etc.

17. Above all, remember well,
O divine Mary,
There is nothing you refuse
To those who pray to you;
All generations
Have so proclaimed.
Permit, then, that on your goodness
Each one of us may rest.

GOD ALONE

18. It is I who form kings
It is I who crown them,
It is I who make their laws,
It is I who command them.
I make certain that my true followers
Have grace as their lot,
Treasures, pleasures and repose,
With glory as their heritage.

(When this hymn was sung at Villiers, the following stanza was used)
Dear people of Villiers,
Proclaim your glory!
Cry out unceasingly
Cry out: Victory
To Our Lady of Hearts
To your august Queen!
Let all proclaim today, all honor
Throughout this plain.

160 LAUDATE DOMINUM OMNES, etc.

 Christians, pagans and barbarians, Praise the Lord, give praise to Him. Sing in many different tongues Of His mercy upon us. He assures us of his tenderness By filling us with his blessings. He is faithful to his promises,

SPECIFIC REMEDY FOR LUKEWARMNESS

His truth reigns forevermore!

2. Glory to Jesus Christ through his Mother On earth and in heaven,
At the right of God His Father,
And in the Blessed Sacrament of the Altar.
Honor, love, glory and praise
To the Father, Son and Holy Spirit,
By all the saints, by all the angels,
Through Jesus Christ, forevermore!

GOD ALONE.

161 SPECIFIC REMEDY FOR LUKEWARMNESS

- The discipline
 Is medicinal.
 Let each one strike his back
 To the bone, (twice)
 Let each one strike, strike, strike
 To the bone, (twice)
 It's therapy for all ills.
- 2. To this remedy
 Hell surrenders.
 When you strike your flesh, you strike
 All hell, (twice)
 Strike, strike, strike
 All hell. (twice)
 Strike, that you may triumph.
- 3. Your insolent flesh
 Likes to tempt you.
 Strike it with all your strength
 And you will overcome. (twice)
 Strike, strike, strike, strike
 And you will overcome. (twice)
 Strike, do not hold back.
- 4. If you grow drowsy

SPECIFIC REMEDY FOR LUKEWARMNESS

Your flesh wakes up, Strike and you'll not sleep. Doublet lowered, (twice) Strike, strike, strike. Doublet lowered, (twice) Strike and you'll wake up.

- Do you want fame
 And victory?
 Strike your body vigorously,
 Strike hard (twice)
 Strike, strike, etc.
 Strike hard, (twice)
 Strike this body of death.
- 6. All illnesses
 Are cured by it.
 Strike, it dispels moods
 And also pain.(twice)
 Strike, strike, etc.
 And also pain, (twice)
 For all yields to its rigor.
- 7. You flatter yourself,
 Delicate flesh.
 Satan strikes the lazy
 In the fires. (twice)
 Satan strikes, strikes, strikes
 In the fires, (twice)
 Those never striking their backs.
- 8. Soul, carnal
 And criminal,
 Strike to put out the fire.
 So little to ask. (twice)
 Strike, strike, etc.
 So little to ask. (twice)
 Strike and God is disarmed.
- 9. Innocent soul,
 Strike and sing
 The *Miserere* on your back,
 To the bone. (twice)
 Strike, strike, etc.
 To the bone, (twice)

HOLY JOURNEY

Strike up to vitulos.

GOD ALONE

162 HOLY JOURNEY

- DEAR company
 Marching cheerfully (twice)
 And so piously,
 Tell us, I beg you,
 The goal you seek,
 Giving you such joy. (twice)
- RESPONSE:
 We seek life,
 Glory and peace (twice)
 Which lasts for ever.
 Aren't you jealous?
 Come along with us,
 And we'll all possess it. (twice)
- 3. Choose then war for yourself, Soldier and sergeant (twice) Choose money for yourself, Men glued to mud and dirt. As for us, most joyfully We are winning Heaven. (twice)
- Worldly man at the dance, Drunkard with great wine, (twice) Gourmand at the feast, At pleasure, at revelry; As for us, most joyfully We are going to Heaven. (twice)
- Merchant, at the market, Trying to make money Without sparing yourself, So you'll get rich and drink well. As for us, very joyfully,

HOLY JOURNEY

We are winning heaven.

- 6. Go to the army,
 Men of high rank
 Shed your blood
 For an illusion of glory.
 As for us, very joyfully,
 We are going to heaven.
- 7. Seek, filthy beast,
 As much as you desire,
 Goods and pleasures,
 And worldly honors.
 As for us, very joyfully,
 We are seeking heaven.
- 8. Seek a mirage,
 A dream in the night
 A fleeting shadow,
 A dot, a speck.
 For us, very joyfully,
 We are seeking heaven.
- 9. We are seeking grace,
 The rest is nothing,
 Not even a good,
 Since it hoodwinks then fades.
 As for us, etc.
 We are seeking heaven
- Hoard, you miser, Laugh, you bons vivants, Climb higher, upper-class. Such fools are common. As for us, etc.
- The earth is covered
 With numerous fools
 Who do as you do,
 Rushing only to their doom.
 As for us, etc.
- Pursue illusions, Store up manure, Gain the entire world.

HOLY JOURNEY

What gain, if the soul is damned! As for us, etc.

- 13. Universal loss:To lose one's Savior,To lose one's happinessTo lose eternal life.As for us, etc.
- 14. Our immortal soul
 Is made for God,
 Earth is too little;
 For others this trinket!
 As for us, etc.
- 15. Our only task
 Is our salvation,
 That is our goal,
 Our only business.
 As for us, etc.
- 16. We are seeking Mary, We are seeking Jesus, Jesus and nothing else. That is glory and life. Come along with us, And we'll all possess it.
- 17. No other good
 But humility.
 Our poverty
 Is our abundance.
 As for us, etc.
- 18. Glory is had
 By humbling ourselves.
 Through obedience,
 Total victory is ours.
 As for us, etc.
- 19. Our savoir-faireIs all in the Cross.We are kings,But only on Calvary.

163 FERVOR'S GOAD or ALARM CLOCK OF THE MISSION

DEAR INHABITANTS OF SAINT POMPAIN

- My dear family, my dear neighbor Let's all get up very early God calls us to his banquet; Let's seek grace, Let it snow, let it freeze, Let's seek grace and love divine.
- Despite the fire, despite the impasse, Despite the cold, despite the frost, Despite the moaning of the flesh, Let's seek grace, Let it storm, let it freeze, Let's seek grace, and spite hell.
- 3. The whole household is against it,
 The devil howls and the flesh advises:
 Stay by the fire, stay in bed!
 Let us seek grace,
 Let it ice, let it freeze,
 Let's seek the grace of Jesus Christ.
- Leave Martha to her fussing, Leave the frail in bed, Let's march, heaven counts our steps. Let's seek grace, Let it drizzle, let it freeze, Let's seek grace, faithful soldiers.
- Quit your work, plowman, Settle your case, plaintiff. Renounce your sins, sinner, Seek my grace, Let it drizzle let it freeze, Seek my grace, thus says the Lord.
- 6. Ask, says God, you will receive,

ALARM CLOCK OF THE MISSION

Seek and you will find, Knock and you will enter. Seek my grace, Let it snow, let it freeze, Seek my grace and you'll find it.

- 7. Carpenter, for a while, leave your wood, Locksmith, quit your anvil, Laborer, put aside your work. Let us seek grace, Let it thunder, let it freeze, Let's seek grace, give no quarter.
- Let's go, let's go, great and small, And let's not be sluggish.
 We seek infinite goods.
 Let us seek grace,
 Let it rain, let it freeze,
 Let's seek grace and Paradise.
- It's heaven we must bargain for,
 The port where we must dock,
 The blessing we must beg.
 Let us seek grace,
 Let it ice, Let it freeze,
 Let's seek grace without delay.
- 10. To arrive at this port, Let's battle well and fear no toil. Let's sail on, rowing hard. Let's seek grace, Let it snow, let it freeze, Let's seek grace until we die.
- Let's get moving, lazy people,
 Even though the church be far,
 Let's seek grace the best we can.
 Let's seek grace,
 Let it drizzle, let it freeze,
 Let's seek grace, let's buy heaven.
- 12. Wake up, sleepy people, Let's seek, in spite of foes, Forgiveness for our sins. Let's seek grace,

Let it drizzle, let it freeze, Let's seek grace, my dear friends.

- 13. Let's go listen to the Savior, He's speaking through a preacher And yearns to touch our heart. Let's seek grace, Which speaks and passes, Let's seek grace and true joy.
- 14. Let's go to the mission To obtain remission, Despite the world and hell. Let's seek grace Which speaks and passes Let's seek grace, to the sermon we go.
- 15. If it's hard to get there, Paradise is well worth it; Let's cheer each other on. Let's seek grace Which speaks and passes, Let's seek grace, God will bless us.
- 16. Let's then seek heaven with all our might, Let's seek only its glory, Rising to heaven, to the skies, Right up to the Crown. Let it storm, let it thunder, Up to the Crown, eternally!

164 CALVARY OF PONTCHATEAU

- Alas! The Turk still holds Blessed Calvary Where Jesus Christ has died. Christians, we must erect one here. Let's build a Calvary here, Let's build a Calvary.
- 2. Let us possess this holy hill,

By a divine rapture, In our heart and in our countryside. Let's build a Calvary here, Let's build a Calvary.

- Great people have done all they could
 To recover that holy place.
 Let us have it here with no crusade or war.
 Let's build a Calvary here,
 Let's build a Calvary.
- Shall Our Lord and God, Be left in disgrace Who through love gave us His life? Let's build a Calvary here, Let's build a Calvary.
- Shall we leave Jesus in the dust?
 No, No, fervent Christians,
 Let us go to great lengths to place him in light.
 Let's build a Calvary here,
 Let's build a Calvary.
- He is mocked by Jews and heretics, The Turks and all the pagans, Above all by bad Catholics. Let's build a Calvary here, Let's build a Calvary.
- 7. (THERE IS NO STANZA 7)
- 8. Let us recapture the holy places,
 Not by violence but by copying them;
 Despite the weather, the trouble and expense,
 Let's build a Calvary here,
 Let's build a Calvary.
- O! What marvels we shall see in this place! What conversions, Healings, graces without compare. Let's build a Calvary here, Let's build a Calvary.
- 10. O! how many people will journey here, How many processions

To see Jesus and offer Him worship, Let's build a Calvary here, Let's build a Calvary.

- 11. Let us set Him on the cross to remind us Of His passion and His death; For our good and His greatest glory, Let's build a Calvary here, Let's build a Calvary.
- 12. On this cross He will calm His Father, Vanquish the demon And receive our hopes and prayers. Let's build a Calvary here, Let's build a Calvary.
- 13. Let us plant the Cross, it is the faithful Spouse, It is the royal throne Of the King of kings, the eternal Wisdom. Let's build a Calvary here, Let's build a Calvary.
- 14. For the gentiles, it is folly And for the Jews, scandal But for Christians, wisdom and life. Let's build a Calvary here, Let's build a Calvary.
- 15. This mystery is our only model, The cure for all ills, The treasure of heaven and earth. Let's build a Calvary here, Let's build a Calvary.
- 16. For a long time, Jesus, I have wanted To raise you on high,To attract all hearts to your empire.Let's build a Calvary here,Let's build a Calvary.
- Jesus on the cross, may your kingdom come, It's time, it's time.
 That all may adore and follow you Let's build a Calvary here, Let's build a Calvary.

18. Mount the cross, raise yourself on high, For we are powerless, We shall sing of your supreme power. Let's build a Calvary here, Let's build a Calvary.

19. JESUS:

Yes, I will it, it glorifies me, And from the height of the cross I shall proclaim victory in this holy place. Build my Calvary here, Build my Calvary.

- I will attract the most rebellious hearts, Everyone will obey my law.I shall heal the most deadly wounds.Let's build a Calvary here,Let's build a Calvary.
- Work, everyone, my power is immense, I am working with you.
 And I shall be most grateful.
 Let's build, etc.

22. (ALL SHOUT TOGETHER): Let us all work on this divine project, God will bless us all, Great and small, men and women of all ages, Let's build a Calvary to God, Let's build a Calvary.

GENERAL ANALYTICAL TABLE

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